



Bobby's Books

Book: “I wish I could hold your hand...” a child’s guide to grief and loss

Possible Themes: sadness, grief, loss

Publisher, Publishing Date and ISBN Number: Impact Publishers, 1994, 0-915166-82-8

Author: Pat Palmer

Illustrator: Dianne O’Quinn Burke

Recommended Age of Child: 2-8

Description of Book: This book helps grieving children identify their feelings.

Quote from Book: “Remember, it is a good thing to let yourself feel the empty space in your life from losing someone you love.”

Lesson Plan Ideas: Use this book to discuss why it is important to hold someone’s hand. What do you do when you don’t have a hand to hold? How do you get used to not having that special someone’s hand on yours? Have children design the hand flowers. They can write notes on the individual hands, create poetry or draw a picture.

Materials: White paper, scissors, crayons, markers, paint, pain brushes, glue stick