

# RULES

## 1 THE COMPETITION

All contestants will receive 1 pound (16 ounces) of 80/20 ground beef to create three identical burger servings and or plates. Additives, including but not limited to, bacon, eggs, kale, cheese and rice, are permitted and must be supplied by the contestant.

## 2 INGREDIENTS

Burgers may include any combination of condiments (ketchup, mayonnaise, salsa, etc.), spreads (tapenade, pesto, etc.), sauces (barbecue, pepper and/or chili, marinara, etc.), cheeses and toppings (bacon, onion, tomato, avocado, lettuce, etc.) Every component of the burger must be placed between buns or bread pieces or served open-faced on bread or a bread substitute. Unadorned wooden skewers may be used to hold burgers in place for presentation. Garnishes and side items may be used.

## 3 THE BEEF

Show management will provide prep space and 1 pound of 80/20 ground beef. Burgers entered for competition must be cooked to at least medium doneness.

## 4 SUPPLIES

Contestants must bring adequate supplies for three (3) identical burger servings and /or plates. Contestants must bring their own work utensils (bowls, spoons, spatulas, etc.), cutting boards, small hand tools, cookware and presentation and/or serving dishes. Contestants also must supply their own tabletop butane gas burner (10,000 to 15,000 BTU) to cook the burger. No electric equipment of any kind may be used.

## 5 PLANT BASED?

Contestants may choose to use a plant-based ground beef substitute but will be required to supply their own product and identify the ingredient mix. No alternative meat, fish or poultry products will be allowed except as an additive.

## 6 WHERE & HOW

All competing burgers must be created, assembled and cooked during the Expo Burger Battle and only inside the competition area.

## 7 REGISTRATION FORM

All entries must include the name of the burger to be made and ingredients on the registration form. This information will be supplied to the judges.



## WHAT DO YOU WIN?

The first-place winner of the 2022 Burger Battle receives a **CASH PRIZE OF \$1,000**, bragging rights & trophy.

Decisions of Burger Battle judging panel are final in all aspects of this competition. Teams are required to follow health & safety guidelines according to the Ohio Department of Health and ServSafe regulations.



## DETAILS

The Burger Battle competition is limited to the first 25 entries. Competitors must be chefs, restaurant owners or restaurant staff. ProStart Students may be eligible on case-by-case basis. Contestants must be 16 or older to compete.

Contestants must attend a 9:30 a.m. orientation meeting Monday, September 26, 2022, when contestant numbers and prep spaces will be assigned. Contestants arriving after 9:30 a.m. will lose 1 point for every 5 minutes past the 9:30 a.m. arrival deadline. Contest managers will refer to the official Expo time clock only.

Registration is \$50 per entry and must be paid by September 15, 2022. Paid registration entitles named competitors admission to the Mid-America Restaurant Expo. Others accompanying competitors must purchase tickets at [midamericarestaurantexpo.com](http://midamericarestaurantexpo.com).

All contestants will be notified of their cooking order the morning of the competition. Burger preparation may begin after the orientation meeting at 9:30 a.m. When a contestant's number is called, he or she will have 45 minutes to prepare and cook three (3) identical burger servings and/or plates. Only registered contestants are allowed in the competition area to prepare burgers; assistants are not permitted in the competition area. Once contestants have submitted burgers for judging, they must clean, sanitize and remove all waste materials from prep area. Under no circumstances are contestants permitted in the judging area.

Overnight refrigeration space is available at the convention center for contestants' ingredients. Email Shoshanna Gross at [sgross@ohiorestaurant.org](mailto:sgross@ohiorestaurant.org) for more information.

Burger Battle staff has the right to inspect all coolers and products

All Burger Battle contestants must follow Expo rules and regulations. Violators may be subject to disqualification.

