





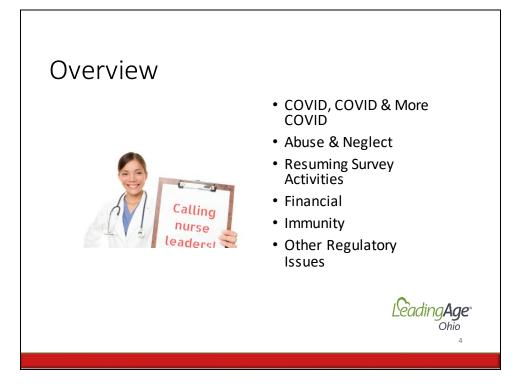
Janet Feldkamp

Janet focuses her practice in the area of health care law, including long-term care survey and certification, state and federal regulation, physician and nurse practice, and fraud and abuse involving hospitals, suppliers, insurers and physicians. She retains active licenses as a registered nurse and a nursing home administrator and has extensive health care experience.

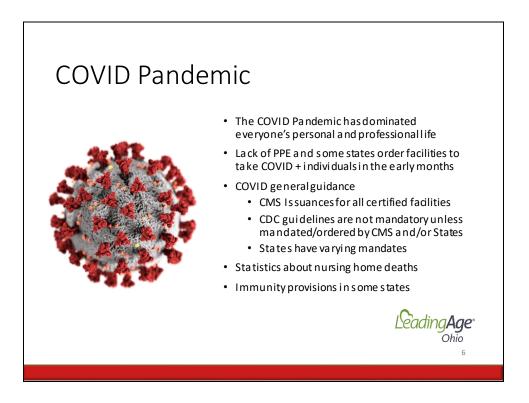
Janet is a member of the editorial advisory board of *Caring for the Ages*, a monthly newspaper for long term care practitioners. She has been a frequent speaker, particularly in the area of long term care. She is also coauthor of *The Long Term Care Handbook: Regulatory, Operational and Financial Guideposts* published by the American Health Lawyers Association.

Janet is also a board member of the American Association of Post Acute Care Network, the parent organization of AANAC and the American Association of Director of Nursing Services (AADNS)

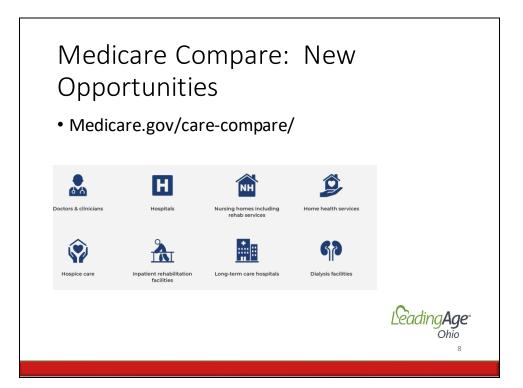
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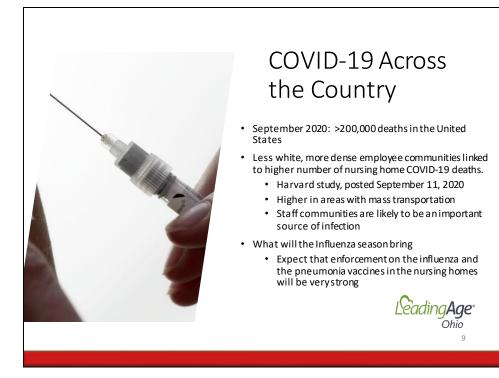


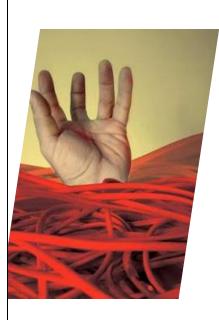












Regulatory Environment

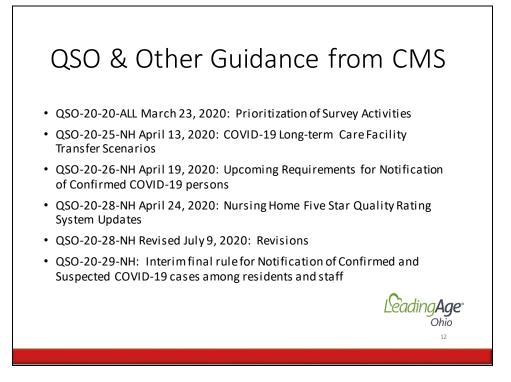
- ► A fast paced ever changing environment
- CDC & CMS Changes
- State Agency changes
- County he alth department processes
- The list goes on!!!!!



Revision History for LTC Survey Process Documents and Files

- 3/14/2019 & 9/11/2019: Appendix Q: Updating, development of Immediate Jeopardy Template; Technical corrections
- 3/20/2020: Added Appendix Z Emergency to the survey resource file
- 3/24/2020: Added COVID-19 Focused Survey Folder:
 - Summary table of COVID-19 Focused Survey Protocol
 - Entrance Conference worksheet
 - COVID-19 Focused Survey for Nursing Homes
- 5/8/2020: Updated: COVID-19 Focused Survey & Survey protocol
- 8/31/2020: Updated CMS QSO 20-38-NH
 - Testing, Infection Preventionist, Entrance worksheet, mapping document, etc.

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QSO & Other Guidance from CMS

- QSO-20-30-NH May 18, 2020 Nursing Home Reopening Recommendations for State and Local Officials
- QSO-20-31-ALL June 1, 2020 COVID-19 Survey Activities, CARES Act Funding, Enhanced enforcement for Infection Control Deficiencies, and Quality Improvement Activities in Nursing Homes
- QSO-20-35-ALL August 17, 2020 Enforcement Cases Held during prioritization period and revised survey prioritization
- QSO-20-38-NH August 26, 2020 Interim final rule: Additional policies COVID-19, Testing Requirements and revised Focused COVID-19 Survey Tool
- QSO-20-39-NH September 17, 2020 Nursing Home Visitation: COVID-19

QSO-20-31-All: June 1, 2020: COVID-19 and other items

- This QSO addresses the importance of protection of the vulnerable residents
- Discusses COVID-19 reporting (NHSN Reporting)
- Focused Infection Control Nursing Home Surveys
 - Survey facilities within 3-5 days of identification of outbreak
 - Starting in FY 2021, perform annual Focused Infection Control surveys of 20% of the nursing homes (State discretion) or additional data that identifies facility or community risks
- Expanded survey activities: Return to more routine with Phase 3 of the reopening guidelines: (we are just about getting there in September!)
 - Non-IJ triaged complaints
 - SFF recertification surveys

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QSO-20-31-All: June 1, 2020: COVID-19 and other items

- Enhanced Enforcement for Infection Control Deficiencies
 - "Due heightened threat to resident health and safety for even low-level, is olated infection control citations, CMS is expanding enforcement to improve a ccountability and sustained compliance of these crucial practices."
- Dlevelor above will lead to enforcement remedies
- Increasing penalties based upon history and scope and severity of citations
 - More discretionary denial of payment for new admissions
 - Imposition of Civil Money Penalties (CMPs) of increasing nature
 - \$15,000 \$20,000 perinstance
 - Imposition of directed plans of correction for infection preventionist
 - Recent IJ widespread: 2 months of directed plan of correction with involvement of consultant infection preventionist on-site, root cause and many other requirements

QSO-20-38-NH

- August 26, 2020
- Testing
 - Changes to 42 CFR 483.80(h) Infection Control: Added COVID-19 testing for residents and staff.

Table 2: Routine Testing Intervals Vary by Community COVID-19 Activity Level

Community COVID-19 Activity	County Positivity Rate in the past week	Minimum Testing Frequency
Low	<5%	Once a month
Medium	5% - 10%	Once a week*
High	>10%	Twice a week*

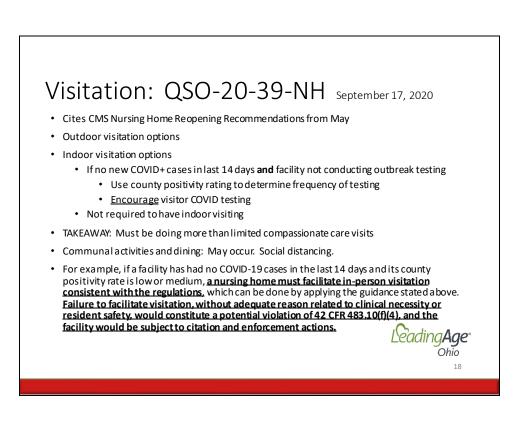
*This frequency presumes availability of Point of Care testing on-site at the nursing home or where off-site testing turnaround time is <48 hours.

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QSO-20-38-NH

- Revised COVID-19 Focused Survey Tool: Now includes testing requirements in the focused survey tool.
- Additional Resource Links:
 - Clinical Questions a bout COVID-19: Questions and Answers-Testing in Nursing Homes https://www.cdc.gov/coronavirus/2019-ncov/hcp/faq.html#Testingin-NursingHomes
 - Nursing Home Reopening Recommendations for State and Local Officials https://www.cms.gov/files/document/qso-20-30-nh.pdf-0
 - Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19 in Healthcare Settings https://www.cdc.gov/coronavirus/2019-ncov/hcp/disposition-hospitalizedpatients.html

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Indoor Visitation

- For example: Governor and Ohio Department of Health have indicated that indoor visitation will begin October 12, 2020
- Many providers are concerned about non-compliance by families with masking, safe distancing
- What type of monitoring may be necessary for certain families?
- 2 family members for 30 minutes.
- How many a day will occur? How much additional staff may be needed for scheduling, monitoring and cleaning?
- What happens when the flu season begins?



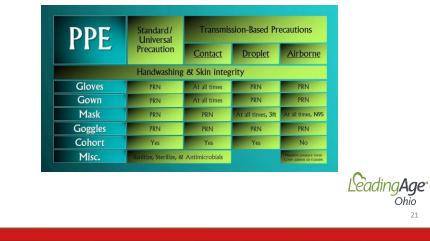
Telemedicine: Positive Outcome from Pandemic

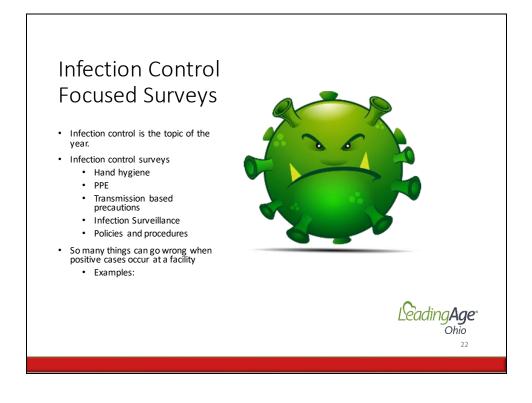
- · Tele health services were limited in reimbursement prior to the pandemic
- Previously, most encounters took placed in rural health as a way for specialty physicians to treat rural patients
- · Benefits are numerous for telehealth particularly during the pandemic
- Being used for a cute care as well as for chronic health condition monitoring and treatment
- Limitations:
 - Some patient concerns about privacy
 - Regulatory issues can vary state by state
 - Need cultural acceptance by some for telehealth
- March 6, 2020 CMS changes to telehealth with an 1135 Waiver
- Everyone expects telehealth to be here to stay!



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INFECTION CONTROL





Coronavirus Commission for Safety & Quality In Nursing Homes

- Report Released September 2020: 25 Commission members
- 4 objectives
- 1. Identify best practices to enable rapid ad effective identification and trans mission of COVID-19
- 2. Recommend best practices of rigorous infection control practices and facility resiliency to serve as a framework for enhanced oversight and quality monitoring activities
- 3. Identify best practices for improvement care delivery and responsive ness I preparation for, during and following an emergency
- 4. Leverage new data sources to improve upon existing infection control policies and enable coordinated actions across federal surveyors and contractors to mitigate the effects of COVID-19 and future emergencies



Coronavirus Commission for Safety & Quality In Nursing Homes

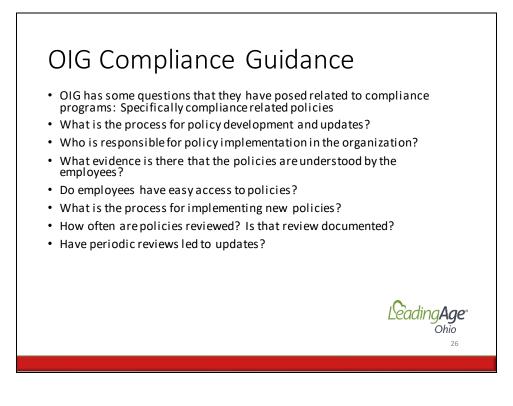
- 27 Principal recommendations
- 1A: Testing and Screening
- 2A, 2B & 2C: Equipment and PPC
- 3A & 3B: Cohorting
- 4A, 4B, 4C & 4D: Visitation
- 5A: Communication
- 6A, 6B, 6C, 6D & 6E: Workforce Ecosystem: Stopgaps for Resident Safety

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- 7A, 7B, 7C & 7D; Workforce System: Strategic Reinforcement
- 8A: Technical Assistance and Quality Improvement
- 9A, 9B & 9C: Facilities
- 10A, 10B & 10C: Nursing Home Data





Suggestions for Compliance Policies

- Standardize the form and format of the compliance policies
- Include sections that refer to related policies and citations of authority
- Consider validation by a user group to assure ease of understanding
- Compliance training should address the key compliance policies
- Can use a Compliance Knowledge Survey to evidence employee understanding
- Maintain tracking of all policy development, review dates, revisions and rescissions
- Ensure compliance risk assessments address the adequacy of policies to address weaknesses



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COVID Impact on Finances



- Many facilities have lower census
- Increased costs from COVID requirements, PPE and staffing
- Staffing has been very problematic
- Increased costs
- Many agency individuals after COMD enters a facility
- Staff sometimes choose to leave the facility a bruptly with COVID entering the building
- COVID dedicated staffing
- Often requires incentives

Bankruptcies

- More facilities in financial distress
 - Increasing lease payments in long term leases
 - Increasing defaults on financial covenants
- Bankruptcies for individual facilities, large and small chains
- Receivers are being appointed by the court
- Facilities and chains are not able to adapt to the changing landscape
 - Regulatory
 - Reimbursement
 - Staffing challenges



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What are we documenting

- Associate Screening
- Resident Screening
- Resident Care/Crisis Strategies
- Testing
- Communication with families/responsible parties
- Communication with external agencies/Reporting
- Personal Protective Equipment requests/procurement
- Staffing contingencies
- Plans for resident location
- Education
- Financial tracking

When to document

- Before
 - Plans for consistent screening/treatment
 - Decisions for testing, contingencies, staffing
- During
 - Provision of care
 - Impromptu changes in strategy
 - Requests for PPE
- After
 - Pulling together the timeline
 - Periodic review

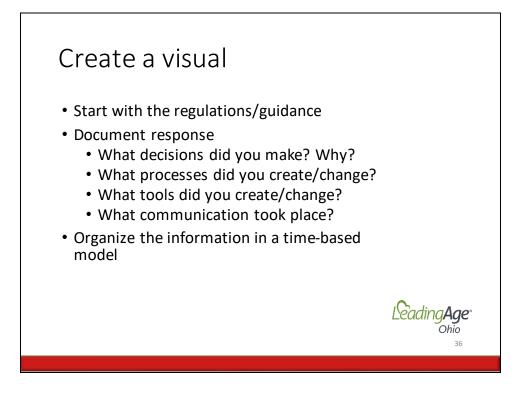


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The timeline

- Different approaches
 - Paper, Electronic, Combination
- Catalog Everything
 - Regulations
 - Communications internal/external
 - Meetings Incident command, QAPI, external agencies
 - Emails/Journal notes of conversations
 - Tools (with dates)
 - Data testing, outcomes

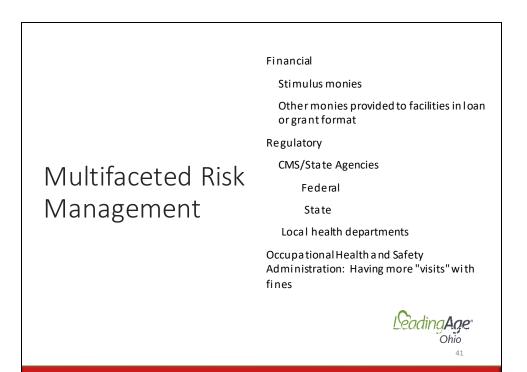


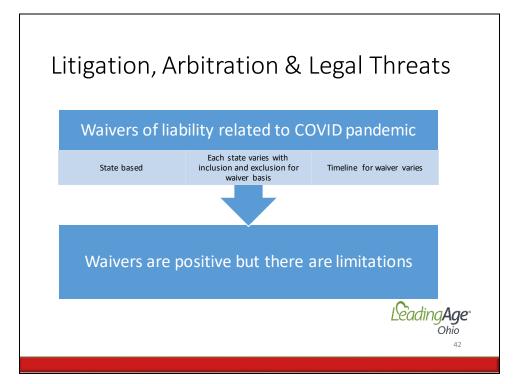
After Action	QAPI
	The information collected, gathered may not be covered under API, but the review and analysis of the information is important
	Ensure engagement of all disciplines
	Find opportunities to improve, Find opportunities to celebrate
Review	What did we respond to? And What did we react to?
	Create a plan
	What actions should continue as new normal practice
	What actions will be re-started, and when
	What can we improve now to be prepared for the next potential emergency



• Pandemic is a disease epidemic that has spread a cross a large region, for instance multiple Pandemic continents, or worldwide. • Throughout history, there have been a number of pandemics of diseases such as smallpox and tuberculosis. • The current pandemics are HIV/AIDS and coronavirus disease 2019 (COVID-19). Other recent pandemics include the 1918 influenza pandemic (Spanish flu) and the 2009 flu pandemic (H1N1). • Will this be our last pandemic? • What about the other emerging organisms? LeadingAge[®] 39







Litigation, Arbitration & Legal Threats

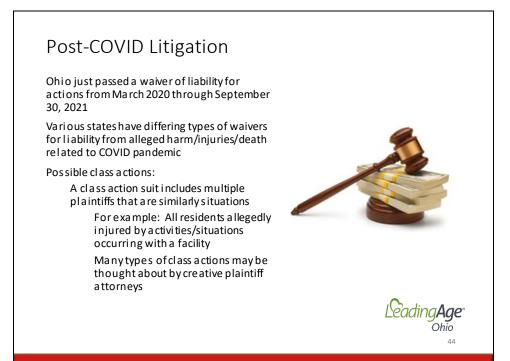


• Litigation

- Class actions?
- · Residents & families

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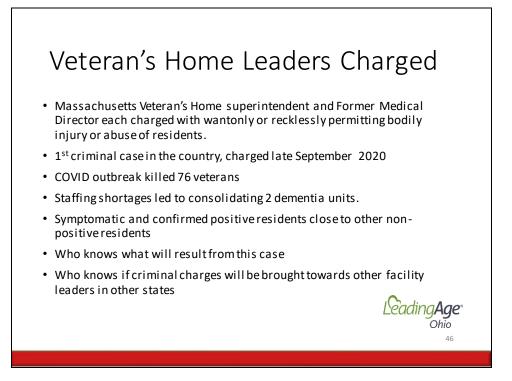
- Employees
- Vendors

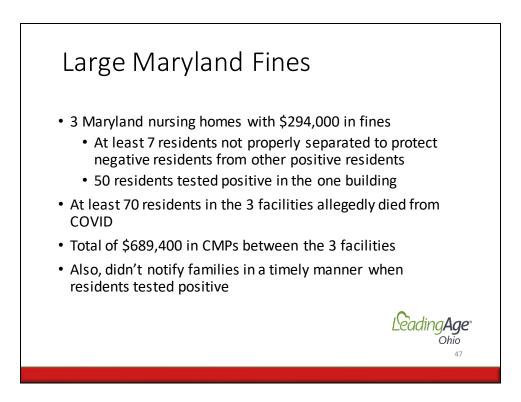


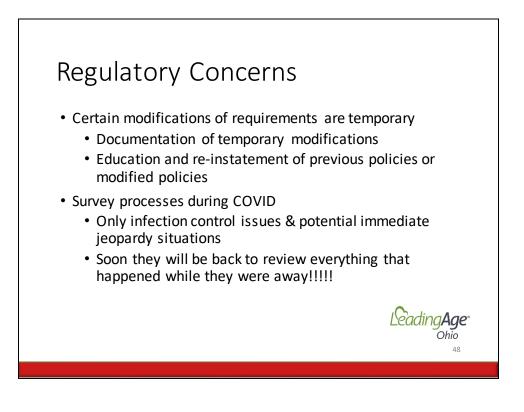
Pennsylvania Nursing Home Sued over Housekeeper's COVID Death

- Filed in July
- Unprepared for COVID outbreak and many, many staff and residents were infected and a number died
- Estate claims negligence, fraudulent misrepresentation, intentional misrepresentation, wrongful death and survival action again facility owner
- 368 residents tested +, 108 staff tested + and 80 deaths
- Housekeeper 69 years old, history of cancer and had high blood pressure.
- Allegations of withholding facts such as residents and employees were testing positive, inadequate PPE and infection control practices

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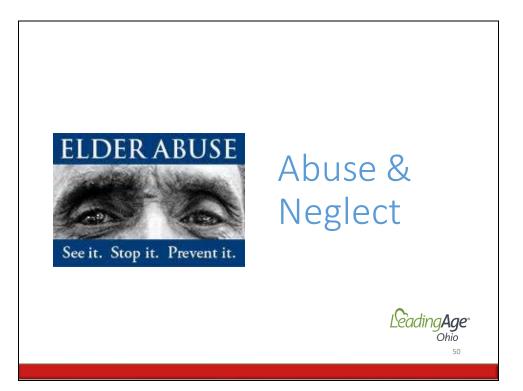
Regulatory Concerns

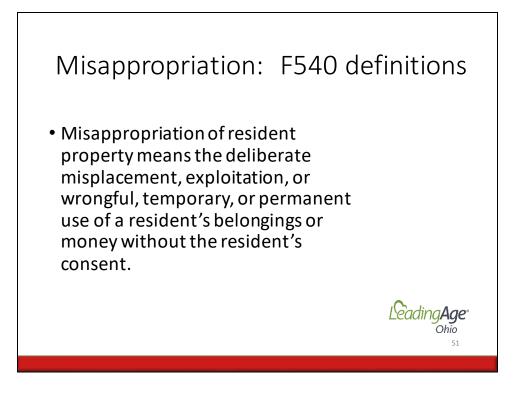


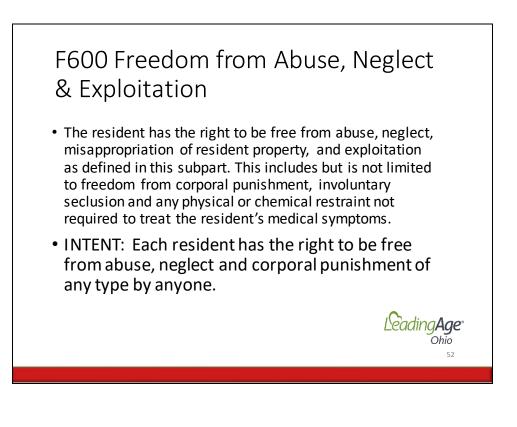
• Survey processes after COVID

- Will be catching up on standard surveys
- Looking to special focus surveys
- Complaints that were placed on hold during pandemic
- Look-back may be harsh
 - Retrospective review:
 - What is left? Documentation
 - Interviews: Individual residents, families and staff memories of the timing
 - Staffing: Wasitadequate? Who will decide?

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Duty to Report

 No licensed health professional who knows or suspects that a resident has been abused or neglected or that a resident's property has been misappropriated by an individual used by an RCF shall fail to report that suspicion or knowledge to ODH (paraphrased)

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• ORC 3721.22



F607 Policy development

- 42 CFR 483.12(b)(1)-(4), F607 –
 Develop/Implement Abuse/Neglect, etc. Policies
- Must develop and operationalize policies and procedures for screening and training employees, protection of residents and for the prevention, identification, investigation, and reporting of abuse, neglect, mistreatment, and misappropriation of property.

Injuries of unknown source



- Now at F540 definitions
- Both must apply:
 - Source not observed or explained by resident; and

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 Suspicious because of the extent of or the number of injuries observed at one particular point in time or the incidence of injuries over time.

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Notification of ODH

- Review F608: Reporting Reasonable Suspicion of a Crime
- Ensure the reporting of suspected crimes, within mandated timeframes (i.e., immediately but not later than two hours if the suspected crime resulted in serious bodily injury, within 24 hours for all other cases) Abuse allegations within 2 hours
- Abuse, neglect, misappropriation
- Final report within 5 days
- Use of on-line reporting
- · Requirement to thoroughly investigate



Immediate Jeopardy Trends Related to Abuse & Neglect



• Abuse and neglect

- Falls, accident hazards, accident supervision
- Elopements
- Side rail entrapment and restraint issues
- Choking/aspiration
- Failure to perform CPR

Frequent IJ Topics

- Abuse
- Accident Hazards: Falls, Oxygen (fire), failure to prevent a fall due to lack of staff and failure to timely evaluate
- Emergency treatment after fall
- Notification of Changes
- Choking



- Drug Regimen Review:
 - Coumadin
- Emergency Preparedness
- Elopement
- CPR
- Safe Temperatures
- Miscellaneous

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Immediate Jeop	arc	ly Template	
 Template developed th components Provides definitions of Provides space for prel demonstrates the key of 	3 ele limina	ary fact analysis which	
Date/Time IJ Template provided to entity:	1		
1J Component	Yes/No Yes/No	Preliminary fact analysis which demonstrates whe key component exists.	
Noncompliance: Has the entity failed to meet	Yes/No		
one or more federal health, safety, and/or quality regulations? If yes, in the blank space, identify the tag and			
regulations?	e.		



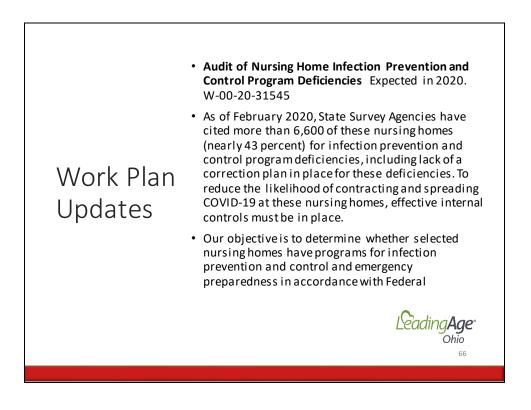
Recent Calls

- Safety when taking residents out of the buildings
 - Impaired family members
 - Family be haviors including a lcohol, smoking and/or drugs
- Smoking concerns
- Difficult families
- Swallowing, choking and noncompliance with diets
- Media posts
- Choking&non-compliance with dietary restrictions







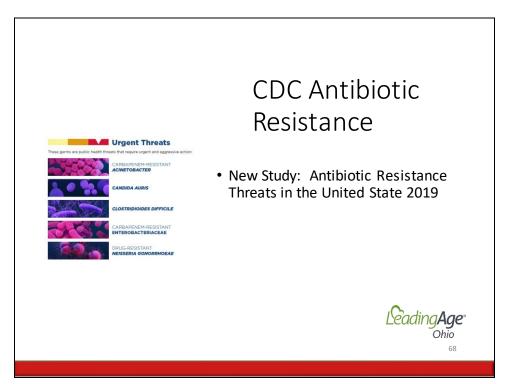


OIG Work Plan

- Audit of Nursing Homes' Reporting of COVID Information Under CMS New Requirements expected in 2021
- OIG will be looking at a variety of situations.
 - Situations related to the 1135 waiver: 3 day hospital stay waiver and skilling concerns
 - Poor quality of care/worthless services
 - Inappropriate or fraudulent use of funds being provided by the government

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• Many of the typical situations of the past

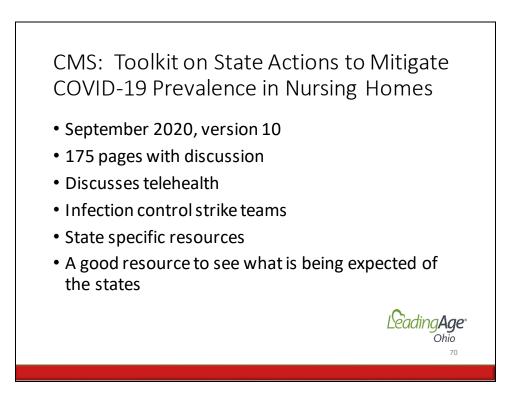


Resources: Disaster Ready, Behavioral Care Tool Kit

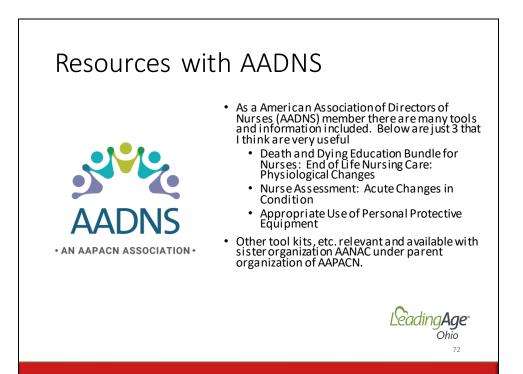


- Arizona Department of Health Services
- Elopement best practices
- Evacuation/Shelter-in-Place decision making tool
- Emergency Preparedness Kit Inventory List
 - List with many items: Flashlights, hand sanitizing wipes, Hand crank we a ther radio, bandages, stethoscope, BP cuff, CPR masks, Basic tool kit, ID bracelets, blanket, water, snacks, smoking supplies, games, music, he adphones, etc.

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Leadership During Turbulence



 Art of motivating a group of people to act toward achieving a common goal





