



Tending the Flame™ Retreat & Training Workshop

Join us for a 2.5 day retreat and training workshop on personal and professional resilience for clinicians and healthcare paraprofessionals.

[More about the Tending the Flame Retreat & Training Workshop](#)



When:

April 4-6, 2025

Retreat: Friday and Saturday, 9:30 am-5:30 pm

Training: Sunday, 9:30 am-12:30 pm



Where:

[Nationwide Hotel and Conference Center](#)

100 Green Meadows Dr. South

Lewis Center, OH 43035



Who:

- Residency directors or medical educators
- Clinicians spearheading Physician and/or Nurse Well-Being Programs, or Well-Being Committees in hospitals, healthcare systems, group practices, or other healthcare organizations
- Educators in Veterinarian Well-Being Programs or Committees in veterinary health systems
- Residents or Fellows involved in Well-Being Programs or Clinician Well-Being Committees



Cost:

Clinicians:

\$1800 (Retreat and training)

\$1500 (Retreat only)

Graduate Program Learners:

\$875 (Retreat only. No training.)

Cost includes breakfast and lunch daily (does not include lodging and evening meals).

Tending the Flame is a 2 ½ day retreat and training workshop that draws on the award-winning discovery model methods of the Remen Institute for the Study of Health and Illness (RISHI), offering nourishment and self-care for healthcare professionals. In community, we will explore the meaning of our work and create opportunities for healing in this challenging time in healthcare.

What Attendees Are Saying:

- **"Helpful, insightful, and well put together."**
- **"Reflective, valuable, empowering."**
- **"This weekend has helped me integrate, so I may bring more of myself."**
- **"I feel rejuvenated, renewed, and feel compelled to share this with others."**

Join Evangeline Andarsio, MD, RISHI Director and Alyssa McManamon, MD, Assistant Director of RISHI's Tending the Flame to:

- Awaken the experience of respite and peace.
- Explore using reflection, experiential exercises, symbolism, narrative, journaling, generous listening, and small group sharing.
- Enhance compassion and resiliency using self-care tools.
- Provide compassionate support of a professional community.
- Teach you how to bring a Finding Meaning Group and/or Tending the Flame Program to your healthcare community (*optional/applies only to Sunday training participants*).

APPLY HERE!



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For more information, please contact Becky Johnson at 326-222-3579 or
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