PRIVATE PRACTICE DIETITIAN'S IN OHIO

Note regarding insurance payments:

Even if the RD is a preferred provider, coverage varies with each plan and diagnosis. You will need to verify coverage prior to your visit. Billing procedure codes most often used for Medical Nutrition Therapy include 97802, 97803, & 97804.

Medicare coverage for nutrition services billed by the RD currently covers only Diabetes and Chronic Kidney disease.

43035 LEWIS CENTER

Delaware County

The Rite Bite
171 Green Meadows Drive South
Lewis Center, OH 43035

Phone: 614-985-6569 or 866-668-RITE

Fax: 614-985-6568

Email: info@theritebite.com
Website: www.theritebite.com

Business Description: We have many registered dietitians on staff

Business Days/Hours: Monday through Sunday; Daytime and Evening hours

Service Types:

Individual consultation: in-office

Group consultation Programs/workshops

Businesses: nutrient analysis/recipe analysis, product/recipe/menu development, school lunch

program/menus, sanitation/quality control

Languages Spoken (other than English): Hindi

Payment forms accepted: cash, check, credit Card, Health Spending Account Card, Insurance, Medicare Provider

Populations Served: adolescents, adults, senior adults

Expertise Areas: childhood overweight/obesity, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, metabolic measurements, PCOS (polycystic ovary syndrome), vegetarian/vegan nutrition, weight management.

43040 MARYSVILLE

Union County

Amy Jones, MS,RD,LD 1078 Nutmeg Drive Marysville, OH 43040 **Phone**: 614-484-1561 or 614-749-7122

Fax: 614-754-6366

Email: amy@amyjonesrd.com
Website: www.amyjonesrd.com

Twitter: AmyJonesRD Facebook: Amy Jones RD

Phone: (614) 944-5123

Email: Nutritionresults@aol.com

Fax: (614) 987-8520

Business Description: I am a dietitian who specializes in counseling those with Celiac disease and nonceliac gluten sensitivity. I also counsel patients with Irritable Bowel Syndrome utilizing the FODMAPS diet approach. I prefer to see patients on weekends and can meet with you in Marysville or Columbus. Additionally, I am an experienced speaker in the areas of weight management, sports nutrition, Celiac disease, and can easily tailor presentations to your group's needs.

Business Days/Hours: Sat & Sun only. Hours by appointment only.

Service Types:

Individual consultation: in-office

Group consultation Programs/workshops

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: digestive disorders, gluten intolerance/Celiac Disease

43214 COLUMBUS

Franklin County

Nutrition Results
Michal Hogan, RD, LD
Easton Town Center
Easton Executive Suites
4200 Regent Street, Suite 200
Columbus, Ohio 43219

other conditions related to inflammation where diet plays a role.

Business day/hours: Monday - Friday 9 a.m. to 5 p.m. Appointments highly recommended. Service

Business Description: LEAP Therapist: IBS, Crohn's/Colitis, Fibromyalgia/Fatigue, Migraine, Eczema and

Types: Individual consultation: in-office/phone consultation

Corporate Wellness

Payment forms accepted: Most major insurances, cash, credit

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas:

Digestive Disorders Fertility
Rheumatoid/Fibromyalgia Hyperlipidemia

Migraine Review of micronutrient/supplement needs

43221 MARYSVILLE

Union County

McSheffery Nutrition Barbara McSheffery, MS,RD,LD 2720 Tremont Rd.

Columbus, OH 44221

Phone: 614-481-8465 Email: <u>bmcsherr@aol.com</u>

Business Description: I offer current, common sense, science based, individualized nutritional guidance to manage weight, diabetes, high blood pressure, cholesterol, inflammation, the aging process and to promote wellness. .

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-office, in-home visits

Group consultation Programs/workshops

Payment forms accepted: cash, check, insurance

Populations Served: adults, senior adults

Expertise Areas: diabetes (pre-diabetes, type 1 & 2, gestational), general nutrition/wellness/healthy eating, gerontology nutrition, heart health (high blood pressure, cholesterol, triglycerides), weight management.

43230 GAHANNA

Franklin County

Mid Ohio nutrition Therapy Erica Cushion,RD,LD 1080 Beecher Xing N Gahanna, OH 43230 **Phone**: 614-855-2824 **Fax**: 614-476-5303

Email: erica@ohionutrition.com **Website:** www.ohionutrition.com

Twitter: @MidOhioNT

Facebook: Mid-Ohio Nutrition Therapy

Business Description: Mid Ohio NT offers general health and nutrition counseling services simplified to fit your individual needs. We believe in promoting a balance of health and pleasure to fit your lifestyle.

Business Days/Hours: M -F. Daytime hours.

Service Types:

Individual consultation: in-office & in-home visits

Group consultation

Payment forms accepted: cash, check, credit card, insurance

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, general nutrition/wellness/healthy eating, heart health (high blood pressure, cholesterol, triglycerides), PCOS, vegetarian/vegan nutrition, weight management.

44121 SOUTH EUCLID

Cuyahoga County

Nutrition Services Tanya Sussman, MS, RD, LD 1611 S. Green Road, #202 South Euclid, OH 44121 **Phone:** 216-381-4541 **Fax:** 216-381-2430

Email: tsussman@ushchealth.com
Website: www.weighless4life.com

Business Description: Professional dietetic practice promoting and encouraging healthy lifestyle practices through medical nutrition counseling and education.

Business Days/Hours: M, T,W & Th Daytime hours.

Service Types:

Individual consultation: in-office

Group consultation Programs/Workshops

Businesses: food labeling, nutrient analysis/recipe analysis, product/recipe/menu development **Payment forms accepted**: cash, check, credit card, Health Spending Account card, Insurance, Medicare Provider

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, childhood overweight/obesity, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, maternal nutrition/lactation, pediatric nutrition, PCOS, vegetarian/vegan nutrition, weight management.

44122 BEACHWOOD

Cuyahoga County

Nutrition Reality LLC Jane Korsberg,MS, RD,LD 3690 Orange Place, Suite 230 Beachwood, OH 44122 Phone: 440-349-3873 Fax: 855-430-9528

Email: ohrdjane@gmail.com

Facebook:

https://www.facebook.com/NutritionRealityLLC

Business Description: Promoting Wellness & Disease Prevention. Safe, effective, reliable nutrition guidance using evidence based science. Realistic diet design specific to your lifestyle and personal goals. Passionate about helping people achieve and maintain good health through nutrition. I help you make small changes to obtain BIG rewards for a lifetime ... always stressing the positive!

Business Days/Hours: W & F (with some flexibility on other days). Hours by appointment only. **Service Types**:

Individual consultation: in-office

Group consultation Programs/Workshops

Businesses: author, food labeling, marketing/public relations, nutrient analysis/recipe analysis **New!** Customized or generic forms for <u>MNT Physician Referrals</u> and <u>MNT Superbill</u> (using ICD 9 and 10 codes)

Payment forms accepted: cash, check, credit card, *PayPal*, Insurance, and Medicare Provider **Populations Served**: children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, childhood overweight/obesity, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS, Sports Nutrition, vegetarian/vegan nutrition, weight management.

44126 FAIRVIEW PARK

Cuyahoga County

Karen Stanfar, MPH,RD,LD 20455 Lorain Road, 2nd Floor **Fairview Park**, OH 44126 **Phone:** 440-333-8600 **Fax:** 440-374-7178

Email: kstanfar@healthrrs.com Website: HealthRiskReduction.com

Business Description: The dietitian at Health Risk Reduction LLC assists individuals and groups identify their nutritional problems, and aims to improve their nutritional status through dietary intervention. Clinical nutrition services targeted at treating specific diseases, such as diabetes and kidney disease are available with a physician prescription.

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation Group consultation, Programs/workshops, Spokesperson

Payment forms accepted: cash, check, credit card, health spending account card, Insurance, Medicare

Populations Served: adolescents, adults, senior adults

Expertise Areas: diabetes (pre-diabetes, type 1 & 2, gestational), gerontology nutrition, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, PCOS, , vegetarian/vegan nutrition, weight management.

44223 CUYAHOGA FALLS

Summit County

Nancy Dame, MS,RD,LD Phone: 330-338-6150
2716 Marcia Blvd. **Fax:** 330-920-6485

Cuyahoga Falls, OH 44223 Email: nancydamerd@yahoo.com

Business Description: Nutrition Education

Business Days/Hours: M – Sat. Daytime, evening, Hours by appointment only.

Service Types:

Individual consultation: in-home visits

Group consultation, Programs/workshops,

Spokesperson

Payment forms accepted: cash, check, Insurance, Medicare Provider

Populations Served: adults, senior adults

Expertise Areas: behavioral nutrition, cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, metabolic measurements, PCOS, weight management.

44273 SEVILLE

Medina County

The Wellness Workshop Robin Waltenberger, MS,RD,LD,NCC, LPC 105 Center St. Seville, OH 44273

Phone: 330-769-5696 Fax: 330-948-5538

Email: rwaltenberger@gmail.com

Business Description: The Wellness Workshop develops and presents fun classes that make good health and great relationships possible. Led by a registered dietitian and licensed counselor, class topics include diabetes, gluten-free living, hormonal influences on mood, how to avoid disappointment in relationships, parenting challenges, and adjusting to getting older. Other topics are available upon request. Presentations are casual, friendly, and perfect for community groups and businesses. *A unique feature is Wellness Workshop Home Parties*—learning and growing in a cozy atmosphere among friends. The Wellness Workshop enables clients to live and play well with others.

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-home visits (also for families or groups)

Group consultation (Community, Worksites, Schools) Programs/workshops (Community, Worksites, Schools)

Payment forms accepted: cash, check

Populations Served: adolescents, adults/parents/caretakers, senior adults

Expertise Areas: Alternative Nutrition, behavioral nutrition in children, diabetes (pre-diabetes, type 2), digestive disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), metabolic measurements, PCOS, weight management. Also: autoimmune syndromes such as Fibromyalgia & Arthritis, Nutrigenomics – meal planning to support individual genetic needs, Family dynamics in the kitchen and at the table.

44333 AKRON

Summit County

Phone: 800-342-0285

Becky Dorner & Associates, Inc. Becky Dorner, RD,LD 3526 Ridgewood Road Akron, OH 44333

Email: info@beckydorner.com Website: www.beckydorner.com

Twitter: @beckydorner

Facebook: Search Becky Dorner & Associates

Business Description: Your Premier Senior Nutrition Resource Consulting Services

We'd like to be part of your team! Becky Dorner & Associates Consulting has been a trusted and valued provider for almost 30 years. Our dedicated team of highly skilled and caring RDs and DTRs provide the best nutrition care for health care facilities in Ohio, SW Pennsylvania and SE Michigan. Our extensive

knowledge and qualifications in clinical nutrition, dining services, food service management, and cost control consulting can help improve quality, increase customer satisfaction, improve nutrition outcomes, and control food service costs!

Becky Dorner & Associates Consulting team of professionals is dedicated to providing innovative high-quality food, nutrition, and health care services. Our staff becomes a part of your team. Becky Dorner & Associates Consulting registered and licensed professionals combine clinical knowledge and food service experience with advanced training in nutrition, education and business to help you provide the best possible nutrition care to your residents/patients/clients.

<u>Resources</u> - Our mission is to inspire excellence in nutrition care for older adults through information, education and resources. Our extensive library provides health care professionals with current news, continuing professional education programs, publications, menus, and more!

Business Days/Hours: Hours by appointment only.

Service Types:

Businesses: author, product/recipe/menu development, school lunch program/menus, spokesperson, sanitation/quality control, consulting to nursing homes, hospitals, assisted living facilities, group homes, food services.

Payment forms accepted: cash, check, credit card

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, food allergies/food intolerance, general nutrition/wellness/healthy eating, gerontology nutrition, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), home health care, kidney disorders, immune disorders/HIV/AIDS, vegetarian/vegan nutrition, weight management.

44720 NORTH CANTON

Stark County

Correctional Nutrition Consultants, Ltd. Barbara Wakeen, MA, RD, LD, CCFP, CCHP 2285 Mt Pleasant St. NW

North Canton, OH 44720

Phone: 330-499-1715 or 330-284-2269

Fax: 330-497-2531

Email: bwakeen@neo.rr.com
Website: www.cnconsult.com

Business Description: With more than 22 years of correctional experience as a consultant, corporate dietitian and district manager, CNC specializes in the provision of foodservice and nutritional consultation to jails and prisons, contract management companies, food processors/manufacturers and food distributors across the US and also provides expert witness services. This includes menu writing, nutritional analysis, approvals, writing bid specifications and contract monitoring.

Non-corrections offerings include menu planning, nutritional analysis for menus and recipes, nutrition/allergen labeling, diet counseling and food safety training along with working with food processors, manufacturers and distributors.

Business Days/Hours: Mon – Friday; weekends by appointment. Daytime or evening hours.

Service Types:

Individual consultation, in office and in-home visits Group consultation (community, worksites, schools) Programs/Workshops (community, worksites, schools)

Businesses: Corrections, food safety, author, food labeling, nutrient analysis/recipe analysis, product/recipe/menu development, retail foodservice/foodservice management, school lunch program/menus, spokesperson, sanitation/quality control

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: Correctional food and nutrition, culinary arts, diabetes (pre-diabetes, type 1 & 2, gestational), food allergies/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), weight management.

45040 MASON

Eat Well 2 Be Well LLC Chau N. Brodnan, MS,RD,LD 3324 Cadeira Circle

Mason, OH 45040

Warren County

Phone: 425-463-5681

Email: eatwell2bewell@ymail.com

Website: www.eatwell2bewell.wordpress.com
Facebook: <a href="www.facebook.com/Eatwell2BeWell2Bewell2Be

Business Description: Whole-foods based nutrition coaching and/or cooking instruction.

Business Days/Hours: Mon – Sunday; Hours by appointment only.

Service Types:

Individual consultation: in-office, via phone/Skype Payment forms accepted: cash, check, PayPal Populations Served: adults, senior adults

Expertise Areas: culinary arts, general nutrition/wellness/healthy eating, vegetarian/vegan nutrition

45157 CINCINNATI

Nutrition Access LLC Cindy Cassell PhD, RD, LD

Business Address 1: 2793 Observatory

Cincinnati, OH 45157

Business Address 2: 2652 SR 132

Cincinnati, OH 45157

Hamilton County

Phone: 513-310-7963 Fax: 513-553-6942

Email: Cassellcindy@yahoo.com **Website:** www.nutritionaccess.org

Twitter: @cindycassell Facebook: CindyCassell

Business Description: Nutrition Access LLC is private practice nutrition services business providing medical nutrition therapy to individuals, corporate wellness programming to businesses and clinical nutrition services to institutions. Cindy's specialties are weight management, sports nutrition, disordered eating, gluten sensitivities and cancer to name a few. Cindy's research background is in weight management with children and families but has a special interest and significant clinical experience with individuals seeking to improve their health or performance by maximizing nutritional aspects of training.

Business Days/Hours: Hours by appointment only.

Service Types:

Individual consultation: in-office and in-home visits (servicing Clermont, Hamilton, Butler and

Warren Counties)
Group consultation
Programs/Workshops
Businesses
Tele-service and internet meetings

Payment forms accepted: cash, check

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, cancer/oncology, childhood overweight/obesity, digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gluten intolerance/Celiac disease, heart health (high blood pressure, cholesterol, triglycerides), metabolic measurements, pediatric nutrition, PCOS, sports nutrition, vegetarian/vegan nutrition, weight management

45212 CINCINNATI

Hamilton County

Ekvall Self Study and Private Practice Shirley Ekvall, PhD, RD, LD & Valli Ekvall PhD,

RD, LD

549 Tohatchi Dr. **Cincinnati,** OH 45212

Phone: 513-522-1403

Email: shirley.ekvall@uc.edu, ekvallr@aol.com,

or valli.eek@juno .com

Business Description: 35 CPEU's (or may separate into three sections: 10 -15-10), ADA approved self study (all multiple-choice questions) with six case studies, to 2015 (\$89.50 with s&h) to go with *Pediatric Nutrition in Chronic Diseases & Developmental Disorders* (book at med lib, from me, or Oxford Univ Press). Standards are included up to age 90. Also have a private practice for all ages.

Business Days/Hours: M -Thurs. Daytime, evening hours. Hours by appointment only.

Service Types:

Individual consultation: in-office and in-home visits

Group consultation Programs/Workshops

Businesses: author, product/recipe/menu development, school lunch program/menus,

spokesperson, sanitation/quality control.

Payment forms accepted: cash, check, insurance, Medicare provider **Populations Served**: infants/children, adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, cancer/oncology nutrition, childhood overweight/obesity, culinary arts, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gerontology, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), home health care, kidney disorders, maternal nutrition/lactation, metabolic measurements, nutrition for immune disorders/HIV/AIDS, pediatric nutrition, PCOS, sports nutrition, vegetarian/vegan nutrition, weight management.

45213 CINCINNATI

Hamilton County

Sound Bites Nutrition, LLC Phone: 513-675-6780

Lisa Andrews, Med, RD, LD Email: nutrigirl@zoomtown.com

Business Address 1: 11145 Luschek Dr. **Website:** www.soundbitesnutrition.com

Cincinnati, OH 45241

Business Description: Consultant RD with clinical, community and university experience since 1990. I counsel individuals and groups on healthier eating, develop and present corporate or community lunch and learns, work health fairs and provide cooking demos.

Business Days/Hours: Monday - Friday 8 a.m. - 5:00 pm by appointment

Service Types:

Individual consultation: in-office

Group consultation Programs/Workshops Businesses: spokesperson

Payment forms accepted: cash, check, credit card, PayPal

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive

disorders, food allergy/food intolerance, general nutrition/wellness/healthy eating, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS,

vegetarian/vegan nutrition, weight management.

Specialties: PCOS, grocery tours, corporate lectures, biometric screenings, health fairs, nutrition lectures

45242 CINCINNATI

Hamilton County

Soma Wellness, LLCPhone: 513-505-6800Jane Snyder, RD, LDFax: 513-297-9429

Business Address: 9030 Montgomery Rd Email: jane@somawellnessohio.com
Cincinnati, OH 45242 Website: www.somawellnessohio.com

Business Description: Specializing in Medical Nutrition Therapy for kidney disease and diabetes. Medicare and commercial insurances accepted. Massage Therapy for general population. Specializing in Arizona style Hot Stone massage, a therapeutic deep tissue massage using stones.

Business Days/Hours: Daytime, evening hours by appointment only.

Service Types:

Individual consultation: in-office

Group consultation

Payment forms accepted: cash, check, credit card, health spending account card, insurance, Medicare

provider

Populations Served: adults, senior adults

Expertise Areas: cancer/oncology nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, vegetarian/vegan nutrition.

45424 DAYTON

Montgomery County

UB-Fit, LLC Medical Nutrition Therapy Cindy Guirino M.Ed RD LD CDE ACE PT7707 4999 Brandt Pike Suite B Dayton, OH 45424

Email: youbfit@aol.com
Website: www.ub-fit.com

Phone: 937-626-2915

Business Description: A private practice that includes an organic garden as you walk up the herb scented paver path. Metabolic and genetic testing available. Specializing in Medical Nutrition Therapy for Obesity, Eating Disorders, Type 2 Diabetes, Kidney Disorders, Hyperlipidemia, Cancer, and Liver disease.

Business Days/Hours: Appointments available 7 days a week and evenings.

Service Types:

Individual & family consultations

Businesses: Author of the Thin Diary and Corporate Speaker for United Health Care

Payment forms accepted: cash, check, Anthem Insurance Accepted

Populations Served: infants/children, adolescents, adults, senior adults

Expertise Areas: cancer/oncology nutrition, childhood overweight/obesity, diabetes (Type 2), eating disorders, wellness, heart health (high blood pressure, cholesterol, triglycerides), kidney disorders, metabolic measurements, PCOS (polycystic ovary syndrome), Weight management.

45459 CENTERVILLE

Montgomery County

Phone: 937-436-1985

Fax: 937-436-8085

Monica A. Cengia, MS Ed,RD,LD, CDE 7707 Paragon Rd, suite 105 Centerville, OH 45459

Business Description: Private practice offering personalized, confidential, nutrition counseling – the first line of treatment and prevention of many medical problems. An individualized plan indentifies your

Business Days/Hours: M -Sat. Daytime, evening hours. Hours by appointment only.

Service Types:

Individual consultation: in-office

goals and the lifestyle changes needed to reach them.

Group consultation Programs/Workshops Businesses: Marketing/Public Relations

Payment forms accepted: cash, check

Populations Served: adolescents, adults, senior adults

Expertise Areas: behavioral nutrition, diabetes (pre-diabetes, type 1 & 2, gestational), digestive disorders, eating disorders, general nutrition/wellness/healthy eating, gerontology, gluten intolerance/Celiac Disease, heart health (high blood pressure, cholesterol, triglycerides), PCOS, sports nutrition, vegetarian/vegan nutrition, weight management. Also: Metabolic disorders (hypoglycemia), inflammatory disorders, and orthopedic nutrition.

Updated: 3/14/14