



## Safety Message of the Day for IMEA Members



### The Cost of Distraction

Picture this: You're on the job, preparing to connect test equipment to a high-voltage transformer. For just a brief moment, your mind wanders—maybe you're replaying an argument from earlier or thinking about your lunch plans. In that split second of distraction, you accidentally skip a crucial safety step. Before you know it, you've unknowingly created a direct path to a live circuit. Suddenly, an arc flash erupts, sending molten metal and intense heat flying in all directions.

These kinds of incidents are more common than we'd like to think. They serve as harsh reminders that complacency in high-voltage environments can be deadly. The statistics are shocking: electrical injuries cause thousands of workplace accidents each year, many of which are fatal. A significant number of these accidents are the result of human error, often because the worker wasn't fully focused on the task at hand.