

WHY DID MY DOCTOR PRESCRIBE THE LIFEVEST?

Your doctor has prescribed the LifeVest because you are at risk of dying suddenly. Your current condition puts you at high risk of sudden death; this means you could develop a life-threatening heart rhythm, also known as sudden cardiac arrest. If you suffer from sudden cardiac arrest, you will be unconscious and unable to call for help. The LifeVest will automatically deliver a treatment shock to restore your heart rhythm, wherever you are, with no bystander intervention required.

HOW DOES IT WORK?

The LifeVest is constantly monitoring your heart. If an abnormal heart rhythm is detected, the LifeVest will blare a siren alarm to see if you are conscious. If you are conscious and able to respond, you will press and hold the response buttons on the device to prevent a treatment shock. If your heart goes into a life-threatening heart rhythm, you will be unconscious and will not be able to respond. The LifeVest will then automatically deliver a treatment shock and restore your heart back to its normal rhythm.

WHAT DO I HAVE TO DO?

The LifeVest must be worn at all times, even while you sleep. Sudden death can happen at any time, and it **occurs with no warning**. The only time you should remove your LifeVest is for a short shower or bath.

You will be given two batteries, and every day you will need to exchange one battery while you charge the other.

WHAT IF I GET ALARMS?

If you receive an alarm signaling that you are having a life-threatening heart rhythm, press and hold the response buttons on the device. If you get other alerts or messages, look at the display and follow the indicated instructions.

If you do have a sudden cardiac arrest, you will lose consciousness, and will not be able to respond. The device will automatically give you a treatment shock; you won't feel or remember the treatment. Call your doctor after you regain consciousness.

WHY CAN'T I JUST CALL 911?

Sudden cardiac arrest does not give any warning. If you have a sudden cardiac arrest event, you will immediately become unconscious, and not have time to call for help. Even if there is a witness for your sudden cardiac arrest, you will need an immediate treatment shock to restore your heart rhythm. For each minute your heart is in cardiac arrest, your chance of survival decreases by 10 percent. With the LifeVest, you will receive a defibrillation shock within about a minute after the cardiac arrest is detected by the LifeVest.



HOW MUCH WILL MY LIFESTYLE CHANGE BY WEARING THE LIFEVEST?

The LifeVest was designed to allow patients to return to their normal activities. Patients return to work, hobbies, moderate exercise, and other activities of daily living with the LifeVest. You will have to remove the LifeVest when showering or bathing, but otherwise, you should wear it all the time. Since your LifeVest is worn under your clothing, most people won't even notice you have it on.

HOW LONG WILL I WEAR THE LIFEVEST?

The length of time you need to wear the LifeVest is specific to your situation and should be discussed with your doctor. The LifeVest is intended to be worn while you are at high risk of sudden death. Most people will wear the LifeVest temporarily until their condition improves or until a permanent course of treatment is indicated.

HOW DO I PAY FOR THIS DEVICE?

The LifeVest is covered by most health plans in the United States, including commercial, state, and federal plans. You should contact your insurance company for any questions about your specific coverage situation. In addition, ZOLL's customer service specialists are available to provide assistance.

ZOLL LifeVest®

Please feel free to contact **ZOLL** customer service toll-free, 24 hours a day, at **800.543.3267** with any questions.

WHAT IS THE LIFEVEST?

The LifeVest® wearable defibrillator is worn by patients who are at risk for sudden death. The LifeVest provides protection during changing conditions and while permanent risk is being established. The LifeVest allows a patient's physician time to assess their long-term risk for sudden death and make appropriate plans. The LifeVest is lightweight and easy to wear, allowing patients to return to their activities of daily living, while having the peace of mind that they are protected from sudden death. The LifeVest is non-invasive and continuously monitors the patient's heart. If a life-threatening heart rhythm is detected, the device delivers a treatment shock to restore normal heart rhythm. The LifeVest is automatic and does not require bystander intervention. The LifeVest has a 98 percent first treatment shock success rate for resuscitating patients from sudden cardiac arrest.



Contact **ZOLL**
24-hours a day, 7 days a week



For LifeVest customer support, technical support, or medical orders please call **800.543.3267**



LifeVest medical orders and supporting documentation can be faxed to **866.567.7615**



For more LifeVest information, please visit **www.zoll.com** or email **LifeVest.Info@zoll.com**

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A NEW THERAPY IN THE CONTINUUM OF CARE FOR PATIENTS AT RISK OF SUDDEN CARDIAC ARREST

Information for Patients



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