Fast and Slow Thinking

In Client Conversations

Holly P. Thomas, CFP® FPA of Central Ohio September 9, 2014

Question

 Has a client conversation ever gone differently than you thought it did?

Overview

- Different Levels of Communication
- Biases Types of Irrational Thinking
- What Can We Do to Counteract? Courage + Compassion = Have a Servant's Heart

Levels of Conversation

- Two brain systems
- Two species
- Two selves

Two Brain Systems

- Emotional / fast / primitive / "system 1"
- Rational / slow / cognitive / "system 2"
- An Example

Two Species

- 1) "Econ" pure rational / utility- and profitmaximizing / "Adult"
- 2) Human not so much

Two Selves

- Experiencing Self
- Remembering Self

In the Conversation

- Two Systems
- Two Species
- Two Selves

Lots of Labels

- Optimism / Overconfidence
- Anchoring
- Endowment Effect
- Possibility Effect
- Certainty Effect
- Denominator Neglect
- Mental Accounting
- Disposition Effect
- Saliency
- Illusory correlation
- Insufficient adjustment
- Representativeness
- Framing.....



- A systematic error in judgment, especially prevalent in choices involving risk.
- 4 Building Blocks

1. Cognitive Ease

- Fast Thinking / System 1 is impulsive
- Slow Thinking / System 2 can be lazy
- Fast + Slow = conservation of mental energy
- Feeling familiar, true, good, or effortless

2. Substitution

- Fast If I can't answer this question, I'll substitute a close one.
- Slow Can I think of any reason not to believe that answer?
- 1) Fast "I don't understand what she's talking about, but does she seem trustworthy?"
- 2) Slow "She certainly doesn't sound unethical, so I will just go with whatever she says."

Substitution, cont.

- Affect ("I like Apple products, so the stock must be less risky.")
- How happy are you with your life these days? (Common substitution: What is my mood right now?)
- What do you want to do in retirement? (Common substitution: What do I want to do right now?)

3. Reference Points

Nobel-prize-winning research

4. Coherence

- Fast Thinking creates causal links / stories / explanations connecting unconnected things
- Slow Thinking's job is to "unbelieve"

Loss Aversion (vs. Risk Aversion)

- Which do you prefer, A or B?
- A) A sure gain of \$3000.
- B) An 80% chance of a gain of \$4000.

- Which do you prefer, C or D?
- C) A sure loss of \$3000.
- D) An 80% chance of a loss of \$4000.

WYSIATI

- Coherence + Cognitive Ease combo
- Full disclosure?

Availability Bias



Availability Bias

- Cognitive ease and substitution combo what we can more easily recall we will deem as more probable
- "Everyone is saying to buy/sell/hold."
- "The timing just doesn't seem right."

Recency Bias

- More recent is more recallable, therefore more probable
- One form of availability bias

Hindsight Bias

- "I knew ______ was going to go up/down."
- Revision of beliefs (<u>and memory</u>) in light of actual events
- Dangerous to evaluate on outcome instead of process.

Predictions

- Analytical lookup from a table (actuaries)
- Intuition from random repeated experience (fire chief)
- "Intuition" based on coherence + substitution

Cognitive Illusions

- Illusions of skill
- Illusions of validity
- Bias toward control, judgment, intuition, talent explanations
- Bias against luck, randomness, formulas, checklists

Other Suggestions

- Digital Diet
- Writing Things Down
- Enlisting Cognitive Ease
- Planning Pre-Mortem
- Bring a Clear Future to the Present
- SPACE

Digital Diet

- What is their current information diet?
- TV Channels / Shows / YouTube
- Magazines / Newspapers
- Email / Social Media / Blogs / E-Letters?
- Neighbors / Relatives / Group Members

Writing Things Down

- Which is more likely to get done?
- What if they don't write it down?
- Asking permission

Play Pre-Mortem

- Imagine it's a year / xx years from now
- Delighted what happened?
- Disappointed what happened?
- Checks on expectations and remembering self

Bring a Clear Future to the Present

- Manage the experiencing self's understanding of what to expect.
- Future warning of possible pain (loss) for future gain will help remembering self.

Enlist Cognitive Ease

- Different learning styles adults are children in big bodies – tactile, visual, auditory learners
- **Big numbers and letters** in bright blue and red for persuasion / conclusions
- Small and black print for performance on a task
- Pretentious language / Jargon -> low credibility

SPACE (adapted from Ken Donaldson, LMHC, author, <u>Marry YourSelf First</u>)

- Stop
- Pause
- Assess
- Choose
- Enact

Courage + Compassion = Have a "Servant's Heart"

- Acknowledge, don't avoid, the fast/emotional system
- Show them you are human not econ.
- Remember the remembering self.
- Give them SPACE.

Sources

- Daniel Kahneman, <u>Thinking Fast and Slow</u>
- Nassim Taleb, <u>Fooled By Randomness</u>
- Atul Gawande, The Checklist Manifesto
- Rick Kahler and Ted Klontz, Facilitating Financial Health
- Holly Thomas, <u>The Mindful Money Mentality</u>

Contact Info

- holly@hollypthomas.com
- Monthly e-letter: "Join" at <u>www.hollypthomas.com</u>
- Blog and Book: www.porchviewpublishing.com
- LinkedIn: Holly P. Thomas
- Twitter: @hollypthomas
- Phone: 813-781-8040

The Mindful Money Mentality

How To Find Balance in Your Financial Future

Holly P. Thomas



Insurance and Estate

Holly P. Thomas, CFP®

Insurance
Health Insurance

- Evaluate policy for:
 - Deductible
 - Copay
 - Max out of pocket cost
- Use a spreadsheet to match EOB's and payments
- Make certain everyone knows when deductible and max costs met

Health Insurance

- Begin tracking expenses
 - Out of pocket payments
 - Travel \$0.24/mile
 - Lodging \$50/person up to \$100
- This will be helpful for cash flow and taxes

Life Insurance

- Obtain copies of all policies
- Review beneficiaries and verify with insurance company
- Review riders
 - Accelerated death benefits
 - Long term care benefits

Life Insurance

- Remember group term policies
 - Workplace benefits
 - AAA
 - Association membership benefits
 - Credit union benefits

Beneficiaries

- Direct to minors?
- If trust, does trust language match ok?
- Verify. Verify. Verify.
 - Ex-spouses
 - None on file at all

Disability Insurance

- Obtain copy of all policies
- Review
 - Elimination period
 - Benefit period
 - Definition of disability
 - Residual disability benefits

Disability Insurance

- Make claim early
- Let physicians know claim is being made
- Track progress of claims
 - Keep record/names of all calls
 - Verify receipt of information

Disability Insurance

- Social Security
 - Make claim early
 - Fast track for "compassionate allowance"
 - <u>http://www.ssa.gov/</u> <u>compassionateallowances/conditions.htm</u>

Long Term Care Insurance

- Obtain copy of policies
- Understand triggers and benefits
 - Indemnity or reimbursement plan
 - Elimination period
 - Home benefit riders
 - Care coordination services

Long Term Care Insurance

- Make claim early
- Let physicians know claim is being made
- Track progress of claims
 - Keep record/names of all calls
 - Verify receipt of information

Estate Planning

The Main Rule: Organize and Simplify

Get Organized

- Everything you own (Assets)
- Everything you owe (Liabilities)
- Titling and beneficiary designations
- Veterans: copy of DD214
- Copies of all statements, deeds, titles, and insurance policies in a single notebook

Document the Support Network

- Care managers
- List of all professionals' contact info
- List of health care providers' contact info
- Circle of trusted friends/neighbors
- Emergency pet care?

Trusted Circle

- Housekeeper -> bookkeeper -> caregiver
 -> executor / trustee
- Candidates with client's best interest at heart?

Bank Accounts

- All bank accounts who knows you at the bank?
 - Savings accounts and CD's w/mat.
 dates
 - Health savings accounts (HSAs)
 - UTMAs
 - Bank IRAs

Investment Accounts

- Contacts: managers and assistants
 - Brokerage accounts
 - Stocks held with transfer agents
 - Mutual funds held directly with company
 - IRAs SIMPLE, SEP, Roth, Traditional
 - Annuities
 - 529s

Bank and Investment Accounts

- Consolidate
- Check ownership and beneficiary designations
- Check Power of Attorney status
- Consider TOD titling

Employer-Provided Assets

- Deferred compensation, 457(b)
- Stock options grant dates, expiration dates, terms and types
- Restricted stock grants
- 401(k), 403(b) accounts
- Flexible Spending Accounts

Employer-Provided Assets

 Check beneficiary designations and verify with employer

Physical Financial Assets

- Stock Certificates or bonds with coupons
 - Cash out or place in brokerage account
- Savings Bonds
 - Consider cashing out

Physical Financial Assets

- Precious metals
- Stamps, coins, collectibles
 - Depending on basis, consider gifting while alive

Real Property

- Deed
- Title policy
- Partnership agreement
- Buy-sell agreement
- Property Management Agreement

Closely-held Interests

- LLCs LLC Agreement
- S corps stock certificates is corporation current?
- C corps stock certificates is corporation current?
- Partnership Interests Partnership By-Laws
 - Buy-sell agreements for all

Titled Personal Property

- Cars, Motorcycles, Boats titles
- Trailers, RVs titles
- Aircraft copy of FAA registration

Other Property

- Loans to others copy of promissory note and any collateral documents
- Prepaid dues and subscriptions still use?
 - Gym memberships
 - Club memberships
 - Publications
- Prepaid Funeral Arrangements

Digital Financial Assets

- Digital Asset Inventory: Karin Prangley, Krasnow Saunders, <u>kprangley@krasnowsaunders.com</u>
- All devices and their passwords
 - Smartphone, tablet, desktop, laptop
- All email accounts with passwords
 - State how each email account is used (personal, professional, spam account)

Digital Financial Assets

- Credentials (user id & password) for all online accounts
 - Bank accounts that have online access
 - Brokerage accounts that have online access
 - Online-only Bank (SmartyPig, e.g.)
 - PayPal
 - Treasury Direct

Digital Financial Assets

- Points and/or Miles user ids and passwords
 - Terms of transfer
 - Expirations

Digital Intellectual Property

- Registrar / host? Credentials? Continue / discontinue? Who would maintain? Value?
 - Blogs
 - Webpages
 - Domain names
 - Digital photo storage

Other Digital Assets

- Online storage accounts iCloud, Dropbox
- Other online accounts relevant or important to you - wishes if you die or are disabled?

Online Presence

- Club, group, and association profile pages
- Professional: LinkedIn, corporate web page
- Prayer / Support groups private / public?

Liabilities: Everything You Owe

- Mortgages keep with Real Estate documents
- Charitable Pledges
- Co-signed obligations and loans copy of promissory notes

Estate Planning Documents

Basic Estate Planning Documents

- Will
- Living Will
- Durable Power of Attorney
- Health Care Surrogate
- HIPAA Designation

Wills

- How old?
 - Does it still reflect wishes?
- Executed in state of current residence?
- Properly executed according to that state?
Wills

- Have any amendments (codicils) been completed
- Is there a personal property schedule
 - Does it reflect current wishes
 - Consider gifting while alive
- Pour over sends "stray" assets into trust

Revocable Trusts

- Living Trust: Best for health and capacity challenges
- Not a substitute for a will
- Consider clause allowing revocation of rights

Revocable Trusts

- Consider amendment to make successor the current co-trustee
- Make certain all assets are titled appropriately to the trust
- Consider Memorandum of Trust

Powers of Attorney

- Springing vs. Durable
- Specific vs. Broad
- Broad = Powerful
- Accepted language can vary widely by state
- Make certain all involved parties will accept current POA

Health Care Directives

- ALL health care providers, neighbors, friends, family get copies
- HIPAA Designation who can see records
- Health Care Surrogate who can make decisions (sometimes called HCPOA) takes <u>fortitude</u>

Health Care Directives

- Five Wishes
 - Consider lawyer review for conflicting instructions is a legal document
- Living Will do / do not use artificial means

Ethical Wills / Personal History

- Not a legal document
- Expression of values and history, not just collection of assets

Resources

- The Beneficiary Book
 - www.active-insights.com
- Care Journey
 - www.CareJourney.org

Questions?

Holly P. Thomas, CFP® holly@hollypthomas.com 813-781-8040 office Books, free e-letter, workshops, etc.: www.porchviewpublishing.com





























































Quantia	2	
Questio	118 ?	
	Richard W. Hol Miranda E. Morga	z
	250 West Street, Suite 70	0
	Columbus, Ohio 43215-750 614 462 270	9
	icemiller.cor	n
This publication is intended fo consult with legal counsel to o	r general information purposes only and does not and is not intended to constitute legal advice. The fetermine how laws or decisions discussed herein apply to the reader's specific circumstances.	reader should
		Ice on Fire

Go to View: Header and Footer: Notes and Handouts to change

Change Date in menu View: Headers and Footers: Notes and Handouts







Business Structure Issues (cont'd)

- Qualified Retirement Plans - Individual Retirement Accounts

Tax Issues

Bifurcation of S Corporation Income
 - Salary (must be fair compensation)
 - Dividends
 For Most Other Tax Issues, Entity Selection is
 Fundamentally Neutral
 Income Assignment Issues



For broker/dealer use only. Not to be used with the general public. (Edit in View: Header and Footer) LFDXXXX-XXXX

page

Go to View: Header and Footer: Notes and Handouts to change

Change Date in menu View: Headers and Footers: Notes and Handouts



III.

Retirement Plan Issues

•Net Statutory Employee Income is Excluded For Purposes of Determining Retirement Plan Contributions

•Leased Employee Coverage (IRS § 414(n)) • Safe Harbor Exclusion •10% Non-Integrated Contribution •Less than 20% of non-Highly Compensated Employees • Staff Compensation Alternatives •PEO Employee



• Defined Contribution Plans
• 401(k)
• Profit Sharing Plan
• Defined Benefit Plan



IV. Business Transition Issues

•What is there to Sell?

- •What is the Real Value? • Traditional Business Valuation
- Running Start Methodology

•Who is the Buyer?

- External
- Internal
 Restrictive Covenants





page













For investment professional use only. Not for public distribution. 289206 6/14

PUTNAM INVESTMENTS













For investment professional use only. Not for public distribution. 289206 6/14

PUTNAM INVESTMENTS













PUTNAM INVESTMENTS

For investment professional use only. Not for public distribution. 289206 6/14

Closing thoughts Getting started

- . Go to Putnam's tech blog site: www.advisortechtips.com
- Start to make connections
- Ask for targeted introductions
- Use the search tool for research on clients, prospects, and competitors
- Think creatively

Putnam Retail Management. For investment professional use only. Not for public distribution. 202205 6/14

Putnam 19



Resell Investments

Russell Quarterly Economic and Market Review

New market highs: cause for caution or celebration?

Erik Ristuben, Chief Investment Strategist

SECOND QUARTER 2014

Important information and disclosures	
ease remember that all investments carry some level of risk, including the potential loss of Principal grow at an even rate of return and may experience negative growth. As with any type of portfol reduce risk and increase return could, at certain times, unintentionally reduce returns.	invested. They do not typically io structuring, attempting to
ersilication does not assure a profit and does not protect against loss in declining markets.	
thing contained in this material is intended to constitute legal, tax, securities, or investment advice, nor an opinion regarding the appropriateness of a The general information contained in this publication should not be acted upon without obtaining specific legal, tax, and investment advice fro	ny investment, nor a solicitation of any type. m a licensed professional.
ks of asset classes discussed in this presentation:	
I-U.S. markets entail different risks than those typically associated with U.S. markets, including currency fluctuations, political and economic instabili Securities may be less liquid and more volatile.	y, accounting changes, and foreign taxation.
estments in emerging or developing markets involve exposure to economic structures that are generally less diverse and mature, and to political sys stability than those of more developed countries. Securities may be less liquid and more volatile than U.S. and longer-established non-U.S. m	tems which can be expected to have less arkets.
al Asset risks:	
estments in infragtructure-related companies have greater exposure to adverse economic, financial, regulatory, and political risks, including, governr significantly affected by political or economic conditions and regulatory requirements in a particular country.	nental regulations. Global securities may be
modifies may have greater volatility than traditional securities. The value of commodities may be affected by changes in overall market movements a particular industry or commodity, and international economic, political and regulatory developments.	, changes in interest rates or sectors affecting
Sines in the value of real estate, economic conditions, property taxes, tax laws and interest rates all present potential risks. Investments in internatio fluctuation, political and economic instability, different accounting standards, and foreign taxation.	hal markets can involve risks of currency
all capitalization (small cap) investments involve stocks of companies with smaller levels of market capitalization (generally less than \$2 billion) than investments are subject to considerable price fluctuations and are more volatile than large company stocks. Investites should consider the ad investments.	larger company stocks (large cap). Small cap titional risks involved in small cap
ge capitalization (large cap) investments involve stocks of companies generally having a market capitalization between \$10 billion and \$200 billion. response to the activities of the company that issued them, general market conditions and/or economic conditions.	The value of securities will rise and fall in
lensive style emphasizes investments in equity securities of companies that are believed to have lower than average stock price volatility, characteric may include lower (inancial leverage) and/or stable business fundamentals.	tics indicating high financial quality, (which
namic style emphasizes investments in equity securities of companies that are believed to be currently undergoing or are expected to undergo positi appreciation. Dynamic stocks typically have higher than average stock price volatility, characteristics insteading lower financial quality; (which less business stability).	ve change that will lead to stock price may include greater financial leverage) and/or
rough stocks have historically outperformed bonds, they also have historically been more volatile. Investors should carefully consider their ability to i	west during volatile periods in the market.
Investment Grade is a system of gradiation for measuring the relative investment qualities of bonds by the usage of rating symbols, which range from investment risk) to the lowest investment quality (greatest investment risk).	the highest investment quality (least
ssa domestic product (GDP) refers to the market value of all final goods and services produced within a country in a given period. It is often consider living.	ad an indicator of a country's standard of
Ince for MSCI data; MSCI, MSCI, makes no express or implied warranties or representations and shall have no liability whatsoever with respect to an may not be further redistributed or used as a basis for other indices or any securities or financial products. This report is not approved, review	y MSCI data contained herein. The MSCI data led or produced by MSCI.
ndard & Poor's Corporation is the owner of the trademarks, service marks, and copyrights related to its indexes. Indexes are unmanaged and canno	t be invested in directly.
ndard Deviation is a statistical measure of the degree to which an individual value in a probability distribution tends to vary from the mean of the dist the greater the risk.	bution. The greater the degree of dispersion
sell Investment Group, is a Washington, USA corporation, which operates through subsidiaries worldwide, including Russell Investments and is a su Insurance Company.	bsidiary of The Northwestern Mutual Life
cyright © Russell Investments 2014. All rights reserved. This material is proprietary and may not be reproduced, transferred, or distributed in any for Investments. It is delivered on an "as is" basis without warranty.	n without prior written permission from Russel
sall Financial Services, Inc., member FINRA, part of Russell Investments.	
se of First Use: July 2014 5 14-12947	Not FDIC Insured May Lose Value

Торіс	Page
Lost decade? We found it.	4
Economic indicators dashboard	5
Capital markets	6
U.S. Equities: celebration or concern?	8
Fixed Income: rising rates and reaching for yield	12
Global Equities: different economies, different recoveries	14
Conclusion: lessons from the world of "futból"	17





















				*):
As of June 2014	UNITED STATES	EURO AREA	JAPAN	CHINA
IMF forecasted 2014 real GDP (annual percent change)	Steady, 2.8%	Weak but improving,1.2%	Improving, 1.4%	Steady, 7.5%
Unemployment	Improving, 6.1%	High but improving, 11.6%	Low, 3.5%	Steady, 4.1%
Interest rate policy	Low, no change	Rate cut	Low, no change	No change
Stimulus	Yes, tapering	Yes, more possible in the future	Yes, expanding	No
Recovery since market bottom (cumulative return 3/9/09-6/30/14)	+225%	+162%	+97%	+122%
Receive BP 11.8 feature of Lead Indices, Encoder, Baneta, Japan Hollowy of Inneural Microsoft Communitations, Reveal Indices of Communitations and Encoder Section 2014 (Communitations), Reveal of Communitations, Reveal and Revea				





















Key questions to answer with clients when creating a retirement income solution

- I. What's different about retirement?
- II. How prepared are they?
- III. What do they need to think about before making decisions?
- IV. How can I help them convert retirement resources into income?











<section-header> Act these any special concerns by the symplectic problem is the symplectic problem is

Risk #2: Inflation risk				
"Applying the Rule of 72"				
4% inflation expenses will double				
	Age	Expenses		
	55	\$50,000		
	73	\$100,000		
	91	\$200,000		









Example of Social Security as a government bond position

- Social Security benefit = \$28,000 per year
- 20-year government bond yield = 3.35%*
- PV of the Social Security "bond" = \$416,917
- Discount rate = current yield of equivalent type of bond with same time horizon as life expectancy
- Recalculate regularly because the present value declines over time



*hypothetical rate

	Treasury Bill	Income Per	
Year	Annual Rate	Year	
1981	13.81%	\$6,905	
1989	8.03%	\$4,015	
1997	5.18%	\$2,590	
2005	3.39%	\$1,695	
2013	0.09%	\$45	

B. Declining interest rates reduce income

C. Negative point-in-time

- Q: If you invested \$100,000 averaging 6% return per year, and you withdrew 6% per year, what would your balance be at the end of 10 years?
- A: Depends on two factors
 - 1. Are there any years with negative returns?

2. When do the losses occur? occur?



\$100,000 in hypothetical investment with loss in early years					
	Year	Rate of Return	Withdrawal	Ending Balance	
	1	-15%	\$6,000	\$79,900	
	2	-10%	6,000	66,510	
	3	10.63%	6,000	66,942	
	4	10.63%	6,000	67,420	
	5	10.63%	6,000	67,949	
	6	10.63%	6,000	68,535	
	7	10.63%	6,000	69,182	
	8	10.63%	6,000	69,898	
	9	10.63%	6,000	70,691	
	10	10.63%	6,000	71,567	
	Average ROR	6%			

\$100,000 in hypothetical investment with loss in later years	

Year	Rate of Return	Withdrawal	Ending Balance
1	10.63%	\$6,000	\$103,922
2	10.63%	6,000	108,409
3	10.63%	6,000	113,295
4	10.63%	6,000	118,770
5	10.63%	6,000	124,680
6	10.63%	6,000	131,296
7	10.63%	6,000	138,615
8	10.63%	6,000	146,712
9	-15%	6,000	119,605
10	-10%	6,000	102,245
Average ROR	6%		








Back-of-the-napkin calculation	
How long might savings last if the client retired today? Assumptions: assets are conservatively invested and investment earnings are equally offset by taxes and inflation	
Current value of your retirement savings:	\$360,000 (1)
Combined income gaps:	\$20,000 (2)
# of years money might last	= 18 years (line 1 divided by line 2)
The fewer years savings might last indicates the need to use more options to fill the gaps.	





Options for closing potential gaps between retirement resources and expenses **Essential Discretionary** Priority **Options for Closing Gaps** Gap Gap 1. Increase returns on managed assets 2. Create additional lifetime П П income 3. Spend less in retirement П 4. Work full-time П 5. Work part-time 6. Postpone Social Security П and pension 7. Increase savings 8. Use home equity Combinations of options may be necessary!



















Ways to convert assets into income to increase the probability of retirement resources lasting:
1. Systematic withdrawal plan or SWP (Spend investment earnings and principal)
2. Annuitization (Use an immediate income annuity to create lifetime income)
3. Combination of 1 & 2 (diversified asset & income allocation)

















Copyright © 2014 International Foundation for Retirement Education(InFRE). All rights reserved. No portion of this work may be reproduced in any form without the written permission of InFRE