

Ultrasound Guided Nerve Block Course

7:30 - 7:45 am Registration

7:45 - 8:45 am Introduction to Nerve Blocks

40-minutes Equipment Medication Consent Block Education Ergonomics and Needle Control

20-minutes Needling Practice/Foundations

50-minutes Lecture: Serratus Anterior, Erector Spinae, TAP

60-minutes Scanning/Block Practice

10:35 am - 12:05 pm Upper Extremity Blocks - Session 1

30-minutes Lecture: Radial, Median, Ulnar, Cervical Plexus

60-minutes Scanning/Block Practice

12:05 - 12:30 pm Working Lunch (Tips & Guided Q&A)

12:30 - 2 pm Upper Extremity Blocks – Session 2

30-minutes Lecture: Interscalene, Supraclavicular, Shoulder PENG (if time allows)

60-minutes Scanning/Block Practice

2:00 - 3:45 pm Lower Extremity Blocks

45-minutes Lecture: FICB, Hip PENG, Popliteal Sciatic, Transgluteal Sciatic, Adductor Canal,

Posterior Tibial (if time allows)

60-minutes Scanning/Block Practice

3:45 - 4:30 pm Content Review, Guided Q&A, Additional Scanning/Block Practice

15-minutes Lecture: Content Review, Guided Q&A

30-minutes Scanning/Block Practice