





TRIVIA



Q1. What is the most commonly wasted food worldwide?

- 1. Bread**
 - 2. Dairy Products**
 - 3. Fruits and Vegetables**
-



ANSWER: Fruits and Vegetables!

These are often wasted due to spoilage and poor storage conditions.



Q2. True or False?

Honey can be stored in your cupboard indefinitely (it doesn't go bad).



ANSWER: True!

- **Honey has a low water content and high acidity.**
 - **It is an unfriendly place for bacteria to thrive.**
 - **As long as the lid stays on and the honey stays free of added moisture, honey can be stored in the cupboard indefinitely!**
-



Thank you for playing along.

You are all winners!

Food Systems and Climate Change



MHOA Annual Conference 2024

11/13/2024





TANAYA TONPAY
Public Health Planner II

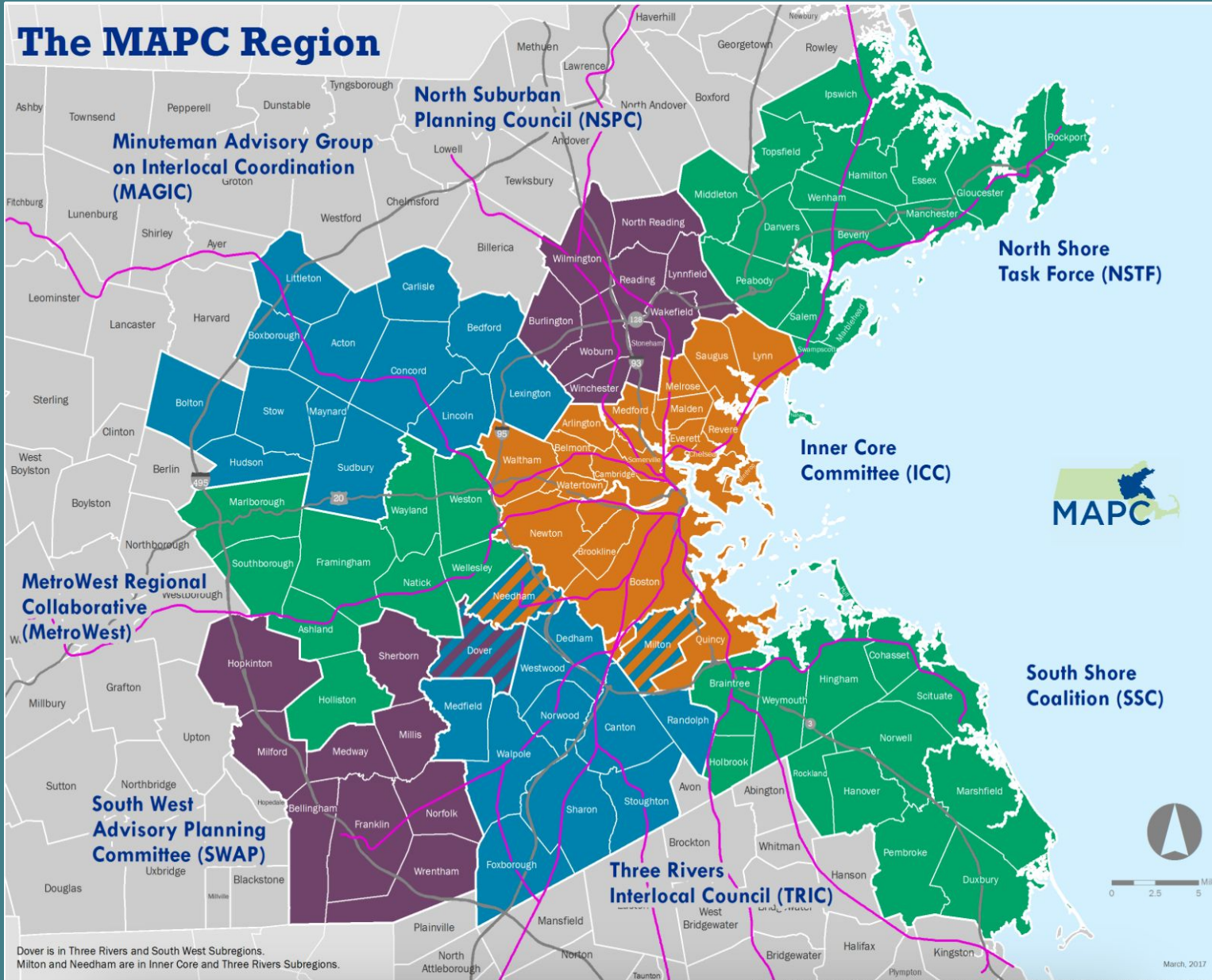


ELSA ZHAO
**Lead Public Health
Trainer**



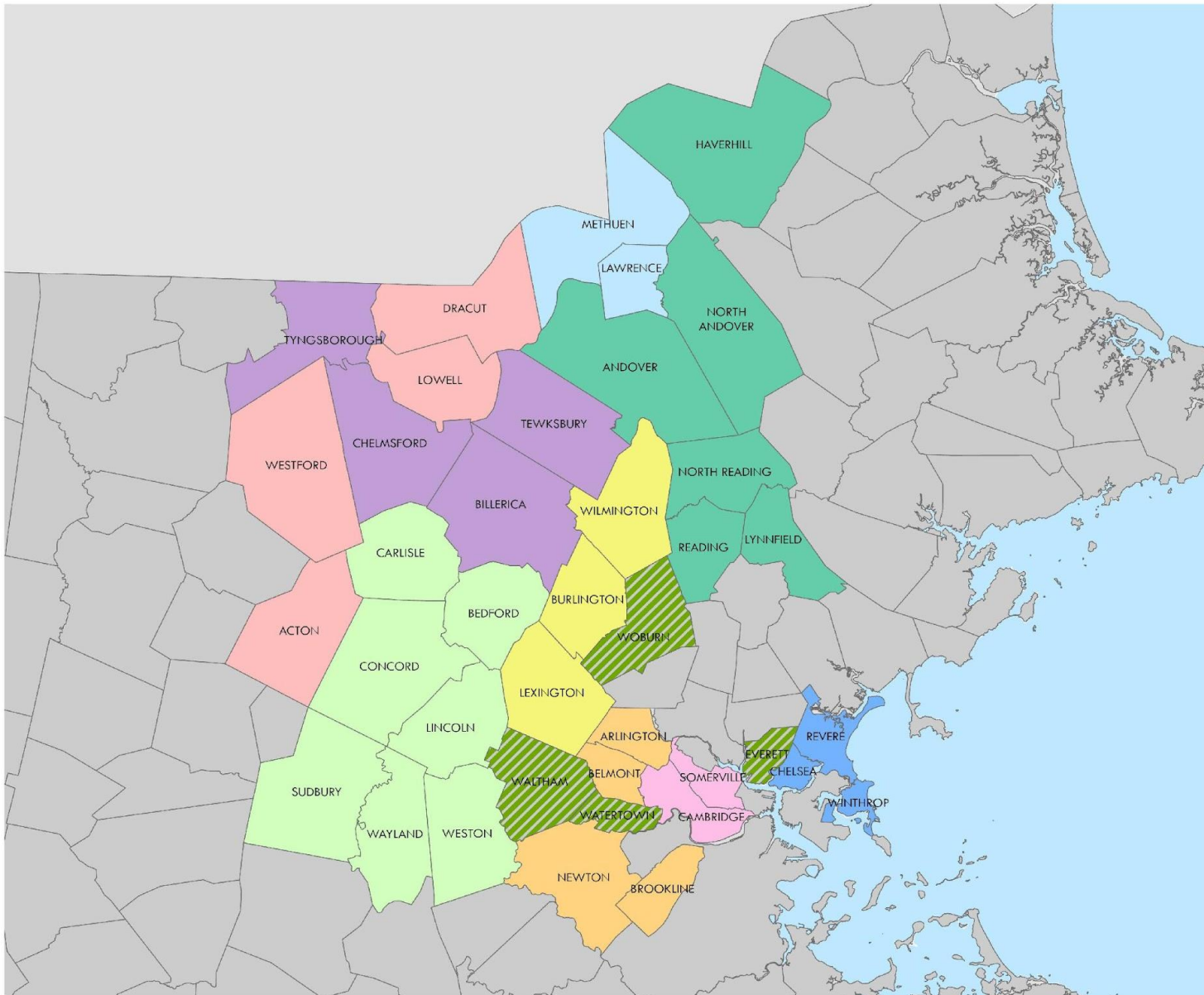
RACHEL WEIL
**Public Health and Food
Systems Planner II**

The MAPC Region



Metropolitan Area Planning Council (MAPC)

- Regional planning agency.
- Serve the people who live and work in the 101 cities and towns of Metropolitan Boston.



Eastern MA Training Hub

- 9 Shared Services Arrangements, 35 Municipalities.
- Supporting Local Public Health Inspectors with training needs.

Food + Climate work at MAPC



Public Health team's developing area of practice.



Developed a training module for the Cambridge Community Corps (C3).



Presented at the Food and Fitness Policy Council at Cambridge Public Health Department (CPHD).

Why Focus on Food Systems and Climate Change?

Food Production

- Erratic environmental conditions (extreme heat, drought, and flooding) affect water/air quality, soil health.
- Coastal ecosystem disruption, invasive species.
- Occupational health and safety.

Food Access

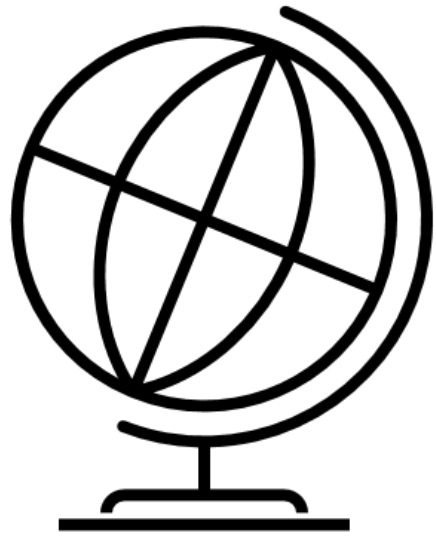
- Increase in food insecurity
- Uncertainty of access - including culturally relevant foods
- Increase in food prices

Food Quality

- Nutritional value of food
- Taste



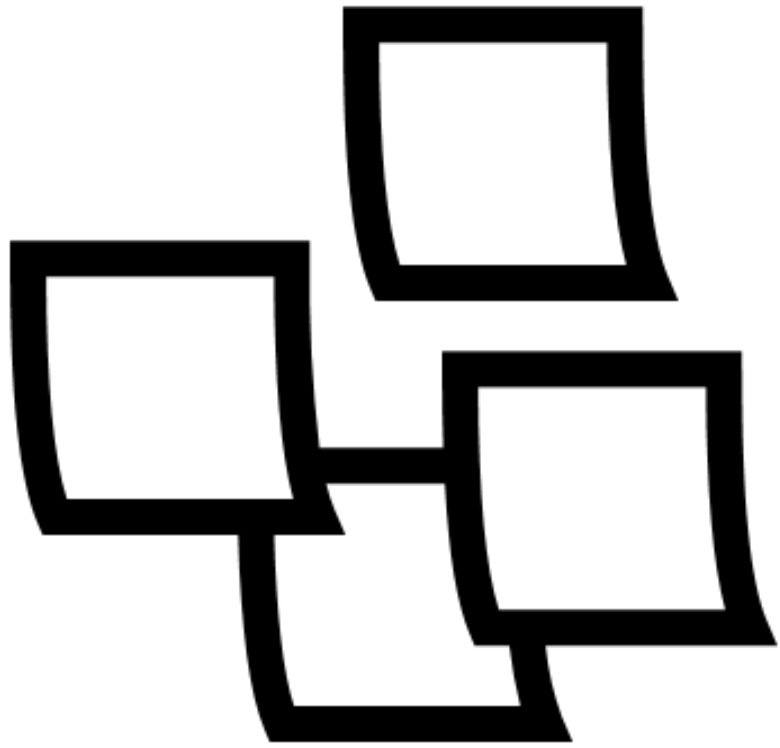
Geography of the Food Disruptions



**GLOBA
L**



**LOCA
L**



**Let's Look
At A Few
Examples!**

Sriracha shortage looming? Maker of iconic sauce temporarily halts production



Huy Fung Foods, maker of the popular sriracha hot sauce, said it will stop producing the condiment until September.

Halt was announced because the peppers are "too green," indicating it's not fully mature or ripe.

Sriracha shortage looming? Maker of iconic sauce temporarily halts production

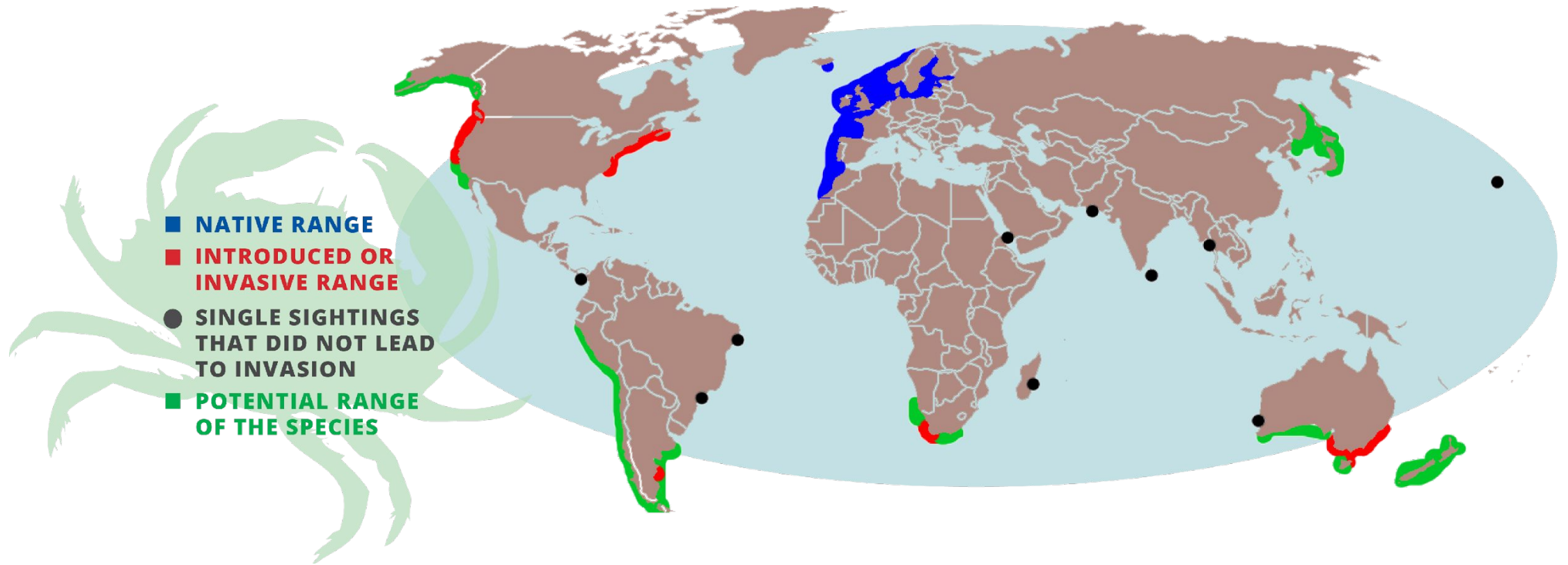


Adverse environmental conditions slowed down the ripeness.

Mexico is suffering from a drought, with the most severe impact being felt in northern Mexico, where most of the peppers are grown.

More frequent and severe weather events increasingly shape food supply, across countries/region.

A Crabby Situation!

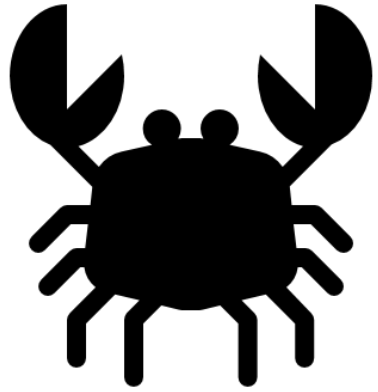


A Crabby Situation!



Invasive Green Crab. Photo: Linda Shaw, NOAA Fisheries.

- **Green Crab** is one of the most invasive species in the marine environment.
Aggressively hunts and eats its prey, destroys seagrass, and outcompetes local species for food and habitat.
- Ocean warming helps the crab population to explode.
- Green Crab has been blamed for harming the softshell clam industry on the U.S. East Coast.
- Negative ecological and economic impacts!



Solutions?

- The most common use of these crabs is as bait.
- Creating new economic opportunities for the fishery sector, by bringing this product to a larger market.
- Developing partnerships and awareness on how to use green crabs for culinary purposes.

Spotlight!

GRENCRAB.ORG



PROBLEM TO PLATE

LET'S EAT THE INVASIVE GREEN CRAB

1. Motivate the harvest and consumption of invasive green crabs.
2. Educate harvesters and work directly with food service industry to bring more green crabs onto menus.
3. Provide the public with free recipes, cooking classes, and resources to spread awareness of green crabs.



What is a Local Food System?

FIGURE 1: New England's Food System



Sources: Waste characterization studies from each state from different years. Values for New Hampshire were approximated.

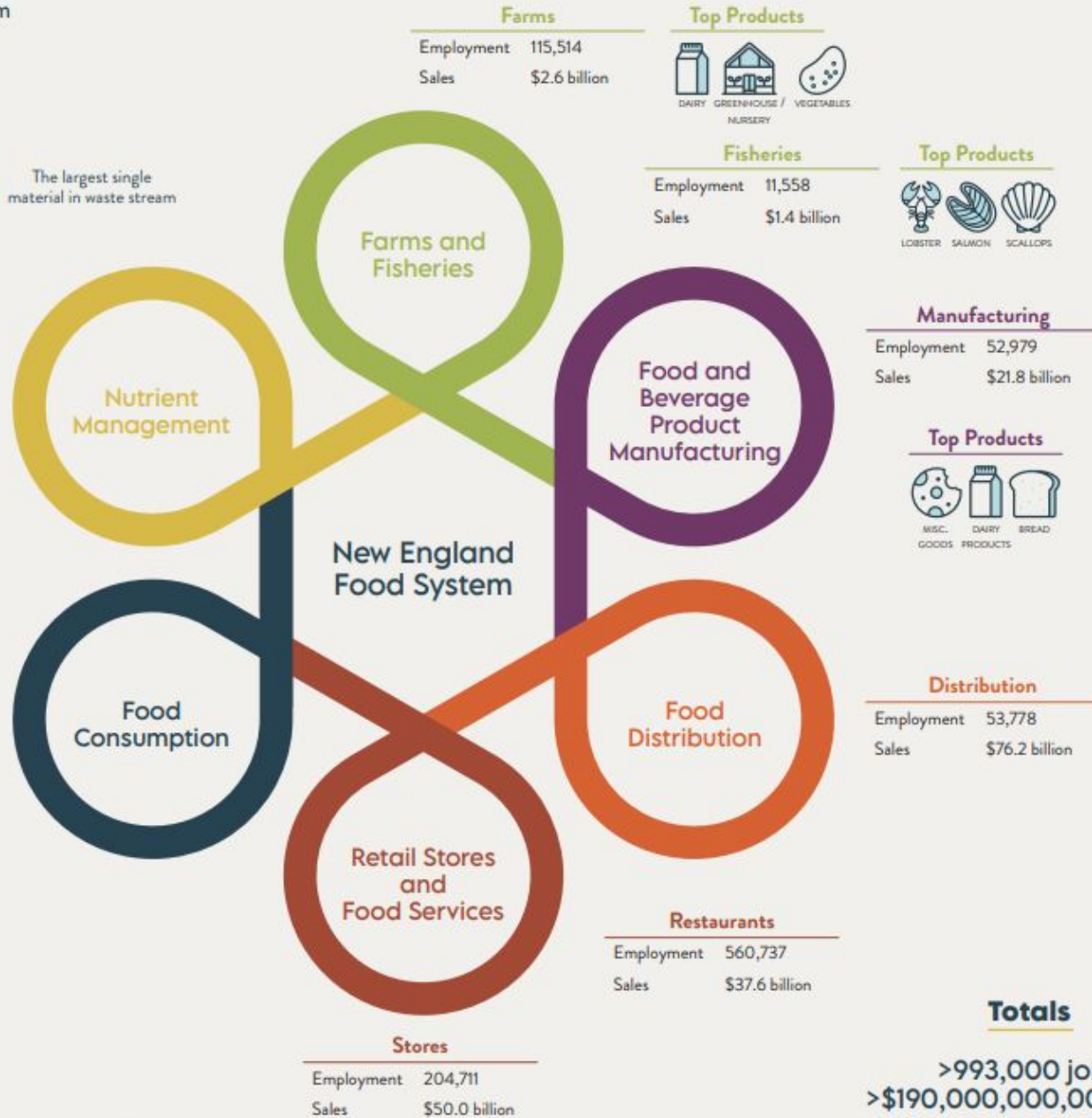
Estimated Consumption
32 billion pounds

Food Insecure*

MA	>590,000
CT	>346,000
NH	>74,000
ME	>124,000
RI	>88,000
VT	>50,000

*Average: 2019-2021

Source: Alisha Coleman-Jensen, et al., September 2022, [Household Food Security in the United States in 2021](#), USDA Economic Research Service, report #309.



» Projected Climate Risks



HURRICANES



Since 1980, 9 hurricanes, including Hurricanes Bob (1991) and Sandy (2012) were [billion-dollar disasters](#) that impacted Massachusetts.

WATER STRESS



MA has experienced [abnormally dry seasons](#) since 2012, but precipitation is expected to be above normal over this century.

EXTREME RAIN



From 2005 to 2014, MA experienced the largest number of [2-inch extreme rain events](#) in its history, about 30% above the long-term average.

Source: Stuart A. Thompson and Yaryna Serkez, September 18, 2020, "[Every Place Has Its Own Climate Risk. What Is It Where You Live?](#)" The New York Times. Based on data from Four Twenty Seven.

» Projected Climate Risks



SEA LEVEL RISE



The [sea level](#) off the MA coast rose by over 8 inches since 1950. Sea level is expected to rise by 6 inches by 2032. Sea level near [Martha's Vineyard](#) is projected to rise 1 to 6 feet by 2100.

WILDFIRE



Wildfires in MA are small compared to the West, but the [number of wildfires has increased](#) in recent years due to drought conditions.

HEAT STRESS



Temperatures have risen about [3.5°F](#) since the beginning of the 20th century. Warmer temperatures increase vulnerability for agriculture and densely populated cities.

Source: Stuart A. Thompson and Yaryna Serkez, September 18, 2020, "[Every Place Has Its Own Climate Risk. What Is It Where You Live?](#)" The New York Times. Based on data from Four Twenty Seven.

Let's focus on





AQUACULTURE

Climate change effects:

- Rising water temperatures
- Loss of wetlands
- Acidification

What species are at risk?

- Lobsters
- Cod
- Scallops
- Bass
- Clams



Source: WBUR

CRANBERRIES

ES

Climate change effects:

- More extreme heat in summer
- Warmer winters
- Fluctuations between heavy rain and drought

Impacts:

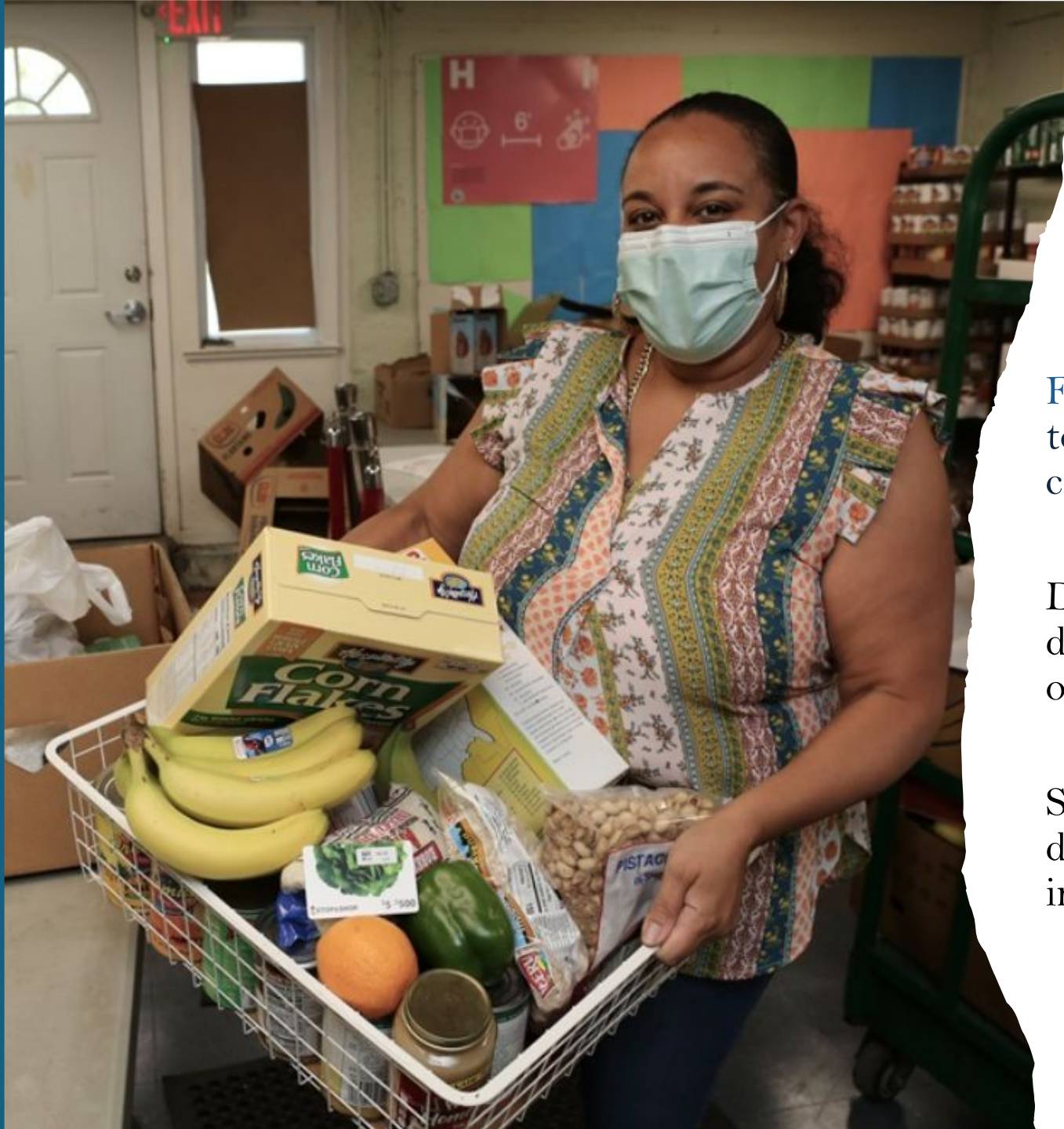
- Later growing season
- More unpredictability in harvest

Source: WBUR





Let's focus on



Food Insecurity & Climate Change

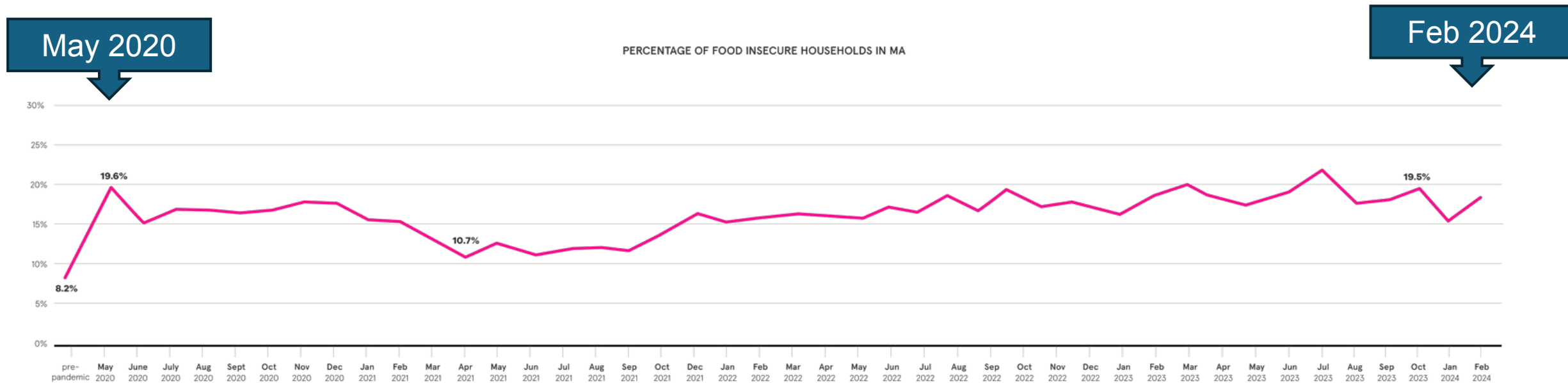
Food insecurity is when people don't have enough to eat and don't know where their next meal will come from.

During the COVID-19 pandemic, supply chain disruptions exposed the risk of food systems reliant on global supply chains.

Similarly, climate change–driven hazards can disrupt food production and distribution, and thus impact food security.

Food Insecurity in Massachusetts

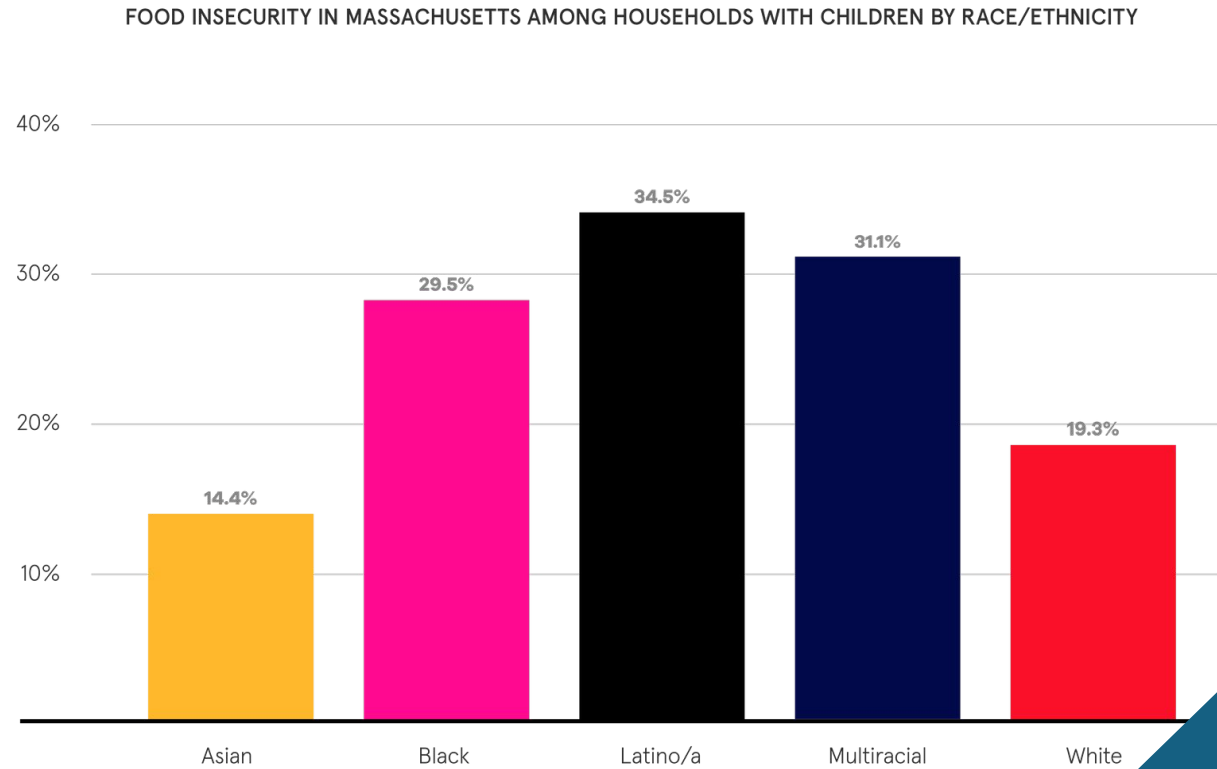
- Food insecurity in Massachusetts doubled during the pandemic.
- February 2024 Pulse Survey estimated that 17.9% of households in MA are experiencing food insecurity.



Source: Project Bread

Populations most at risk of climate-change related food insecurity

- Low-income population
- BIPOC population
- Latinx population
- LGBTQ+ population
- Seniors



Source: Project Bread

Let's
focus on



Mass. is a national leader in keeping food waste out of landfills, study finds

September 24, 2024 By [Barbara Moran](#)



Food waste to be processed at the Vanguard Renewables Organics Recycling Facility in Agawam. (Jesse Costa/WBUR)

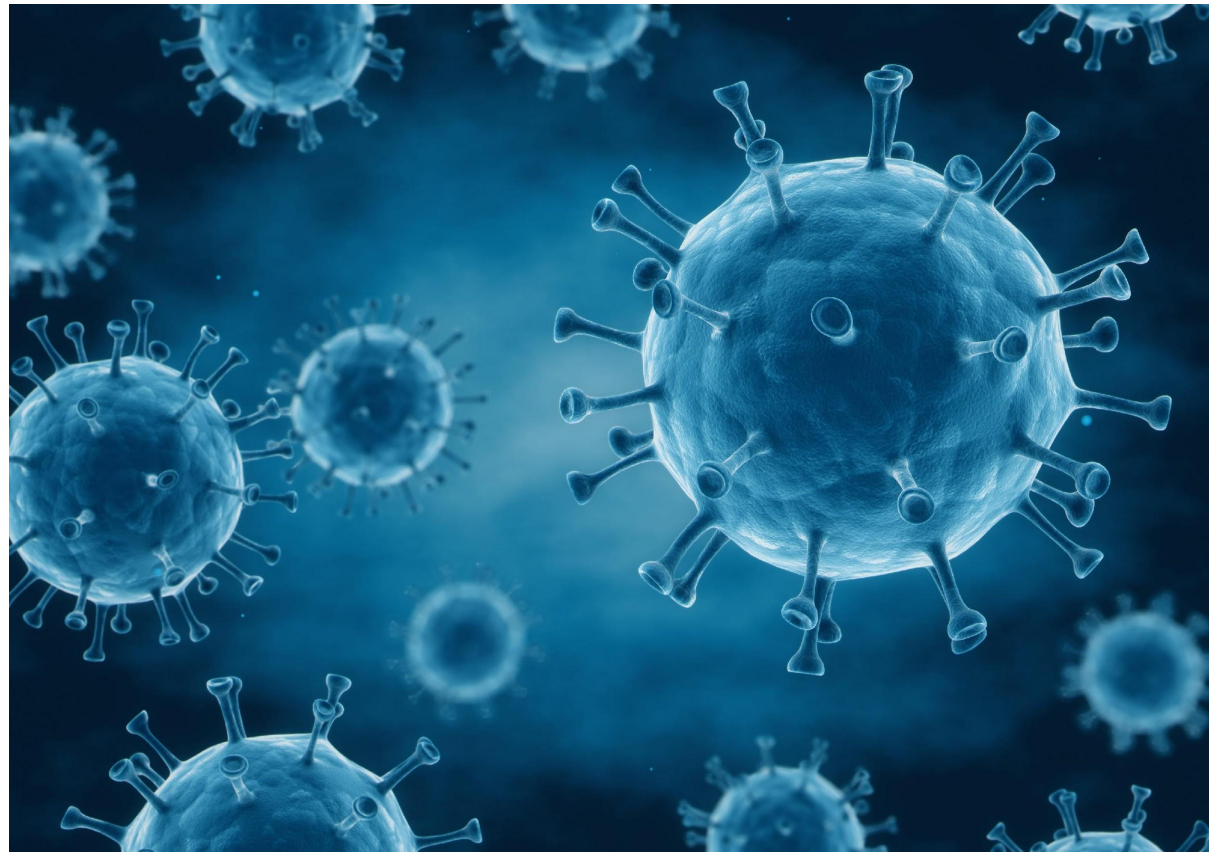
Source: WBUR



Food Safety and Climate Change!

Food Safety & Climate Change

- § Increased foodborne illnesses (enhance growth conditions for harmful bacteria, fungi, and other harmful microorganisms)
- § New possible pathogens (pathogens migration, disease vectors migration)
- § Food safety infrastructure disruption (power outages and equipment breakage at establishments that serve food)



Biological Risks

§ Globally increase and intensity of foodborne diseases, such as salmonellosis and campylobacteriosis, waterborne diseases like vibrio, and norovirus in marine water and shellfish



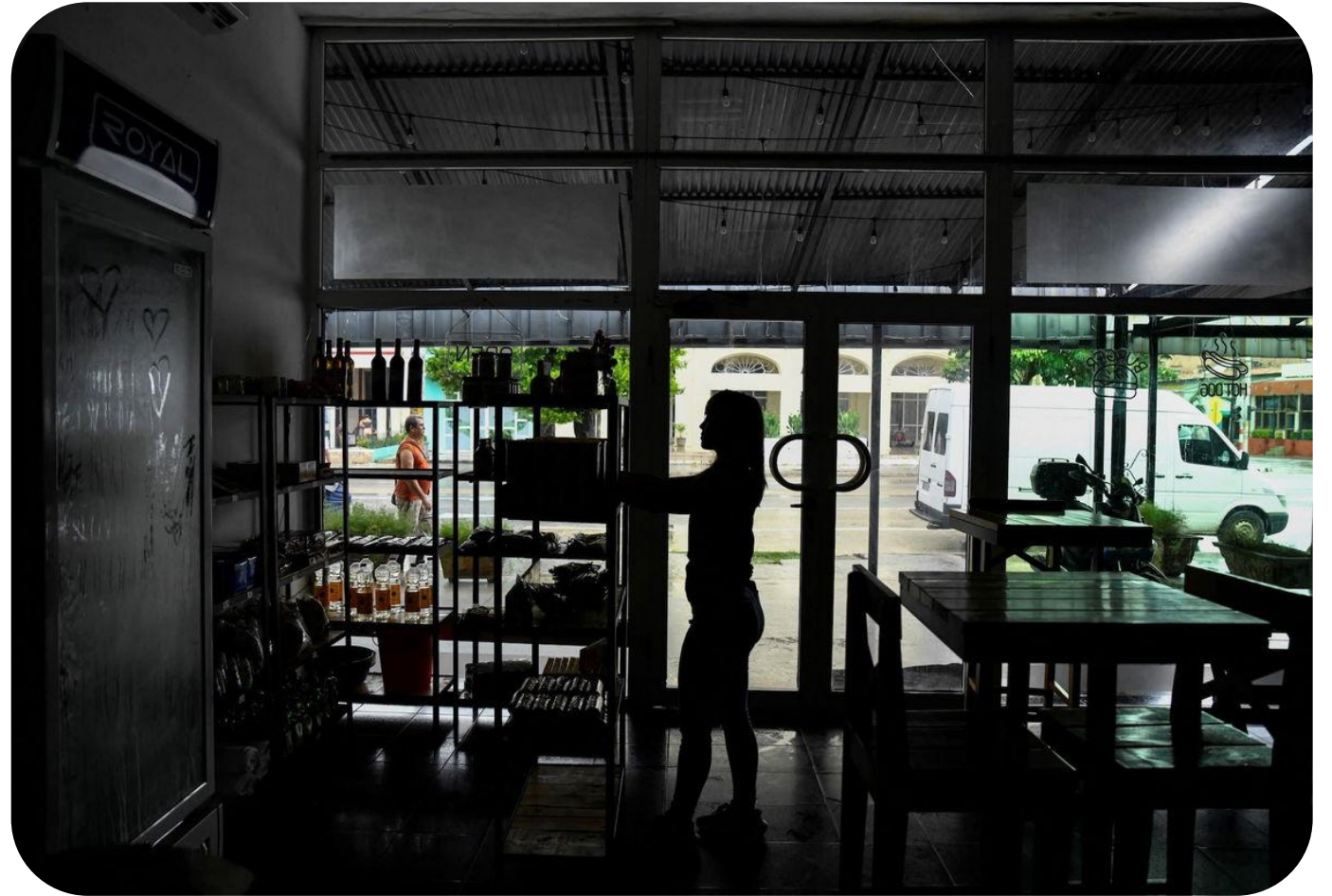
§ Pathogens like mycotoxins and toxin-producing fungal pathogens can increase and expand from tropical and subtropical regions into new regions

§ As temperatures warm, disease-carrying insects may migrate and infect livestock that may not have immunity



Infrastructure Risks

- Power outages caused by extreme weather events have doubled in severity and frequency over the last few decades.
- Heat waves, extreme storms, and wildfires can cause power outages and equipment and pipe breakage, leaving food products without refrigeration and the climate control necessary to prevent spoilage



Local Public Health Inspections



Public Health
Prevent. Promote. Protect.

- More foodborne illness complaints and investigations
- Overall, more complaints in relation to all inspectional subjects in local public health :
 - Water contamination (Bathing beaches, swimming pools)
 - Septic systems
 - More?
- Our regulations could change due to climate change

**What can public
health practitioners
do?**



Notable efforts in Massachusetts and the region

- ResilientMass plan
- Massachusetts Department of
Agriculture (MDAR)'s
Climate Smart Ag Program
- New England Feeding New
England: Cultivating a
Reliable Food Supply



Thank you!

Please connect with us!

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