COVID-19 Guidance

COVID-19 Guidance for Essential Businesses and Operations – Mail, Post, Shipping, Logistics, Delivery, and Pickup Services

COVID-19 Stay At Home Order

In order to minimize contact among people and stop the spread of COVID-19, Ohio Governor Mike DeWine and Ohio Department of Health Director Amy Acton is ordering all Ohioans to stay home or at their place of residence, effective 11:59 p.m. March 23, except for essential activities, essential governmental functions, or to operate essential businesses and operations. Homes or residences include houses, rental units, hotels, motels, shared rental units, shelters, and similar facilities. The order will be in effect until 11:59 p.m. April 6, 2020, unless it is rescinded or modified before then. For full details, please read the order.

In this order, essential businesses and operations consist of mail, post, shipping, logistics, delivery, and pickup services. This includes:

- Post offices
- Businesses that provide shipping and delivery services
- Businesses that ship or deliver groceries, food, alcoholic and non-alcoholic beverages, goods, vehicles, or services to end users or through commercial channels

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword “4HOPE” to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

For more information, visit: coronavirus.ohio.gov
PROTECT YOURSELF AND OTHERS FROM COVID-19 BY TAKING THESE PRECAUTIONS.

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.

- Stay home
- Practice social distancing
- Get adequate sleep and eat well-balanced meals
- Wash hands often with water and soap (20 seconds or longer)
- Dry hands with a clean towel or air dry your hands
- Cover your mouth with a tissue or sleeve when coughing or sneezing
- Avoid touching your eyes, nose, or mouth with unwashed hands or after touching surfaces
- Clean and disinfect "high-touch" surfaces often
- Call before visiting your doctor
- Practice good hygiene habits

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