

WINTER QUARTER TRAINING EVENTS - 2022

Register at <u>www.daytoncic.com</u>

Suicide Prevention Awareness

Lynn and Ruby Johnston January 4, 2022 9am-4pm Location: Community Impact Center Cost: \$75.00 - Love Epidemic II conference special price CEU's provided

NOTE: To conduct counseling or therapy in suicidal behavior requires a trained professional. For all who work with adolescents or persons at risk, there is a need to understand suicide, suicidal ideation, and the suicidal ambivalence path right up to the point of death. The material to be presented at this session <u>will raise the level of awareness</u> and prepare each participant to plan on how they might further their knowledge and preparedness to address a situation where there is a concern for suicide

This presentation aims to raise awareness that leads to prevention with persons who might be at risk and guides them to be connected with a professional who can help. This is part of a five-lesson curriculum to be presented later this year.

Stepping Back into Ministry with Footprints of Covid Lingering On

Lynn and Ruby Johnston January 6, 2022 9am-11am Online Webinar. Cost: \$30 CEU's Available

Are you looking at your church and ministry programming after a long season of covid limitations and aren't sure how best to proceed? You are not alone.

With a heart to inspire and empower the body of Christ for ministry, this interactive webinar will explore how we need to THINK DIFFERENTLY in the ministry work we are doing. Families have changed, brains have been impacted by different situations, losses experiences and many left with concerns about their new reality.

This two-hour zoom webinar will use the lens of trauma informed care to cover topics such as:

- How does trauma impact the brain?
- How does this impact the kind of support families need?
- How do we re-create safe spaces for families and for children?
- What strategies can we use to help adults in our ministries keep
- healthy spiritually and emotionally?
- Though applicable to all forms of ministry, this seminar will be of particular
- interest to churches and ministries who work with children and youth.

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The Soul Takes the Hit Dr. David Schooler February 22, 2022 9am-12:30pm Location: Community Impact Center CEU's Available Cost: \$40.00

The soul takes the hit. It is our mind, will, and emotions that

experience the pain of traumatic wounds. Whether we are a layperson or serve in ministry fulltime, we need to understand the experiences that have shaped the soul. This interactive workshop will look at the wounded soul and what it needs to heal.

TRAUMA SERIES BEGINS - Modules One and Two



Impact of Trauma Module One – (2 days) David and Jayne Schooler Two Options: January 15 and 22 (Saturdays) or January 20-21 Thursday and Friday 9am-4pm Location: Community Impact Center CEU's Available Cost: \$125 – Love Epidemic II conference special price

This module looks at the impact of trauma on a child's life by addressing the essential skills of traumainformed care, defining types of trauma, and examining the impact of trauma on typical child development. The module also helps the participant understand and navigate traumatized children's emotional and behavioral needs by introducing practical strategies and tools within the seven essential skills of trauma-informed care.

4 Key Essential Skills of Module One:

- Increasing awareness of the impact of trauma
- Present strategies to increase felt safety
- Introduce tools to reduce overwhelming emotions
- Define strategies to help youth manage their own behaviors

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Trauma Strategies

Module Two – One Day – Saturday Lynn and Ruby Johnston February 19, 2022 9am-4 pm Location: Community Impact Center CEU's Available Cost: \$75.00– Love Epidemic II conference special price

Understanding the potential lifelong impact of trauma on a child, teen or adult requires continual study. This advanced trauma-informed workshop will dive deeper into the four essential skills of trauma informed care covered in Module One: with attention to the impact of trauma on attachment, self-regulation challenges and sensory processing issues with children from hard places. Research demonstrates that the most consistent predictors of secure attachment are caregiver

variables and that relationships are vital to helping a child attach. Attachment, Relationships, and the Impact on Development will be the core learning of this module.

6 Key Points of Module Two

- Children of childhood trauma are 2X more likely to develop DEPRESSION!
- Children of childhood trauma are 3X more likely to develop ANXIETY DISORDERS.
- Clinicians are now beginning to use a new term to describe the symptoms of childhood trauma as Developmental Trauma Disorder
- Brains develop differently as a result of living in situations perceived to be unsafe or abusive or neglectful.
- The brain of a traumatized child can be "bottom heavy"
- Strategies to "touch" three areas of the brain; the thinking center (Prefrontal Cortex), the fear center (Amygdala); and the emotional regulation center (Anterior Cingulate Cortex).

Stay Tuned: TBA SOON

- V Trauma Focused: Sensory Integration and Emotional Self-Regulation
- ✓ Trauma Focused: Resilience in Spite of a Traumatic Journey
- Trauma Focused: Compassion Fatigue (Secondary Traumatic Stress)
- V Trauma Focused: Adolescents and Behaviors That Challenge Us
- V Trauma Focused: Dementia and Trauma Triggers
- ✓ Nurturing Optimism In Today's World
- ✓ AND MORE

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