#### 2021 PROGRAM - APPROVED - 21.0 Cat. 1A AOA Credits



### FRIDAY, April 23, 2021 - 8.0 hours

7:45 am - 8:45 am	New Abortive and Preventive Therapies for Migraine Martin T. Taylor, DO, PhD Neurologist/OrthoNeuro - Columbus, OH confirmed
8:45 am - 9:45 am	What every physician should know about racial disparities in Ohio's infant mortality crisis: Exploring patients' voices and structural racism Joselyn S. Hines, OMS-II - HCOM, Cleveland Sarah E. Rubin, PhD, Assistant Professor of Social Medicine, HCOM confirmed
9:45 am - 10:00 am	BREAK
10:00 - 10:30 am	Emerging Osteopathic Research/Competition Winners Darlene Berryman, PhD, RD, LD Associate Dean for Research and Innovation - Heritage College FIRST PLACE - Association Between Receipt of Nutritional Counseling During Antenatal Care Visits and Anemia Among Ethiopian Women - Eden Taddese, OMSII, HCOM Dublin SECOND PLACE - Challenges and Opportunities in Virtual Care for Veterans - Katelyn Lotz, OMSII, HCOM Dublin THIRD PLACE - A Retrospective Analysis of Health Determinants Associated with Opioid Prescribing Rates - Corrin Pelini, OMSIII, HCOM Athens confirmed
10:30 am - 12:00 pm	KEYNOTE ADDRESS: Getting To the End of the Pandemic Joseph M. Gastaldo, MD System Medical Director of Infectious Disease - OhioHealth/Columbus, OH confirmed
12:00 pm - 12:30 pm	LUNCH
12:30 pm - 1:30 pm	A Systems Approach: The Future of Medical Education Kenneth H. Johnson, DO, FAAO Executive Dean and Chief Medical Affairs Officer Heritage College of Osteopathic Medicine confirmed
1:30pm - 2:30 pm	Patient-Centered Clinical Care for African Americans Gregory Hall, MD Former Chair, Ohio Commission on Minority Health and Board Member, Cuyahoga County Board of Health/Cleveland, OH confirmed
2:30 pm - 2:45 pm	BREAK

### 2021 DRAFT PROGRAM - APPROVED - 21.0 Cat. 1A AOA Credits

2:45 pm - 3:45 pm	Four Pillars of Health for Patients and Physicians: Nutrition, Movement, Meditation and Breath Work Jennifer Pfleghaar, DO, FACEP, ABOIM Center for Integrative Medicine and Natural Aesthetics/Perrysburg, OH confirmed
3:45 pm - 4:45 pm	Understanding Mechanisms of "Compassion Fatigue" and Building Resilience Kenneth Yeager PhD Director, Stress, Trauma and Resilience Program, Ohio State University Wexner Medical Center Clinical Professor, Department of Psychiatry, Ohio State University College of Medicine confirmed
4:45 pm - 5:00 pm	CLOSING AND DOOR PRIZE

# SATURDAY, April 24, 2021 - 8.5 hours

7:45 am - 8:45 am	Navigating Care in Rural America During COVID Timothy D. Law, Sr., DO ('94), MBA Senior Medical Director, Highmark BCBS Medical Director Ohio Musculoskeletal and Neurological Institute-Ohio University confirmed
8:45 am - 9:45 am	Ocular Trauma and Emergencies Carrie A. Lembach, DO ('03) Ophthalmologist/Columbus, OH confirmed
9:45 am - 10:00 am	BREAK
10:00 - 11:00 am	Upper Extremity Rapid Fire Treatment of Common Shoulder Problems in the Primary Care Setting - Benjamin W. Szerlip, DO ('09) Little Leaguer's Elbow - Desmond J. Stutzman, DO('95) Total and Reverse Total Shoulder Replacement Surgery - Scott P. Stephens, MD Common Hand Injuries - Ryan D. Klinefelter, MD OrthoNeuro/Columbus, OH confirmed
11:00 am - 12:00 pm	AOA President's Address Thomas L. Ely, DO, FACOFP, FAAFP OOA President's Address - The OOA in 2021, Beyond the Pandemic Henry L. Wehrum, DO ('85) confirmed
12:00 pm - 12:30 pm	LUNCH
12:30 pm - 1:30 pm	J.O. Watson, DO Memorial Lecture Heritage: An Appreciation of James O. Watson, DO Anthony G. Chila, DO, FAAO Dist, FCA confirmed
1:30pm - 3:00 pm	Pulmonary/Critical Care - Theories of a Pandemic: Lessons Repeated but not Learned Timothy J. Barreiro, DO ('97), MPH, FCCP, FACOI, FACP Pulmonary/Critical Care - Mercy Health/Youngstown, OH confirmed
3:00 pm - 3:15 pm	BREAK - Hip Hop Wellness Break: Get Up and Move! Tyree M.S. Winters, DO ('07), FACOP
3:15 pm - 4:15 pm	Anticipatory Guidance for Racism: How to speak with patients about racism Tyree M.S. Winters, DO ('07), FACOP

	Pediatrician/Livingston, NJ confirmed
4:15pm - 5:15 pm	Mindfulness in Medicine Nelson H. Heise, MA, MS PCC-S, LICDC-CS Clinical Director, Ohio Physicians Health Program confirmed
5:15pm - 6:15 pm	Awards Ceremony

# SUNDAY, April 25, 2021 - 4.5 hours

8:00 am - 9:00 am	Can we talk? How to have a productive conversation about your patient's weight Amy Keller, MS, RD, LD Chief Dietitian, Mary Rutan Hospital/Bellefontaine, OH confirmed
9:00 am - 10:00 am	Lower Extremity Rapid Fire Foot & Ankle Exam for the PCP - Nicholas A. Cheney, DO ('07), FAOAO Trunnion Corrosion in Total Hip Arthroplasty - Ryan M. Palmer, DO ('09) Update on Joint Outpatient Surgery - Mark E. Gittins, DO, FAOAO Sports Related Knee Injuries - B. Rodney Comisar, MD, FAAOS OrthoNeuro/Columbus, OH confirmed
10:00 am - 10:15 am	BREAK
10:15 am - 11:15 am	Barriers to Working with Patients who Misuse Opioids: Implications for Reducing Physician Burnout Berkeley Franz, PhD Assistant professor, Community-based health, HCOM Heritage Career Development Faculty Endowed Fellowship in Population Health Science Osteopathic Heritage Foundation Ralph S. Licklider, DO, Research Endowment Lindsay Y. Dhanani, PhD Assistant Professor, Psychology, Ohio University Jordan Mirto, OMS-II, HCOM Athens Emily Harris, OMS-II, HCOM, Athens confirmed
11:15 am - 12:45 pm	A Conversation on Palliative Care and Value of the Osteopathic Touch Cleanne Cass, DO, FAAFP, FAAHPM. CAQ Geriatrics Director, Community Care and Education, Innovative Care Solutions/Ohio Hospice/Dayton, OH Edward E. Hosbach, DO ('87) Family Medicine/Hospice Care/Fort Recovery, OH Arvin K. Nanda, DO Family Medicine/Primary Care/Dayton, OH Jules Sherman, DO, FACOI Hematologist/Oncologist/Dayton, OH confirmed