

September 7, 2011	Discussion	Take back to your class...
1. Attendance	See below.	
2. What's cool at your school?	<ul style="list-style-type: none"> <li>❖ It's clinical time! <ul style="list-style-type: none"> <li>○ Andrea Johnson, OU: 2nd-year students are on their first clinical experiences.</li> <li>○ Carolyn Fein, Walsh – 3rd-year students are on their third clinical experiences; 2nd-year students are on their first clinical experiences.</li> </ul> </li> </ul>	This can be a great forum to advertise any fundraising your class is doing.
3. Increasing PTA involvement in SSIG	<ul style="list-style-type: none"> <li>❖ John is reaching out to contacts at programs under-represented on conference calls with the goal of filling vacant OPTA class representative positions.</li> <li>❖ Joe Stone, recent UC grad, to present to new students about benefits of APTA membership and OPTA involvement</li> </ul>	Does every class in your program have an active OPTA rep?
4. Student Symposium (Spring 2012)	<ul style="list-style-type: none"> <li>❖ Selecting session topics: <ul style="list-style-type: none"> <li>○ Andrea &amp; Alysha have created a short (only 4 questions) survey, available at: <a href="http://www.surveymonkey.com/s/YDFR33R">http://www.surveymonkey.com/s/YDFR33R</a></li> <li>○ Survey to be emailed to all students (by Stephanie Ebbing) for input. Responses due by September 25.</li> <li>○ So far 10 submissions have been received and Aquatics is the current leading topic.</li> </ul> </li> <li>❖ Student Challenge: <ul style="list-style-type: none"> <li>○ Help is needed to write questions; to participate please contact Katie at <a href="mailto:katherinelong@walsh.edu">katherinelong@walsh.edu</a> by the first week of November.</li> <li>○ Goal is still to have questions written by the end of December</li> </ul> </li> <li>❖ Business Meeting <ul style="list-style-type: none"> <li>○ As in the past, this will take place in the morning, 8:00-10:00am.</li> </ul> </li> </ul>	<p>Please take topics survey and forward it on.</p> <p>Contact Katie if you have interest in writing student challenge questions.</p>
5. Other conference news	<ul style="list-style-type: none"> <li>❖ Leadership Conference (Oct. 15, 2011 in Columbus, OH) <ul style="list-style-type: none"> <li>○ Past attendees report that this is a great experience with many networking opportunities due to mixed programming with PTs/PTAs.</li> <li>○ During break-out session, John will present to student attendees about SSIG <ul style="list-style-type: none"> <li>▪ John &amp; Alysha to bring laptops</li> <li>▪ Projector request made to Stephanie Ebbing</li> </ul> </li> </ul> </li> </ul>	Interested in attending? Contact your ACCE!

	<ul style="list-style-type: none"> <li>▪ Prepare handout?</li> <li>○ Invitations have been sent <ul style="list-style-type: none"> <li>▪ All SSIG officers invited</li> <li>▪ Kelly &amp; Alysha have contacted ACCE's from each school for other nominated students (2 from each PT school, 1 from each PTA school). Nominations are due September 16.</li> <li>▪ Additional at-large spots may be available.</li> </ul> </li> <li>❖ APTA State Policy and Payment Forum (Sept. 26-28, 2011 in Austin, TX) <ul style="list-style-type: none"> <li>○ Congratulations essay contest winners! <ul style="list-style-type: none"> <li>▪ J.J. Kuczynski, Walsh University</li> <li>▪ Marcus Williams, OSU</li> </ul> </li> </ul> </li> <li>❖ "Exploring the Future of Physical Therapy" Symposium with Scott Ward (Sept. 10, 2011 at Arcadia University in Pennsylvania) <ul style="list-style-type: none"> <li>○ 7:30am – 5:30pm at 1150 First Ave, Suite 700 King of Prussia, PA 19406</li> <li>○ More information available at: <a href="http://www.arcadia.edu/ptsymposium/">http://www.arcadia.edu/ptsymposium/</a></li> </ul> </li> <li>❖ National Student Conclave (Oct. 21-23, 2011 in Minneapolis, MN) <ul style="list-style-type: none"> <li>○ Great student conference! Attendance encouraged by past participants.</li> <li>○ ACCEs can nominate a student to attend sponsored by OPTA; check with your ACCE if interested. Deadline is September 19.</li> <li>○ More information available at: <a href="http://www.apta.org/nsc/">http://www.apta.org/nsc/</a></li> <li>○ Registration now open</li> </ul> </li> </ul>	
5. Facebook	<ul style="list-style-type: none"> <li>❖ Membership <ul style="list-style-type: none"> <li>○ Up 39 members since August!</li> <li>○ Please post any questions to the OPTA Student Group page, or email/message Bethany at <a href="mailto:bs167506@ohio.edu">bs167506@ohio.edu</a> for greater privacy</li> </ul> </li> </ul>	Please invite incoming 1 <sup>st</sup> year classes to join!
6. Upcoming activities	<ul style="list-style-type: none"> <li>❖ Maggie has decided to step down as Activities Coordinator. Thank you, Maggie, for your service and involvement in the SSIG! We hope that you remain involved in other capacities! <ul style="list-style-type: none"> <li>○ Alysha &amp; Kelly to determine election process to fill this position; more information to come next meeting</li> </ul> </li> </ul>	

	<ul style="list-style-type: none"> <li>❖ Advocacy for the profession: <ul style="list-style-type: none"> <li>○ JJ has started a letter-writing campaign to state legislators <ul style="list-style-type: none"> <li>▪ Re: loan repayment</li> <li>▪ Invite congressman to campus</li> </ul> </li> <li>○ Walsh 2nd- and 3rd-year students now participating</li> <li>○ John &amp; Kelly to help JJ get list of contacts at other schools to expand this program.</li> <li>○ Contact JJ at johnkuczynski@walsh.edu for more information.</li> </ul> </li> <li>❖ Fit Family Race 5K and Kids Fun Run (Oct. 1, 2011 in North Canton, OH) <ul style="list-style-type: none"> <li>○ Fundraiser by the Walsh DPT class of 2013 for conference attendance</li> <li>○ More information and online registration available at: <a href="http://www.rsracingsystems.com/search/event.aspx?event=21b6c0e7-2b8b-477f-9e75-6f508cc00b94.aspx">http://www.rsracingsystems.com/search/event.aspx?event=21b6c0e7-2b8b-477f-9e75-6f508cc00b94.aspx</a></li> </ul> </li> <li>❖ Run Like Hell 5K (Oct. 28, 2011) <ul style="list-style-type: none"> <li>○ Benefits Cystic Fibrosis</li> <li>○ There will be an OPTA booth at this event and the SW District will have a team running the race</li> <li>○ Contact Kelly at kelly.j.moore@gmail.com if you would like to get involved in this activity.</li> </ul> </li> </ul>	<p>Contact JJ to get involved in the letter-writing campaign.</p>
<p>7. Journal Club</p>	<ul style="list-style-type: none"> <li>❖ Link to Journal Club and selected articles available on OPTA website <ul style="list-style-type: none"> <li>○ “Students” link at top of main page, then Journal Club link in left-side column</li> </ul> </li> <li>❖ <b>This month’s article:</b> Mittmann N, Chan BC, Craven BC, Isogai PK, Houghton P. Evaluation of the cost-effectiveness of electrical stimulation therapy for pressure ulcers in spinal cord injury. Arch Phys Med Rehabil. 2011; 92(6): 866-72.</li> <li>❖ <b>Presenter:</b> Stephanie Racicki, 3rd-year DPT student at Walsh University</li> <li>❖ <b>Overview:</b> <ul style="list-style-type: none"> <li>○ 1 year trial comparing electric stim &amp; standard wound care with standard wound care alone for grade III/IV pressure ulcers</li> <li>○ Electric stim used in wound care to improve: <ul style="list-style-type: none"> <li>▪ protein synthesis</li> <li>▪ tissue oxygenation</li> </ul> </li> </ul> </li> </ul>	<p>Would you like to present an article??</p>

	<ul style="list-style-type: none"> <li>▪ cell migration</li> <li>▪ antibacterial effect</li> <li>▪ wound angiogenesis</li> <li>○ Focus of study is the cost of treatment until healed, but other factors analyzed included efficacy, relapses, complications, and resources required.</li> <li>○ Results: Electric stim &amp; standard wound care combined led to better/faster healing and treatment of the wound cost less overall.</li> <li>○ The big take-away message: Literature supports the addition of electric stim to standard wound care in treatment of stage III/IV pressure ulcers. Think about whether this can apply to the patients you work with; possibly discuss trying this intervention with your CI?</li> <li>○ Discussion: Electrodes can be placed within the wound bed as appropriate.</li> <li>❖ Journal Club presentation guidelines are attached to these notes as Appendix I. To express interest in being a future presenter, please email Carolyn at <a href="mailto:carolynfein@walsh.edu">carolynfein@walsh.edu</a>.</li> </ul>	
<p>8. Other business</p>	<ul style="list-style-type: none"> <li>❖ New information about PT/PTA NPTE dates: <ul style="list-style-type: none"> <li>○ PTA testing dates <ul style="list-style-type: none"> <li>▪ October 29, 2011</li> <li>▪ December 5, 2011</li> <li>▪ April 26, 2012</li> <li>▪ July 17, 2012</li> <li>▪ October 30, 2012</li> </ul> </li> <li>○ PT testing dates <ul style="list-style-type: none"> <li>▪ January 30, 2012</li> <li>▪ March 29, 2012</li> <li>▪ July 2, 2012</li> <li>▪ July 31, 2012</li> <li>▪ October 23, 2012</li> </ul> </li> <li>○ Additional information available at: <a href="https://www.fsbpt.org/index.asp">https://www.fsbpt.org/index.asp</a></li> </ul> </li> <li>❖ SSIG officer photos <ul style="list-style-type: none"> <li>○ New photos posted on the OPTA SSIG website – Thank you Stephanie Ebbing!</li> <li>○ Photo still needed from Nick (according to August call notes this had been emailed, please follow-up with Stephanie Ebbing to confirm receipt.)</li> </ul> </li> <li>❖ Meeting minutes <ul style="list-style-type: none"> <li>○ Please contact Carolyn at</li> </ul> </li> </ul>	

	carolynfein@walsh.edu if you have any corrections or additions to make to these notes.	
Next Call	<b>There will not be an October conference call. Prepare to meet at Leadership Conference, Oct. 15th in Columbus, OH.</b>	

#### OPTA Student Liaisons

- Alysha Walter (*in attendance 9/7/11*)
- Kelly Moore (*in attendance 9/7/11*)

#### Officers

- Andrea Johnson (OU) – PT Co-chair
- John Rebic (CCC) – PTA co-chair
- Nick Bobinger (OU) – Vice Chair/Treasurer
- Carolyn Fein (Walsh) – Secretary
- Bethany Stidd (OU) – Website Coordinator
- Maggie Comb (OSU) – Activities Coordinator
- Katie Long (Walsh) – Student Challenge Coordinator
- J.J. Kuczynski (Walsh) – OPTA SSIG Core Ambassador to APTA

#### PT School Reps in attendance:

1. CSU – *Trent Best, Tonya Apke (PT, DPT, OCS, Director of Clinical Education)*
2. MSJ
3. OSU – *Ryan Burnett*
4. OU – *Andrea Johnson*
5. UC
6. UF
7. UT – *Kristen Fogle*
8. Walsh – *Katie Long, Carolyn Fein, JJ Kuczynski, Stephanie Racicki*
9. YSU
10. UD – *Andrea Cornell*

#### PTA School Reps in attendance:

1. Clark State
2. CCC – *John Rebic, Katie Etling*
3. Hocking
4. James Rhodes
5. Kent State E.
6. Kent State Ashtabula
7. Lorain County
8. Marion Tech
9. Zane State
10. N. Central
11. Owens
12. Professional Skills Institute

13. Shawnee State
14. Sinclair – *Amanda Combs*
15. Stark State
16. Washington State
17. Eddison CC
18. UC

#### **APPENDIX I:**

Ohio Physical Therapy Association  
Student Special Interest Group  
Journal Club

Please provide reference information for the article you've selected to carolynfein@walsh.edu. Plan to present on the conference call for about 5 minutes. The following questions may help to guide your discussion:

1. Why did you select this article?
2. What is the author's purpose in writing this article? / Who is the target audience?
3. Research methods used? Perhaps comment on the quality of the research methods used? (For example, you could assess risk of bias, limitations of the study, psychometric properties, or just how applicable you think this may be in clinical settings.)
4. What's the big take-away message for us to know from this article?
5. Try to think of a question that you could pose to the group to stimulate some discussion.

The meeting minutes from Kelly Moore's recent Journal Club presentation are included below as an example. If you have any additional questions, please email carolynfein@walsh.edu. Remember, this is a chance to talk with other students about some interesting PT literature that you've encountered – it's supposed to be easy and fun!

- ❖ **This month's article:** Coronado RA, Riddle DL, Wurtzel WA, George SZ. Bibliometric analysis of articles published from 1980 to 2009 in physical therapy, *Journal of the American Physical Therapy Association*. *Phys Ther*. 2011; 91(5): 642-655.
- ❖ **Presenter:** Kelly Moore, PT, DPT, OPTA Student Liaison
- ❖ **Overview:**
  - Article selected because it covers a variety of interests
  - Looks at categories of papers published in PT, including types of studies (research design), and participants, clinical conditions, and interventions that have been examined in PT research
  - Authors screened 4,000+ articles; ultimately ~2,000 met criteria for inclusion in this analysis
  - Included articles were coded by category: integumentary, neurological, musculoskeletal, education, research, policy, cardiopulmonary
  - Big Findings = Over the past 30 years, there has been an increase in systematic reviews, qualitative studies, prospective studies, and inclusion of symptomatic patients in PT research.
  - What does all of this mean? It represents the strong trend towards evidence based practice! In PT, we are truly practicing what we preach 😊