


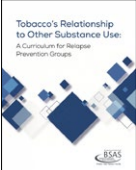





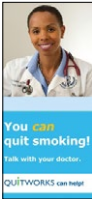


Free Tobacco and Nicotine Treatment Resources for Providers and Patients

The Massachusetts Tobacco Cessation and Prevention Program (MTCP) offers free resources and materials for both providers and patients.






- **Website:** Learn more about the Massachusetts Quitline (1-800-QUIT-NOW), general information on quitting nicotine products, and how to support patients at mass.gov/quitting
- **QuitWorks:** Learn more about QuitWorks patient referral program and technical assistance available to your practice at QuitWorks.org
- **Continuing Education:** Earn continuing education credits on tobacco cessation best practices at QuitLogixEducation.org/Massachusetts
- **Materials:** Order or download free materials from the Massachusetts Health Promotion Clearinghouse: massclearinghouse.ehs.state.ma.us/category/TOB.html. Below is a preview of materials. Check the Clearinghouse website for other materials, including additional languages, for download only, and updates.

Materials for Providers		
	<p>Quitline Resources Overview Sheet</p> <p>Item Numbers: TC3491, TC3492</p>	<p>Details on the services available from 1-800-QUIT-NOW, specialized support options, and additional resources.</p> <p>Size: 8.5"x11"</p> <p>Languages: English, Spanish</p>
	<p>QuitWorks Quick Guide to Pharmacotherapy in Tobacco Treatment</p> <p>Item Number: TC2485</p>	<p>Gives dosage information for quit medications.</p> <p>Size: 4.75"x7.25"</p> <p>Languages: English</p>
	<p>Getting Started with Tobacco Awareness Groups</p> <p>Item Number: SA5824</p>	<p>For clinical staff and participants in substance use treatment settings to increase engagement and self-reflection on their relationship with nicotine and tobacco.</p> <p>Size: 8.5"x11"</p> <p>Languages: English</p>
	<p>Tobacco's Relationship to Other Substance Use: A Curriculum for Relapse Prevention Groups</p> <p>Item Number: SA5825</p>	<p>A series of sessions for staff in substance use treatment programs to help patients reflect on the role of tobacco/nicotine in their substance use history and its impact on long-term recovery.</p> <p>Size: 8.5"x11"</p> <p>Languages: English</p>

Materials for Patients

	<p>Brochure – Take the First Step</p> <p>Item Numbers: TC2410, TC2414</p>	<p>Brief information on the MA Quitline, making a quit plan, coaching and medicines, and managing health.</p> <p>Size: 3.5”x6.5”</p> <p>Languages: English, Spanish</p>
	<p>Wallet Card – Quitline information</p> <p>Item Numbers: TC2411, TC2416, TC2415</p>	<p>Lists contact information for the MA Quitline.</p> <p>Size: 3.5”x2”</p> <p>Languages: English, Spanish, Brazilian Portuguese</p>
	<p>Poster – Take the First Step</p> <p>Item Numbers: TC3489, TC3499</p>	<p>Highlights why people should connect with 1-800-QUIT-NOW and what to expect.</p> <p>Size: 11”x17”</p> <p>Languages: English, Spanish</p>
	<p>Brochure – Thinking About Quitting? QuitWorks Can Help</p> <p>Item Numbers: TC3404, TC3431</p>	<p>Describes the QuitWorks program and how to talk to providers about quitting options.</p> <p>Size: 3.75”x8.5”</p> <p>Languages: English, Spanish</p>
	<p>MassHealth Quit Benefits</p> <p>Item Numbers: TC3407, TC3425, TC3424</p>	<p>For MassHealth members to learn about the MassHealth benefit for quit medicines and coaching, as well as more information about the MA Quitline.</p> <p>Size: 6”x4”</p> <p>Languages: English, Spanish, Brazilian Portuguese</p>
	<p>Brochure and Flyer – Questions about Tobacco Use for People in Substance Use Recovery</p> <p>Item Number: SA1060</p>	<p>For people in treatment or recovery from substance use addictions who would also like to quit tobacco products.</p> <p>Size: 8.5”x11”</p> <p>Languages: English</p>

Materials for Patients

 <p>Resource Card – Behavioral Health Program</p> <p>Item Numbers: TC3493, TC2494</p>	<p>For people who have mental health conditions or substance use disorder to learn about the MA Quitline’s specialized support program.</p> <p>Size: 6”x4” Languages: English, Spanish</p>
 <p>Resource Card – Menthol Support Program</p> <p>Item Numbers: TC3495, TC3496</p>	<p>For people who use menthol tobacco products to learn about the MA Quitline’s menthol incentive program.</p> <p>Size: 6”x4” Languages: English, Spanish</p>
 <p>Resource Card – Pregnant Person Program</p> <p>Item Numbers: TC3497, TC3498</p>	<p>For people who are pregnant and use tobacco products to learn about the MA Quitline’s pregnant person incentive program.</p> <p>Size: 6”x4” Languages: English, Spanish</p>
 <p>Brochure – Quitting Vaping: Information for Youth</p> <p>Item Numbers: TC3488, TC3490</p>	<p>For youth who vape to help identify if they have a problem with vaping, why they may want to quit, and to provide free resources to help them quit.</p> <p>Size: 2.75”x5.25” Languages: English, Spanish</p>
 <p>Flyer- Help Your Teen Quit Vaping</p> <p>Item Numbers: TC3486, TC5000, TC5002</p>	<p>For parents/guardians of teens to provide information on the signs of nicotine addiction, how to talk with teens about the issue, free quit resources, and ways to support their quit journey.</p> <p>Size: 8.5”x11” Languages: English, Spanish, Brazilian Portuguese</p>