Ohio Department of Health Director Amy Acton is ordering all Ohioans to stay home or at their place of residence, effective 11:59 p.m. March 23, except for essential activities, essential governmental functions, or to operate essential businesses and operations. Homes or residences include houses, rental units, hotels, motels, shared rental units, shelters, and similar facilities. The order will be in effect until 11:59 p.m. April 6, 2020, unless it is rescinded or modified before then. For full details, please read the order.

In this order, essential businesses and operations consist of critical trades. This includes:

- Building and construction tradesmen and tradeswomen
- Other tradesmen and tradeswomen, including but not limited to:
  - Plumbers
  - Electricians
  - Exterminators
  - Cleaning and janitorial staff for commercial and government properties
  - Security staff
  - Operating engineers
  - HVAC
  - Painting
  - Moving and relocation services
- Other service providers who provide services that are necessary to maintain the safety, sanitation, and essential operation of residences, essential activities, and essential businesses and operations.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword “4HOPE” to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

For more information, visit: coronavirus.ohio.gov
CORONAVIRUS DISEASE 2019 Ohio Department of Health

PREVENTION

Protect yourself and others from COVID-19 by taking these precautions.

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.

STAY HOME
PRACTICE SOCIAL DISTANCING
GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS
WASH HANDS OFTEN WITH WATER AND SOAP (20 SECONDS OR LONGER)
DRY HANDS WITH A CLEAN TOWEL OR AIR DRY YOUR HANDS

COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING
AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES
CLEAN AND DISINFECT "HIGH-TOUCH" SURFACES OFTEN
CALL BEFORE VISITING YOUR DOCTOR
PRACTICE GOOD HYGIENE HABITS

For more information, visit: coronavirus.ohio.gov