

COMPLIMENTARY, VALUE-ADDED SOLUTIONS  
TO ENHANCE YOUR HEALTH CARE COVERAGE

# DESIGNED FOR YOU

## ENGINEERS DESERVE BETTER.

Since 1965, ACEC Life/Health Trust has proudly provided world-class health care benefit solutions to engineers and their families. We continually strive to improve the health and well-being of our members. Our portfolio of value-added services demonstrates our commitment to this goal. Each service plays an integral part in keeping engineering firms healthy, active and productive. Even better: All services are offered at no additional cost to member firms on a Trust medical plan.

**PLEASE JOIN** us in our quest to make the engineering industry the healthiest in the country! Speak to your benefits consultant or contact a Trust representative at (844) 259-0325 or [info@aceclifehealthtrust.com](mailto:info@aceclifehealthtrust.com) to learn more.

We encourage you to explore our portfolio of complimentary, value-added solutions:



**DESIGNEDWELLNESS**  
POWERED BY ACEC LIFE/HEALTH TRUST

A comprehensive, complimentary wellness program designed to improve employees' health and well-being



**DESIGNEDADVOCATE**  
POWERED BY ACEC LIFE/HEALTH TRUST

Personal health care advisors dedicated to helping Trust medical plan members understand and reap the full benefits of their health care plan



**DESIGNEDTELEHEALTH**  
POWERED BY ACEC LIFE/HEALTH TRUST

24/7 phone and online access to physicians to help Trust medical plan members stay out of the doctor's office and on the go

*You Belong™*

# It Pays to Have a Healthy Workforce

## WHAT'S AT STAKE

Our Designed portfolio of solutions was created to make the engineering industry the healthiest in the country. That's a significant—yet achievable—objective, as health care industry premiums are based on the risk associated with the insured population. Engineers are already classified as one of the preferred risk groups—and we want to be the most preferred!

Why? It means ACEC member firms will have access to the lowest possible premiums. As a Trust medical plan member, those savings could be significant for your firm.

## HOW YOUR FIRM BENEFITS

Health care benefits are typically the second or third largest expense for an engineering firm after salaries and wages. Having a healthy workforce means your employees spend less time away from the job and more time advancing your firm's business objectives. Studies show that employees who stay active and aware of their health are typically happier on the job and require less medical attention—which means fewer dollars are spent on health care.

Our portfolio of value-added services encourages this type of behavior and equips your workforce with the tools they need to be smart health care shoppers and be more proactive in managing their health and well-being.



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## Your Opportunity

**ALL OF THE DESIGNED SOLUTIONS ARE AVAILABLE TO TRUST MEDICAL PLAN MEMBERS AT NO ADDITIONAL COST.**



Designed TeleHealth is automatically included in every plan membership.



Designed Wellness and Designed Advocate are both optional.

**THESE PROGRAMS REQUIRE MINIMUM PARTICIPATION GOALS TO MAINTAIN THE BENEFITS. THIS ACCOUNTABILITY IS ESSENTIAL TO ENSURING THE SUCCESS OF THE PROGRAMS, NOT ONLY FOR YOUR FIRM, BUT ALSO FOR THE TRUST—AND THE INDUSTRY!**