



Case Western Reserve University and
Louis Stokes Cleveland
Department of Veterans Affairs Medical Center

PRESENTS

Current Challenges in Pain Management: Converging Data and Best Practices

Sponsored
by



SCHOOL OF MEDICINE
CASE WESTERN RESERVE
UNIVERSITY

April 28-29, 2016

Jointly offered by:

- Case Western Reserve University School of Medicine
- Cleveland Clinic Foundation Pain Management Center and Primary Care

***Location: Double Tree by Hilton,
6200 Quarry Lane Independence, OH 44131***



www.ClevelandPainConference.com

Meeting Objectives:

At the conclusion of this activity, the participant should be better able to:

1. Recognize chronic pain management challenges in primary care and pain management settings
2. Describe "best practices" in chronic opioids management and complex spine conditions
3. Identify the biopsychosocial model of care and complementary and alternative modalities

Meeting Co-Chairs

- Ali Mchaourab, MD
- Ankit Maheshwari, MD

Educational Committee

- Richard Rosenquist, MD
- Rollin (Mac) M. Gallagher, MD, MPH
- Daniel Sullivan MD, FACP
- Scott Ober, MD, MBA
- Cynthia Van Keuren, Psy.D
- Elias Veizi, MD, Ph.D

General Information

Fees cover continental breakfasts, refreshment breaks, and lunch on April 28, 2016	
On or Before March 11, 2016	\$165
After March 11, 2016	\$195
Fellow*/Resident*/Student*	\$110
*Letter from program director is required to receive the discounted fee. If letter is not received two weeks prior to the activity, the full physician fee will be charged	

AGENDA DAY 1

- 7:30 - 8:00a Registration / Breakfast (provided)
8:00 - 8:30 Introductory Talk: Challenges in Pain Management . Richard Rosenquist, MD
8:30 - 9:00 National Pain Strategy Robert Kerns PhD.
9:00 - 9:30 Step Care Model in Pain Management Mac Gallagher MD MPH
9:30 - 10:00 Break

Opioids: Practical Considerations Session Director: Ali Mchaourab, MD

- 10:00 - 10:30 Literature Review On Chronic Opioids Therapy for Non-Cancer Pain Binit Shah, MD
10:30 - 11:00 Risk Management: OARRS, Urine Screen & Monitoring . Cdr. Steven Hanling MD
11:00 - 11:30 Adjuvant Analgesics Binit Shah MD
11:30 - 12:00p Impact of Education and Training on Opioid Utilization in Primary Care . Ali Mchaourab, MD

Lunch with Guest Speaker

- 12:00 - 1:00 *Pain and Prejudice* "Dr. Devi" (Devi Nampiarampil MD)

Psychological and Behavioral Aspects of Pain. . . Session Director: Cynthia Van Keuren, PsyD

- 1:00 - 1:45 Cognitive Behavioral Therapy for Chronic Pain Jennifer Murphy, PhD
1:45 - 2:30 Biopsychosocial Model of Pain: A Shifting Philosophy . Judith Scheman, PhD
2:30 - 2:45 Self-Management of Chronic Pain Wesley P Gilliam, PhD
2:45 - 3:00 Break
3:00 - 3:45 Somatoform Disorder Jeffery Janata, PhD
3:45 - 4:30 How to Handle the Difficult Patient Andrew Cook, PhD

Adjourn

AGENDA DAY 2

- 7:00 - 7:30a Breakfast (provided)

Low Back Pain. Session Director: Elias Veizi, MD PhD

- 7:30 - 8:15 Lumbar Spondylosis and Aging of the Spine Ali Mchaourab, MD
8:15 - 8:45 Interventional Treatments for Low Back Conditions Elias Veizi MD, PhD
8:45 - 9:15 Spinal Cord Stimulation for Failed Back Syndrome Sean Nagel, MD
9:15 - 10:00 Spine Surgery for Lumbar Conditions Christopher Furey, MD
10:00 - 10:30 Break

Complementary and alternative Techniques. . Session Director: Rick Battaglia DC

- 10:30 - 11:00 Acupuncture for chronic pain Ellen WK Rosenquist, MD
11:00 - 11:30 Chiropractic Treatment of Low Back Pain Anthony (Rick) Battaglia, DC
11:30 - 12:00p Yoga for chronic back pain Erik Groessl, PhD
Dismissal Ali Mchaourab, MD

Registration Information:

Register online at www.ClevelandPainConference.com

Hotel Accommodations

A limited block of rooms has been reserved at the Double Tree Independence Hotel until 5:00pm ET Wednesday, April 6, 2016 for a special rate of \$109.00, plus tax. To make your reservations, please utilize the link provided at www.ClevelandPainConference.com or go to www.clevelandsouth.doubletree.com, select an arrival date on/after 4-27-16, select a departure date on/before 4-29-16, click "Add special rate codes," and enter "VET" under the Group code.

CME

Accreditation and Credit Designation Statements

Case Western Reserve University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Case Western Reserve University School of Medicine designates this live activity for a maximum of 12.25 AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Further Information

www.ClevelandPainConference.com

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