Volume 2, Issue 1

July 1, 2011

A Northeast District Update

Northeast District News

Special points of interest:

- Upcoming events/ projects
- Accomplishments/ events of the previous year

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Join Us For Our Upcoming District Business Meetings (All Welcome!!)

- Tuesday May 24th
- Tuesday August 2nd
- Tuesday October 4th
- Saturday November 12th—Strategic Planning Meeting for 2012

A Letter From Our Chair

By Scott Euype, PT, DPT, OCS
Northeast District Chair

So many amazing things and events have occurred in my life. One that rates near the top was the day that I received my PT certificate in the mail, letting me know that I had passed my Board examination and that I was an "official" Physical Therapist. The anticipation of checking the mail over 6-weeks later to see if the "big and thick envelope" was there was sometimes agonizing. I laugh to myself as the new PT graduates get the news of their passing the exam by the next day through the wonders of the internet.

I still get a warm feeling when seeing my wall certificate displayed on the wall where I work. It humbles me every day to realize where I am, and how fortunate we are to be able touch and care for so many people. Helping others, empowering people to learn, and take care of themselves is so rewarding and makes going to work so rewarding. I know we all share that same thought, every day!

I am also humbled to be associated with such wonderful people in our current OPTA northeast district leadership. We are indeed a special group, perhaps from our "underdog" mentality, all a part of being from northeast Ohio; hard working, committed, and passionate. I am proud to know that the other state districts look at us with envy, wondering how we get turn out to events, and raise up so many leaders for our state organization.

Again, it is amazing to be a physical therapist, to be a part in leading our district, and to have colleagues that share the same passion, and commitment for our profession!

Welcome to the Second Edition of the Northeast News

The Northeast News is written for YOU, our members. All of us at the State and District Levels of OPTA would like to thank you for your membership and involvement in the APTA. The entire district board hopes that you find this newsletter informative and as a good reference.

To make the district leadership more visible and accessible to members, we have begun to sport stylish new nametags at all district events. If you see someone wearing an OPTA nametag at an event, please come and say Hello! We look forward to talking with you and hearing your thoughts/suggestions/ concerns.

Visit the Northeast District Webpage for Pictures, Events and Calendar at:

www.ohiopt.org under 'Districts'

Northeast District Board:

E. Scott Euype, PT
District Chair

Lynzie Schulte, PT
Vice Chair

Holly Fredericks, PT
Secretary

Open Position
Director I

Lynsey Golden, PT
Director II

Alysha Walter, PT
Treasurer

Sanaz Holcomb, PTA
Membership Chair

Lauren Heath, PT
Education Chair

Deborah Riczo, PT
Nominating Chair

Shelley Prisco, PTA
Public Relations

Karen Connor, PT
Legislative Chair

Karen O'Loughlin, PT
Educational Program Liaison

Craig Majka, PT
Payment Policy Chair

Duncan Shepherd, PT
PAC Coordinator

Colleen Mannion, PT
Historian

Students Recognized for Their Contributions

For the second year, the Northeast District of OPTA has recognized PT and PTA students for their commitment and involvement in OPTA/APTA. In 2010, student scholarships were awarded to the following students based on nomination and attendance at district events:

Cleveland State University:

- Brittany Jones
- Michelle Kellicker
- Therese Schindler
- Alysha Walter

Cuyahoga Community College:

- Kay Klaiber
- John Rebic

Nominations for the 2011 student scholarship awards will be open from July to October. The awards are for Northeast district PT and PTA students, anytime during their program, who go above and beyond expectations and deserve recognition. Students must meet the following criteria: (1) be a current APTA member, (2) have attended at least one Northeast district meeting. To submit a nomination, the nominator must be an APTA member and complete a nomination form which will be accessible on the NE district webpage on OPTA. Stay on the lookout for an email about the scholarships as we approach the nomination period!! Congratulations to all of the 2010 recipients and best wishes on your PT/PTA career path!

Continuing Education By: Lynsey Golden, PT and Lauren Heath, PT

In 2010 and the beginning of 2011, the Northeast District has hosted four continuing education events that are all **FREE** for APTA members to attend. Thank you to the following speakers and sponsors from this year's events:

May 2011 *Diagnostic Classification of Non-Specific Low Back Pain*

February 2011 *Physiology of Stress: How it can impact a patient's recovery and intervention strategies for rehabilitation professionals*

September 2010 *Research Initiatives for Developmental Disabilities*

May 2010 *Use of Video Gaming as an Adjunct During Outpatient Stroke Rehabilitation to Obtain Repetitive Task-Specific Upper Extremity Practice*

Thank you to all of our speakers and sponsors!!

Physical Therapy Professionals Giving Back to the Community

Over the past year, physical therapists, physical therapist assistants, and students have taken part in many community events. Some of the events included:

- Susan G. Komen Race for the Cure
- The Arthritis Foundation Arthritis Walk for a Cure at the Cleveland Metroparks Zoo
- Walk for the Free Clinic
- Volunteering physical therapy services at the Free Clinic as well as at Care Alliance

We make a difference & so can you!

- Cuyahoga Community College Physical Therapy Clinic (joint venture between CSU PT and Tri-C PTA programs)
- Numerous community education events
- Cruise for Critters 5K for Project Noah
- Ohio State Fair 5K and OPTA Booth
- Race for the Place benefiting The Gathering Place

By taking part in these activities, not only does the Northeast Ohio community benefit, but the profession of Physical Therapy becomes more visible in the community. We have the opportunity to model the behaviors that we encourage in our patients/clients.

This year, we hope to have a larger presence at the Arthritis Foundation Walk. Shelly Prisco, PTA is leading the group for this event on April 30th. See back page for registration information.

A round of applause for all that you do to help our community!!

Golf Outing—Annual Event and Fundraiser

The NEOPTA-NOGA Charities Third Annual Golf Outing took place at North Olmsted Golf Club on Saturday, June 26th. The event was a huge success and benefited two worthwhile causes: NE District educational sponsorship of PT/PTA students and Northern Ohio Golf Association (NOGA) Charities "Return to Golf" program.

The beautifully manicured golf course was both fun and challenging for everyone; we had a total of 52 participants, including PT/PTAs, therapy students, friends, family and about 14 "Return to Golf" participants within each fivesome.

We would like to extend a special thank you to our sponsors:

Gold Level Sponsors: Allard USA, Cleveland Clinic Neurologic Institute, Cleveland Clinic Sports Health, Cleveland State University (CPT Classes of 2010, 2011, 2012)

Silver Level Sponsors: Ameriprise Financial, Cleveland State University, Cuyahoga Community College (PTA students), Euclid Hospital, Fidelity Medical Products, Lake Erie Medical

Several sponsors also donated the cost for one student or "Return to Golf" participant.

Through the generous support from NOGA and their staff, we were able to minimize our costs and generated about $4000 in total revenue split between NOGA Charities and the NEOPTA.

Special thanks to student volunteers from Cleveland State University and Cuyahoga Community College and the following APTA members who made this event successful: Jeff Ciolek, Scott Euype, Lynsey Golden, Dawn Lorring, Rich Mercadante, Nicole O'Donnell, Lynzie Schulte and Renee Wenger.

Look for the 2011 Golf Outing on Saturday, June 25th at the Bob Wharton Golf Center at the North Olmsted Golf Club. If you are interested in helping with or playing in this year's event, please contact either Scott Euype at: euypes@ccf.org or Jeff Ciolek at: ciolekj@ccf.org

NE District and OPTA at Work in Columbus and Washington, D.C.

The Federal Advocacy Forum was held April 25th-27th in Washington D.C. Ten OPTA members representing Ohio including four physical therapists, one CSU Student, and one Sports PT Resident at the Cleveland Clinic from the Northeast District attended. The programming included informational sessions on how the House and Senate work, recent APTA legislative work, what is the future of physical therapy, and prioritizing current bills when asking for support. The final day was spent on Capitol Hill, speaking with legislators about the physical therapy profession and asking them to co-sponsor bills of importance to our field. Issues discussed were the Medicare Therapy Cap, Medicare Direct Access, Addition of Students to the National Service Health Corps, and Improving PT within Veterans Affairs.

From L to R: Lynn Busdeker, Lauren Skocaj, Rep. Dennis Kucinich, Lynzie Schulte, Scott Euype

As you have read in *Access*, a similar event open to all OPTA members was held on April 20, 2010 in Columbus.

The next Federal Advocacy Day in Washington D.C. is Thursday June 9th, 2011, coinciding with National Conference. The next OPTA Advocacy day is Tuesday, May 17th, 2011 at the Ohio Statehouse in Columbus.

One day at the Statehouse or on Capitol Hill isn't enough to make our voices heard. Key Contacts throughout Ohio assist in communication with their legislators throughout the year. They serve as a point person for their legislator and work on building relationships with their legislator so that each legislator has a friend in physical therapy.

If you're interested in getting more involved in physical therapy legislation at the state or federal level, please contact Lynzie Schulte PT at: LynziePT@gmail.com

How Do You Celebrate PT Month?

In celebration of National PT Month, the 20th annual Cleveland State University Physical Therapy Prestige Speaker Day was held October 25, 2010 in the new CSU Student Center. The DPT faculty, students and PT clinicians from the Cleveland community welcomed Dr. Susan Whitney, a distinguished clinician, researcher and speaker from the University of Pittsburgh as their guest for this year's event. The event also honored several DPT students for academic achievement and service awards as follows:

DPT First Year Scholarships:

Marilyn B. Wagner Memorial: **Julie Vaughan**

Elaine L. Apicella Memorial: **Matthew Marcus**

DPT Second Year Scholarship:

Nancy J. Patton Memorial: **Brittany Jones**

DPT Third Year Award:

Dianne B Cherry Leadership Award: **Alysha Walter**

Mark your calendars for the 2011 Prestige Speaker Day scheduled for Monday, October 24, 2011.

Find a PT

Are you registered on 'Find a PT'?

If not, take a moment and complete your information at apta.org!!

Have you visited the OPTA public relations website?

www.myohiopt.com

The website has a link so that potential patients/clients can 'Find a PT'

Our First Casino Night for PAC—A Huge Success!!

For our annual PAC fundraiser, this year, attendees enjoyed a night of good luck and good times. This event was well-attended and enjoyed by all. In the spirit of the event, about $500 was donated to the OPT-PAC (Ohio Physical Therapy Political Action Committee). This money goes to support legislative initiatives within the state, donating to legislative friends of physical therapy. We invite you to learn more about OPT-PAC by visiting http://associationdatabase.com/aws/OPTA/pt/sp/legislation_involvement.

Renee Wenger, PT previously held the position of Director I and Chairperson of the Annual Golf Outing for many years and we thank her for her service. We will miss you!

Meghan Bollinger, PT relocated to the Washington area after serving as our Education Chair. We appreciate all of your hard work and wish you the best in your career.

Also, thank you to **Meghan Hackler, PT** who served as our Treasurer. She is moving to Arizona this summer where she plans to stay involved with APTA. We will miss you !

Calendar of Events

Date and Time	Event	Location	Contact Information
Saturday September 10th Start time ~9AM	Susan B. Komen Race for the Cure	Wolstein Center CSU, Downtown Cleveland	Register On-Line soon, Team name:*PTs for the Cure* at race.komenenohio.org
Week of September 19th (Exact Date and Time TBA)	Educational Course (Topic TBA) Free to OPTA members!	TBA	Lauren Heath, PT lmheath17@gmail.com
Monday October 24th 5:30-9:00 pm	Prestige Speaker	Cleveland State University	Karen O'Loughlin, PT k.oloughlin@csuohio.edu
Sunday October 30th (Exact Time TBA)	Free Clinic Walk	Lakeview Cemetery	Scott Euype, PT euypes@ccf.org
Week of December 5th (Exact Date and Time TBA)	Educational Course (Topic TBA)	TBA	Lauren Heath, PT lmheath17@gmail.com