# RESOURCE LIST

## Recommended Reading

- Wounded Children, Healing Homes by Jayne Schooler, Betsy Smalley and Tim Callahan
- The Boy Who Was Raised As a Dog by Dr. Bruce Perry
- The Connected Child by Dr. Karyn Purvis and Dr. David Cross
- **Nurturing Adoptions** by Deborah Gray
- Hold On to Your Kids by Dr. Gordon Neufeld
- The Out-of-Sync Child and The-Out-of-Sync Child Has Fun by Carol Kranowitz
- The Whole-Brain Child by Dr. Daniel Siegel and Tina Payne Bryson, Ph.D.
- Journeys After Adoption: Understanding Lifelong Issues by Jayne Schooler and Betsie Norris
- Telling the Truth to Your Adopted or Foster Child by Betsy Keefer Smalley and Jayne Schooler
- Parenting from the Inside Out by Dr. Daniel Siegel and Mary Hartzell
- Theraplay<sup>®</sup>: Helping Parents and Children Build Better Relationships Through Attachment-Based Play by Phyllis B. Booth and Amy M. Jernburg
- Disconnected Kids: The Groundbreaking Brain Balance Program by Dr. Robert Melillo
- Attaching through Love, Hugs and Play by Deborah Gray
- Brainstorm:The Power and Purpose of the Teenage Brain by Dr. Daniel Siegel
- Childhood Disrupted by Donna Jackson Nakazawa
- The Deepest Well by Dr. Nadine Burke Harris
- It Didn't Start with You by Mark Wolynn
- Raising A Secure Child: How Circle of Security Parenting Can Help You Nurture Your Child's Attachment, Emotional Resilience and Freedom to Explore
   by Kent Hoffman, Glen Cooper, Bert Powell
- Emotionally Healthy Spirituality
  by Peter Scazerro
- The Cure by John Lynch
- Reaching and Teaching Children Exposed to Trauma by Barbara Sorrels

### **Websites**

#### **ACE STUDY AND SURVEY**

(Adverse Childhood Experiences): www.acestoohigh.com

#### **GENERAL INFORMATION**

- Trust-Based Relational Intervention by Dr. Karyn Purvis; www.child.tcu.edu
- Faith-Based Trust-Based Relational Intervention: www.empoweredtoconnect.org
- Hold onto Your Kids and much more: www.neufeldinstitute.com
- National Child Trauma Stress Network: www.nctsn.org
- Theraplay<sup>®</sup> Institute: www.theraplay.org

#### SENSORY SPECIFIC INFORMATION

- Sensory Processing: www.sensorysmarts.com
- Self-Regulation: www.alertprogram.com
- Infant Massage: www.babybabyohbaby.com
- SI Focus Magazine: www.sensoryworld.com
- Over-Responsive Sensory Modulation: www.sensorystories.com

#### **SUPPLIES**

- Squeeze balls and fidgets: www.orientaltrading.com, www.therapro.com
- Weighted blankets: www.sensacalm.com

