



# OHIO OSTEOPATHIC SYMPOSIUM

A COLLABORATION OF OHIO OSTEOPATHIC FOUNDATION  
& OHIO UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE

## EXCELLENCE IN OSTEOPATHIC MEDICINE, EDUCATION AND RESEARCH

APRIL 29–MAY 2, 2010  
HILTON COLUMBUS  
EASTON TOWN CENTER



# WELCOME

## FROM THE OU-COM SOCIETY OF ALUMNI & FRIENDS AND THE OHIO OSTEOPATHIC FOUNDATION



**Jeffrey A. Stanley, DO, ('82), FACOS**  
President, OU-COM Society of Alumni and Friends



**Christopher J. Loyke, DO, ('88), FACOFF**  
President, Ohio Osteopathic Association  
Chair, Ohio Osteopathic Foundation

## PROGRAM CO-CHAIRS

### FOR THE 2010 OHIO OSTEOPATHIC SYMPOSIUM



**Timothy J. Barreiro, DO, ('97), FCCP, FACOI**  
Ohio University College of Osteopathic Medicine  
Society of Alumni and Friends



**John F. Ramey, DO, ('92)**  
Ohio Osteopathic Association

It is with great pleasure that we invite you to the inaugural Ohio Osteopathic Symposium April 29 – May 2, 2010, at the Hilton Columbus at Easton in Columbus, OH.

The Symposium combines and replaces the Ohio Osteopathic Association Convention, usually held in June, and the Ohio University College of Osteopathic Medicine CME Conference & All Class Reunion, usually held in the fall, to offer a quality education program for which both organizations are known.

The program is intended to improve professional education in the context of our changing health care system and ultimately improve the quality of health care. In addition to clinical education, the meeting is also an opportunity for networking, award recognition, and socializing.

It is our hope the Ohio Osteopathic Symposium will energize you with a great sense of pride in the profession and service to patients. We look forward to seeing you April 29 – May 2 in Columbus.

*“This symposium is full of pertinent, up-to-date information for the primary care physician and specialist alike. You’ll be able to take away information that will immediately impact your practice.”*

Timothy J. Barreiro, DO, ('97), FCCP, FACOI

*“The Ohio Osteopathic Association is proud to partner with OU-COM to host this inaugural Symposium. In addition to the timely educational topics, the Symposium offers an important opportunity for us to collectively reunite and strengthen our osteopathic family.”*

John F. Ramey, DO, ('92)

**Michelle May, MD, FAAFP**

**KEYNOTE PRESENTATION**



**EAT WHAT YOU LOVE, LOVE WHAT YOU EAT: HOW TO BREAK THE EAT-REPENT-REPEAT CYCLE**

Michelle May, M.D., is the Founder and CEO of the proven Am I Hungry?® Workshops that guide participants to eat instinctively again, live a more active lifestyle and balance eating for enjoyment with eating for health. Am I Hungry?® received the Excellence in Patient Education Innovation Award and is available through corporate wellness programs, medical offices, hospitals, fitness centers, and insurance companies.

She is well respected by her physician colleagues who elected her to serve as President of the Arizona Academy of Family Physicians. She was the Chairperson for the Subcommittee on Women of the 93,000-member American Academy of Family Physicians (AAFP) and was elected to serve in the AAFP Congress of Delegates, the policy forming body of the organization for eight years. She is Past Chair of the Americans in Motion Advisory Panel and the AAFP Women's Health and Physician Wellness Conference. She served on the AAFP Commission on the Health of the Public and the American Medical Association's Healthy Lifestyles' Advisory Panel.

**JAMES O. WATSON, DO** dedicated his life to the osteopathic profession for more than four decades before his death in 1985. A graduate of the Kirksville College of Osteopathic Medicine, he helped found Doctors Hospital North and served as chief of surgery there from 1940-1963. He was the first osteopathic physician to be appointed to the Ohio State Medical Board where he served for a total of thirty-two years. In 1972, he was named honorary president of the Ohio Osteopathic Association – the first and only such award ever bestowed – and the J.O. Watson Memorial Lecture was established to honor his ideals and example.

**John C. Licciardone, DO, MS, MBA, FACPM**



**J.O. WATSON, DO MEMORIAL LECTURE  
THE RATIONAL POSITIONING, PROMOTION AND REVITALIZATION OF  
OSTEOPATHIC MEDICINE**

Dr. Licciardone is Executive Director and Osteopathic Heritage Clinical Research Chair at The Osteopathic Research Center located at the University of North Texas Health Science Center – Texas College of Osteopathic Medicine. He also serves as Associate Dean for Clinical Research at the Texas College of Osteopathic Medicine and holds the Richards-Cohen Distinguished Chair in Clinical Research.

He is the first osteopathic physician to have received a Midcareer Investigator Award from the National Institutes of Health. He serves as Principal Investigator for the OSTEOPATHIC Trial, an ongoing five-year study that seeks to recruit about 500 subjects to evaluate the efficacy of osteopathic manipulative treatment. His previous research forms the basis for the American Osteopathic Association Guidelines on Osteopathic Manipulative Treatment for Patients with Low Back Pain, which were recently accepted by the Agency for Healthcare Research and Quality for posting on its National Guideline Clearinghouse.

**Frank L. Schwartz, MD, FACE**



**J.O. WATSON, DO ENDOWED DIABETES RESEARCH CHAIR  
OHIO UNIVERSITY COLLEGE OF OSTEOPATHIC MEDICINE**

The J.O. Watson, DO Endowed Diabetes Research Chair was established at the Ohio University College of Osteopathic Medicine in 2001. Endowed by the Osteopathic Heritage Foundation, the chair was created to advance research into rural health management of diabetes and cardiovascular disease.

In 2009, Dr. Schwartz, professor of endocrinology in the department of specialty medicine at the Ohio University College of Osteopathic Medicine was named James O. Watson, DO Endowed Diabetes Research Chair. His work ranges from research into the treatment potential of newly discovered compound C-10 for diabetes and other diseases, to various clinical studies on community health trends and endocrine disease management. He is currently working to improve medical technology for diabetic patients by co-developing an artificial intelligence software program for insulin pumps for type 1 diabetes patients. The software interprets how lifestyle trends impact individual patients' glucose levels and offers evidence-based solutions to problems.

## WEDNESDAY, April 28, 2010

3:00 pm – 7:00 pm

### Exhibitor Set Up

1:00 pm - 4:00 pm

### OOA Board of Trustees Meeting

Juniper A/B

5:00 pm – 7:00 pm

### OOA Board and Past Presidents Reception

Magnolia Room

## THURSDAY, April 29, 2010

7:00 am – 7:00 pm

### Registration

Easton Lobby

7:00 am – 8:00 am

### Continental Breakfast

Regent Ballroom

8:00 am – 5:00 pm

### Exhibits Open

Easton Lobby

7:30 am – 9:00 am

### Ohio ACOFP Board Meeting

Magnolia Room

8:00 am – 8:45 am

### Managing COPD – Guideline Use in Clinical Practice

Timothy J. Barreiro, DO, ('96), FACOI, FCCP  
Easton A/B

8:45 am – 9:30 am

### The Ups and Downs of Hypertension

Larry J. Witmer, DO, ('97)  
Easton A/B

9:30 am – 10:15 am

### H1N1 Update

Jennifer Hanrahan, DO  
Easton A/B

10:00 am – 11:30 am

### Ohio Osteopathic Foundation Board Meeting

Lilac Room

10:15 am – 10:45 am

### Refreshment Break/Visit Exhibits

Easton Lobby

10:45 am – 11:30 am

### Vitamin D Deficiency

Randall A. Colucci, DO, ('98)  
Easton A/B

11:30 am – 12:00 pm

### Family Practice Resident Winning Paper Presentation

Easton A/B

12:00 pm – 1:30 pm

### Ohio ACOFP Luncheon, Awards and Installation of Officers

Regent Ballroom

1:30 pm – 2:15 pm

### Diabetes Mini Residency

Jay H. Shubrook, DO, ('96), FACOFP, FAAFP  
Frank Schwartz, MD, FACE, J.O. Watson Research Chair  
Easton A/B

### Surgery – The Evaluation and Management of Arthritic Hand

Joseph F. Looby, DO, ('95), FACOS  
Easton C/D/E

2:15 pm – 3:00 pm

### Diabetes Mini Residency

Jay H. Shubrook, DO, ('96), FACOFP, FAAFP  
Frank Schwartz, MD, FACE  
Easton A/B

### Surgery – Sedation/Analgesia & Delirium in the SICU

Victor Dizon, DO  
Easton C/D/E

2:00 pm – 4:00 pm

### Advocates Board Meeting

Lilac Room

3:00 pm – 3:45 pm

### Diabetes Mini Residency

Jay H. Shubrook, DO, ('96), FACOFP, FAAFP  
Frank Schwartz, MD, FACE  
Easton A/B

### Surgery – Diagnosis and Treatment of Abdominal Aortic Aneurysms

Mark T. DeFrancisco, DO, ('95) ('91), FACOS  
Easton C/D/E

3:45 pm – 4:15 pm

### Refreshment Break/Visit Exhibits

Easton Lobby

4:15 pm – 5:00 pm

### Diabetes Mini Residency

Jay H. Shubrook, DO, ('96), FACOFP, FAAFP  
Frank Schwartz, MD, FACE  
Easton A/B

### Surgery – Total Knee Replacement

Carl C. Berasi, DO  
Easton C/D/E

5:00 pm – 5:45 pm

### Diabetes Mini Residency

Jay H. Shubrook, DO, ('96), FACOFP, FAAFP  
Frank Schwartz, MD, FACE  
Easton A/B

### Surgery – The Degenerative Cervical Spine

Daryl R. Sybert, DO, ('86), FAOAO  
Easton C/D/E

5:45 pm – 7:00 pm

### Unified College Alumni Receptions

Regent Ballroom

7:00 pm – 9:00 pm

### OMM Workshop: Balancing the Autonomic Nervous System

John C. Licciardone, DO, MS, MBA, FACPM,  
J.O. Watson Memorial Lecturer  
Theodore R. Jordan, DO ('92)  
Juniper A/B

## FRIDAY, April 30, 2010

7:00 am – 7:00 pm

### Registration

Easton Lobby

7:30 am – 8:00 am

### Continental Breakfast

Regent Ballroom

8:00 am – 12:15 pm

### Exhibits Open

Easton Lobby

8:00 am – 12:00 pm

### OMM Train the Trainer Workshop

Stevan A. Walkowski, DO, ('89)  
Juniper A/B

8:00 am – 8:15 am

### State of the State Address

Christopher J. Loyke, DO, ('88), FACOFP  
President, Ohio Osteopathic Association  
Easton A/B

8:15 am – 8:30 am

### College Update

John A. Brose, DO, Dean  
Ohio University College of Osteopathic Medicine  
Easton A/B

8:30 am – 8:45 am

### Osteopathic Heritage Foundations Update

Richard A. Vincent, President and CEO  
Osteopathic Heritage Foundations  
Easton A/B

8:45 am – 9:00 am

### Ohio State Medical Board Update

Anita Steinbergh, DO  
Chair, Scope of Practice Committee,  
Ohio State Medical Board  
Easton A/B

9:00 am – 12:00 pm

### Advocates Breakfast & General Meeting

Lilac Room

9:00 am – 9:45 am

### Fibromyalgia

Nicole B. Danner, DO, MS, ('01) ('97)  
Easton A/B

9:45 am – 10:15 am

### Break/Visit Exhibits

Easton Lobby

10:15 am – 11:00 am

### J.O. Watson, DO Memorial Lecture The Rational Positioning, Promotion and Revitalization of Osteopathic Medicine

John C. Licciardone, DO, MS, MBA, FACPM  
Easton A/B

# AGENDA

11:00 am – 11:45 am

**Keynote: Eat What You Love, Love What You Eat: How to Break the Eat-Repent-Repeat Cycle**

Michelle May, MD, FAAFP  
Easton A/B

11:45 am – 12:00 pm

**Exhibitor Awards and Close of Exhibition**  
Easton Lobby

12:00 pm – 1:30 pm

**AOA President's Luncheon and OOA Awards**  
Regent Ballroom

1:30 pm – 2:15 pm

**OOA House of Delegates**  
Easton C/D/E

**Pediatric – Back Pain in the Pediatric Patient**

Thomas L. Pommering, DO, ('91)  
Easton A/B

2:15 pm – 3:00 pm

**Pediatric – Pediatric OMM in Patients With Colic and Asthma**

Ali Carine, DO, ('98)  
Easton A/B

3:00 pm – 3:45 pm

**OOA House of Delegates Reference Committees**

**Professional Affairs**

Magnolia Room

**Constitution/Bylaws**

Lilac Room

**Public Affairs**

Easton C/D/E

**Dermatology Workshop**

Jenifer R. Lloyd, DO  
Easton A/B

**Emergency Medicine – Hand/Wrist Trauma**

Desmond Stutzman, DO  
Juniper A/B/C

3:45 pm – 4:30 pm

**Dermatology Workshop (Continued)**

Jenifer R. Lloyd, DO  
Easton A/B

**Emergency Medicine – Acute Evaluation and Management of Facial Injuries and Fracture**

Joseph F. Looby, DO, ('95), FACOS  
Juniper A/B/C

4:30 pm – 5:15 pm

**Dermatology Workshop (Continued)**

Jenifer R. Lloyd, DO  
Easton A/B

**Emergency Medicine – Emergency Ultrasound: Current Standards and Future Applications**

Michael J. Pallaci, DO  
Juniper A/B/C

6:30 – 8:30 pm

**Heritage Center for Osteopathic Medical Education Open House**

Offsite – Doctors Hospital

## SATURDAY, May 1, 2010

7:00 am – 5:00 pm

**Registration**

Easton Lobby

7:00 am – 8:00 am

**District Academy Caucus Breakfast** – Columbus

Juniper A

**District Academy Caucus Breakfast** – Dayton

Juniper B

**District Academy Caucus** – Small Academies

Juniper C

7:30 am – 8:45 am

**OU-COM Society of Alumni & Friends Executive & Standing Committee Breakfast Meeting**

New Albany Board Room

8:00 am – 8:30 am

**Continental Breakfast**

Regent Ballroom

8:00 am – 2:00 pm

**OU-COM/CORE/OOA Research Poster Exhibition**

Easton Lobby

8:00 am – 8:45 am

**Medical Informatics and the Data Driven Medical Home**

Brian O. Phillips, MEd  
Easton A/B

8:45 am – 9:30 am

**The Patient-Centered Medical Home**

Richard J. Snow, DO, MPH  
Easton A/B

9:00 am – 11:00 am

**Advocates Board Meeting**

New Albany Board Room

9:30 am – 10:15 am

**Recession-proof your Practice: How to Survive in a Down Economy**

Stan Kasmarcak/Alta Partners, LLC  
Easton A/B

10:15 am – 10:45 am

**Break and Poster Viewing**

Easton Lobby

10:45 am – 11:30 am

**Women's Health – New Advances in Breast Imaging and Screening**

Adele M. Lipari, DO  
Easton A/B

11:30 am – 12:15 pm

**Women's Health – Workup and Treatment of Chronic Pelvic Pain**

Michael J. Clark, DO  
Easton A/B

12:15 pm – 1:30 pm

**OU-COM Society of Alumni & Friends Awards Luncheon**

John A. Brose, DO, Dean  
Ohio University College of Osteopathic Medicine  
Jeffrey A. Stanley, DO, ('82), FACOS, President  
Regent Ballroom

1:30 pm – 2:30 pm

**District Academy Caucus Meeting** – Cleveland  
Magnolia Room

1:30 pm – 2:15 pm

**Navigating Reimbursement Workshop**

AOA Division of Socioeconomic Affairs  
Easton A/B

**Pain Management – Botox Therapy for Acute Pain Management**

Martin Taylor, DO, PhD  
Juniper A/B/C

2:15 pm – 3:00 pm

**Navigating Reimbursement (Continued)**

AOA Division of Socioeconomic Affairs  
Easton A/B

**Pain Management – Management of Chronic Pain: Balancing Patient Safety**

Brian A. McCarroll, DO, MS  
Juniper A/B/C

3:00 pm – 5:00 pm

**OOA House of Delegates**

Easton C/D/E

**Medicare Quality Initiatives**

Ronald A. Savrin, MD, MBA  
Magnolia Room

**Navigating Reimbursement Workshop**

AOA Division of Socioeconomic Affairs  
(Repeat of 1:30 pm Session)  
Easton A/B

6:30 pm – 9:00 pm

**OOA President's Installation Dinner**

Regent Ballroom

## SUNDAY, May 2, 2010

8:30 am – 11:30 am

**The R Factor: How to Maximize the One Thing You Control**

Timothy Kight  
Easton C/D/E

11:30 am – 1:00 pm

**Farewell Brunch**

Regent Ballroom



## CME CREDIT

Approximately 30 hours of Category 1-A CME credit has been requested from the American Osteopathic Association. The Ohio University College of Osteopathic Medicine will submit your credit hours to the AOA and provide attendance certificates for your records. To receive credit, you will need to sign in at the registration table upon arrival and complete and return the CME Verification Request Form before departing the symposium. A breakdown of credit hours available by day will be posted at [www.ooanet.org/cme](http://www.ooanet.org/cme) and available on-site once final credit approval has been issued by the AOA. Credits will not be issued to physicians failing to sign in.

## REGISTRATION DESK

Pre-registered and on-site registration packets may be picked up at the Ohio Osteopathic Symposium registration desk in the Easton Ballroom Lobby during the following times:

Thursday, April 29, 7:00 am – 7:00 pm

Friday, April 30, 7:00 am – 7:00 pm

Saturday, May 1, 7:00 am – 5:00 pm

## REGISTRATION INFORMATION

The Symposium Registration Form, along with payment, must be received no later than **April 1, 2010**, to receive the early bird rate. Registrations received after April 1, 2010 will be charged the full rate. Online registration is available 24 hours a day at [www.ooanet.org/cme](http://www.ooanet.org/cme)

## CANCELLATIONS, REFUNDS AND GRIEVANCES

Refunds for cancellation will be granted in full if notification is received by April 15, 2010. After this date, an administrative fee of \$75.00 will be assessed.

This program is designed to comply with Uniform Guidelines for Accrediting Agencies of Continuing Medical Education. All grievances will be responded to within 30 days of receipt. Initially, all grievances should be directed to the OU-COM CME Office. Additional information concerning compliance may be obtained by contacting the AOA Division of CME at 1.800.621.1773

## HOUSE OF DELEGATES

The OOA House of Delegates will meet April 30 - May 1. If you are attending the meeting as a Delegate only, there is no registration form, fee, meal tickets, or CME credits. Delegates are automatically registered via their Academy and will receive the House schedule and other information directly from the OOA. If you want to attend lectures, meal functions and receive AOA Category IA credit, you must register for the Symposium.

## SPECIAL EVENTS

### COLLEGE RECEPTIONS

Join the Ohio University College of Osteopathic Medicine Society of Alumni and Friends and other osteopathic colleges for the Unified College Alumni Reception on April 29 from 5:45 pm – 7:00 pm.

### HERITAGE CENTER FOR OSTEOPATHIC MEDICAL EDUCATION OPEN HOUSE

April 30, 6:30 pm – 8:30 pm

### OOA PRESIDENT'S INSTALLATION DINNER

May 1, 6:30 pm – 9:00 pm

### GRAND PRIZE DRAWING

Visit all of our exhibitors and obtain their signatures for a chance to win our Grand Prize drawing of \$2500. Second prize is \$1000. Drawing will be held on Sunday, May 2, 2010 at the Farewell Brunch. You must be present to win.



# OHIO OSTEOPATHIC SYMPOSIUM REGISTRATION FORM

## Return this form by mail or fax to:

Ohio Osteopathic Foundation  
Post Office Box 8130  
Columbus, OH 43201-0130

## Register online day or night at [www.oonet.org/cme](http://www.oonet.org/cme)

Phone: 614.299.2107, Fax: 614.294.0457

## Registration must be received by April 1, 2010 for the reduced rate.

Please print

Name \_\_\_\_\_ AOA Number \_\_\_\_\_

Spouse/Guest Name \_\_\_\_\_

Business Address \_\_\_\_\_

Business City \_\_\_\_\_

Business State \_\_\_\_\_ Business Zip Code \_\_\_\_\_ Business Telephone \_\_\_\_\_

E-mail Address \_\_\_\_\_ Fax \_\_\_\_\_

### Payment Method:

- Visa       MasterCard       American Express       Discover       Check enclosed (payable to Ohio Osteopathic Foundation)

Card number\* \_\_\_\_\_ Expiration Date (e.g. 05/2008) \_\_\_\_\_

Security Code (Last 3 digits on back of card. AmEx card users-4 digit number on front of card) \_\_\_\_\_

Name as it appears on card \_\_\_\_\_ Signature \_\_\_\_\_

Credit Card Billing Address \_\_\_\_\_

Billing City \_\_\_\_\_ Billing State \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

\* Note: Your credit card will not be charged until our staff has confirmed your information and charges

## Rates

### On or Before April 1, 2010

- OOA Member or OU-COM Graduate: \$400  
 Non-OOA Member or Non-OU-COM Graduate: \$500  
 Retired Physician: \$250  
 Spouse/Guest: \$50 (includes all meal functions)  
 Intern/Resident: \$50 (includes all meal functions and lectures)  
 Medical Student: No Fee (includes all meal functions and lectures)

### After April 1, 2010

- OOA Member or OU-COM Graduate: \$500  
 Non-OOA Member or Non-OU-COM Graduate: \$650  
 Retired Physician: \$300  
 Spouse/Guest: \$50 (includes all meal functions)  
 Intern/Resident: \$50 (includes all meal functions and lectures)  
 Medical Student: No Fee (includes all meal functions and lectures)

Total Amount Enclosed \$ \_\_\_\_\_



College of Osteopathic Medicine

Office of Medical Development  
and Alumni Affairs  
209 Grosvenor Hall  
Athens OH 45701

## APPLICATION HAS BEEN MADE FOR APPROXIMATELY 30 HOURS OF 1-A CME CREDIT

### BOOK YOUR ROOM NOW!

**Room reservation deadline is April 6, 2010**, however, the earlier you make your reservation, the more assurance you will have of obtaining the symposium rate.

**Visit [www.ooanet.org/cme](http://www.ooanet.org/cme) or call the Hilton Columbus at Easton 614.414.5000 to reserve your room**

### HILTON COLUMBUS AT EASTON

3900 Chagrin Drive, Columbus, Ohio 43219  
Tel: 1-614-414-5000, Fax: 1-614-414-5100

The 100% smoke-free Hilton Easton is a AAA 4-Diamond, full service, upscale, hotel located in the heart of Easton Town Center a dining, shopping and entertainment destination.

### DIRECTIONS:

From Interstate 270 north or south, take the Easton Exit (#33). Exit onto Easton Way. Remain on Easton Way through second stoplight. Turn Right on Chagrin Drive. Hotel is on the right.

### PARKING:

Self Parking: No Charge  
Valet Parking: \$10 per day  
In/Out privileges and covered parking available

