

A group of people, likely from a traditional African or Caribbean culture, are playing large wooden drums. They are wearing colorful, patterned clothing. The scene is outdoors, with a wooden structure and greenery in the background. The text "Work to A Different Beat" is overlaid on the image in white, bold, sans-serif font.

Work to A Different Beat

WORKMEANINGFUL.COM

@ iWorkMeaningful

A black and white photograph of a person playing a mridangam drum. The person is wearing a dark t-shirt and shorts, and is captured in a dynamic pose with their hands raised. A bright spotlight illuminates the person's hands and the drum, creating a dramatic contrast against the dark background. The drum is a traditional Indian mridangam, and the person is wearing a watch on their left wrist. The overall mood is energetic and focused.

WELCOME

justin
jones-fosu

A smiling man in a dark blue suit and a colorful patterned tie is playing a bongo drum. The drum has the word 'AKIOT' written on it. The background is a plain, light-colored wall.

MY HISTORY

Unleash your Purpose and Productivity
to Get More out of Work and Life.

YOUR WHY

How Some
ACHIEVE MORE
and Others Don't

MATTERS NOW

JUSTIN JONES-FOSU, SR

DIVERSITY and **INCLUSION** is not what you
have to do, but rather **who you choose to be!**

the INCLUSIVE



MINDSET

How to Cultivate **DIVERSITY**
in Your **EVERYDAY LIFE**

JUSTIN JONES-FOSU

How to Have
Difficult
Conversations in
a **Divided World**

I RESPECTFULLY DISAGREE

Justin Jones-Fosu
author of *The Inclusive Mindset*



Here's How to Respectfully Disagree

Because it's an election year, and boy, do we need to hear this.

AP
Associated Press

By Justin Jones-Fosu Published: Apr 26, 2024

SAVE ARTICLE



Thanks for sharing
Can we come back to it another day?
I have never heard it that way
Would you be open to hearing my perspective?
Tell me more

Our editors handpick the products that we feature. We may earn commission from the links on this page.

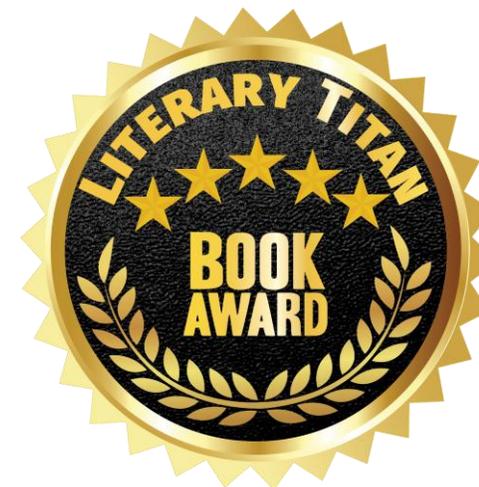
With the presidential election creeping closer and so many issues at stake, entering political discussions can feel like walking into a land mine. We are more divided than



I planned on confronting my absent father about his parenting. But when I asked to hear his side, I learned a powerful

FAST COMPANY

TIME









I'm
Not
READY



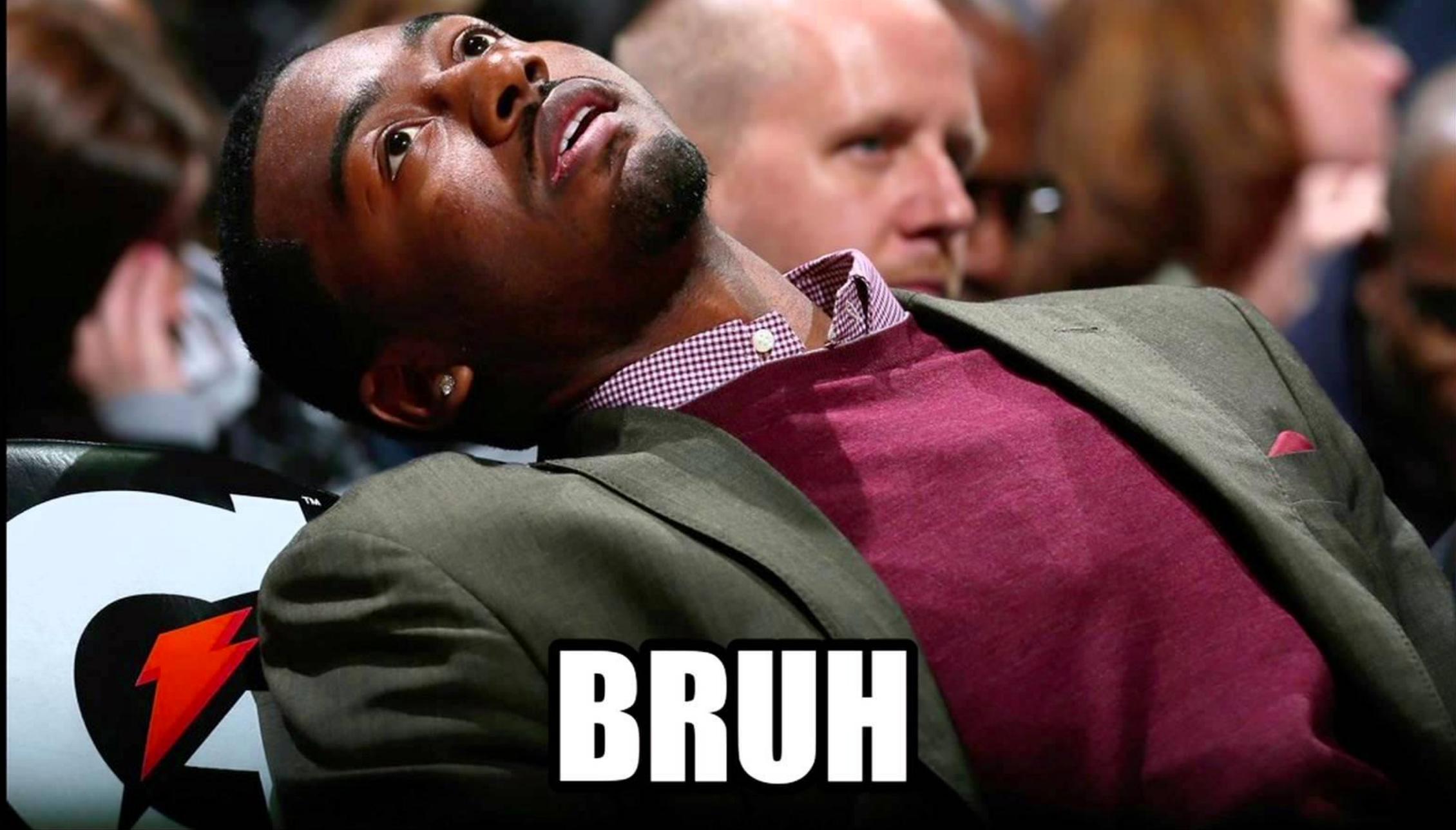


Coming October 2025









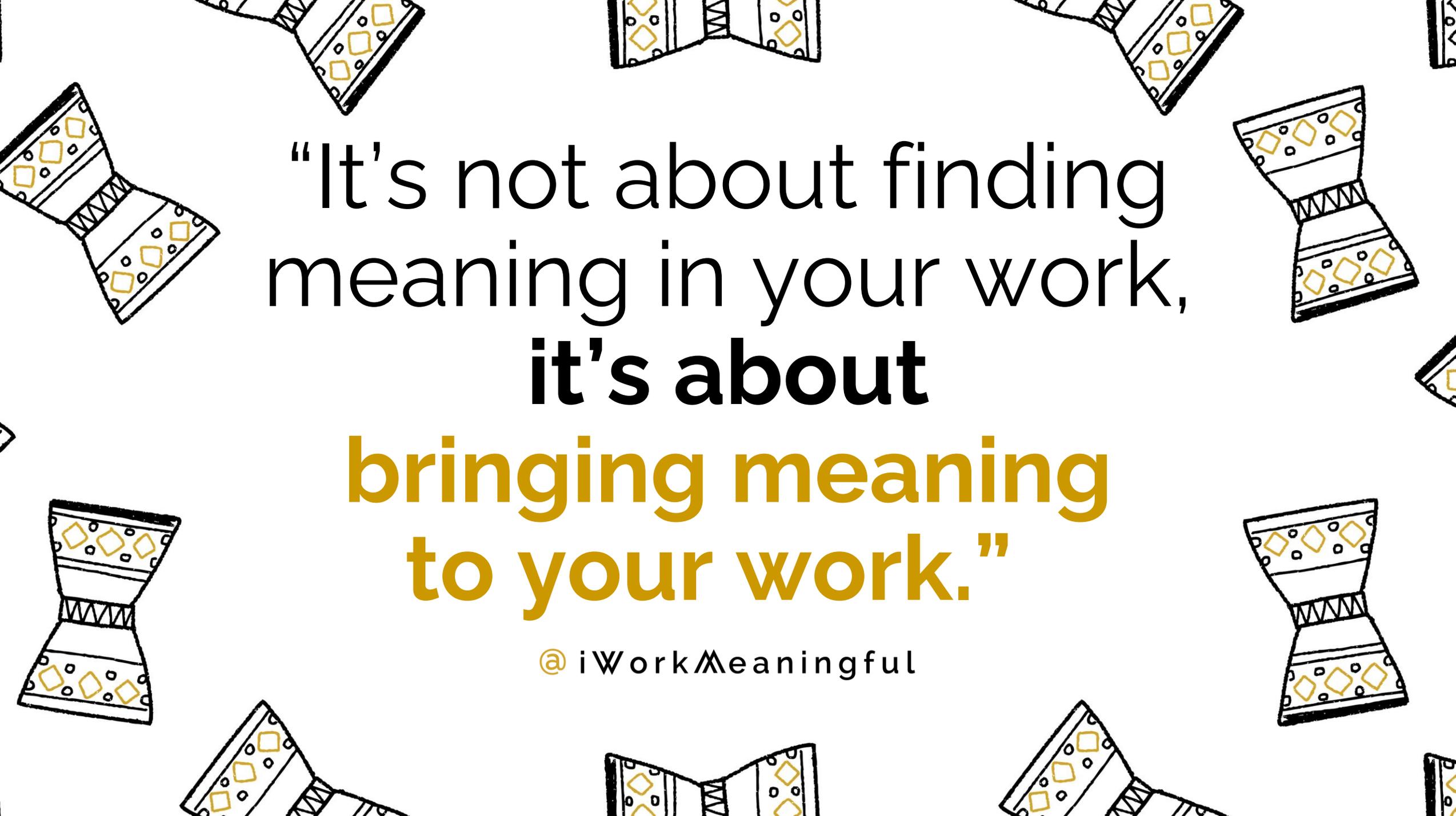
BRUH

An open white door is set in a wall of yellow-painted bricks. The door is open to the left and right, revealing a bright white interior. The text "You can CHOOSE Your BEAT" is centered in the white space. "You can" and "Your" are in black, while "CHOOSE" and "BEAT" are in a bold, yellow, sans-serif font.

You can
CHOOSE
Your
BEAT

The Drum
EXPERIENCE





“It’s not about finding
meaning in your work,
it’s about
bringing meaning
to your work.”

@iWorkMeaningful

What's the

PROBLEM



tsa story

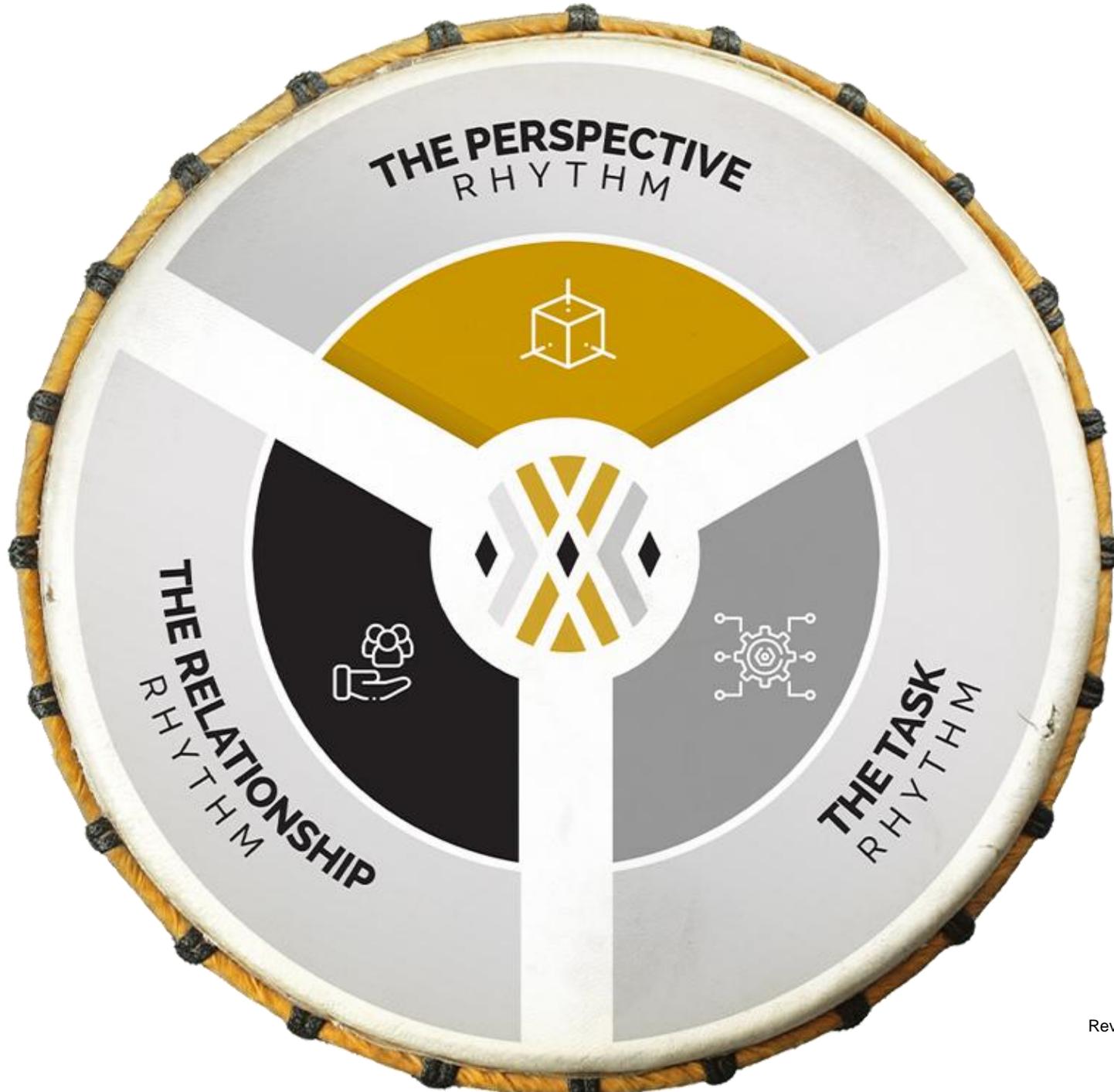
Meaningful Moments





An open white door is set in a wall of yellow-painted bricks. The door is open to the left and right, revealing a bright white interior. The text "You can Get On BEAT" is centered in the white space. "You can" and "On" are in black, while "Get" and "BEAT" are in yellow. The floor is a light grey concrete.

You can
Get
On
BEAT



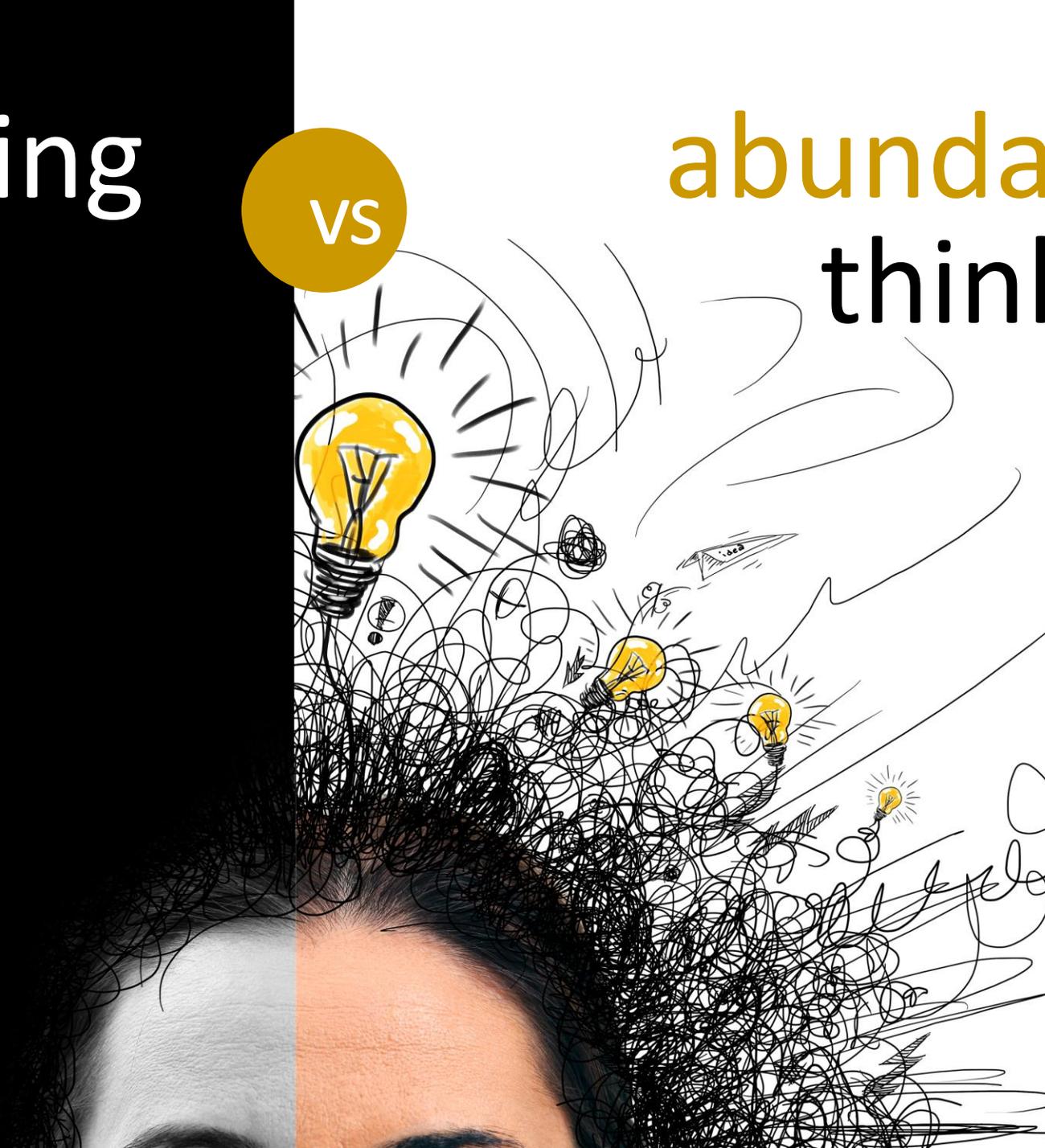
THE PERSPECTIVE
RHYTHM



deficit thinking

vs

abundance
thinking



HALF
empty



HALF
full

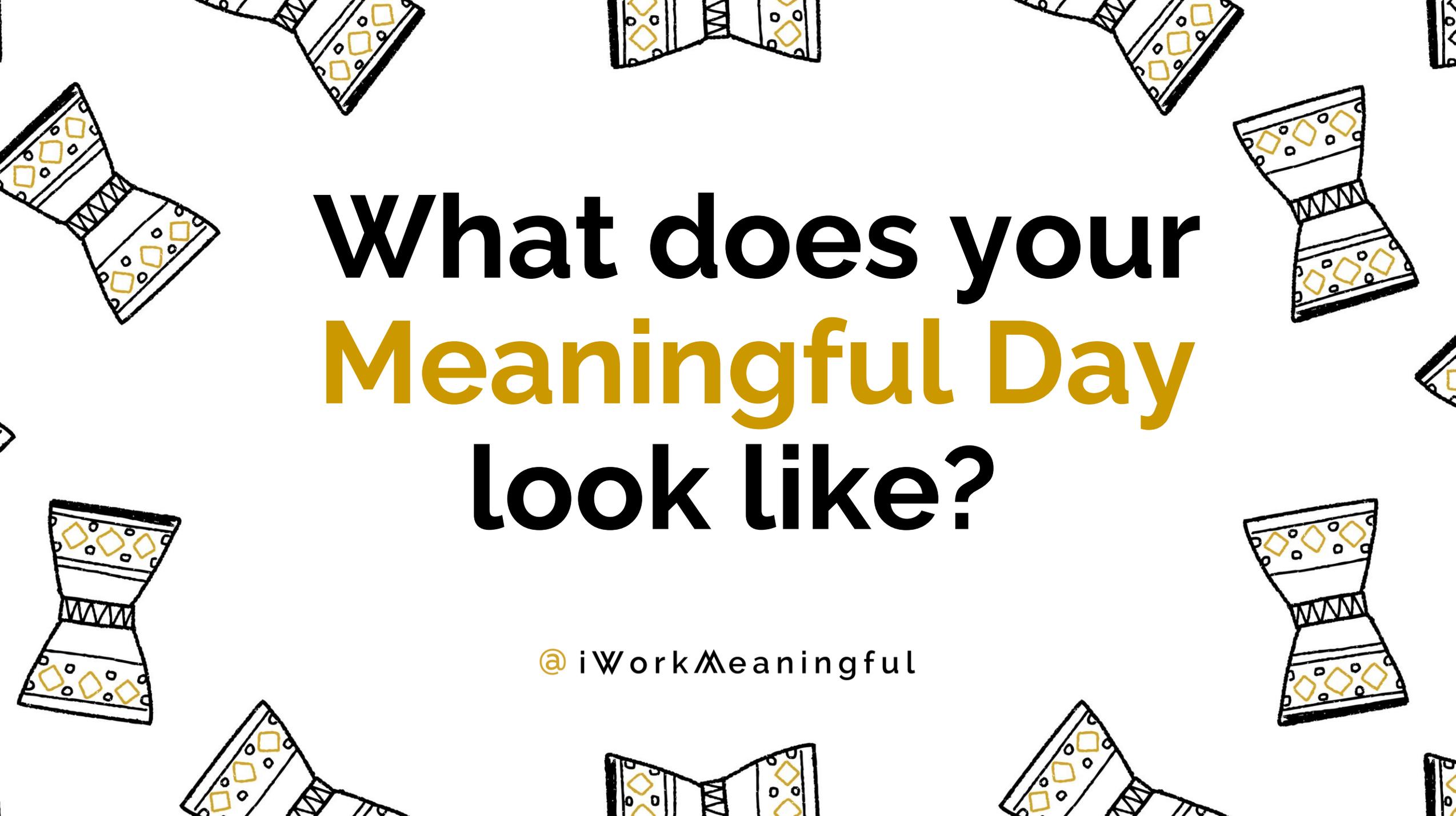


Fill
THE
GLASS



THE TASK
RHYTHM





What does your Meaningful Day look like?

@ iWorkMeaningful

The background features several hand-drawn hourglass icons scattered around the central text. Each hourglass is outlined in black and has a central neck. The top and bottom chambers of the hourglasses are decorated with patterns of small black dots and larger yellow diamonds. The hourglasses are oriented in various directions, some upright and some inverted.

Perspective Personal Professional People

@ iWorkMeaningful



2

5SC

@ iWork Meaningful



5SC²

1 Daily

1 Weekly

1 Monthly

1 Quarterly

1 Yearly

@ iWorkMeaningful



5SC²

1 Daily

Fitness

1 Weekly

Appreciation

1 Monthly

Massage

1 Quarterly

Domestic Hike

1 Yearly

International Trek

@ iWorkMeaningful

2021



MOUNT KILIMANJARO

CONGRATULATIONS
YOU ARE NOW AT

UHURU PEAK TANZANIA, 5895M AMSL

- AFRICA'S HIGHEST POINT
- WORLD'S HIGHEST FREE STANDING MOUNTAIN

- ONE OF WORLD'S LARGEST VOLCANOES
- WORLD HERITAGE AND CENTER OF AFRICA



2022



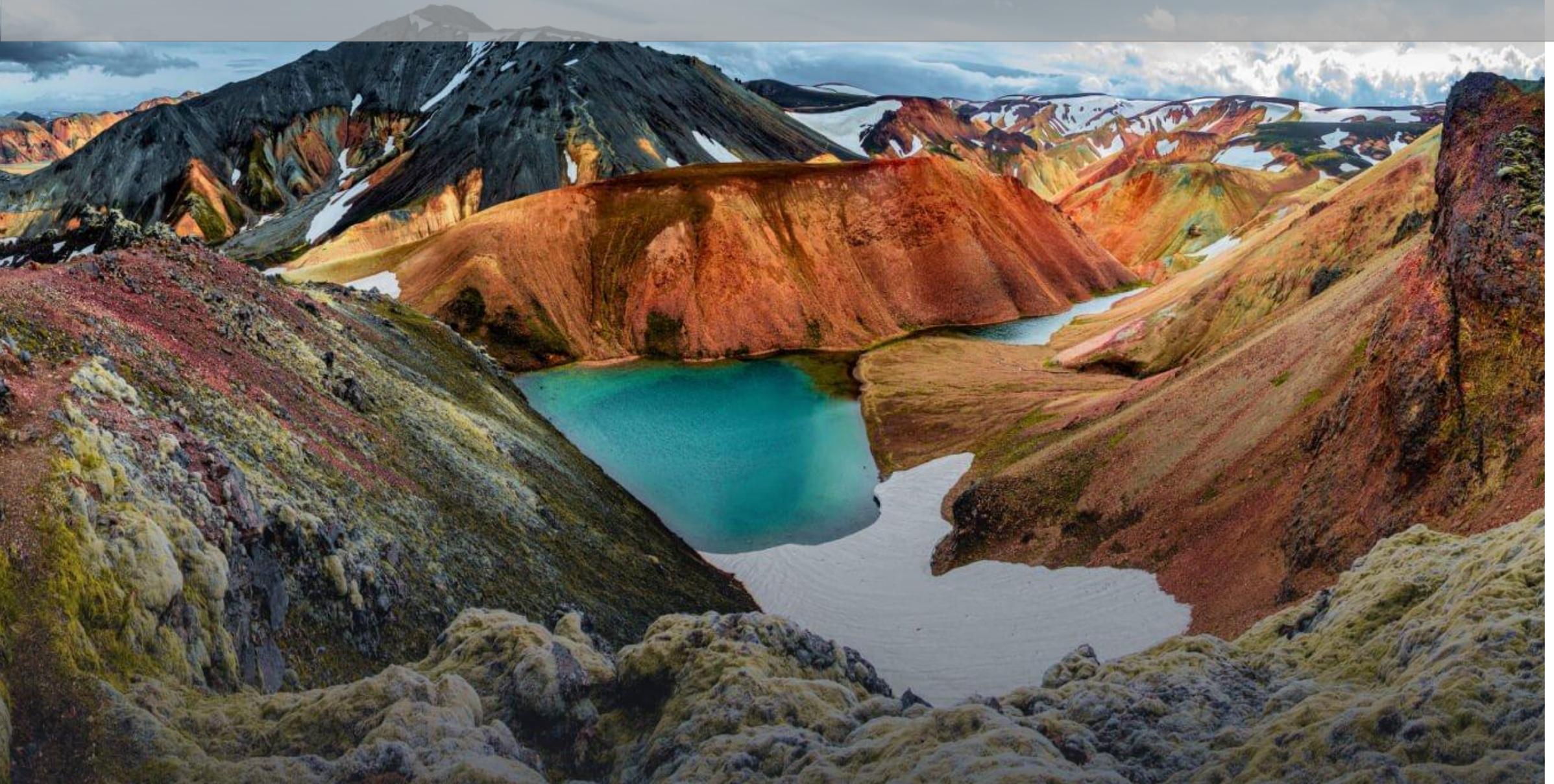


2023

2024



Iceland 2025



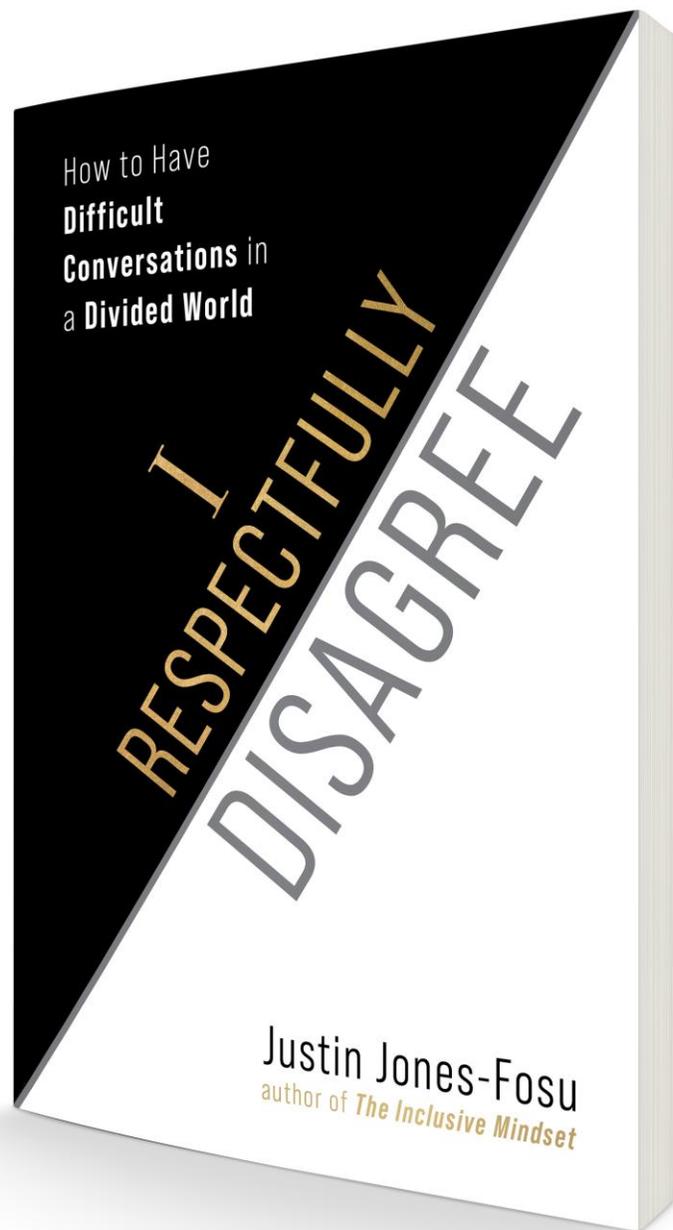
THE RELATIONSHIP
RHYTHM











We can vehemently disagree with someone's ideology, and yet passionately pursue their humanity

HowToRespectfullyDisagree.com

The 5 Pillars

of Bridging the Divide

YOU

THEM



HowToRespectfullyDisagree.com



The **Disagreement** Divide

The 5 Pillars

of Bridging the Divide

1

YOU

**CHALLENGE YOUR
PERSPECTIVE**

Position yourself to actively seek out alternative viewpoints and question long held assumptions for more humanization

THEM

HowToRespectfullyDisagree.com

The Disagreement Divide

The 5 Pillars

of Bridging the Divide

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2

**BE THE
STUDENT**

Focus on learning and not lecturing by adopting a mindset of constant learning and personal growth.

YOU

THEM

[HowToRespectfullyDisagree.com](https://www.HowToRespectfullyDisagree.com)

← **The Disagreement Divide** →

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**CULTIVATE YOUR
CURIOSITY**

Fill in the gaps with curiosity and not conclusions by asking meaningful questions and exploring the unknown

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4

SEEK THE GRAY

Search for the gray within the black and white to create better dialogue in a nuanced and ambiguous world

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THEM

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5

AGREE TO RESPECT

Formulate and act on your plan to respect and not harm others in order to build a bridge of deeper understanding

YOU

THEM

HowToRespectfullyDisagree.com

← **The Disagreement Divide** →

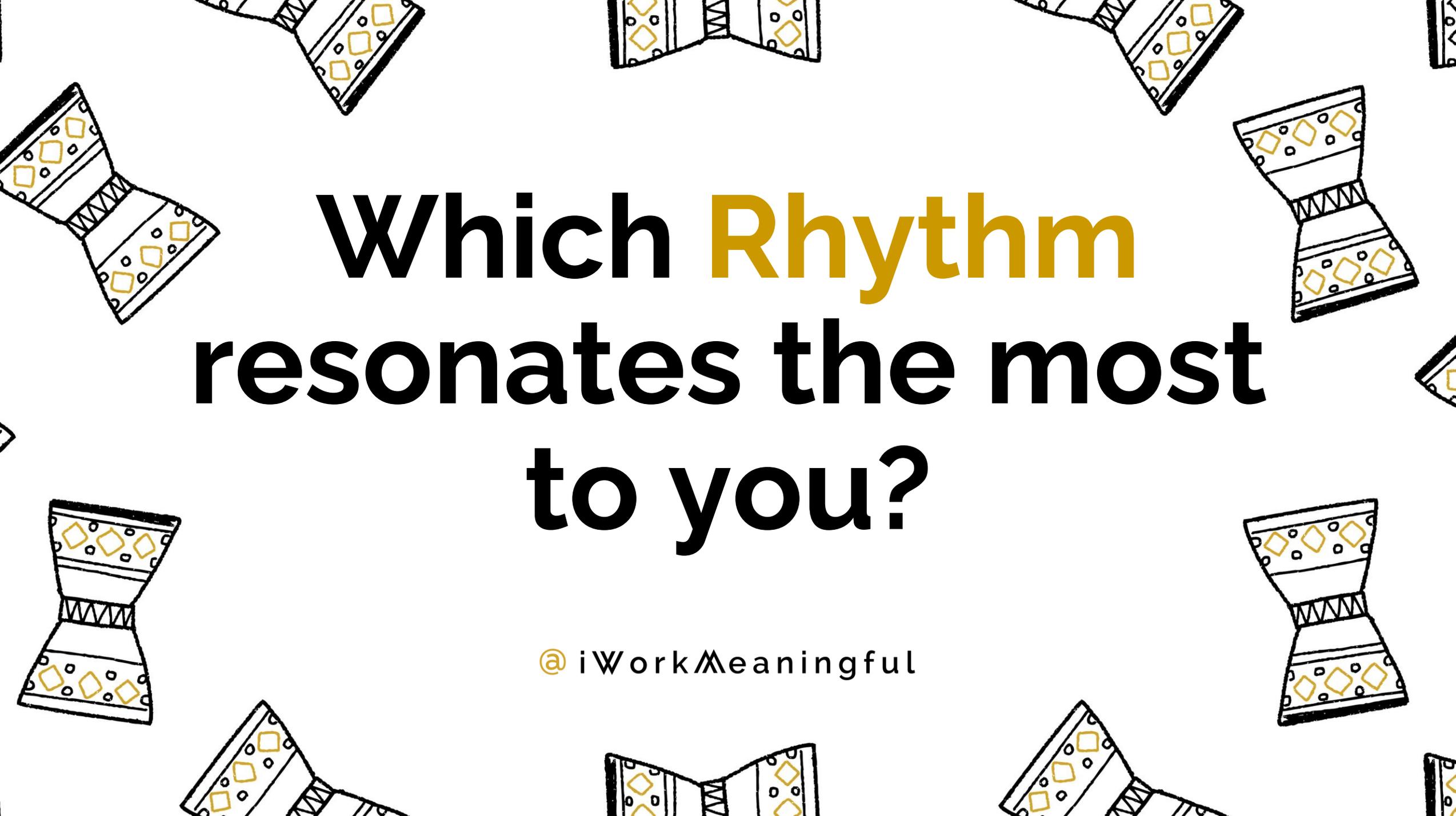
3FA



Full Acknowledgment = Full Agreement

Thank You,
Because

Even when we are close-
minded, we should always
be open-hearted



Which **Rhythm** resonates the most to you?

@ iWorkMeaningful



An open white door is set in a wall of yellow-painted bricks. The door is open to a bright white space. The text 'You can Rock Your BEAT' is centered in the white space. 'You can' and 'Your' are in black, while 'Rock' and 'BEAT' are in yellow. The floor is a light grey concrete.

You can
Rock
Your
BEAT

DDL



Extravagant Appreciation

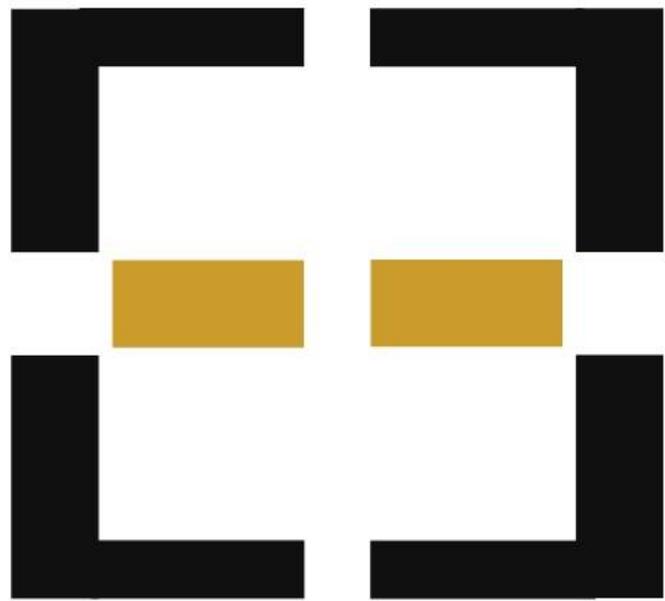
EXPERIENCE



WORK.MEANINGFUL.
WITH JUSTIN JOHNSON

Extravagant Appreciation
EXPERIENCE

#EXTRAVAGANTAPPRECIATION



WORK
MEANINGFUL
FOUNDATION















JUSTIN / B2

JUSTIN / B2-17



 **WORK MEANINGFUL.**

DATE August 3rd, 2022

001

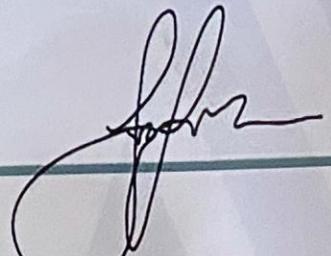
PAY TO THE ORDER OF Akyeremade D/A KG, Primary And JHS

\$ 5000

Five Thousand Dollars

FOR Meaningful Moments

AUTHORIZED SIGNATURE





Water Project
DONATED TO THE SCHOOLS
BY
JUSTIN JONES FOSU
(WORK MEANINGFUL MOMENT, U.S.A)
ON
11TH JANUARY, 2023





a very very
1929

class

Pokvan Abigail B.S.

CLASS 4B

PEE
5
8

January 2023



March 2025



WorkMeaningfulFoundation.Org



REMEMBER TO ALSO

LIVE TO A
DIFFERENT
BEAT

STAY CONNECTED

Justin @ workmeaningful.com

@ iWorkMeaningful





WORK.MEANINGFUL.
WITH JUSTIN JONES-FOSU

WORK TO A DIFFERENT BEAT



WORKMEANINGFUL.COM

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