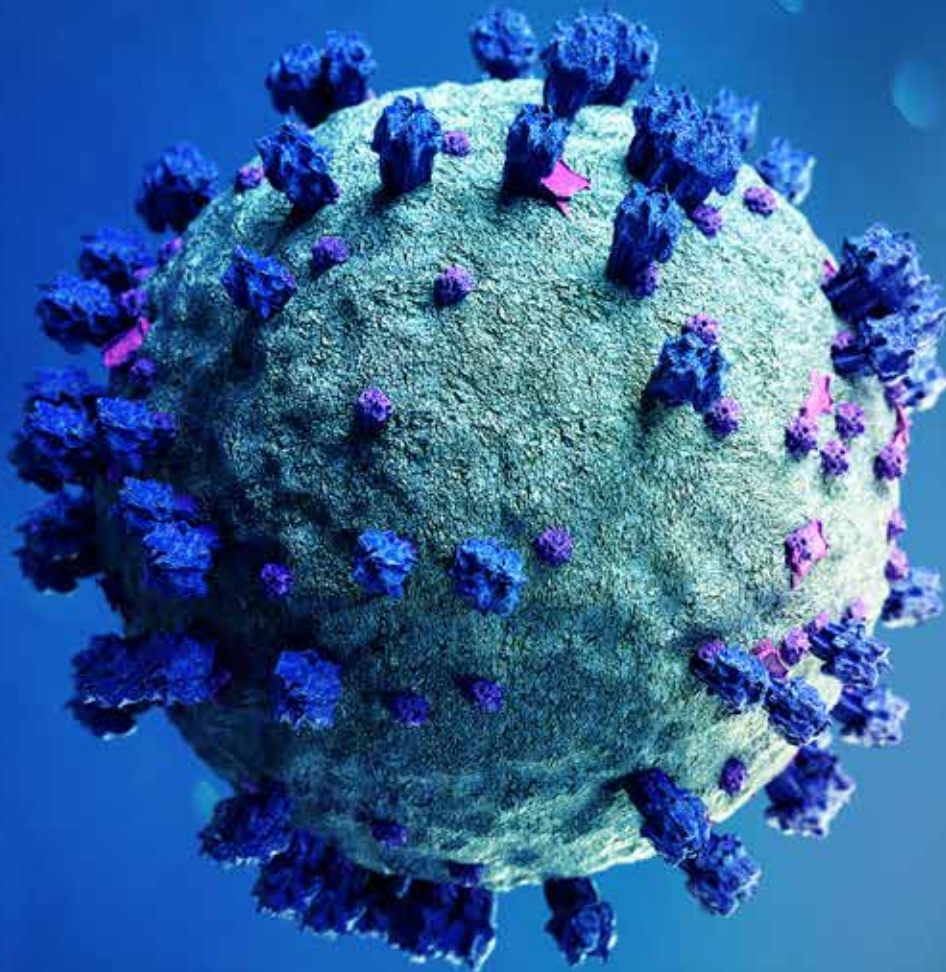


Buckeye Osteopathic Physician





Ohio Pain Management Toolkit

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Buckeye Osteopathic Physician

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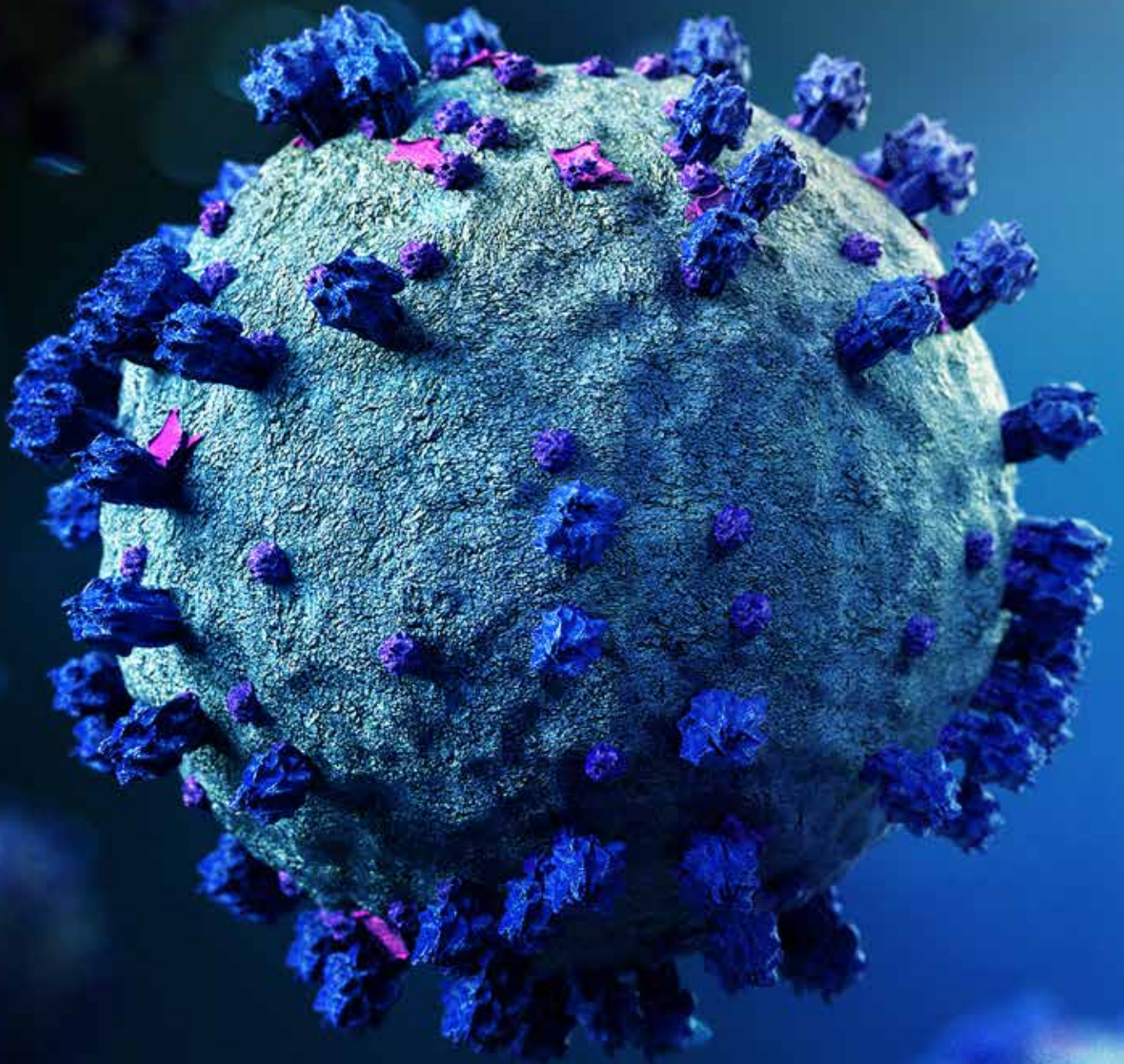
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Note: Due to the pandemic, this issue of Buckeye Osteopathic Physician is a combined Spring/Summer edition.

A GLOBAL



PANDEMIC

AND ITS LOCAL EFFECT

December 2019: A novel strain of coronavirus, SARS-CoV-2, is first detected in Wuhan, China.

January 30, 2020: The World Health Organization declares the coronavirus a global public health emergency of international concern.

March 9: A state of emergency is declared in Ohio and the state has its first known case.

March 11: WHO declares COVID-19 a pandemic.

March 13: A US national emergency is declared.

March 20: First death confirmed in Ohio.

March 22: The State of Ohio issues a "Stay at Home" order.

April 27: Plans are announced to begin reopening Ohio starting May 1.

April 30: The "Stay at Home" order is extended and renamed "Stay Safe Order."

May 28: Coronavirus deaths in US top 100,000

July 2: A statewide color-coded four-level alert system is introduced to classify the severity of outbreaks in individual counties.

July 10: Ohio reports single-day record of 1,525 new cases.

In Ohio, Gov. Mike DeWine and Ohio Department of Health Director Amy Acton, MD, who stepped down from her position in June, held daily televised briefings as they closed schools, banned mass gatherings, shuttered bars and restaurants, and ordered Ohioans to stay home for all but essential needs. The actions were in an effort to "flatten the curve" and buy time to prepare for the surge. Preparation included an order to postpone elective surgeries as well as efforts to secure testing, personal protective equipment, and other medical supplies.

For Ohio DOs, and health professionals around the world, the pandemic has meant caring for patients in the face of significant personal risk. "Never has there been such a wide and serious gap between professional and personal obligations," said OOA Past President Charles D. Milligan, DO, noting the need for PPE so health care workers can protect themselves and their patients from being infected and infecting others.

With the Stay at Home order in place and the need for

physicians to remain in their communities to provide care, the Ohio Osteopathic Symposium, sponsored annually by the OOA and Ohio University Heritage College of Osteopathic Medicine, was cancelled. Instead, the OOA hosted a virtual seminar. The event provided 16 AOA Category 1-A CME credits that included day-long wellness program designed specifically for physicians. Evaluations showed the 300 registrants highly valued the programming and format. For the first time ever, the OOA also conducted a virtual House of Delegates and presidential installation.

Throughout, the OOA has strived to support Ohio DOs. That includes working with staff from the Governor's office and ODH, collaborating with other physician associations to bring issues to the forefront, advocating for PPE and assessing current needs, surveying members, lobbying for funding, promoting #StayHomeOhio and other mitigation strategies, encouraging Ohioans to wear masks and practice physical distancing, curating a COVID-19 resource page, sharing information, and more. ■

Wherever the art of medicine is loved, there is also a love of humanity.

-Hippocrates

Executive INSIGHT

By Matt Harney, MBA

20/20 is typically associated with perfect version. However, the year 2020 has turned out to be one that few would've seen coming. It's an understatement to say our lives have changed in ways we could hardly imagine during these last several months. Typically, I stick to one strategic focus for these communications, but there's just way too much going on for that. So here we go:

Virtual Spring Seminar

As the pandemic forced a ban on mass gatherings in March, our popular Ohio Osteopathic Symposium (OOS)—which is a collaboration between the OOA and OU-HCOM—scheduled for April 22-26, was cancelled. It was all hands on deck for OU-HCOM as it worked to deliver the student curriculum safely online for the remainder of the academic year, so the decision was made to postpone the '20 OOS educational programming for the 2021 OOS. While the Symposium was cancelled, the OOA made the decision to create a new educational program for our members. Despite having an extremely tight time frame, we were proud to be able to present a two-day, 16-hour Virtual Spring Seminar partially coinciding with the original OOS dates on April 23 and 24. The second day of programming was solely dedicated to physician wellness topics, which we know is always critical for our members but especially timely in the midst of the pandemic. The program was interactive and provided 1-A credit.

For those unable to attend the Virtual Spring Seminar—now known as VSS in our office—you can purchase these sessions online at DOcme.org. DO-CME is a collaboration between the state osteopathic affiliates across the country and includes on-demand content from more than a dozen states that have produced



content. OOA members should check OSTEOfACTS for possible discount codes to Ohio sessions.

OOA House of Delegates/Annual Meeting

Clearly, not being able to enjoy the fellowship that comes with the Ohio Osteopathic Symposium was immensely disappointing. One of many things that makes the osteopathic family great is connecting with each other at these types of events. As we weren't able to meet in person, we transitioned our OOA and OOF election of officers, State of the State address, presidential oath and installation, financial reports, and AOA delegation election to a virtual format. We also recognized five incredibly distinctive and honorable individuals for OOA awards, which you can read about in a few pages. Also, members who had passed away in the last year were recognized with a video tribute. The policy consideration component of our annual meeting was postponed until a later date. There is no doubt, the virtual format for CME is here to stay. The real question moving forward will be finding the right mix of virtual and in-person events (when they become safe again).

Statement on Racism and Equality

The disgusting and brutal killing of George Floyd—among many other unlawful slayings of people of color—has initiated a global awakening of the atrocities of unchecked authority and deadly discrimination. Words alone do not provide the necessary justice. Following the death of George Floyd, the OOA issued a statement castigating racism which can be found on page 7. The OOA also submitted proponent testimony to the Senate Health,

CONTINUED ON PAGE 19

OOA President *Installed Virtually*

Sandra L. Cook, DO, was installed as Ohio Osteopathic Association president, April 25, 2020, during the OOA House of Delegates virtual meeting. The online event was held via Zoom videoconference due to the coronavirus pandemic and state restrictions on large gatherings. It is the first time the meeting and the installation have been conducted virtually.

Cook, who resides in Geneva, is assistant medical director at Medical Mutual of Ohio where she has been a physician consultant since 1999. A graduate of Ohio University Heritage College of Osteopathic Medicine, she served her family medicine residency at Cuyahoga Falls General Hospital. Her undergraduate and master's degrees are from the University of Akron and her PhD (ABD) is in Microbiology from Bowling Green State University.

Active at the local level, she served every officer position on the Cleveland Academy of Osteopathic Medicine executive council and was president in 2013.

During her inaugural address Cook talked about her background and how her desire to become a physician started when she was in kindergarten. "This was an unusual dream for a girl growing up



in the 1950s," she said. "I had no professionals in my immediate family to serve as a model. And at that time it was assumed girls would become nurses."

She noted that as a physician she has been able to be deeply involved with her patients and their families. "I was able to share with them sad times and happy times and to share laughter and tears. The joy that has been mine as a result of this fills my heart. I think this is a feeling many of you also share."

Watch her inaugural address on the OOA YouTube channel.

The House of Delegates, the policy-making body for the osteopathic profession in Ohio, was led by Speaker David A. Bitonte, DO, and Vice Speaker Michael E. Dietz, DO. Representatives from each district academy were invited to participate.

Along with the officer election and installation, the abbreviated agenda included a State of the State summary from Milligan; and reports from Treasurer Jennifer L. Gwilym, DO; and Nominating Committee Chair John F. Ramey, DO. Delegates also elected two physicians to the Ohio Osteopathic Foundation Board: Mark S. Jeffries, DO; and Paul T. Scheatzle, DO. ■

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2020 AWARD WINNERS

Osteopathic physicians across Ohio are doing tremendous work for the profession, their patients, and their communities. The OOA is proud to recognize the 2020 award winners. These outstanding leaders would normally be honored at a special reception at the Symposium held in April each year. Due to the pandemic and restrictions on large gatherings it was necessary to ship their awards to them and honor them in a different way. You can read about them on the OOA Facebook and Twitter pages and watch the announcement video on the OOA YouTube channel. ■



Distinguished Service Award
Charles D. Milligan, DO
Orrville



OOA/Osteopathic Heritage Foundations George L. Eckert, Jr., DO, Mentor of the Year
Francis X. Blais, DO
Columbus



Meritorious Service Award
Jon F. Wills
Columbus



Trustees Award
Charles G. Vonder Embse, DO
Columbus



M. Bridget Wagner, DO, Humanitarian Award
Nancy A. Henceroth-Gatto, DO
Columbus

Life Members

- Michael M. Alexander, DO
- George M. Bescak, DO
- Poncet C. Bills, DO
- David L. Bowman, DO
- Richard M. Cole, DO
- Charles D. Hanshaw, DO
- Marc N. Loundy, DO
- Thomas J. Mucci, DO
- Michael L. Nowak, DO
- M. Terrance Simon, DO
- Geraldine N. Urse, DO

OOA Castigates Racism, Advocates for Equality

On May 25, George Floyd, a 46-year-old Black man, was killed during an arrest outside of a Minnesota convenience store after employees called 9-1-1 to report him for passing a counterfeit \$20 bill.

Video from onlookers and security camera footage show Flynn pinned to the ground, gasping for breath, with a Minneapolis police officer's knee on his neck for eight minutes and 46 seconds. The killing spurred an ongoing series of protests about police violence and racism, first in Minnesota and then nationwide—including all of Ohio's major cities and many small towns.

On June 4, 2020, the OOA issued the following statement:

In light of last week's horrific killing of George Floyd and the continued endangerment of people of color, the Ohio Osteopathic Association (OOA) expresses its support for peaceful protests for racial justice. In the strongest possible terms, the OOA advocates for equality in all its forms.

In 2017, the OOA passed policy to encourage osteopathic medical institutions to “engage in expert facilitated, evidence-based dialogue in cultural competency and the physician's role in eliminating racial health care disparities in medical treatment as part of a longitudinal curriculum throughout undergraduate medical education.” The impetus of this policy was recognition that health care outcomes of minorities were lower even when patients' socioeconomic differences were controlled. This same policy was approved by the American Osteopathic Association later that year. The OOA remains more committed than ever to these enduring values to address racial disparities in medical treatment.

Comprehensive wellness—in body, mind, and spirit—can only be fully achieved if personal safety is guaranteed for all people. Entirely too often this safety is not ensured. Discriminatory surveillance and policing are often exacerbated by excessive force. This must stop. Every single person deserves respect, equality, and justice. As a country, we are falling short. To that end, the OOA strongly encourages all legal expressions and efforts to extinguish racism and discrimination in any form. ■



Osteopathic Medical Profession Continues to Grow

Number of osteopathic physicians has grown 290% since 1990

The growth of osteopathic medicine continues to be robust and sustained, according to the latest Osteopathic Medical Profession Report issued by the American Osteopathic Association.

Today, the total number of doctors of osteopathic medicine (DOs) and osteopathic medical students is over 150,000 for the first time—an increase of over 6,000 from 2018.

“The growth in our profession is critically important when the nation is facing a pandemic as well as a growing physician shortage,” said AOA President Ronald Burns, DO. “Physicians tend to practice near where they complete their education and training, so the location of many DO schools in underserved regions leads thousands of osteopathic physicians to practice in communities where they are desperately needed.”

For the past several years, one in four American medical students has attended an osteopathic medical school. Today, over 30,300 osteopathic medical students are learning at 38 colleges of osteopathic medicine in 33 states, while over 22,800 new DOs are participating in postdoctoral training programs.

Some fourth-year osteopathic medical students—including those at Ohio University Heritage College of Osteopathic Medicine—graduated early to join the physician workforce fighting COVID-19.

More Trainees, Young DOs

Across the country, more than 121,000 DOs practice in a wide variety of communities, practice settings and specialties. Two-thirds of actively practicing DOs are under age 45.

While the majority of DOs—nearly 57%—practice in the primary care specialties of family medicine, internal medicine and pediatrics, nearly 44% have chosen non-primary care specialties. The top five non-primary care specialties for DOs are emergency medicine, anesthesiology, OB-GYN, general surgery and psychiatry.

The number of female DOs has grown dramatically in recent years—today, 42% of actively practicing DOs are women, and nearly three-quarters of actively practicing female DOs are under age 45.

Women Choose Primary Care

Separate research shows women are 1.75 times more likely to choose primary care than men. The analysis of osteopathic medical school survey data was published in *The Journal of the American Osteopathic Association*. Researchers sought to understand the factors associated with an increased likelihood of specializing in primary care.

Researchers analyzed self-reported data from annual American Association of Colleges of Osteopathic Medicine graduate surveys

spanning a ten-year period. They looked at the following factors influencing specialty choice:

- Intellectual and technical content;
- Debt level;
- Lifestyle;
- Prestige/income level; and
- Personal experience and abilities.

Regardless of specialty choice, the students surveyed said lifestyle was the most important factor when it came to selecting a specialty. Students entering primary care were more likely to report prestige and income level to be of “no or minor influence” compared with students entering non-primary care specialties.

Debt level was more likely to be a “major influence” to students choosing to enter non-primary care specialties than to those entering primary care. A 2019 study demonstrated the use of loan forgiveness programs mitigated the effect of debt on specialty selection.

Osteopathic medical schools are responsible for training a large portion of primary care physicians. Ensuring routine patient access to primary care is a critical way to improve health outcomes and reduce costs. According to the research, even one additional primary physician per 10,000 people in a population decreases emergency department visits, hospitalizations, and elective operations. ■

First 'Single Match' is Largest Residency Match Day Ever

The March 20, 2020, Match Day marked a milestone: the first time that all osteopathic and allopathic applicants participated in one matching program. The Single Match comes after the creation of a single accreditation system forged by the Accreditation Council for Graduate Medical Education (ACGME), American Osteopathic Association (AOA), and American Association of Colleges of Osteopathic Medicine. In 2014, those organizations approved an agreement to recognize the ACGME as the primary accrediting body for graduate medical education programs by 2020. As part of that transition, the AOA Match ended in 2019.

The 2020 Main Residency Match was the largest in National Resident Matching Program (NRMP) history. A record-high 40,084 applicants submitted program choices for 37,256 positions, the most ever offered in the Match. The number of available first-year (PGY-1) positions rose to 34,266, an increase of 2,072 (6.4%) over 2019. The increase in positions was due, in part, to the last migration of osteopathic program positions into the Main Residency Match.

The number of available positions for first-year residents was 34,266, a 6.4 percent increase from the number of available positions in 2019. Of them, 17,135 were for primary care specialties such as family medicine, internal medicine and pediatrics.

Growth participation from graduating osteopathic medical students pushed the Main Residency Match to record highs. There were 6,581 osteopathic medical school seniors who submitted program choices, representing an increase of 1,103 over 2019. Of those, 5,968 (90.7%) matched to PGY-1 positions, pushing the osteopathic seniors match rate up 2.6 percentage points from 2019. Since 2016, the number of osteopathic seniors seeking positions has risen by 3,599, a 120 percent increase.

The number of graduating osteopathic medical students seeking positions in the NRMP Match is up 121 percent since 2016. Graduates from colleges of osteopathic medicine returning to the Match after graduating in previous years and not matching to a PGY-1 position, or completing the first year of training and returning to match to another training program, had a match rate of 43.1 percent.

Residency applicants also included US citizens and non-citizens who graduated from international medical schools.

More than 98 percent of the graduating class at Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) matched. Close to three-quarters matched to residencies in-state, with 24 percent matching to family medicine and 54 percent to family medicine or other primary care specialty.

OU-HCOM had originally planned in-person Match Day celebrations in Athens, Cleveland and Dublin to allow fourth-year medical students



PHOTO COURTESY OU-HCOM

Just the Numbers...

- The total number of Match registrants was the highest ever at 44,959.
- Of 19,326 MD students who applied for residency positions, 93.7 percent or 18,108 applicants, matched into a first-year program.
- Of 6,581 DO medical students who applied for residency positions, 90.7 percent or 5,968 applicants, matched into a first-year program.
- The number of US citizen international medical school students and graduates (IMGs) who submitted program choices was 5,167, an increase of 87 over 2019; 61 percent (3,154) matched to PGY-1 positions, representing the highest match rate since 1991.
- The number of non-US citizen IMGs who participated in the Match increased slightly, breaking a three-year trend of decline. In 2020, 6,907 IMGs submitted program choices, up 38 from 2019. Furthermore, 4,222 IMGs (61.1%) matched to first-year positions, which is 2.5 percentage points higher than 2019 and the highest match rate since 1990.
- Six osteopathic medical schools ranked in the Top 10 among all US schools (osteopathic and allopathic) for graduating students into primary care residencies.

to gather in person to share the messages announcing their residency locations. But because Ohio University had suspended in-person classes and instructed employees to work remotely to slow the spread of the COVID-19 virus, good news and congratulations had to be shared virtually.

Kenneth H. Johnson, DO, executive dean and Ohio University chief medical affairs officer, rated the 2020 match as “a tremendous success in our new single accreditation environment. It speaks to the high caliber of Heritage College students and the value of osteopathic medicine in the broader medical landscape. My only regret is that we couldn’t celebrate with our students in person this year.”

Johnson added, “The COVID-19 pandemic may have hindered our Match Day celebrations, but I have no doubt that these unprecedented times will ultimately strengthen our students’ career preparedness and their resolve to advance medical discovery.” ■



Transition to *Single Accreditation* Now Complete

June 30 marked the end of the five-year process to consolidate graduate medical education in the United States into a single accreditation system. For the osteopathic profession, the first steps in the process started more than eight years ago as American Osteopathic Association (AOA) leaders debated and negotiated before bringing the proposal to the House of Delegates in 2014. It was a historic vote by delegates to support the osteopathic medical profession's landmark entry into a single GME accreditation system.

Leadership at the AOA, Accreditation Council for Graduate Medical Education (ACGME) and American Association of Colleges of Osteopathic Medicine (AACOM) implemented the transition that established the ACGME as the nation's sole accreditor for both osteopathic and allopathic residencies and fellowships. As of June 30, the osteopathic profession is now fully integrated into the ACGME processes, procedures, and governance, and new opportunities have been established for expansion of osteopathic principles and practices through the distinction of Osteopathic Recognition.

Osteopathic Recognition (OR) is a

designation conferred by the ACGME's Osteopathic Principles Committee for programs that demonstrate, through a formal application process, the commitment to teaching and assessing Osteopathic Principles and Practice (OPP) at the graduate medical education level. Currently, 233 programs in 27 specialties and subspecialties have received OR, 15% of which were not previously AOA-accredited programs.

Ohio Osteopathic Association leadership strongly supports OR programs and see them as an important component to strengthen the osteopathic continuum.

"Programs that achieve the OR designation demonstrate commitment to teaching osteopathic principles and practice—which benefits the profession, institutions, and most importantly patients," said OOA President Sandra L. Cook, DO. "These programs preserve our distinctive approach to patient care."

Last year, the OOA developed an online resource for medical students looking to train at an Ohio-based ACGME program with OR. An interactive map at www.OhioDO.org provides a detailed listing along with contact information,

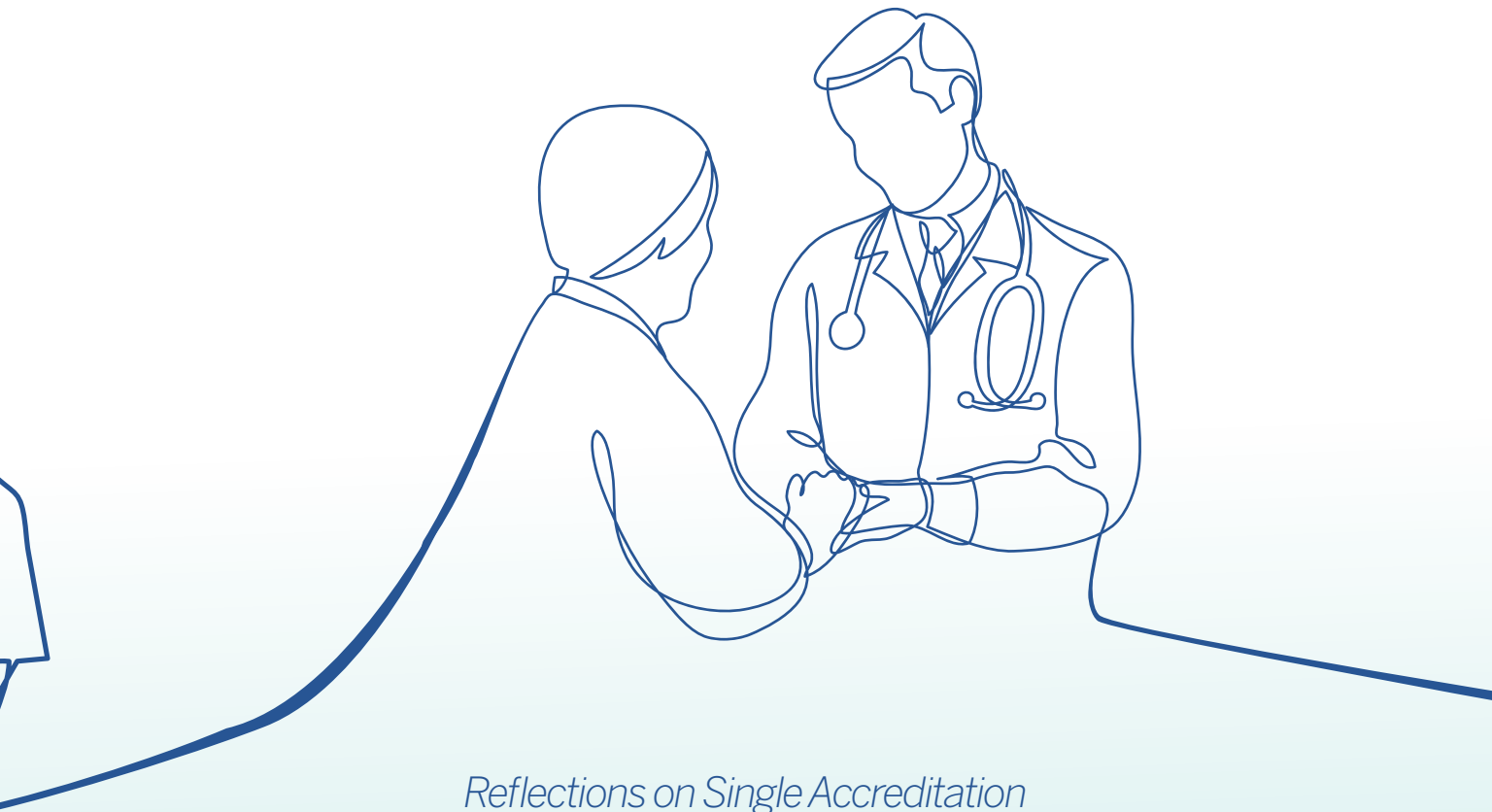
specialty, the number of slots, and other information.

Since the transition began in 2015, filled postgraduate positions in previously AOA-accredited programs grew 22% from 8,647 to 10,462 this year. In addition, 98% of AOA-accredited training programs that applied for ACGME accreditation have received it, with additional programs still expected to transition.

Ohio still has 15 residents in four programs who will be accredited by the AOA over the next four years. They are:

- Aultman Hospital, 8 residents, orthopedic surgery
- Doctors Hospital, 4 residents, neurological surgery
- Doctors Hospital, 2 residents, ophthalmology
- South Pointe Hospital, 1 resident, plastic reconstructive surgery fellowship.

This spring, the first-ever combined match through the National Resident Matching Program (NRMP) resulted in a record number of osteopathic medical students who matched through the main residency match. →



Reflections on Single Accreditation

A Leader's Perspective on the Path Forward

Robert S. Juhasz, DO
Clinical Professor of Medicine, OU-HCOM
Past President, AOA Board of Trustees

As president-elect of the American Osteopathic Association in 2014, I had the privilege to be present alongside then President Norman Vinn, DO, in a meeting with Tom Nasca, MD, president and CEO of the ACGME, in Puerto Rico. I was impressed with Dr. Nasca's passion in that meeting to preserving all that was good in osteopathic medical education that improved medical care and graduate medical education.

He said to us at that time "I don't want you (the osteopathic profession) to become us (the ACGME), I want you to improve us" and he (and the ACGME) have stayed true to his word and vision as we have implemented the Single Accreditation System, together. Ultimately, the AOA Board of Trustees voted to move forward with the Memorandum of Understanding (MOU) between AOA, AACOM and ACGME and to move forward with a five-year transition to the single accreditation system.

I was privileged to join Ken Veit, DO, dean of the Philadelphia College of Osteopathic Medicine, to present to the ACGME Board of Directors in June 2014 about the osteopathic profession and our educational systems. In July, after a historic debate in the AOA House of Delegates, a resolution supporting the MOU was approved. In my role with the AOA, I was honored to shepherd the nomination and appointment of candidates to all of the ACGME Review Committees in which AOA had existing residency training programs as well as two new committees, the Neuromusculoskeletal Medicine Review Committee, and the Osteopathic Principles Review Committee,

which was so aptly led by our own Robert Cain, DO, now AACOM president and CEO.

It was an honor for me to be elected to the ACGME Board of Trustees in 2017. Together with five other osteopathic physicians nominated by AOA and ACGME, we have served to meet the mission of improved medical care by improving accreditation of graduate medical education programs throughout the United States. I am very proud of my classmate and dear friend, Karen Nichols, DO, as she prepares to become chair of the ACGME Board in September. It is another tribute to her remarkable leadership skills.

I am grateful for the opportunity to have worked with so many amazing physicians, many from Ohio, who have worked to improve care through osteopathic medicine and osteopathic medical education. As members of the ACGME, AOA and AACOM, we have the opportunity and responsibility to contribute to making all medical education and medical care better and are able to do that in a larger and much more visible forum. I am also very appreciative of all of my colleagues from the OOA who have been integral in this historic journey.

The future is bright as long as we continue to make a difference as DOs and strive not to become more allopathic but to improve all medical care through our unique approach of osteopathic medical education and practice. →



Reflections on Single Accreditation

Securing the Future for our Graduates—and Our Profession

William J. Burke, DO
Dean, OU-HCOM Dublin
Past Member, AOA Board of Trustees

Now that the five-year transition to the single graduate medical accreditation system has reached its conclusion, it is appropriate to reflect on the process which led to the most substantial decision made by the osteopathic profession during my career. It seems, at least to me, that the results have borne out what we believed all along – osteopathic medicine brings something important to the larger house of medicine, our graduates are valued by residency programs across the country, and we owe it to them to remove any barriers to their full participation in the match process. It was also important to have the osteopathic profession seen as a unique and integral part of the country's largest accreditation system for graduate medical education. It was humbling to have served on the AOA Board of Trustees during such a meaningful period of time, and I will be eternally grateful to my Ohio colleagues for giving me the opportunity.

There was never any doubt in my mind that this was a path we needed to pursue to secure the future of our graduates and our profession. If we had not done so, osteopathic medical students and graduates would have seen their residency and fellowship options limited and their future practices restricted. Failure to act could have impacted negatively on admissions to colleges and schools of osteopathic medicine. Students and residents were supportive, as were many in the undergraduate and graduate medical education communities, and we needed

to effectively communicate the need to move forward with our AOA members and their representatives in our AOA House of Delegates.

There were many challenges including negotiating and finalizing an agreement which met the needs of the osteopathic profession and was acceptable to the ACGME. The representatives of the AOA and AACOM worked tirelessly alongside their ACGME colleagues to reach an agreement, albeit the second time around, which met the goals of all three organizations. The ACGME lived up to all its promises and was willing to work together to address other unforeseen issues as they arose.

We now see the fruits of this labor with osteopathic physicians serving in positions of influence on the ACGME Board of Directors (including Ohio's own Bob Juhasz), osteopathic physicians serving on residency review committees, and two new committees: an Osteopathic Principles Committee overseeing Osteopathic Recognition; and an Osteopathic Neuromuscular Medicine Review Committee overseeing the residency programs in this discipline. This year, the first NRMP Match to connect osteopathic and allopathic graduates with their new residency programs in the single accreditation system saw the largest number of DO graduates successfully matching as well as demonstrating a significant increase in the percent of DO graduates matching through the NRMP when compared to 2016. ■



Student Update:

DUBLIN CAMPUS

Medical students balance a heavy academic course load, family, friends, day-to-day tasks, and much more. For student leaders, that includes service to their community, their peers, and their future profession.

The OOA works with many Ohio University Heritage College of Osteopathic Medicine (OU-HCOM) students, particularly Student Government Association (SGA) and Student Osteopathic Medical Association (SOMA) leadership. SGA presidents from each campus—Athens, Dublin, and Cleveland—are invited to OOA Board meetings and are allotted time on the agenda to report on campus activities. SOMA is an AOA affiliate and the nation's largest network of osteopathic medical students.

In previous issues of *Buckeye Osteopathic Physician*, student leaders from the Athens and Cleveland campuses provided reports. In this issue, we invite Dublin campus leaders to do the same.

Editor's Note: These updates were submitted prior to the pandemic.



EDWARD PASSEN

SGA President,
Dublin Campus

The OU-HCOM Dublin campus, in the heart of central Ohio, has had a great 2019 and is primed to go through some exciting changes in 2020. As my term ends, I am very proud of our work as a Student Government and incredibly excited for what is to come. Here are some items that we, as a student government, would like to highlight throughout the year and a few things that we are really looking forward to seeing.

The second-year students are just months away from completing one full cycle through the new Pathways to Health and Wellness Curriculum (PHWC). The PHWC is a flipped-classroom style curriculum. Faculty will give us, the students, specific readings, recorded lectures, and articles to look through before class. In-class work consists of case studies in a small group setting with faculty facilitation. The administration, faculty, student government, and student body have been working tirelessly to help refine this curriculum so OU-HCOM continues to make excellent doctors and excellent people.

Students enjoyed the opportunity to learn about specific disciplines and contribute to the community. The Family Medicine Club was the most active club with 87 participants spanning the first- and second-year classes. There has been such an increase in OB interest that there is now a newly-formed Student Society of the American College of Osteopathic Obstetricians and Gynecologists (SS-ACOOG) that will allow more students to explore their interest in obstetrics and gynecology. The Emergency Medicine Club is busy preparing for Disaster Day 2020 in April, a mass casualty simulation and first aid training experience with first responders from Washington Township. The Internal Medicine Club was able to learn about the TAVR procedure at Riverside Methodist Hospital. Dublin's Student National Medical Association (SNMA) hosted around 50 kids for their very successful Medical Student for a Day Event. I could keep going with all the great work by our student organizations but am going to try to avoid carpal tunnel syndrome by stopping at just a small portion of what was accomplished this year.

Some students have gone above and beyond the medical school requirements and helped the community through the TOUCH program. TOUCH, Translating Osteopathic Understanding into Community Health, involves volunteer hours geared specifically towards teaching and implementing health care and osteopathic principles to the community. The Dublin campus TOUCH program is run by SGA Director of Community Outreach Mimi Lamantia, and campus students completed over 2,300 TOUCH hours. Four students, Zak Wiser; Robert Poth; Max Farenwald; and Mark Bugada, completed well over 100 hours each since May 1, 2019.

To combat the increasing rate of student burnout in medical



school, I am incredibly proud to announce the piloting of a brand-new Student Government position. The SGA Director of Wellness was made possible with the incredible help of our Assistant Director of Student Affairs, Andrea Brunson, as well as medical students Dannie Roberts, Marci Orozco, Patricia Capone, and Anthony Yassall. This is a pilot position and has potential to become a tri-campus position during the Student Government Constitution Review. I am incredibly excited to see how the students of the future utilize this position.

We also have a quick update on one of our medical education buildings (MEB). MEB2 houses the clinical skills and standardized patient labs as well as faculty offices. The upper floors of MEB2 are in the middle of a 35,000 square foot renovation to accommodate Heritage Dublin growth and bring in mission-aligned tenants.

Finally, we will be transitioning student leadership at the Distinguished Osteopathic Commitment Awards Ceremony, as we look forward to introducing the new SGA Presidents, Kristina Kazimir from Dublin, Lauren Donovan from Athens, and Alexander Henderson from Cleveland. I am incredibly excited to see how they will be able to help the students and the college throughout next year.

Thank you for taking the time to read all about the OU-HCOM Dublin Campus. →



BRIAN M. JORDAN

SOMA President
Dublin Campus

The Heritage College of Osteopathic Medicine’s Dublin SOMA chapter has continued to emphasize our values through philanthropy, community service, and education. We have continued to dedicate ourselves towards osteopathic advocacy and spreading awareness of osteopathic practices and principles throughout the central Ohio area. With these goals and values in mind, the past year has led to numerous successes on the Dublin campus.

Some of the initiatives of this past academic year have included preparing dinner for the families at the Ronald McDonald House of central Ohio, collecting gently used clothing that was then donated to our local Salvation Army, spearheading efforts for fundraising and participating in the central Ohio AHA Heart Walk, organizing a dinner through the Columbus Osteopathic Association with several local

osteopathic physicians to help educate Dublin medical students about upcoming changes to COMLEX and the single GME accreditation system, and combining our efforts with the AMSA chapter to host a naloxone training event for the Dublin campus and our local community. In addition to these efforts, we have continued to stay informed on recent health care policy so that we may educate our fellow student doctors in an attempt to better prepare ourselves for our future practice as osteopathic physicians. We have continued to foster our relationship with the undergraduate chapters of SOMA (pre-SOMA) and look forward to expanding on our current relationships with chapters at Ohio Wesleyan University, Capital University, and The Ohio State University. In addition to these local initiatives, we have continued to support regional and national SOMA efforts with our opioid epidemic task force.

Although we may not have accomplished everything we set out to do at the beginning of this year, I feel confident in saying that both the leaders of this chapter as well as the membership have been able to grow and learn beyond our time in the classroom. Additionally, I would like to thank both the Ohio Osteopathic Association and the American Osteopathic Association for their unconditional support throughout my tenure as president. It has been an absolute privilege to serve and represent the Heritage College of Osteopathic Medicine and the Dublin SOMA chapter. ■

Student Leaders

Student Government Association (SGA), Dublin

Edward Passen, President,

Nicholas Gualtieri, Vice President

Ty Johnson, Secretary/Treasurer

Mimi Lamantia, Director of Community Outreach

Dannie Roberts, Director of Wellness

Student Osteopathic Medical Association (SOMA), Dublin

Brian M. Jordan, President

Sean Conley, VP/National Liaison Officer

Brennan Uhrig, Treasurer/Secretary

Madison Rose, First Year Liaison

Matthew Colpo, Pre-SOMA Liaison



LEGISLATIVE UPDATE

The Ohio House of Representatives and Ohio Senate had a busy schedule before winding things down in mid-June for summer recess. The Senate schedule for the rest of 2020 calls for a few summer sessions, potential dates in September-October, and then an extensive session after the general election. The Speaker of the House doesn't have any sessions scheduled until November 10. Both House and Senate leaders have separately said they will conduct listening tours this summer on police reform.

The Ohio Osteopathic Association actively follows about 50 bills of the hundreds that have been introduced during this two-year session. Here's a run-down of some of the recent health care-related bills that have occupied legislators' time.

COVID-RELATED BILLS

HB 61 which incorporated another bill, SB 31, to require permission for contact tracing. *Passed by Senate; House refuses to concur with Senate amendments; next step: Conference Committee.*

HB 624 requires reporting of specific COVID-19 testing data from the Department of Health. Opponents argued most of the information is already available, infringes on patient confidentiality, and undermines health officials. *Passed by House; referred to Senate Government Oversight and Reform Committee.*

HB 673 allows pharmacists to conduct COVID-19 and antibody tests and to supervise pharmacy interns and certified pharmacy technicians to do the same. *Passed by House; referred to Senate General Government and Agency Review Committee.*

HB 679 requires a health benefit plan to reimburse a health care professional for a covered telehealth service, but does not require the reimbursement to be a specific amount. *Passed by House; awaiting Senate Committee referral.*

SB 1 The Senate unanimously rejected the House's attempt to limit the authority of Dr. Amy Acton, former Ohio Department of Health director, by refusing to concur with amendments. *Awaiting House to name Conference Committee managers.*

NON-COVID BILLS

HB 11 creates a series of programs to address infant mortality. It was amended to include changes to the state General Revenue Fund, allowing certain Medicaid appropriations to be allocated toward the federal share. *Passed by Senate; House concurred with Senate amendments; signed into law by Gov. DeWine.*

HB 388 regarding surprise medical billing. Creates a multi-step process for negotiating out-of-network payments. The medical profession, insurance industry, and lawmakers have been working on the issue for more than a year. Under the proposal, an out-of-network provider sends its bill to the patient's insurance company. The insurer can propose a different payment: the highest of their in-network rate, their out-of-network rate, or the federal Medicare rate. The provider can either accept the payment or negotiate another rate. If that fails, the parties go to arbitration with the loser paying 70% of arbitration costs and the winner paying the rest, with the added expense intended to encourage an agreement during the negotiation period. During the floor vote, lawmakers noted the compromise puts Ohio at the forefront of the issue and called the bill model legislation for other states. Senate has its own version, SB 198. *Passed House; awaiting Senate Committee assignment.*

HB 606 / SB 308 The bills grant civil immunity to a person who provides services for essential businesses and operations for injury, death, or loss that was caused by the transmission of COVID-19 during the period of emergency declared by Executive Order 2020-01D, which was issued on March 9.

HB 606 provides qualified immunity to physicians and a wide range of health care workers who provide services during a declared disaster or emergency; makes prison staff, grocery-store workers, and first-responders eligible for workers' compensation should they become infected with the coronavirus; and shields state and local governments from coronavirus-related suits. State Rep. Diane Grendell, calls her legislation the Good Samaritan Expansion Bill. "It provides front line medical professionals the protection and peace of mind necessary to ensure they can expend all their energy on fighting the COVID-19 pandemic without worrying about being sued," she said. Opponents of the bill said the increased burden of proof in civil lawsuits is problematic. *Passed by Senate; awaiting House concurrence or refusal to concur with Senate amendments.*

SB 308 removed language that would have continued the immunity into permanent law; holds health care immunity to a reckless standard; eliminates immunity for intentional conduct; and clarifies that orders and recommendations do not create a legal duty for tort law. OOA submitted written testimony to Senate Judiciary Committee. *Passed by Senate; assigned to House Civil Justice Committee.*

HB 253 to legalize the discharge of consumer grade fireworks, including bottle rockets, firecrackers, and missiles. OOA submitted opposition testimony. *Passed House; referred to Senate Transportation, Commerce and Workforce Committee.*

SB 252 to prohibit "fail first" coverage of drugs to treat stage four advanced metastatic cancer. *Passed Senate; referred to House Health Committee.*

SCR 14 declares racism a public health crisis and calls on the Governor to establish a working group to promote racial equity. Hundreds of individuals submitted testimony to the Senate Health, Human Services and Medicaid Committee in support, including the OOA. The House companion bill did not receive a hearing before the summer break. ■

Deaths in the Family

OOA Past President **Gilbert S. Bucholz, DO**, of Huron, died April 5, 2020. He was 86 years old.

Bucholz served as OOA president in 1978 and American Osteopathic Association president in 1991.



He was a champion and advocate for osteopathic medicine throughout his career and believed that his service and leadership were a way to 'give back' to a profession that gave him so much. In addition to OOA and AOA, he was also president of the American Osteopathic College of Radiology and Northwest Ohio Radiologists, and served on multiple boards including the Des Moines College of Osteopathic Medicine Board of Trustees. He was the recipient of many honors, including the OOA Distinguished Service Award in 1995.

He was passionate about medical education and was a clinical professor of radiology at DMU-COM and Ohio University Heritage College of Osteopathic Medicine, which he helped to establish. He was a team physician for the World Wrestling team at the 1968 Olympics.

The retired radiologist was elected coroner of Ottawa County in 2001. He was an adventure pilot and sailing enthusiast who enjoyed extensive travel. He sailed competitively in Lake Erie as well as multiple international races including the Sydney Hobart race.

OOA Past President **E. Lee Foster, DO**, 83, died February 25, 2020, at St. Joseph Warren Hospital.

Foster, a family physician in Warren, was a leader of the Ohio profession. He was a life member of the OOA and served terms as OOA president, Western Reserve District Academy president, and Ohio ACOFP president. He served as a delegate at the OOA and AOA Houses for over 25 years and was



trustee emeritus on the Ohio Osteopathic Foundation Board of Trustees.

He was the recipient of many honors throughout his career, including OOA Trustees Award, Ohio ACOFP Family Physician of the Year, Ohio ACOFP Distinguished Service Award, and Ohio University Heritage College of Osteopathic Medicine Trillium Award.

Always an advocate for osteopathic medical students, Foster served as director of Medical Education at Warren General Hospital (in addition to chief of staff and a Board trustee) and was one of the first full-time clinical faculty at OU-HCOM, where he later earned the rank of full professor of Family Medicine.

He graduated from Kirksville College of Osteopathic Medicine and interned at Grand Rapids Osteopathic Hospital before devoting 55 years to the practice of medicine. He was devoted to his patients and the osteopathic profession, mentoring many young physicians.

His community activities included president of Warren Jaycees, president of the Eastern Ohio Chapter of the American Heart Association, and board member of the Warren Area Chamber of Commerce, Salvation Army, and Trumbull County Chapter of the American Red Cross.

He is survived by his wife of 59 years, Sandi; two children; granddaughters; and great-grandson; as well as a large circle of friends and patients who enjoyed his wonderful sense of humor and kind, caring manner.

Memorial contributions may be made to Kinsman Presbyterian Church, 6383 Church Street, Kinsman, 44428 or the Ohio Osteopathic Foundation, PO Box 8130, Columbus, 43201.

OOA Life Member **John W. Knable, DO**, 86, of Avon, died June 22, 2020, at his home.

He graduated from Youngstown State University and the College of Osteopathic Medicine and Surgery in Des Moines, Iowa. Most of his professional career, as a specialist in internal medicine, was spent in Cleveland and Athens. He held leadership positions at Richmond Heights General Hospital, at Brentwood Hospital, and was chair of the Department of Medical Specialties at Ohio University College of Osteopathic Medicine from 1979-1988. Throughout his career, many

of his students and trainees saw him as the epitome of the caring physician, with his calm imperturbability and selfless devotion to his patients.

Following his retirement, Knable was a devoted attendee of the Chautauqua Institution and as an accomplished clarinetist and saxophonist, returned to his deep love of music.

He is survived by his wife of 62 years, Patricia; five children, including Mark E. Knable, DO, of Athens, and Michael Knable, DO, of Maryland; nine grandchildren; two great-grandchildren; and many nieces, nephews and special friends.

Memorial donations may be made to Ohio University Foundation, John W. Knable Scholarship Fund, PO Box 869, Athens 45701.

OOA Life Member **Arnold S. Miller, DO**, died peacefully, June 5, 2020, at Trumbull Regional Medical Center. He was 100 years old.

Miller served in the United States Army from March 1942 until he was honorably discharged in December 1945. He attained the rank of sergeant, working as a message center chief in the European Theater where he was stationed as part of the 13th Armored Division.

Upon his return he worked at US Steel in the accounting department before attending Youngstown College and Des Moines College of Osteopathic Medicine and Surgery. Miller completed his internship at Doctors Hospital in Columbus.

Being among the founding members of Warren General Hospital was one of his greatest accomplishments. He also served as board president there and throughout his 52 years in family practice was on staff at local hospitals, including Youngstown Osteopathic Hospital, Warren Green Cross Hospital, Trumbull Memorial Hospital, and St. Joseph Health Center.

He was married to Ruth for 58 years until she died in 2008. Survivors include his two children; five grandchildren; four great-grandchildren; and numerous other family members. He will also be missed by friends, community members, and former patients and coworkers, many of whom sent some of the nearly 750 cards he received for his 100th birthday in May.



OHIO OSTEOPATHIC ASSOCIATION

CONTINUED FROM PAGE 4 EXECUTIVE INSIGHT

Human Services, and Medicaid Committee for SCR 14, which would declare racism a public health crisis and asks the Governor to establish a working group to promote racial equality in Ohio. As of the writing of this article, SCR 14 still has not been approved by the Committee. The OOA will continue to lean in to its efforts for a more just and equitable society for people of color.

AOA House of Delegates

Much like the OOA House of Delegates, the AOA decided to scale back its annual meeting in July to only those items required in policy—most notably AOA Board of Trustee elections and the presidential installation. The Ohio delegation voted at its meeting in April to appoint long-time Delegation Chair George Thomas, DO, to serve as its proxy during the virtual annual meeting. The policy consideration component of the AOA HOD has been postponed to immediately precede OMED in October. The AOA HOD voted to re-elect both AOA Board of Trustees from Ohio—Robert W. Hostoffer Jr., DO, and Jennifer J. Hauler, DO—to three-year terms. Congratulations to Drs. Hostoffer and Hauler! Lastly, OMED and the committee meetings associated with the AOA House of Delegates have also been transitioned to a virtual format in October.

Ohio Osteopathic Foundation

The OOA and its foundation—the Ohio Osteopathic Foundation—have for many years sponsored the white coats for the newest incoming members of the osteopathic family, which are presented during OU-HCOM's Convocation & White Coat Ceremony. We just concluded our second year of the White Coat Fund which allows members of the osteopathic family the opportunity to sponsor these coats and send a personal message to students beginning their path to become a DO. Thank you to all our sponsors!

You will also notice on our website that we've added a "Memorial Contributions" section on our Foundation page that now recognizes our OOA members who have passed away. Our goal was to more formally memorialize and remember those individuals

who have meant so much to us. You'll see our "In Memoriam" archive links to individual obituaries. I ask you to consider honoring a deceased member with a memorial gift. For every donation, a card is sent to the family of the deceased informing them of the donation in memory of their loved one. (Amounts are not mentioned and the contribution is tax deductible.)

We'll continue new and exciting fundraising opportunities and osteopathic outreach efforts through our Foundation in the years to come.

Service to You

We recognize this pandemic has certainly created challenges (but hopefully also some opportunities) for your practice. The OOA has created a COVID-19 resource page filled with updated state and federal information providing clinical guidance, testing information, state orders, telehealth resources, billing/coding resources, licensure updates, toolkits, and so much more. You can connect to these resources from our homepage.

We are constantly gauging changes to your practice and ongoing needs through your input. Please let us know how we can best serve you by completing our most recent survey found at the bottom of our homepage.

The OOA continues its advocacy to state and federal elected officials on your behalf to extend civil immunity protections during this emergency declaration. We have also advocated for PPP and of course ongoing legislative issues being discussed at the Statehouse. Read more about this in the "Advocacy" section of our site.

In the midst of this pandemic, the OOA staff continues to mostly work from home. Please know the quickest way to reach us is via email. Staff email addresses can be found on our website.

Lastly, I want to express my deep gratitude to the osteopathic family. Our members include life members, regular, retired, out-of-state, uniformed service, residents, and of course our students. We are incredibly thankful to all of you and are honored to be able to serve you in your mission to provide compassionate and holistic care to your patients. ■

OOA Life Member **Robert M. Stevenson, DO**, died at his residence in Mason, on April 18, 2020. He was 95 years old.

Known as "Dr. Bob," he was a long-time resident of Kent where he was a family physician in for nearly 50 years until his retirement in 2004. He considered himself blessed to follow his dream to be an osteopathic physician and to share an office and medical practice with his father, where they combined to serve the Kent community for nearly 100 years of medical practice.

He enjoyed being a family doctor because that meant he sometimes cared for four generations in the same family. Delivering babies and caring for their mothers was a most cherished part of his practice. He genuinely and intently listened to the cares and concerns of all of his patients.

Stevenson served during World War II and received several honors, including the Good Conduct Medal and Victory Medal. His memories and recollections of the war most often centered around his friendships with crew members and the trust, training, teamwork and shared values which were at the core of his service.

He was active in his community, loved Kent State sports, and enjoyed the outdoors, particularly biking and hiking.

Survivors include three children; three granddaughters; and three great-grandchildren. ■

IN THE KNOW

THANK YOU, DOCTORS!

Not all heroes wear capes—they also wear white coats and carry a stethoscope.



@ohiodos

JULY 8



A new social media campaign “Doctor’s Orders: Mask + 6 Feet” is underway to urge Ohioans to wear a face covering and practice physical distancing when in public. As part of the campaign, OOA is asking osteopathic physicians and medical students across the state to use the hashtag [#DoctorsOrders](#) and share photos and selfies of themselves wearing masks while not only at their medical office or hospital, but also while doing day-to-day activities. [#MaskPlus6](#) [#StaySafeOhio](#) [#MaskUpOhio](#)



It was a great success!

Thanks to the speakers, organizers, and attendees.



@ Ohio Osteopathic Association



June 22, 2020

Did you know your OOA membership is worth more when you take advantage of services offered by our strategic partners. Check out some of the key economic benefits of belonging and calculate your membership investment. www.OhioDO.org/MVC.



@ouhcomlife

JUNE 5



Today at 1pm, OUHCOM medical students across all three campuses knelt with other medical professionals for 8 minutes and 46 seconds as part of the nationwide [#WhiteCoatsforBlackLives](#) moment of silence for the death of George Floyd. Those who could not gather in person also joined in from afar as we knelt to raise awareness of racism, inequality, and police brutality. Black lives matter and we proudly stand in solidarity with the black community and everyone who is fighting for justice.

Help us build a strong osteopathic future through your generous donation!

Our foundation, the Ohio Osteopathic Foundation, serves the osteopathic profession in many ways. The OOF serves as an AOA-accredited body for osteopathic continuing medical education and certifies osteopathic CME in Ohio. The OOF also provides scholarships and support for student leaders who are working to create a stronger profession. Further, the OOF supports Ohio physicians seeking a health policy fellowship. In the months and years ahead, the OOF plans on expanding its educational offerings that complement our annual Ohio Osteopathic Symposium. Please know we cannot do this work without your support!



Something that may surprise you is the multitude of options to provide financial support!

You can donate:

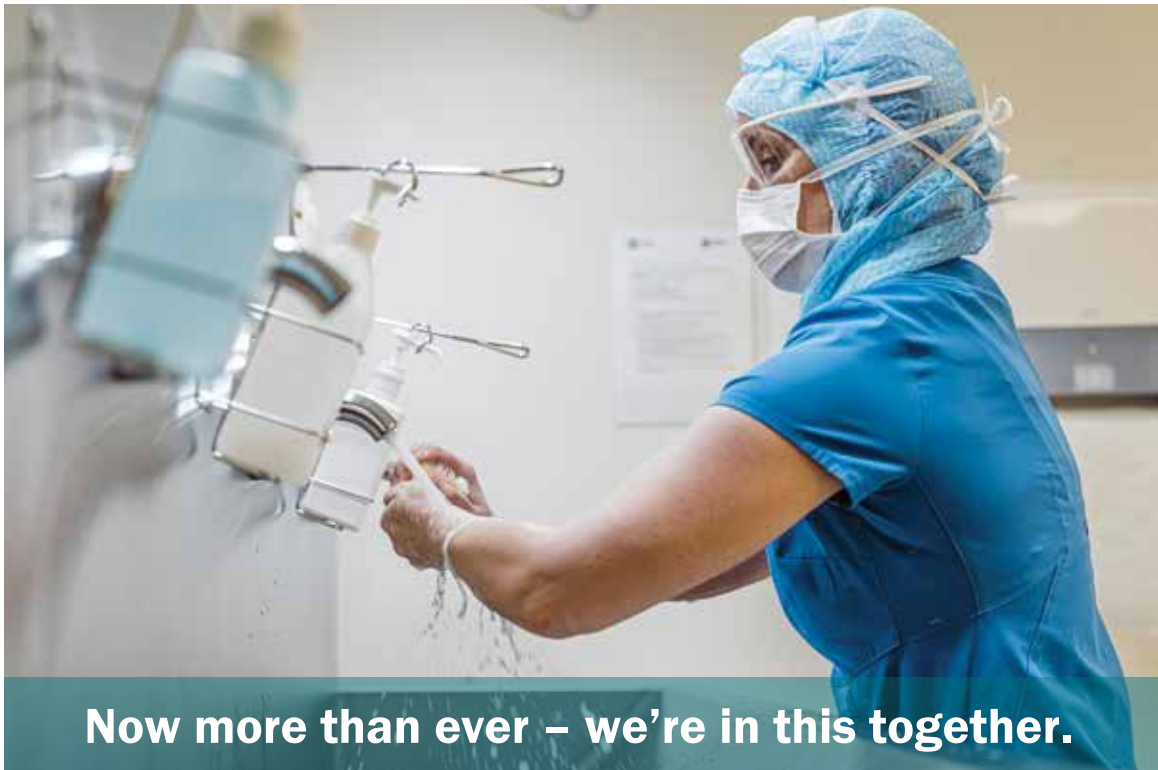
- A lump sum
- An ongoing monthly contribution
- Stocks
- Through your will or trust

That's not all. Based on your contribution, it may be the most effective method to invest your support is through a life insurance policy. Please don't allow concern regarding your medical history to impact your decision to donate. The policy may be fixed or variable, depending on the nature of your gift. This charitable life insurance gift is also tax deductible. Professionals at Northwestern Mutual will ensure confidentiality at every step along the way.

If you are considering donating or need help determining which opportunity is the best fit, contact OOA Executive Director/OOF President Matt Harney, MBA, today to talk more about it. You can also contribute online on the "Foundation" page under the "Affiliate" portion of our website—www.OhioDO.org. No gift is too small. Please know donations are tax deductible as the OOF is a 501(c)3 charitable organization.



OHIO
OSTEOPATHIC
FOUNDATION



Now more than ever – we're in this together.

ISMIE understands the immense challenges osteopathic physicians face every day – especially in recent months. Our Wellness Center includes a wealth of resources to help you navigate personal and professional challenges including private consultations. Visit it at ismie.com/wellness.

For other COVID-19 resources, visit ismie.com/covid-19.

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