

COVID-19 Information for Employers and Employees

Employee Screening for COVID-19

To help protect the public against the spread of COVID-19, it is strongly recommended that all employees perform a daily symptom assessment each day before work.

- All employees who are able to work from home should be working from home.
- For those employees who must report: take your temperature with a thermometer each day. If you have a fever at or above 100.4 degrees Fahrenheit, stay home. Also monitor for other symptoms of COVID-19, including coughing, shortness of breath, difficulty breathing chills, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea, and stay home if they occur.
- Call a doctor or use telemedicine if your symptoms concern you.
- If COVID-19 is confirmed or suspected, employees can return to work when they meet the following criteria updated by the Centers for Disease Control and prevention on July 17, 2020.
 - Employees with symptoms who have not been tested (or are waiting for test results) should stay home until:
 - A least 24 hours have passed since there has been no fever without use of fever-reducing medications AND other symptoms have improved AND at least 10 days have passed since the onset of symptoms. (People who are severely immunocompromised should consult with a healthcare provider to determine if a longer timeframe may be recommended.)
 - Employees with symptoms who have lab-confirmed COVID-19 should stay home until:
 - PREFERRED STRATEGY: At least 24 hours have passed since there has been no fever without use of fever-reducing medications AND other symptoms have improved AND at least 10 days have passed since the onset of symptoms. (People who are severely immunocompromised should consult with a healthcare provider to determine if a longer timeframe may be recommended.)
 - ALTERNATE STRATEGY: There is no fever without use of fever-reducing

medications AND improvement in symptoms AND there are negative results (showing no COVID-19) on at least two consecutive lab tests of respiratory specimens collected at least 24 hours apart.

- Employees without symptoms who have lab-confirmed COVID-19 should stay home until:
 - PREFERRED STRATEGY: At least 10 days have passed since the date of their first positive test. (People who are severely immunocompromised should consult with a healthcare provider to determine if a longer timeframe may be recommended.) However, if they develop symptoms in that time period, they should revert to the criteria for employees with symptoms (above).
 - ALTERNATE STRATEGY: There are negative results (showing no COVID-19) on at least two consecutive lab tests of respiratory specimens collected at least 24 hours apart.
- Follow the manufacturer's directions for disinfecting thermometers.
 - If no directions are available, rinse the tip of the thermometer in cold water, clean it with alcohol or alcohol swabs, and then rinse it again.
- If you cannot find a thermometer, monitor for other symptoms of COVID-19, including cough, shortness of breath, chills, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea.
 - If you do not have symptoms and HAVE NOT been exposed to someone with confirmed COVID-19, proceed to work.
 - If you do not have symptoms and HAVE been exposed to someone with confirmed COVID-19, stay home for 14 days from the time you were last exposed and continue to monitor for symptoms.
 - If you do have symptoms, stay home from work until you meet the above criteria.
 - If you do have symptoms, but have a known cause (asthma, COPD, chronic sinusitis, etc.) and HAVE NOT been exposed to someone with confirmed COVID-19, consult with your healthcare provider about any new or worsening symptoms before proceeding to work.
 - If you do have symptoms, but have a known cause (asthma, COPD, chronic sinusitis, etc.) and HAVE been exposed to someone with confirmed COVID-19, consult with your healthcare provider about any new or worsening symptoms and stay home for 14 days from the time you were last exposed.
- If at any time a doctor confirms the cause of a fever or other symptoms is not COVID-19

and approves an employee's return to work, then the employee can return.

- Please remember to continue to follow preventative measures no matter how many employees are in the workplace — practice physical distancing, stay home when sick, use cough and sneeze etiquette, and practice hand hygiene as often as possible. Disinfect all high-touch surfaces regularly.

Updated Aug. 3, 2020.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

Additional Resources:

How to take your temperature from the Cleveland Clinic: <https://my.clevelandclinic.org/health/articles/9959-thermometers-how-to-take-your-temperature>.

CORONAVIRUS DISEASE 2019



Department of Health

Protect yourself and others from COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME EXCEPT FOR WORK AND OTHER NEEDS



WEAR A FACE COVERING WHEN GOING OUT



PRACTICE SOCIAL DISTANCING OF AT LEAST 6 FEET FROM OTHERS



SHOP AT NON-PEAK HOURS



WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN



DON'T WORK WHEN SICK



CALL BEFORE VISITING YOUR DOCTOR

For more information, visit: coronavirus.ohio.gov