

40th Annual InterCourt Conference



Session 2C: Resilient Optimism: Failing Forward in your Work

Presenters: *Dr. Alexandra Walker*

March 14, 2024
1:15 - 2:45 p.m.



THE SUPREME COURT *of* OHIO
JUDICIAL COLLEGE



RESILIENT OPTIMISM

*Failing Forward
in your Work*

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Dr. Alexandra Walker



“
All too often... young
leaders become
'servants of what is'
rather than
'shapers of what might be'.
”

John Gardner
(1912 - 2003)

Former US
Cabinet Member

HUMAN SERVICE IS HARD WORK



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Discussion

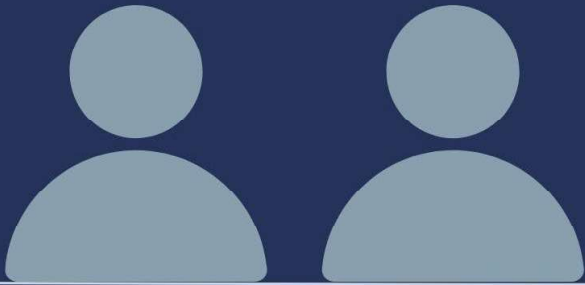


Think back to day one...

What was your WHY?

Your plan?

How is it different today?



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Meet Jerry



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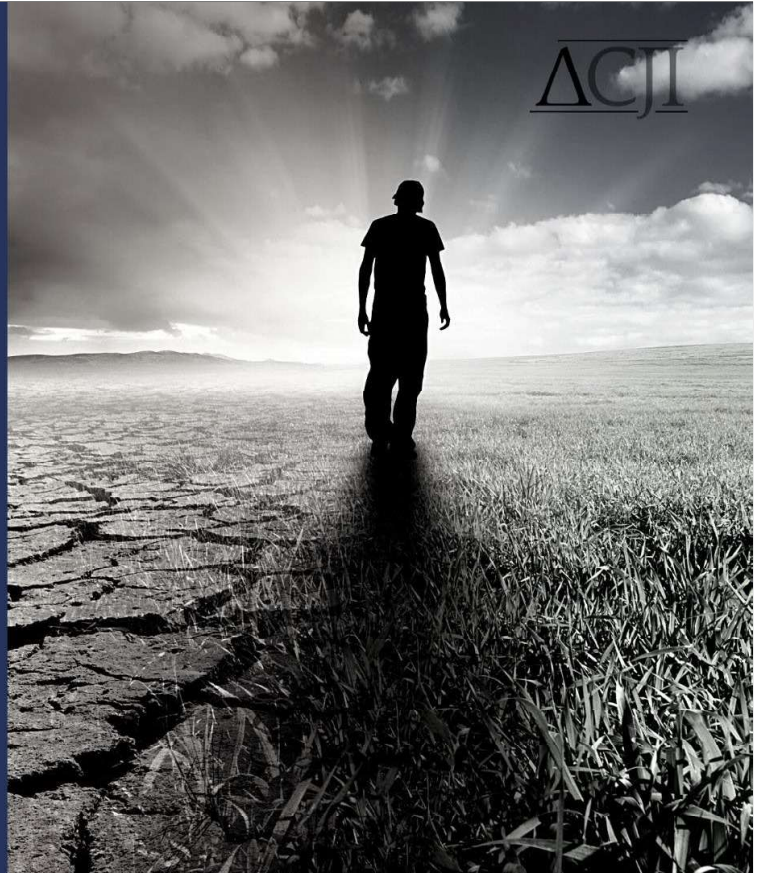


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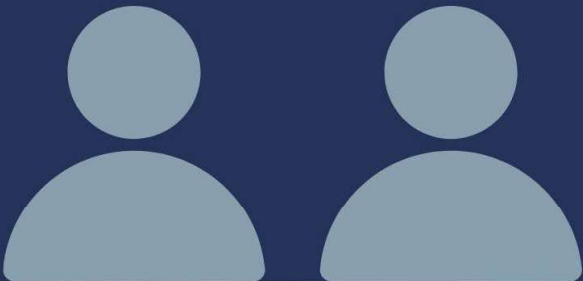


Discussion



We all have a *Jerry* story...

What is *yours*?



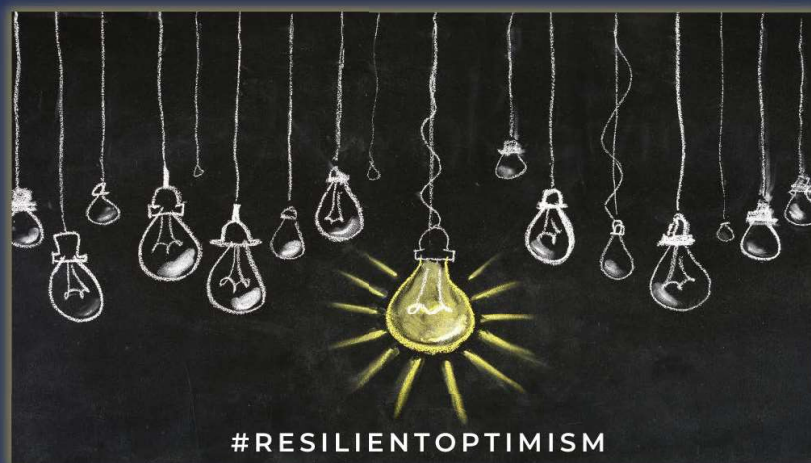
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Resilient *Optimism*



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Plan

Do

Act

Study



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Plan

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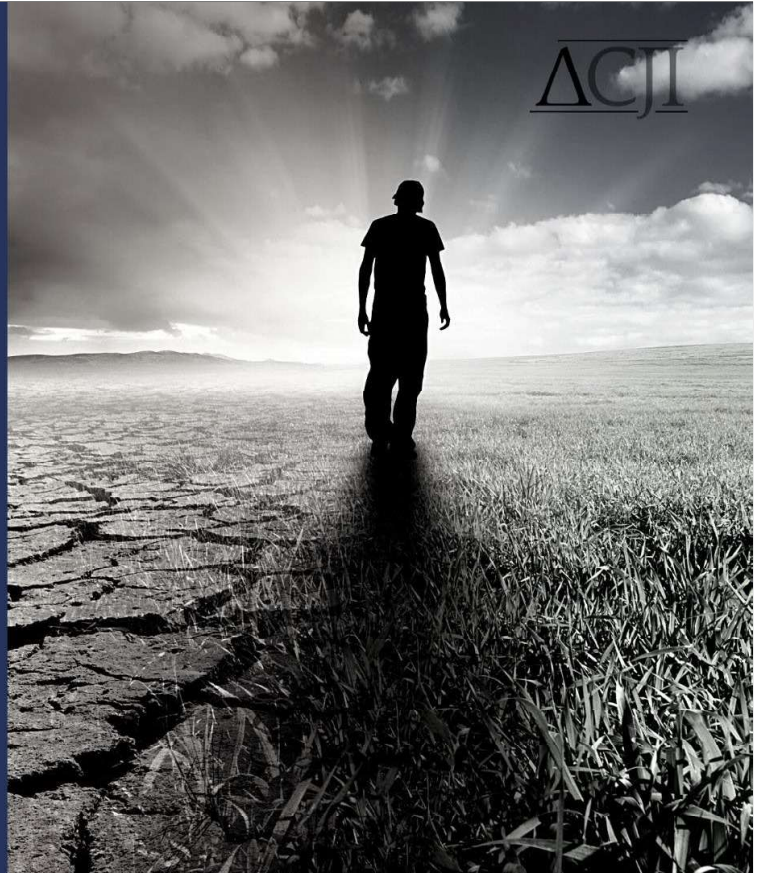


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Resilient Optimism



1

Be intentional about
where you put your focus

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Black & White Thinking

ΔCJI



VUCA



VOLATILE



UNCERTAIN



COMPLEX



AMBIGUOUS

VUCA:

Emotional Side Effects

- Analysis Paralysis
- Anxiety
- Uncertainty
- Fear
- Confusion
- Ambiguity
- Stress
- Exhaustion
- Distraction
- Lack of Control

Resilient

Optimism

A large, stylized number 2 in a light blue, hand-drawn or sketched font, positioned on the left side of the slide.

Connect with others,
especially those with a
different perspective

Applying an Interdisciplinary Approach

- Sociology
- Behavioral Sciences
- Psychology
- Social Work
- Education
- Growth and Development
- Anthropology

Applying an Interdisciplinary Approach

- Sociology
- Behavioral Sciences
- Psychology
- Social Work
- Education
- Growth and Development
- Anthropology
- Medicine - e.g. Neuroscience
- Applied Military Sciences
- Aviation
- Biology
- Business
- Marketing
- Economics
- History

ACJI's 5 Dynamics of Effective Implementation

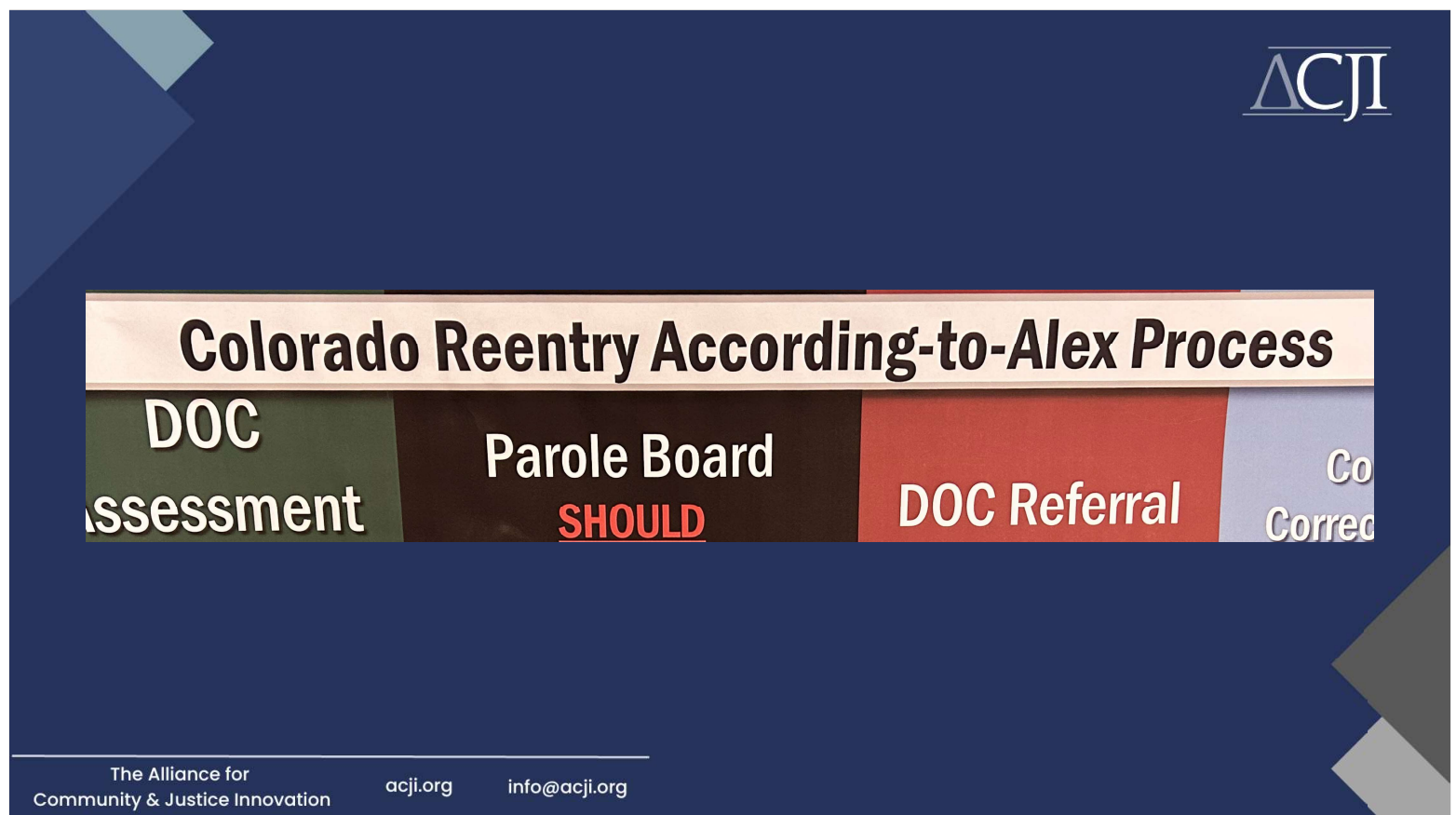
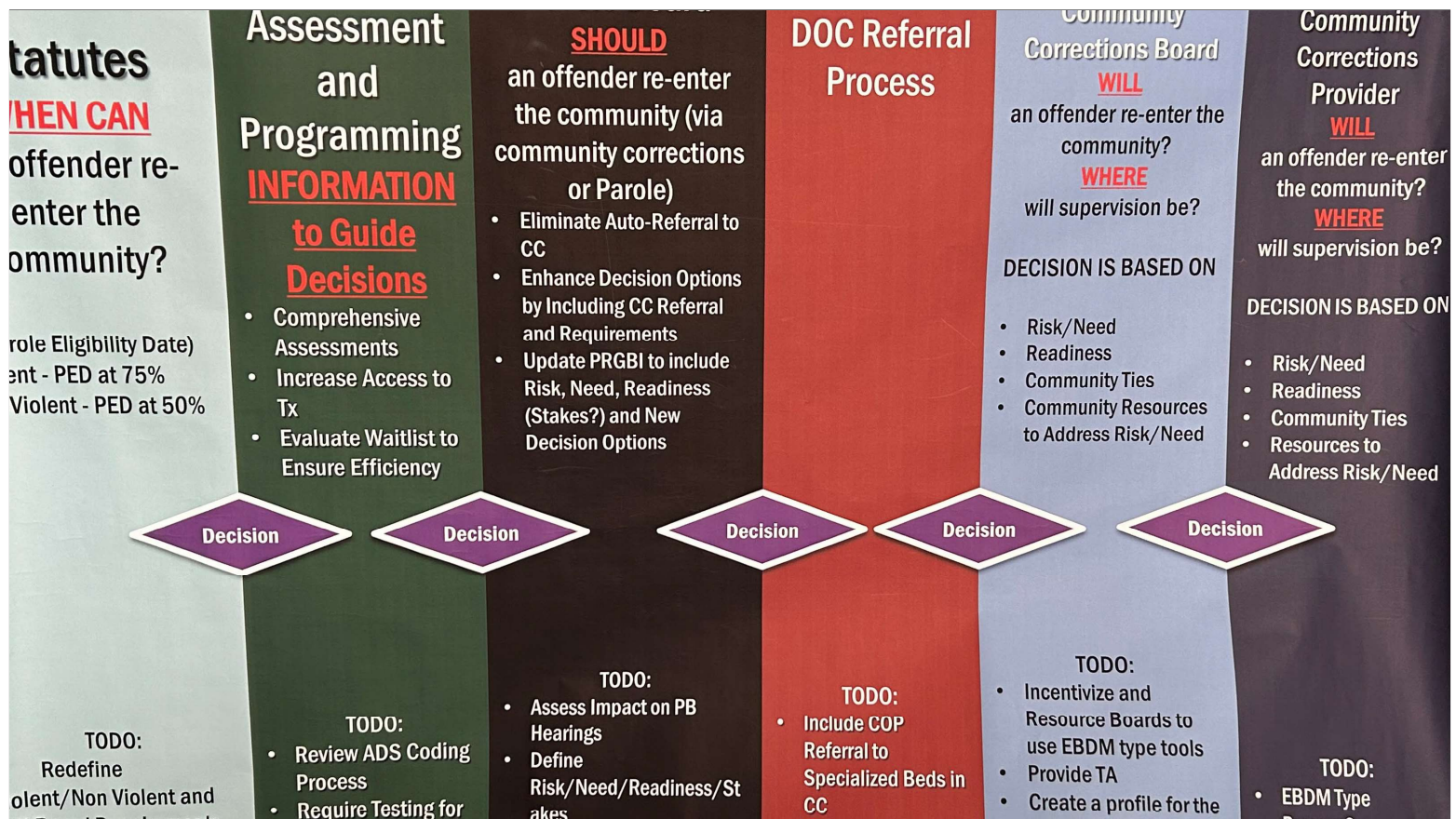


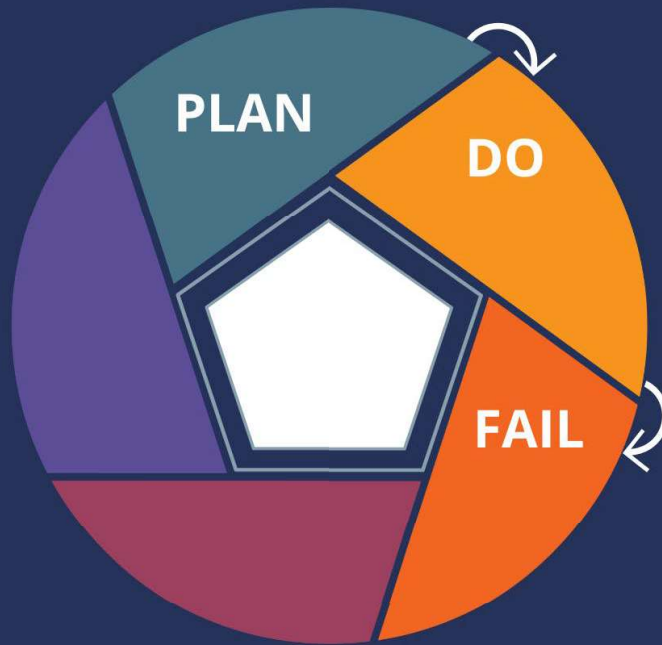
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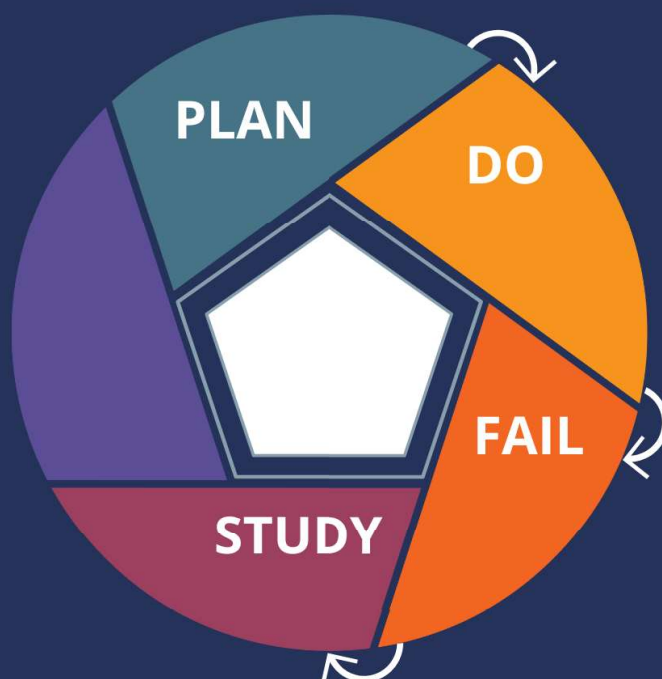
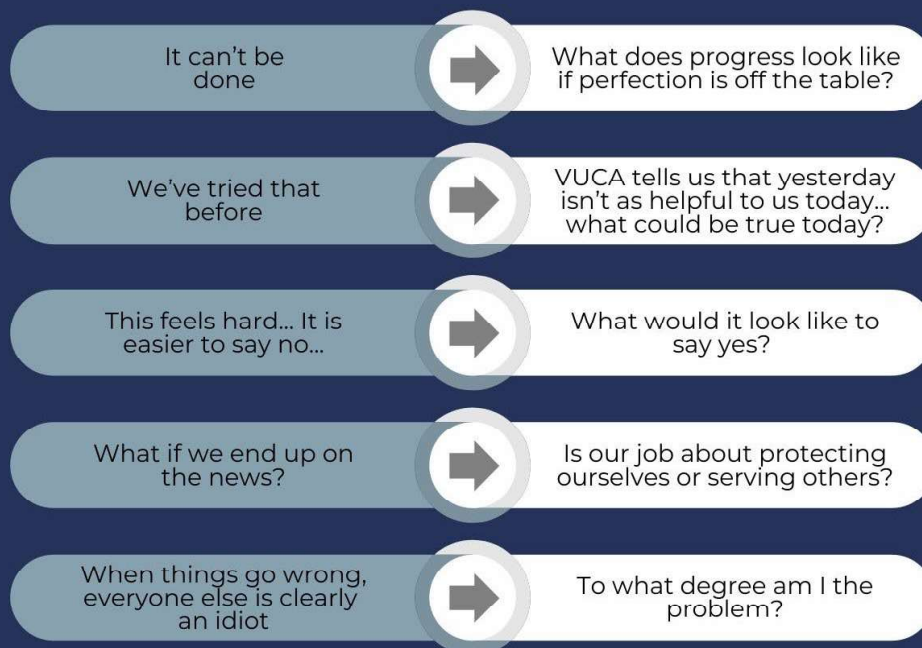


Resilient *Optimism*

3

Address the negative by
looking for opportunities

This vs That

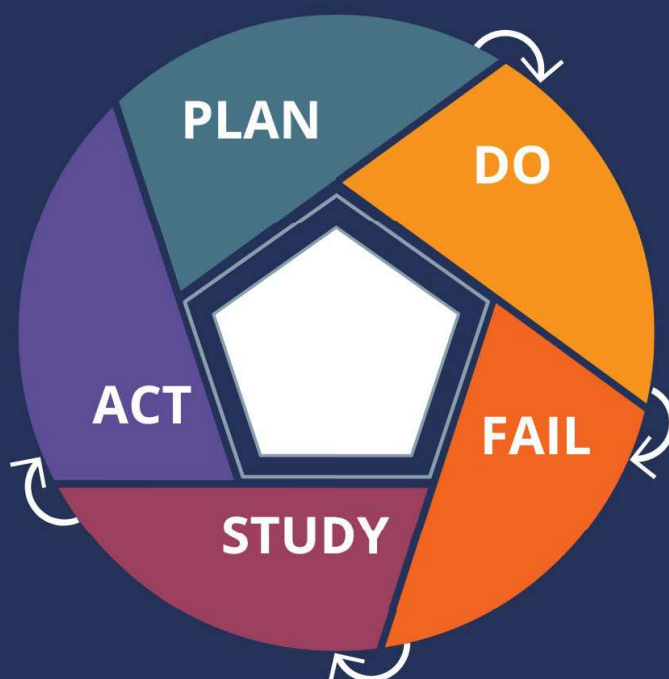


Ask why *FIVE* times

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Old Habits Die Hard

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#FAILFORWARDFAILOFTEN

FAILING FORWARD



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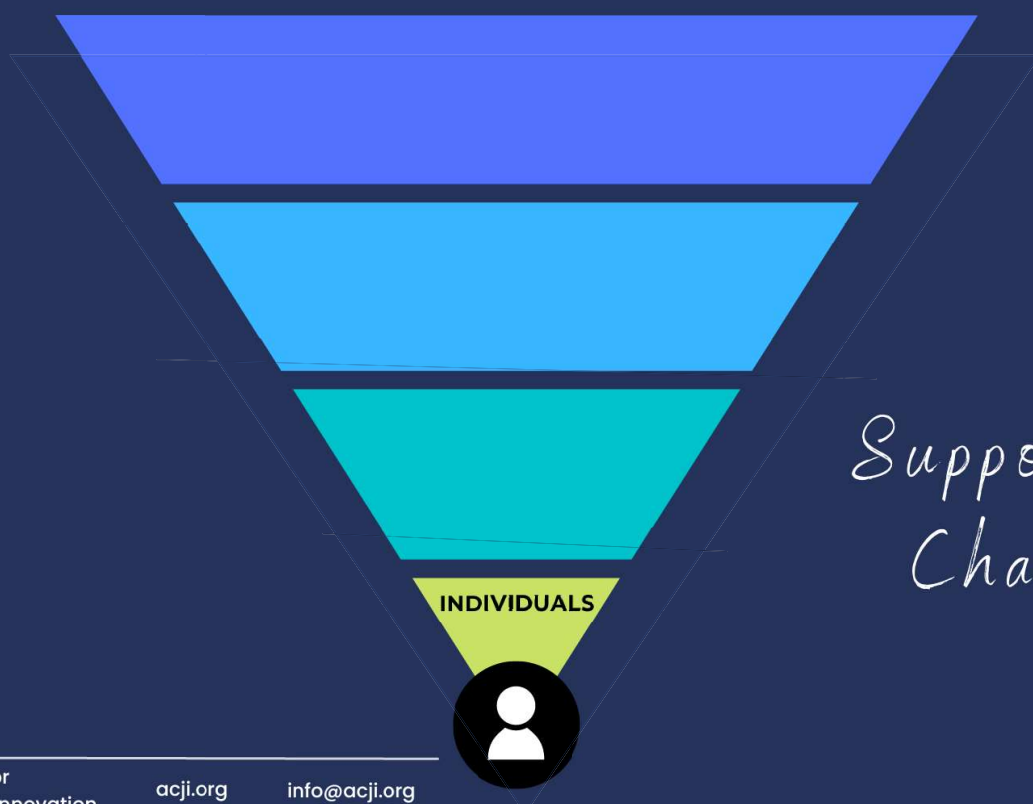
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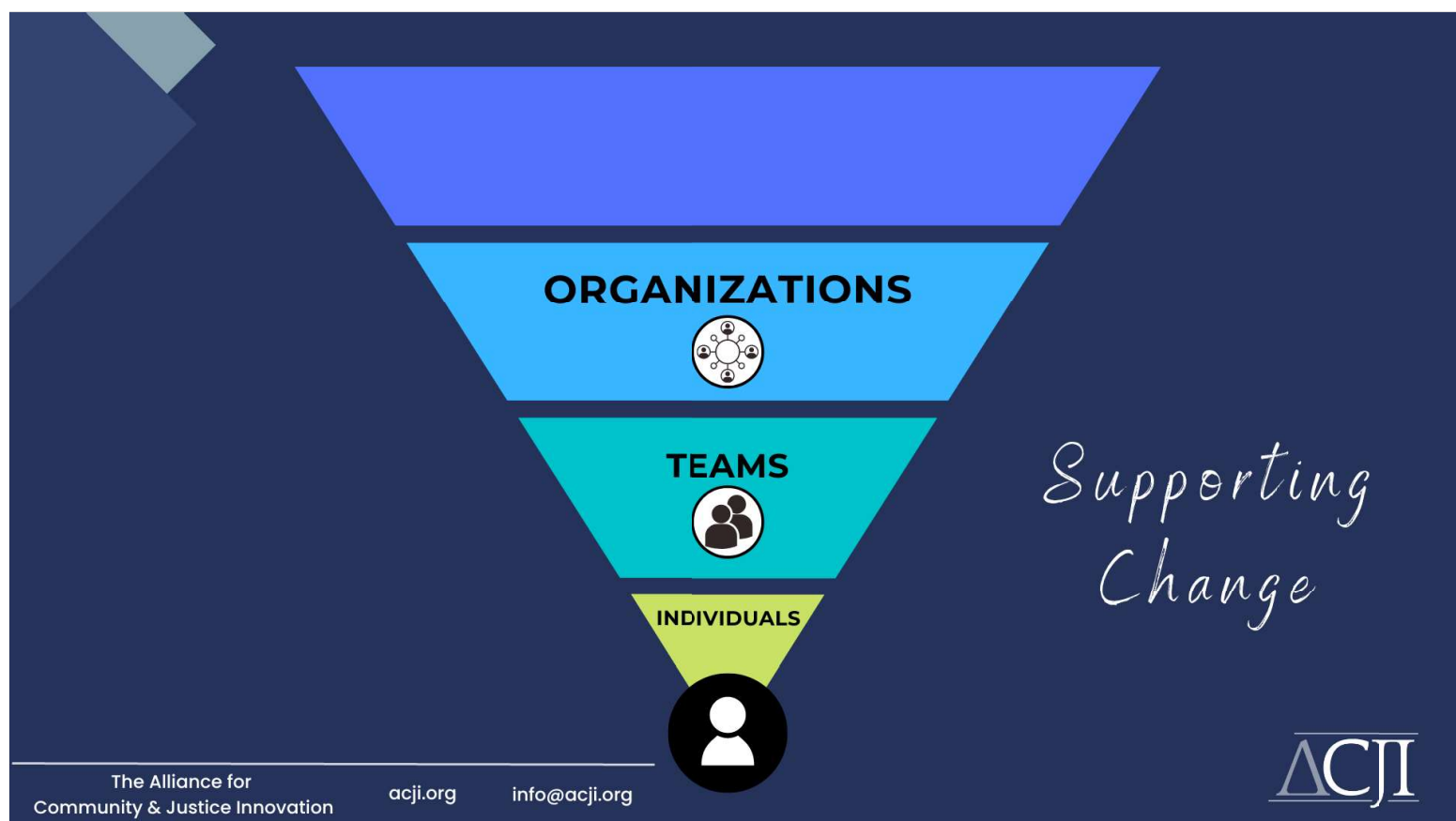
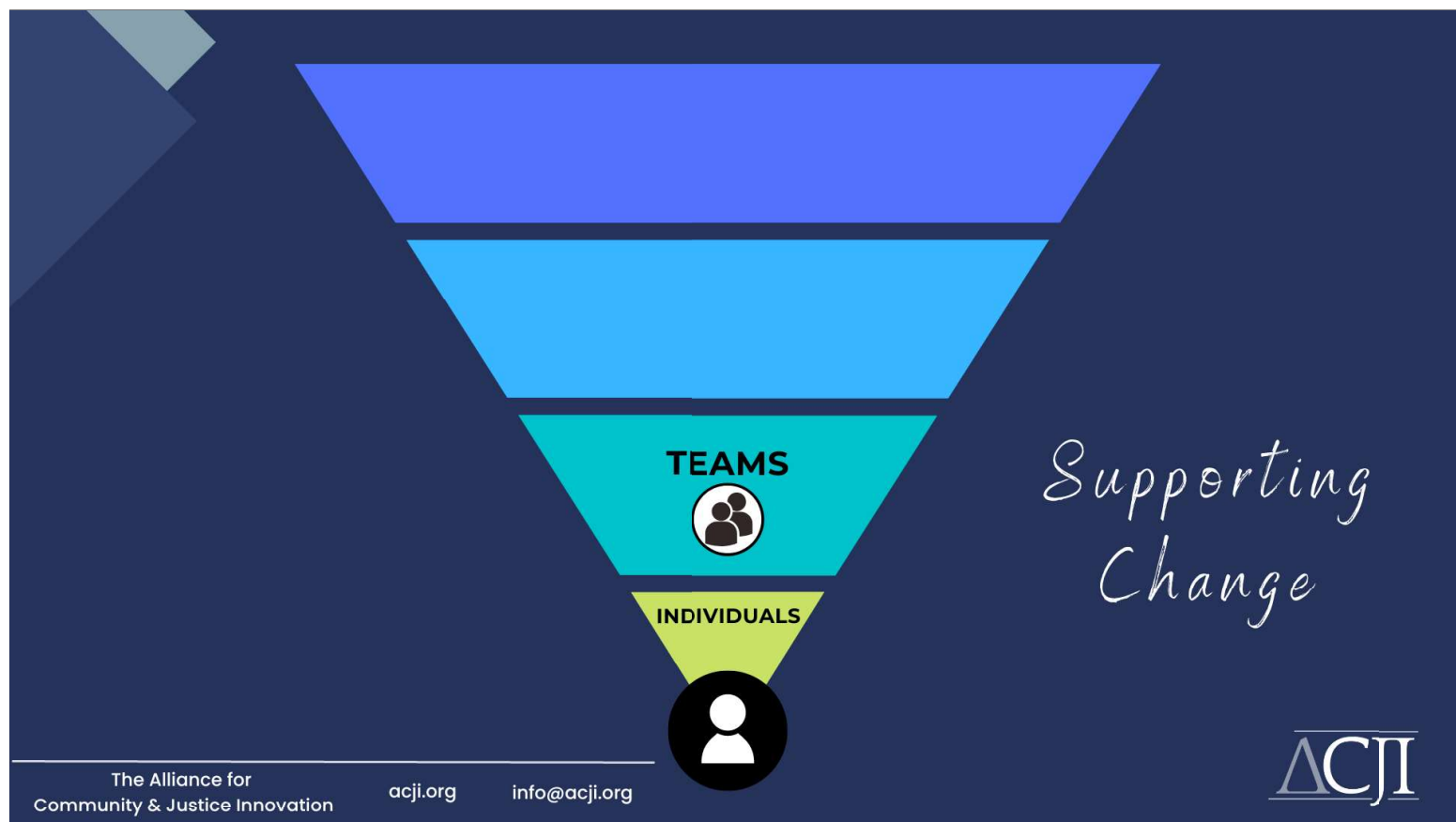
Resilient *Optimism*

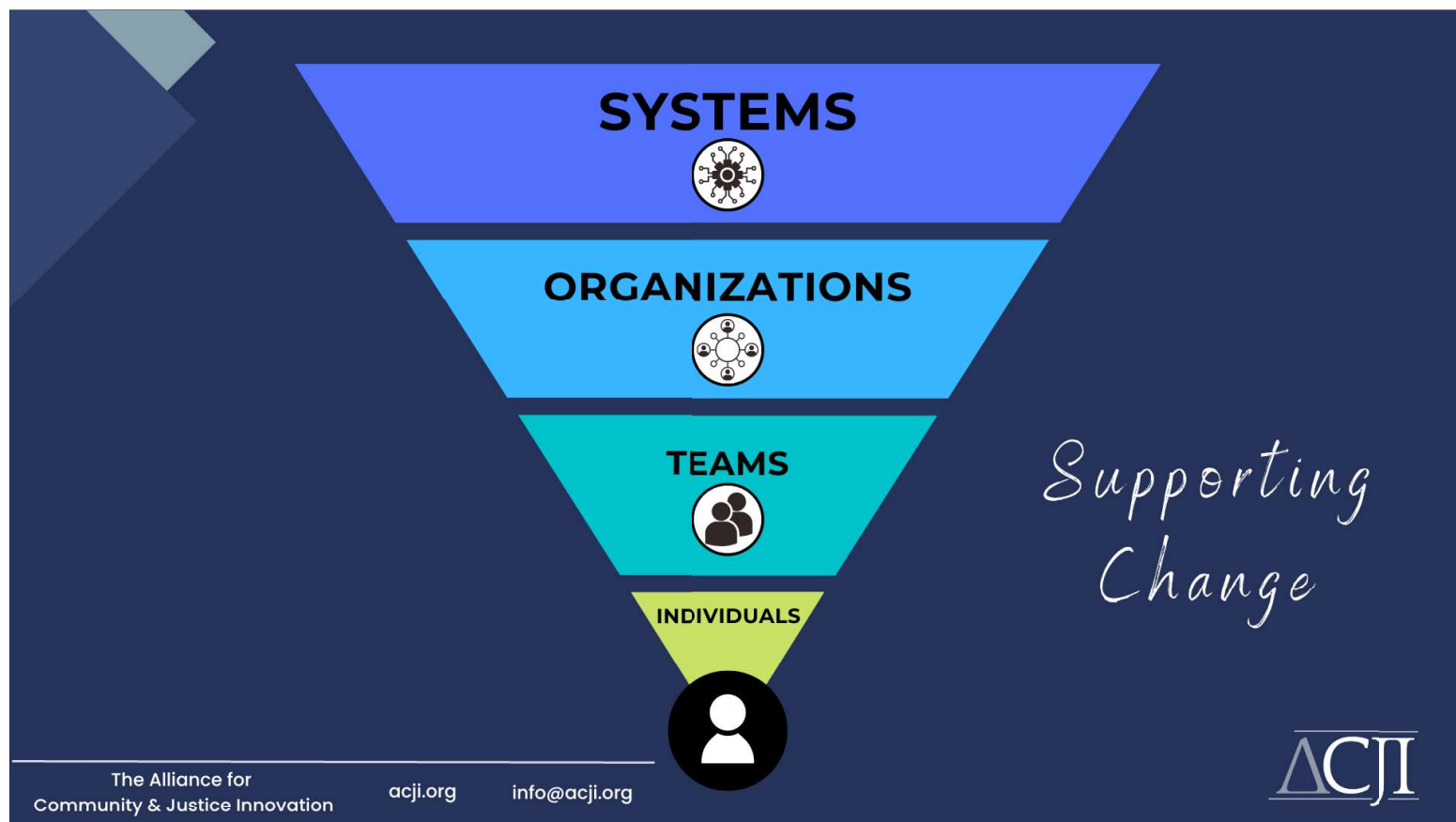


People Improvement over
Process Improvement -
it starts with you



*Supporting
Change*





Resilient *Optimism*

5

Things will go wrong
Plan for it

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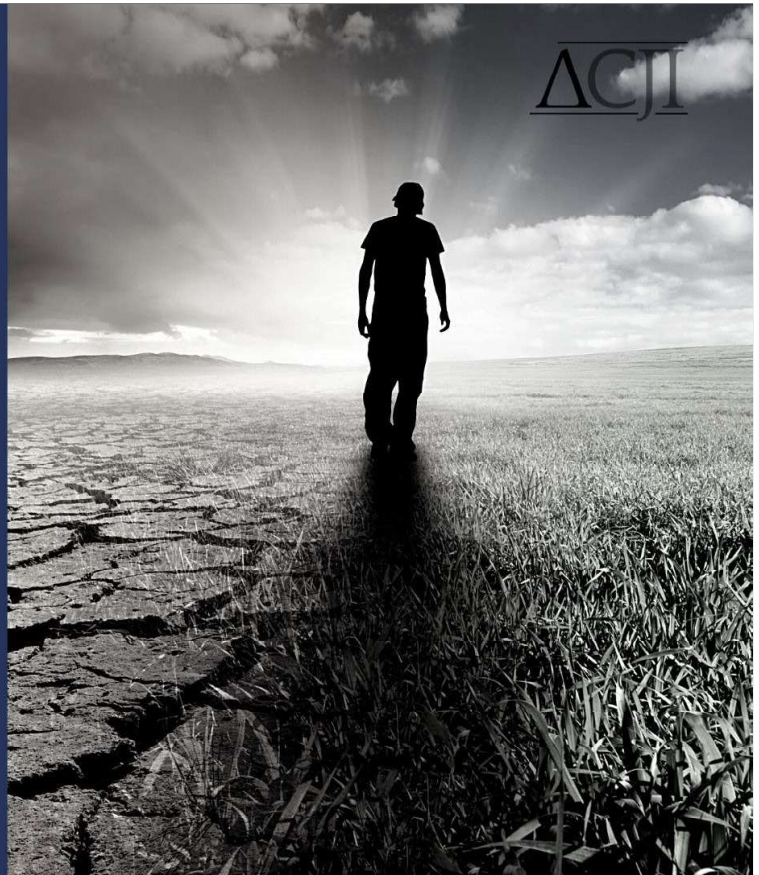
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EMBRACE THE F

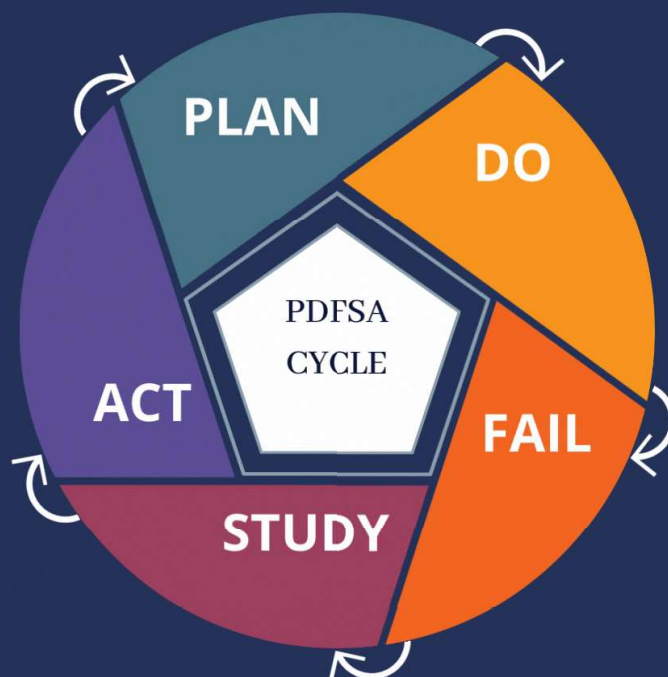
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OPTIMISM**

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RESILIENT OPTIMISM

HANDOUT



Resilient *Optimism*

Be intentional about where you put your focus

Connect with others, especially those with a different perspective

Address the negative by looking for opportunities

People Improvement over Process Improvement - starts with you

Things will go wrong - prepare for it

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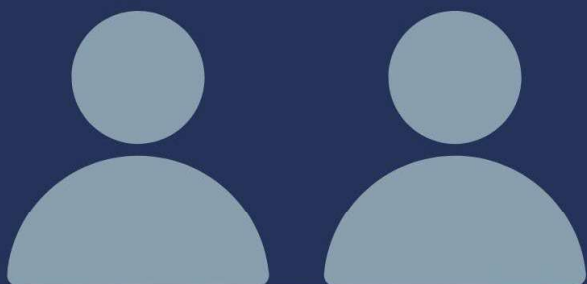
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Discussion



How can you be more
resiliently optimistic?

Where are you stuck?



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All too often, on the long road up, young leaders become '*servants of what is*' rather than '*shapers of what might be*'. In the long process of learning how the system works, they are rewarded within the intricate structure of existing rules. By the time they reach the top, they are very likely to be **trained prisoners of the structure**. This is not all bad; every vital system reaffirms itself. But no system can remain vital for long unless some of its leaders remain **sufficiently independent** to help it change and grow.

John Gardner

(1912 - 2003)

Former US
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Thank you!

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HANDOUT



 alexandra@acji.org

 720-939-0086

 @dr-alexandra-walker

#resilientoptimism



Dr. Alexandra Walker

Director of Community Relations & Strategy