



## Safety Message of the Day for IMEA Members



### Carelessness Safety Message

Have you ever done anything stupid, something that you know puts you at increased risk of injury? When you realize how stupid you were, whether you got hurt or not, do you ask yourself, "Why did I ever do that?" For your own future preservation, this should be a very important question for you to answer yourself. Consider the fact that approximately 20% of injuries are due to unsafe conditions and 80% are caused by unsafe acts. If you realize that most unsafe conditions are brought about by human failure, then virtually all accidents are brought about by unsafe acts. Why did you do something in an unsafe manner? To answer this question, you will need to put personal defenses aside and know that blame may lie within yourself. Also realize that there may be more than one reason for your actions and others may be involved.

If you knew the proper, safe way to do the job, then you cannot claim ignorance. What is left, whether you like it or not, is carelessness. So what can cause you to temporarily disregard your own safety?

External Pressure — "Let's get this job done!"

Bad Habits — You fail to follow the established procedure and you don't get hurt (or you were not caught) this time.

Internal Pressure — "There is just so much to do and not enough time!"

Attitude — "This safety stuff doesn't apply to me!"

Remember, safety is no more than doing the job the right way, every day.