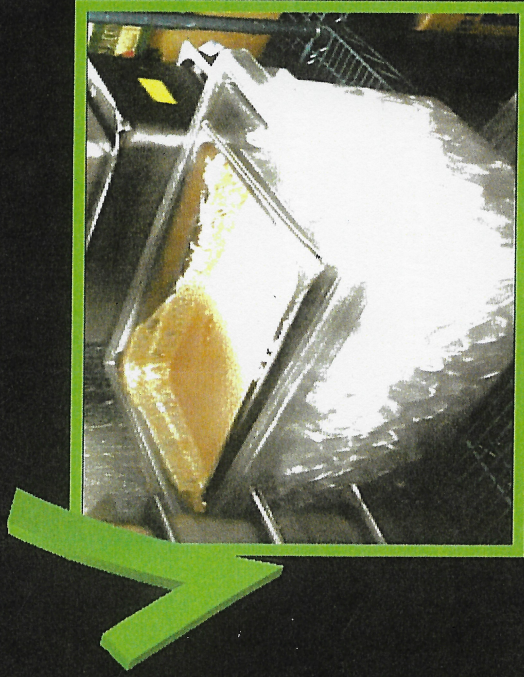
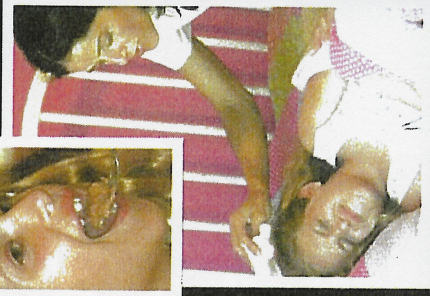
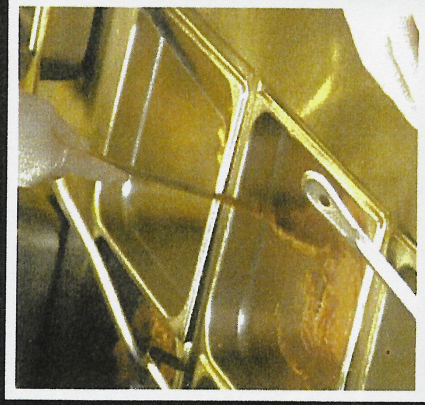
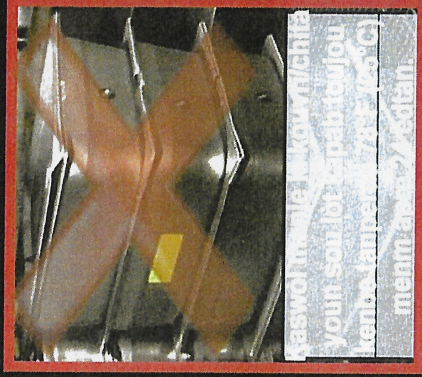
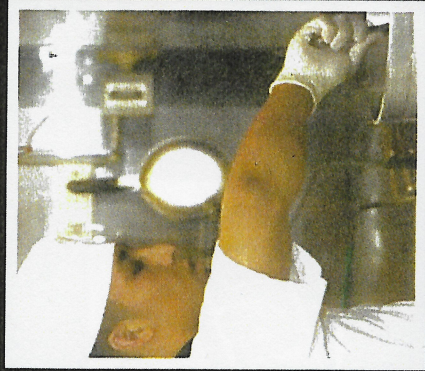


Pou kisa li enpòtan pou fè manje a vin byen frèt



Men kèk bon metòd pou fè manje a vin frèt:

- ✓ Mete manje a nan yon kaswòl an metal ki plat, ki chita nan yon bòl glas, nan frijidè
- ✓ Separe manje a nan plat ki pi piti, epi mete l nan frijidè
- ✓ Sèvi avèk aparèy pou refwadisman rapid
- ✓ Brase manje a nan yon plat ki chita nan yon dlo glase
- ✓ Lòt metòd ki efikas

Pwoteje Moun Tout Kote.

Fè manje a vin byen frèt.

