



Athletic Leadership Seminar
Saturday November 15, 2014
10 AM - 3 PM
Tiffin Middle School

The Tornado Athletic Boosters in Conjunction with Columbian Athletics, will be hosting an athletic leadership seminar centered on current issues and fundamentals surrounding high school athletics today. The purpose of the seminar is to offer information to all coaches, administrators, and team leaders about hot button issues we all face. The seminar is open to all sports coaches, athletic directors, and team leaders/captains who could benefit. The cost of the seminar is \$30 per registrant and will include an outline of speaker information as well as a catered lunch and light snacks. A detailed agenda is given below:

<u>Time(s)</u>	<u>Topic</u>	<u>Presenters</u>
9:30 AM	Sign In & Late Registration	TCHS Staff
9:55 AM	Opening Remarks & Schedule Updates	TCHS Staff
10:00 AM	Training the Multisport Athletes Effectively	Kevin Lewis ATC & Joe Stacy
10:45 AM	The Sober Truth & Drugs Awareness	Agent Susan Baker & Det. Charles Boyer
11:30 AM	The Recruiting Process at a DII & III Level	Lonny Allen & Matt Palm
12:15 PM	Catered Lunch (Italian Buffet)	Reino's Pizza & Pasta
1:00 PM	Three Dimensional Coaching	Rex Stump FCA
2:30 PM	Panel RoundTable Discussion, Q & A	All Clinicians
3:00 PM	Closing Remarks	TCHS Staff

School	Title (Circle)	First Name	Last Name	Cost = \$30 per/person
	Coach/Administrator/Pl ayer			
	Coach/Administrator/Pl ayer			
	Coach/Administrator/Pl ayer			
	Coach/Administrator/Pl ayer			

*** Please make additional copies if necessary OR send a list of attendees along with a check payable to:

Tornado Athletic Boosters

% Coaches Clinic

300 S. Monroe St.

Tiffin, Ohio 44883

419-448-5224 (Athletics)

419-448-5252 (FAX)

email: curt_mellott@tiffincityschools.org

PRE-Registration is DUE by November 7!!!

Late registration is \$40 at the Door!!!



Athletic Leadership Seminar
Clinician Biographies



Kevin Lewis

Kevin Lewis is Certified Athletic Trainer, Ohio Licensed Athletic Trainer and Certified Strength and Conditioning Specialist with the Blanchard Valley Hospital Rehab & Sports Medicine Department. Lewis is a 1989 graduate of Marietta College (Marietta, OH) receiving a Bachelor of Science degree in Sports Medicine and The University of Findlay receiving Master of Science in Health Informatics. His work with Blanchard Valley Hospital includes the development of The Performance Zone. This center serves the community providing health, wellness and performance enhancement programs for all ages. Lewis is a member in good standing of the National Athletic Trainers Association and the National Strength and Conditioning Association. He has served as an adjunct faculty member at The University of Findlay in the College of Health Professions for the past 16 years and works teaching and training students in the Strength and Conditioning and Athletic Training majors. Lewis has also worked with UAW-Ford as a health and wellness program director, collegiate and high school Athletic Trainer and in the clinical setting as an Athletic Trainer.



Joe Stacy

Joe Stacy is a 1978 Columbian High School graduate, and member of the Columbian Athletic Hall of Fame. Stacy attended Bowling Green State University and Tiffin University and majored in accounting. Stacy has served as a volunteer coach in several sports for area teams, such as the Clinton League, Krout League and Tiffin City League. He has been a contributor for the renovation of the stadium, the Old Fort Bank Fitness Center and Tiffin Middle School. Stacy has been involved with strength training for 26 years, serving many as strength and conditioning coordinator for the Columbian football. He played a vital role in the development and completion of the Old Fort Bank Fitness Center and co-developed the Optima Speed Camp, which assists all athletes in improving their speed and agility. He also was instrumental in designing "The Tunnel" when its renovation occurred in 2000. Stacy is not only an outstanding former Columbian athlete, but a great ambassador for Columbian High School and its athletic program. He continues to serve as the strength and conditioning coordinator for TC, where he maintains sport-specific weight programs for all

sports, analyzes and tracks the lifting progress of all athletes throughout their years. Stacy and his wife, Gloria, reside in Tiffin. They have two children, Emily and Clay.



Agent Susan Baker

Susan Baker is an Enforcement Agent with the Ohio Investigative Unit, a division of the Department of Public Safety. Agent Baker received her degree in Applied Science with a minor in Law Enforcement from The University of Toledo in 1998. She began her career in law enforcement in 1998 working as a Corrections Officer with the Lucas County Sheriff's Office where she stayed until January of 2001. Agent Baker began her career with the state on January 2, 2001 and has been assigned to the Toledo District ever since. Agent Baker serves as the Toledo District Office's "Sober Truth" agent, where she educates over 10,000 students a year in the 17 counties in northwest Ohio on the dangers of underage drinking . She also works with liquor permit holders and their staff educating them on the state's liquor laws and penalties if the laws are violated. Also during her 14 years as an agent, Agent Baker has investigated violations of the state's liquor and tobacco sales laws, as well as food stamp fraud activity. She has also serves as one of the districts field training officers and serves as the Toledo Districts federal grant coordinator. During her time with the state, Agent Baker received the "Safe Community Award" from the citizens of Allen County in 2004 and also in 2007 she received the "Excellence in Service Award" from the Ohio Department of Public Safety.



Detective Charles Boyer

Charles "Chuck" Boyer is a Bellevue and University of Toledo graduate. After his undergrad work at Toledo, Boyer graduated from the Sandusky Police Academy. Boyer's law enforcement career began with the Milan Police Department for one and a half years before moving over to the Tiffin Police Department for the past 22.5 years. Boyer's assignment is with the Seneca County Drug Task Force - METRICH Enforcement Unit. He has been a member of the unit for 22 of his service years in the Tiffin PD. Presently, Boyer is the the Unit Coordinator of the METRICH Enforcement Unit. He has held this position since since 1999. Presently, Boyer holds 75 (+) certifications in various fields of Law Enforcement. He has conducted 1,000's of drug investigations throughout his career, including both state & federal investigations stemming throughout the State of Ohio & the southwest border of the United States. Boyer and his family reside in Tiffin.



Lonny Allen

Lonny Allen serves as Athletic Director at Tiffin University. Allen has been at the forefront of continuing the growth of the department in Division II and the GLIAC. Under his direction, the program has made many positive additions, such as the development of the Heminger Center, a 3.5 acre indoor practice and recreation center that also includes an indoor track and field complex, along with new facilities for the golf and wrestling programs. In addition, Allen has overseen the addition of two new varsity sports (women's lacrosse, wrestling), along with helping develop new athletic offices as part of the Heminger Center along with expanding the size of the weight room and training facilities for the betterment of TU's athletes. Allen coached the Dragons baseball squad for 21 seasons before stepping aside after the 2012 season. Counting his days as a student-athlete for the Dragons, he had been associated with the program for 24 years. He accumulated 444 career victories on the diamond. Coach Allen is a 1992 graduate of Tiffin University with a degree in Sports Management. He has a Master's degree in Sports Administration from Bowling Green State University. Allen, his wife Julie, and daughters Macy, Brooke, and Zoey live in Tiffin.



Matt Palm

Matt Palm joined Heidelberg in the coaching ranks 16 years ago after spending one year as an assistant baseball coach at Indiana University in Bloomington. Palm earned his master's degree from Georgia State University in Atlanta. During that time, Palm was an assistant coach with Emory University. The Eagles advanced into the NCAA Regionals every season he was with the program. During his 15 seasons as the Head Coach of the Student Princes, he achieved an overall record of 459-208-2 for a .686 winning percentage. Palm's undergraduate career took place at The College of Wooster. Throughout his four seasons with the Scots, Wooster posted a 112-55 mark. He had a career batting average of .332 with eight home runs, 101 RBI and 29 doubles. In his senior year of 1995, he hit .352 with 40 RBI. Palm was named director of athletics at Heidelberg on June 1, 2008 after serving as the associate director of athletics during the 2007-08 academic year. He oversees the day-to-day operations of the athletic department, with a strong emphasis on the overall experience that a student-athlete receives while at the Berg. Palm oversees the "H" Association, which raises funds for all student-athletes, as well as continually generates enthusiasm for all athletic teams through the Berg Pride program. Palm is a native of Orrville, Ohio and is a graduate of Smithville High School. He resides in Tiffin with his wife, Michelle, three sons, Samuel, Nicholas and Charlie, and their daughter, Cecilia. Follow Coach Palm on Twitter, [@mpalm7](https://twitter.com/mpalm7)



Rex Stump

Rex Stump has been the Area Director for the Fellowship of Christian Athletes in the NW Ohio region for the past 10 years. (Serving in 7 Counties: Fulton, Henry, Williams, Defiance, Paulding, Lenawee, and Hillsdale) Rex works with area schools and sport teams giving them weekly encouragement and team building opportunities. In ten years the impact of FCA has grown from 4 schools to 60 schools! A former high school coach and youth pastor for 15 years, Rex now focuses on FCA, speaking opportunities, and coaching youth sports. Rex also serves as the chaplain for the Defiance College football team. Rex is also trained in 3 dimensional coaching and education. He is blessed to be married to his wife Jenny, and they have three active boys – Collin (18), Carter (15) and Clay (11).

3Dimensional Coaching Synopsis:

No doubt about it this generation of students and athletes are different than the past! We are discovering that students are less motivated, more stressed, and lacking leadership skills. At the same time, these same students are quick to volunteer, desire to help make a difference, and are incredibly sharp with technology. And yet...there is a disconnect with their advancement and application. How do we teach and motivate these students and athletes? One of the main objectives of the 3Dimensional Coaching Session is that each coach will understand his/her 'transformational purpose' in coaching. We will also see what research says about 21st century athlete & the need to engage relationally. We will discuss what has changed culturally in the past 2 generations and create a case for writing a "Transformational Purpose Statement." This helps coaches define the "why" behind the x's and o's. Finally we will discuss how to motivate today's athlete at a deeper level.