SCIPPSS Opening Minds through Art (OMA): An Intergenerational Art Program for People with Dementia

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Overview

1. Mini art activities
2. What is OMA?
3. What do people get from doing OMA?
4. Funding opportunity to adopt OMA

Photos by: R. Rohrbaugh
Video by: N. Applebaum, M. Degrazier

Let’s begin by making art!

1. MINI ART ACTIVITIES
Debriefing Art-making

- **PROCESS:** On a scale of 1-5, how much did you **enjoy** the activity?
- **PRODUCT:** On a scale of 1-5, how much do you **like** the finished work?

2. WHAT IS OMA?

Opening Minds through Art (OMA)

Intergenerational art program for people with dementia.

Developed in 2008 at Scripps Gerontology Center at Miami University, Ohio.

Now offered at over 130 facilities in the USA & Canada.

Typical art/craft activities
OMA Art by People with Dementia

Glitter Glow
Christmas
Dance of White Souls

OMA’s Mission

Building bridges across age and cognitive barriers through art
Our views of people with dementia

<table>
<thead>
<tr>
<th>WARMTH</th>
<th>COMPETENCE</th>
<th>OUR VIEW</th>
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<tbody>
<tr>
<td>Low</td>
<td>High</td>
<td>Neglect/abuse</td>
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<tr>
<td>High</td>
<td>High</td>
<td>“Helping”</td>
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<td></td>
<td></td>
<td>Person-centered</td>
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<tr>
<td></td>
<td>Low</td>
<td>Manipulative</td>
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Willem de Kooning (1904-1997)
Joan Miro (1893-1983)

Mark Rothko (1903-1970)

Clyfford Still (1904-1980)

Jackson Pollock (1912-1956)
3. WHAT DO PEOPLE GET FROM DOING OMA?

a. Impact on Artists

What do people with dementia get from doing OMA?

Video Analysis Study Results

Video data analysis of elders

- 15-month data collection period
- Video data collection
- 38 people at 3 different long-term care facilities in Ohio
Domains of Observation
(Frequency & Intensity every 5 min.)

Well-being indicators:
- Social interest
- Engagement
- Pleasure

Ill-being indicators:
- Disengagement
- Negative affect
- Sadness
- Confusion

Video analysis: Well-being
(Sauer, Fopma-Loy, Kinney, Lokon, 2016)

Video analysis: Ill-being
(Sauer, Fopma-Loy, Kinney, Lokon, 2016)

Questionnaire Results
**Artists’ Feedback Questions**

- **ART-MAKING PROCESS**: How much did you enjoy today’s art project?
- **SOCIALIZING**: How much did you enjoy talking to other people during the art-making session?
- **AUTONOMY**: How often were you able to do whatever you wanted during the art-making session?
- **PRODUCT**: How much do you like your finished artwork?
- **OVERALL WORTH**: Do you think that your time was well spent?

**Artist Feedback**

(N=1,097 from 9 sites)

- How much did you enjoy today’s art project?
- How much did you enjoy talking to other people during the art-making session?
- How often were you able to do whatever you wanted during the art-making session?
- How much do you like your finished artwork?
- Do you think that your time was well spent?

**b. Impact on Volunteers**

What do volunteers learn from doing OMA?

**Students’ Attitude Change (N=156)**

(Lokon, Li, Parajuli, 2017)

- 94% became more positive (147 students)
- 1% did not change (2 students)
- 4% became more negative (7 students)
Students’ Attitude Change (N=156) (Lokon, Li, Parajuli, 2017)

Interaction Increased Social Comfort

- It is rewarding to work with people who have ADRD.
- I am afraid of people with ADRD. *
- I am comfortable touching people with ADRD.
- I would avoid an agitated person with ADRD. *
- I feel relaxed around people with ADRD.
- I cannot imagine taking care of someone with ADRD. *

ADRD = Alzheimer’s Disease and Related Dementias
* = Reverse-scored items

People with dementia as co-teachers

We need elders with dementia as co-teachers to achieve genuinely transformational educational goals that change young people’s attitude toward aging and older people, especially those with dementia.

OMA Student Reflection

ScrippsOMA.org
Our views of people with dementia

COMPETENCE

High

High

“Helping”

Low

WARMTH

Person-centered

Neglect/abuse

Low

Manipulative


4. FUNDING OPPORTUNITY

Licensed nursing home in the Ohio must participate every two years in at least one quality improvement project (QIP)

1. AHCA/NCAL National Quality Award Program
2. AHRQ Nursing Home Survey on Patient Safety Culture
3. Cheering Voices
4. CMS Breakthrough Community on Dementia Care
5. CFAN Readmission Reduction 2018-2020
6. Care Transitions Intervention
7. HSAG Clostridium Difficile Initiative
8. HSAG National Nursing Home Quality Care Collaborative II
9. HSAG Reducing Readmissions Project
10. Implementing Consistent Assignment
11. Independent Music & Memory
12. INTERACT 4.0 2017-2019
13. OMA: Opening Minds Through Art
14. PELI PAL Card Project by Scripps Gerontology Center
15. Person-Centered Staff Engagement Project
16. Reducing the Use of Antipsychotics in Skilled Nursing Facilities
17. WCEI Wound Care Certification

QIP funding for Ohio nursing homes
(July 1, 2016 - June 30, 2019)

- Must be licensed as an Ohio nursing home with Medicaid certification (profit & non-profit)
- Must be a new OMA site
- Apply for art supply ($1500) plus lodging/mileage if residing more than 50 miles from the in-person training location
- Next deadline for applications: August 31, 2018 (extended to September 7, 2018)
- There is funding for 46 communities
OMA hybrid and fully in-person Training Opportunities

- Richmond, VA: Online: Oct. 8 – Nov. 2; In-person: Nov. 15-16
- Elyria, OH: Online: Oct. 8 – Nov. 2; In-person: Nov. 15-16
- St. Louis, MO: Online: Oct. 15 – Nov. 9; In-person: Nov. 29-30
- Parma, OH: Online portion: Apr. 22 – May 17; In-person: June 4-5
- Upper Sandusky, OH: Online: May 6-31; In-person: June 17-18
- Canal Fulton, OH: Online: May 6-31; In-person: June 20-21

Subscribe to learn more at ScrippsOMA.org

Trainees’ Evaluation

Trainees’ Comments

- “My heart is full. This training was personal but formal and informative. Team building and opportunities to learn experientially with role-play was amazing.”
- “I learned the importance of letting myself fade to the background - True person-centered care.”
- “Very hands-on. Lots of data. Amazing organization and planning.”

QUESTIONS?
References


Thank you!

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www.ScrippsOMA.org

www.facebook.com/openingmindsthroughart