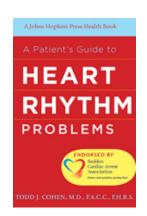
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## A Patient's Guide to Heart Rhythm Problems

Todd J. Cohen, M.D., F.A.C.C., F.H.R.S.

Heart rhythm problems (arrhythmias) can be a matter of life or death, and people with arrhythmias must get an accurate diagnosis and appropriate treatment. In this easy-to-read guide, Dr. Todd Cohen provides comprehensive information about palpitations, rapid heart rhythms (tachycardias), slow heart rhythms (bradycardias), cardiac arrest, and other conditions related to irregular heartbeats.

With an eye toward informing and empowering, Dr. Cohen describes basic heart function, the various conditions associated with arrhythmia, and recommended courses of treatment. He discusses such procedures as tilt table testing, electrophysiology studies, catheter ablation, and device implantation (including cardiac monitors, pacemakers, defibrillators and biventricular devices); explains the essentials of CPR and the use of Automatic External Defibrillators (AEDs); and presents the latest guidelines from the American College of Cardiology, the American Heart Association, and the Heart Rhythm Society. Tables highlight key information and patient narratives provide personal insight into arrhythmia tests, treatments, and technologies.

Endorsed by the Sudden Cardiac Arrest Association, *A Patient's Guide to Heart Rhythm Problems* is an essential resource for people with arrhythmias.

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*A Johns Hopkins Press Health Book* 2010 256 pp., 6 color illus., 29 b&w illus. 978-0-8018-9774-0 **\$45.00** hardcover 978-0-8018-9775-7 **\$16.95** paperback