# Making your voice heard

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**Cultivate and Nurture Your Dialysis Career** 



## About me

- 20 years experience in nephrology
- Patient Care Technician to Chief Nursing Officer
- Currently Chief Nursing Officer for large Home Health Care provider



# When I'm not at work





Making your voice heard...

# Leading through influence





# **Definition of influence**

Influence ['inflooens]

NOUN - the capacity to have an effect on the character, development, or behavior of someone or something, or the effect itself.

Leadership is not about titles, positions or flow charts. It is about one life influencing another.

John Maxwell



#### Influence is like a marathon

Lots of prep for the big race (or big influence!)





### Let's start with the emotional bank account





# Establish credibility

- Honesty
- Clarity
- Competency
- Accomplishments





#### Involve others

- There's not much we can accomplish alone
- Ask questions
- Demonstrate empathetic and active listening
- Identify mutual goals





# Walk the walk

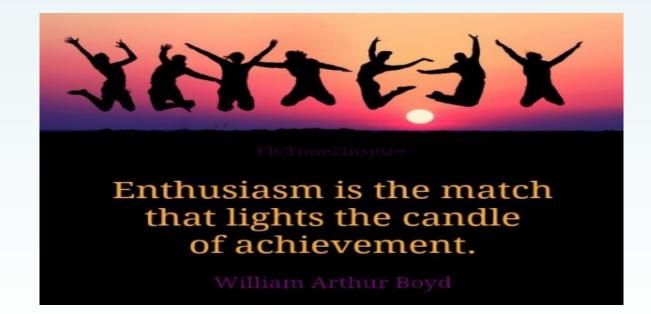
Be clear
Be consistent
Be accountable





### Demonstrate infectious enthusiasm

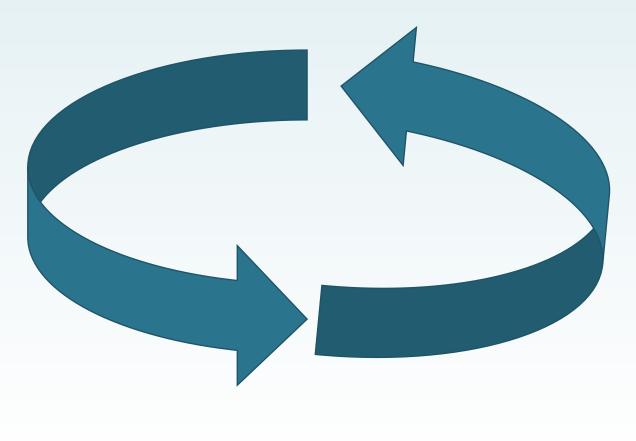
- Be genuine
- Share your passion
- Generate excitement regarding mutual goals





# **Reciprocal influence**

#### Don't allow your influence to be a one-hit wonder!





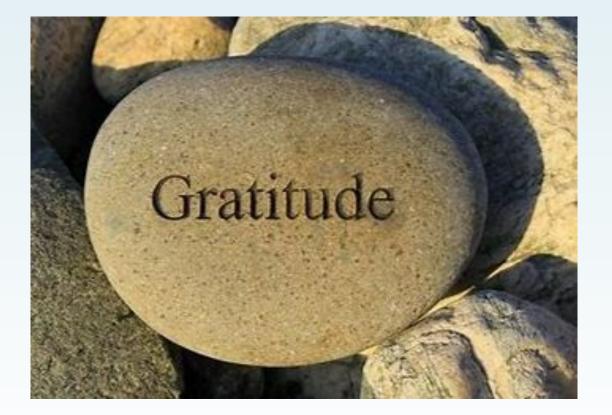
# Now that your influence has results...

- Celebrate wins
- Promote continuous improvement
- Maintain and build new relationships





# And most importantly





# Parting advice

- You save lives everyday, you're a real-life hero!
- Have confidence in yourself
- Constantly seek improvement
- Never underestimate your impact

