January 4, 2011	Discussion	Take back to your class
1. Attendance	See below.	700000000000000000000000000000000000000
2. What's cool at	❖ John reports that CCC is on break until Jan. 17th – Enjoy!	Advertise
your school?	Andrea is excited about preview days for incoming students starting at OU.	here!
3. Increasing PTA	John provided some interesting facts about our profession:	Does every
involvement in SSIG	 Two more Ohio PTA programs gained full accreditation this year bringing the total to 19 Edison Community College and Remington College - Cleveland West Campus have now been added to the list on the OPTA website. Kent State University - Ashtabula, in addition to the 	class in your program have an active OPTA rep?
	traditional PTA program, also has an accelerated ATC to PTA transitional degree, 1st in the country (14 months instead of 2years).	
	 The U.S. Department of Labor reports PTAs as one of the fastest growing careers and projects that from 2008 to 2018, the need for PTAs will increase by 33 percent with a projected need of 30,500 PTAs. 	
	 Ohio has the only accredited PTA to PT transitional 	
	degree in the country The University of Findlay.	
	The PTA program at CCC is leading the way with 57% of students	
	now APTA members.	
4. Student	 Student Symposium Programming 	Mark your
Symposium	 Saturday, Mar. 31, 2012 at the Doubletree Hotel 	calendars
(Spring 2012)	Columbus/Worthington (175 Hutchinson Ave. Columbus, OH 43235)	and plan to attend!
	 Session length increased from 60min to 75min to allow for more Q&A time at the end of the presentations 	
	❖ Speakers:	
	 Andy Beltz has been confirmed as our speaker for the morning session on vestibular rehab! 	
	 We have 2 possible speakers for barefoot running and are waiting on confirmation of availability; speaker to be announced on next call. 	
	 Our big name speaker will likely be Chad Cook; he will present on decision-making and clinical prediction rules regarding the use of manual therapy for pts with LBP. 	
	Clinical Education Panel Discussion	
	 Will occur over lunch, 12:15-1:45pm 	
	 To be attended mostly by students, but PTs and PTAs are welcome, and some of their lunch/free time does overlap with this 	
	 Tonya will extend an invite to consortium members 	
	 Please email Kelly (<u>kelly.j.moore@gmail.com</u>) and Alysha (<u>acwalterdpr@gmail.com</u>) if you're interested in representing the SSIG on this panel. 	

	 Another forum for this topic may be a brief powerpoint to be presented at the business meeting; Kelly and Alysha will let us know if this is possible. Student Challenge: Friday, Mar. 30, 2012 (before PAC event) 	Form a 4-
		member
	categories and questions	team to
	Sign-ups to compete will be available soon	compete!
5. Other	Combined Sections Meeting (Feb. 8-11, 2012 in Chicago, IL)	Please
conference news	 Register by Jan. 11th to receive the discounted rate 	inform your
	 Use the OPTA Students Facebook page to coordinate 	classmates
	group travel as needed	about these
	Federal Advocacy Program (April 20-24, 2012 in Wash. DC)	events.
	 Student ushers needed 	
	Essay contest details:	
	 Applicants must be an OPTA member and either 	
	a PT or PTA student	
	The essay should be recused on they davesdey is	
	important to the practice of physical therapy,	
	why you would benefit from participating in the	
	event, and why we should select you to	
	participate.	
	 Submit cover letter and response to Adam 	
	Miller: amiller@ohiopt.org	
	 Due February 24, 2012 	
	Annual Conference&Expo - PT 2012 (June 6-9,2012 in Tampa, FL)	
	 Register by March 19th to receive the early-bird rate 	
	 More info available at: 	
	http://www.apta.org/AnnualConference/Overview/	
6. Facebook		Invite
U. FALEDUUK	'	
	Continues to increase Astronomy destruction CRTA	incoming 1 st
	 Keep recruiting new 1st-year students to join OPTA 	year classes
	Facebook page	to join!
7. Upcoming	Northeast District Casino Fundraiser (January 6, 2012 in	
activities	Strongsville, OH)	
	o 6:00-9:30pm at the Deerfield Lake Club House, 17148	
	Golden Star Drive, Strongsville, OH	
	 Door Prizes, raffle prizes, 50/50, dinner, drinks and 	
	gambling (Blackjack, Let It Ride, Texas Hold'em,	
	Roulette, Craps)	
	Central District meeting Jan. 10th	
	Kristen Holbrook to present on running after TKA	
	❖ YouTube Challenge – The Benefits of Belonging	
	 Post videos about the benefits of belonging to the OPTA/APTA 	
	 Cash prizes will be awarded! 	
	 Begins Jan. 6th and continues through Feb. 24th 	
		<u> </u>

8. Professional advocacy	 Visit http://associationdatabase.com/aws/OPTA/pt/sd/news-article/54878/ PARENT/layout details/false for more information SusanG.Komen Race for the Cure (May 19,2012 in Columbus,OH) Possible formation of an OPTA Student SIG team More info available at: http://ww5.komen.org/ Advocacy Challenge Letter-writing campaign to state legislators is underway J.J. has spoken with Lindsay Shulte about creating a competition with student participation for State Hill Day
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advocacy	 J.J. has spoken with Lindsay Shulte about creating a involved involved
	competition with student participation for State Hill Day advocacy
	competition with student participation for state rim bay
	(May 2012). More planning and brainstorming is needed activities.
	since some schools have required attendance and
	assignments related to this event. Ideas discussed:
	Electronic survey with short-answers to be
	distributed to students who attend
	 Best answers to be published in the "Student
	Corner" of ACCESS
	❖ J.J. and Nick have informed the APTA student leaders on Ohio
	SSIG activities and provided an updated list of program
	representatives
9. Journal Club	 Link to Journal Club and selected articles available on OPTA Would you
	website like to
	 "Students" link at top of main page, then Journal Club present a
	link in left-side column article??
	Article: Nicholas MK, Linton SJ, Watson PJ, Main CJ. Early
	identification and management of psychological risk factors
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	Do yellow flags influence people with LBP?
	 Do interventions targeting yellow flags improve
	PT outcomes for patients with LBP?
	Outcomes examined included patients' fear avoidance
	beliefs, catastrophic thoughts, and coping strategies.
	beliefs, catastrophic thoughts, and coping strategies. The main limitation of this study was the mixed results
	 beliefs, catastrophic thoughts, and coping strategies. The main limitation of this study was the mixed results found in due to differences in methodology used by the
	beliefs, catastrophic thoughts, and coping strategies. The main limitation of this study was the mixed results found in due to differences in methodology used by the identified RCTs, still findings can help to guide clinical
	 beliefs, catastrophic thoughts, and coping strategies. The main limitation of this study was the mixed results found in due to differences in methodology used by the identified RCTs, still findings can help to guide clinical thinking.
	beliefs, catastrophic thoughts, and coping strategies. The main limitation of this study was the mixed results found in due to differences in methodology used by the identified RCTs, still findings can help to guide clinical
	("yellow flags") in patients with low back pain: A reappraisal. Physical Therapy. 2011; 91: 737-753. Presenter: Katie Long, 2nd-year DPT student at Walsh Univ. Overview: Article appeared in PTJ May 2011 with several other articles addressing the topic of psychologically-informed practice Review of recent RCTs to answer 2 important questions Po yellow flags influence people with LBP? Do interventions targeting yellow flags improve PT outcomes for patients with LBP?

	flags or not, so it's worth it to address psychosocial issues as needed. If you lack experience or confidence in this area, continuing education is available on this topic. Next month's presenter will be John Rebic, PTA student at CCC To express interest in being a future presenter, please email Carolyn at carolynfein@walsh.edu . Brief presentation guidelines are available.
10. Other	❖ Meeting minutes
business	 Please contact Carolyn at <u>carolynfein@walsh.edu</u> if you
	have any corrections or additions to make to these
	notes.
Next Call	Wednesday, Feb. 1st @ 9:00pm

OPTA Student Liaisons

- Alysha Walter (in attendance 1/4/12)
- Kelly Moore (in attendance 1/4/12)

Officers

- Andrea Johnson (OU) PT Co-chair
- John Rebic (CCC) PTA co-chair
- Nick Bobinger (OU) Vice Chair/Treasurer
- Carolyn Fein (Walsh) Secretary
- Bethany Stidd (OU) Website Coordinator
- Kristen Fogle (UT) Activities Coordinator
- Katie Long (Walsh) Student Challenge Coordinator
- J.J. Kuczynski (Walsh) OPTA SSIG Core Ambassador to APTA

PT School Reps in attendance:

- 1. CSU Trent Best
- 2. MSJ
- 3. OSU Melanie Cole, Tonya Apke (PT, DPT, OCS, Director of Clinical Education)
- 4. OU Andrea Johnson, Kristin Rogacki, Nick Bobinger, Bethany Stidd
- 5. UC Caitlin Bisbing
- 6. UF
- 7. UT Kristen Fogle
- 8. Walsh Katie Long, Carolyn Fein, JJ Kuczynski
- 9. YSU
- 10. UD Ashley Grzeszczak, Andrea Cornell

PTA School Reps in attendance:

- 1. Clark State Katie Etling
- 2. CCC John Rebic
- 3. Hocking
- 4. James Rhodes
- 5. Kent State E.
- 6. Kent State Ashtabula
- 7. Lorain County
- 8. Marion Tech

- 9. Zane State Kristen Fenton
- 10. N. Central
- 11. Owens
- 12. Professional Skills Institute
- 13. Shawnee State
- 14. Sinclair *Julie Webb*
- 15. Stark State
- 16. Washington State
- 17. Eddison CC
- 18. UC