

CEU vs. Contact Hours

NEHA (<https://www.neha.org/continuing-education>)

During the two-year credential period, the following continuing education contact hours must be earned to maintain the credential. We measure continuing education in contact hours. One "contact hour" is one clock hour of learning time. **One CEU is equal to 10 contact hours.**

- CCFS: 24 Contact Hours
- CP-FS: 24 Contact Hours
- REHS/RS: 24 Contact Hours

NBPHE (<https://www.nbphe.org/certified-in-public-health/cph-recertification/#activities-guide>)

30 credits for recertification every two years, an average of 15 credits a year

- Conferences/Meetings – Participation/Attendance 1 CPH credit per 1 hour
- Courses Taken – Online Training Courses 1 CPH credit per 1 hour
- Courses Taken – In-Person Training Courses 1 CPH credit per 1 hour

MA RS (<https://www.mass.gov/doc/105-cmr-802-registration-of-sanitarians/download>)

A Registered Sanitarian is required to complete a total 12 Continuing Education Contact Hours for each calendar year

- 50 consecutive clock minutes is equivalent to one Contact Hour.

MA CHO (<https://www.mass.gov/doc/105-cmr-803-certification-of-health-officers/download>)

A Certified Health Officer is required to complete a total of 12 Contact Hours for each calendar year.

- 50 consecutive clock minutes is equivalent to one Contact Hour.

RN CEUs (<https://www.mass.gov/info-details/mandatory-continuing-education-for-nurses>)

RNs are required to complete 15 contact hours of continuing education every 2 years.

- One contact hour is awarded for 60 minutes of learning activity

SE/SI (<https://neiwpc.org/wp-content/uploads/2023/05/Renewal-Fact-Sheet.pdf>)

For the first renewal (3 years from the date of initial approval), no training contact hours (TCHs) are required. At the time of the filing of a subsequent (2nd, 3rd, etc.) renewal application (6 years, 9 years, etc. from the date of initial approval), proof of having obtained ten (10) approved TCHs during the previous three years must be provided.

Credentials	Contact Hours	CEUs	Required # for Recertification
REHS/RS (NEHA)	1 contact hour = 60 minutes	<i>One CEU is equal to 10 contact hours.</i>	24 Contact Hours/2 years
MA RS	1 contact hour = 50 minutes		12 Contact Hours/year
CPH	1 credit = 60 minutes		30 Credits/2 years
MA CHO	1 contact hour = 50 minutes		12 Contact Hours/year
RN	1 contact hour = 60 minutes		15 Contact Hours/2 years
SE/SI	1 Training Contact Hours (TCH) = 60 minutes		10 TCHs/3 years (2nd renewal onwards)
CP-FS	1 contact hour = 60 minutes	One CEU is equal to 10 contact hours.	24 Contact Hours/2 years