## **Coronavirus Disease 2019**



# Information and Checklist on Ohio National Guard Deployment Protecting Against COVID-19

Ohio Governor Mike DeWine has called upon the Ohio National Guard to assist in the state's response to COVID-19. Members of the Guard are helping foodbanks distribute food and supplies and helping to organize an assessment of healthcare resources across the state to determine what additional personnel, supplies, and facilities might be needed.

Residents should not panic if they see Ohio National Guard soldiers, airmen, and/or military vehicles in their neighborhoods. For more information on the Guard and its response, visit <a href="mailto:ong.ohio.gov">ong.ohio.gov</a>.

#### **Medical resource assessment**

The Ohio National Guard is supporting medical facilities across the state in building proactive plans to expand their capacity so, when the need arises, healthcare professionals can focus on what's most important — treating patients and saving lives.

What you can expect to see:

Guard members visiting hospitals, medical facilities, and high-capacity sites that could be used for medical expansion if needed.

#### Food bank assistance

Because food banks and similar organizations are staffed by a large number of volunteers who are high-risk and encouraged to stay home during this pandemic, the Ohio National Guard is supporting foodbanks in 12 counties across the state.

What you can expect to see:

$\sqrt{}$	Guard personnel delivering food to vulnerable populations and assisting foodbanks.
V	Military vehicles picking up and transporting food from grocery stores warehouses, and/or food pantries.
	Guard personnel delivering boxes of food to residential homes.



Guard personnel supporting drive-thru and central hub food distribution sites.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available. Call the Disaster Distress Helpline at 1-800-985-5990 (1-800-846-8517 TTY); connect with a trained counselor through the Ohio Crisis Text Line by texting the keyword "4HOPE" to 741 741; or call the Ohio Department of Mental Health and Addiction Services help line at 1-877-275-6364 to find resources in your community.

# CORONAVIRUS DISEASE 2019 Ohio

Department of Health

Protect yourself and others from COVID-19 by taking these precautions.

### **PREVENTION**

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE SOCIAL DISTANCING



GET ADEQUATE SLEEP AND EAT WELL-BALANCED MEALS



WASH HANDS OFTEN WITH WATER AND SOAP ( 20 SECONDS OR LONGER)



DRY HANDS WITH A CLEAN TOWEL ORAIR DRY YOUR HANDS



COVER YOUR MOUTH WITH A TISSUE OR SLEEVE WHEN COUGHING OR SNEEZING



AVOID TOUCHING YOUR EYES, NOSE, OR MOUTH WITH UNWASHED HANDS OR AFTER TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING YOUR DOCTOR



PRACTICE GOOD HYGIENE HABITS