

## Continuing Education Credit:

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This program has been approved for 10 Category 1-A CME credits by the American Osteopathic Association.

This program is approved for a maximum of 10 Category 1-A CE Credits for certified athletic trainers by Board of Certification, Inc.

This program is pending approval by the Ohio Physical Therapist Association, and the Ohio Nurses Association for 10 CE credits.

This program has been approved by the Ohio State Chiropractic Board for 10 CME credits.

## Exhibitors:

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### Genzyme

Biomet  
Osteo Solutions

## Pre-registration ends

**November 12, 2009**

***Please send check and  
registration form to:***

OrthoNeuro  
Heather Benjamin  
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# OrthoNeuro

A Multi-Specialty Center of Excellence

## ***Arthritis Update 2010***

### ***Current Techniques for the Treatment of Osteoarthritis***

*November 19-20, 2010*

*New Albany Surgical Hospital  
Foundation Learning Center*

Joint-Sponsored by:

**Ohio Osteopathic Foundation**

New Albany  
SURGICAL HOSPITAL  
FOUNDATION

## Program Agenda:

### November 19th

12:30pm Welcome & Registration  
1:00pm Natural History  
*Donald Rohl, DO*  
*Michael Simek, MD*  
1:20pm Diagnostic Spinal Injections  
1:40pm EMG  
2:00pm Therapeutic Spinal Injections  
*Michael Simek, MD*  
2:20pm Myofacial Pain Care  
*Martin Taylor, DO, PhD*  
2:40pm Q & A  
3:00pm BREAK  
3:20pm Minimally Invasive Surgical Options  
*Daryl Sybert, DO*  
3:40pm Update in Lumbar Fusion/Disc Replacement  
*Larry Todd, DO*  
4:00pm Update in Cervical Fusion/ Disc Replacement  
*Gregory Mavian, DO*  
4:20pm Rehab Overview for the Arthritic Spine  
*Angela. Darragh, PT*  
4:40pm Q & A  
5:00pm RECEPTION

### November 20th

8:00am Toe Arthritis/ Ankle Arthritis  
*Jeffrey Gittins, DO*  
8:30am Conservative and Surgical Treatment of Shoulder Arthritis  
*Timothy Duffey, DO*  
9:10am Management of the Arthritic Knee  
*Carl Berasi, DO*  
9:40am Q & A  
10:00am BREAK  
10:15am Basilar Thumb Arthritis  
*Tracy Bigelow, DO*  
10:45am Wrist Fusions—Why?  
*Desmond Stutzman, DO*  
11:15am Splinting for the Arthritic Hand  
*Karen Foulks, OTR/L, CHT*  
11:45am Q & A  
12:00pm LUNCH  
1:00pm 10 Step Screen/ Muscle Energy Techniques  
*Gabe Clark, PT*  
1:20pm Update on Fusion Protocols  
*Stephanie Cone, PT*  
1:40pm Myofascial Treatments  
*Kristen Irlbacher, PT*  
2:00pm Q & A  
2:20pm BREAK  
2:40pm Biomechanics for Arthritic Spine  
*Brent Magee, PTA*  
3:00pm Physical Therapy Practice for Arthritic Joints  
*Jamie Whetzel, PT/ Allie Brown, PTA*  
3:40pm Q & A  
4:00pm Evaluation

## Course Objectives:

Upon completion of this course, participants should be able to:

1. Discuss the natural progression of arthritis.
2. Discuss the use of spinal injections as a diagnostic tool.
3. Describe EMG and its uses for degenerative conditions.
4. Describe current conservative care options for treating the degenerative spine.
5. Differentiate between treatments for myofacial pain.
6. Explain minimally invasive surgical options for the degenerative spine.
7. Discuss current trends in spinal fusion and disc replacement surgery in the cervical and lumbar spine.
8. Apply current rehabilitation techniques for spinal injuries.
9. Describe arthritis in the foot and ankle and treatment options.
10. Discuss treatment options for arthritis in the shoulder.
11. Identify secondary causes of low bone mass.
12. Explain criteria for wrist fusion.
13. Describe symptoms and treatment for thumb arthritis.
14. Discuss treatment options for knee arthritis.
15. Integrate 10 Step Lumbar Screen in the treatment plan for spine patients.
16. Discuss current protocols for Spinal Fusions.
17. Describe rehabilitation techniques for knee and shoulder rehab.
18. Describe myofascial treatments for arthritis patients.

## Arthritis Update 2010

Name: \_\_\_\_\_

Email Address \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Profession: DO MD DC PT ATC PTA RN Other: \_\_\_\_\_

AOA Member Number: \_\_\_\_\_

College and Year of Graduation: \_\_\_\_\_

Course Fee: \$75.00. Please make checks payable to

**NASH Foundation**

Sponsored by:

**OrthoNeuro**

**NASH Foundation**

**Ohio Osteopathic Foundation**

Please send registration to:

OrthoNeuro

Attn: Heather Benjamin

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\* Course limited to 100 participants\*