2¹/₂21 VIRTUAL ATC

SESSION SCHEDULE DAY ONE

Thursday, May 6, 2021

9:00 a.m. – 9:15 a.m. | Opening Plenary

9:15 a.m. – 10:45 a.m. | Opening Keynote Communicating with IMPACT – Six Keys to Effectively Communicate and Achieve Greater Results

11:00 a.m. – 12:00 p.m. | Session 1 Breaking Down the Concept of Empowerment to Build Better Teams

12:00 p.m. – 1:00 p.m. | Lunch Break

12:10 p.m. – 12:45 p.m. | Wellness Opportunity Guided Meditation: An iRest Session

> 1:00 p.m. – 2:00 p.m. | Session 2 Growth Mindset: Unlocking the Power for

Organizational Advantage

2:15 p.m. – 3:15 p.m. | Session 3

Change is Constant: Embracing the Journey as Leaders

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SESSION SCHEDULE DAY TWO

Friday, May 7, 2021

8:50 a.m. – 9:00 a.m. | Opening Plenary Repeated Session

9:00 a.m. – 10:00 a.m. | Session 4 Leading with Emotional Intelligence

10:15 a.m. – 11:15 a.m. | Session 5 Recognizing and Managing Conflict and Burnout: Solutions for Supervisors

11:30 a.m. – 12:00 p.m. | Wellness Opportunity Chair Yoga with Joe

12:00 p.m. – 1:00 p.m. | Lunch Break 12:15 p.m. – 12:30 p.m. | Brown Bag Discussion

> 1:00 p.m. – 2:00 p.m. | Session 6 Resilience During Times of Change

2:15 p.m. – 3:00 p.m. | Closing Keynote The Funny Thing About Stress: Keeping Our Sense of Humor, Our Sanity and Our Health in an Ever-Changing JFS World