



# PODIATRIC TREATMENT SAVES LIMBS, LIVES + MONEY

In 2017, the New York State Podiatric Medical Association (NYSPMA) commissioned a study by Navigant Consulting in response to New York State's Medicaid reform to advocate for the value of podiatric services to meet New York's healthcare goals. The NYSPMA study focused on four chronic conditions, including diabetes, obesity, substance abuse/back pain, and fall prevention. The findings were published in the white paper titled, "Podiatric Services Deliver Value and Improved Health Outcomes."

## Podiatric Services Improve Health Outcomes and Cost Savings for Conditions Identified in New York Value Based Payment and Population Health Initiatives

### DIABETES

The potential to reduce approximately **13,500 inpatient admissions** for foot ulcers.

**A savings opportunity of approximately \$510 million in healthcare costs in one year.**

### FALL PREVENTION

**36% reduction of falls over a 12-month period** for individuals with an increased risk of falls receiving podiatric interventions.

### OBESITY

**19% reduction** in the odds of a subsequent inpatient admission among obese persons receiving services provided by a podiatrist – avoiding up to **36,000 inpatient admissions.**

**A savings opportunity up to \$1.1 billion in healthcare costs.**

### SUBSTANCE ABUSE/BACK PAIN

**11% reduction** in the odds of an opioid drug being dispensed among persons with back pain and **28% reduction** in the odds of an opioid drug being dispensed among persons with back, and podiatric-related pain diagnosis who received services performed by a podiatrist.

**Podiatric services may be associated with a reduction of opioid dispensation for 18,000 people per year.**

The NYSPMA complete white paper is available upon request. For more information or to find a podiatrist in New York State, visit [nyfoothealth.com](http://nyfoothealth.com).

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