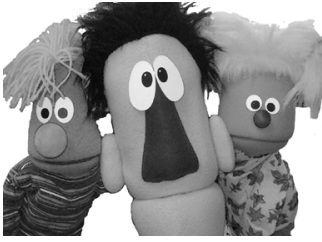


SHARE THIS WITH THE ADULTS AT HOME!



A local optometrist (or optometric staff) came to our class and presented the Realeyes Program today. We had fun and learned about eyes and eye safety! I even met some new friends, Rhet, Tina and Dr. Optic!

"DID YOU REALEYES" ...?

- 1 in 4 children has an eye disorder that can affect their learning.
- **Undetected vision disorders are the #1 health problem in children.**
- 80% of what students learn under normal circumstances is through their eyes. A vision disorder can affect learning. **Is your child seeing as well as possible?**
- **Not all eye problems have obvious symptoms.** A regular eye exam by an eye doctor is the only way to find out the overall health of your child's eyes and vision.
- An eye exam by an eye doctor for every child is recommended at six months, 3 years of age, before first grade, then every year or two throughout the school year.
- The sun's UV rays can cause long term damage to the eyes. Children are at greater risk than adults. The effects are cumulative, and 80% of UV exposure happens before age 18.
- Vision screenings are an important step in eye care. Make sure to always **follow-up with a comprehensive exam performed by an eye doctor to ensure your eyes are healthy.**



Education program
teaching students about
eye health and safety.

Realeyes

Realeyes is a vision education program sponsored by the Ohio Optometric Association and made possible through the Ohio Department of Health Save our Sight Program.

When Ohioans renew their license plates, they are asked to donate \$1 to the Save Our Sight Fund.



Would you consider donating \$1?



To learn more about children's vision, resources from Save Our Sight or to find an eye doctor in your community scan or visit: ooa.org/Realeyes_community.

