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**Targets for Intervention:  
A Glance at the Risk Factors  
Contributing to Rising  
Hypertensive Disease Burden in  
Lima, Peru**

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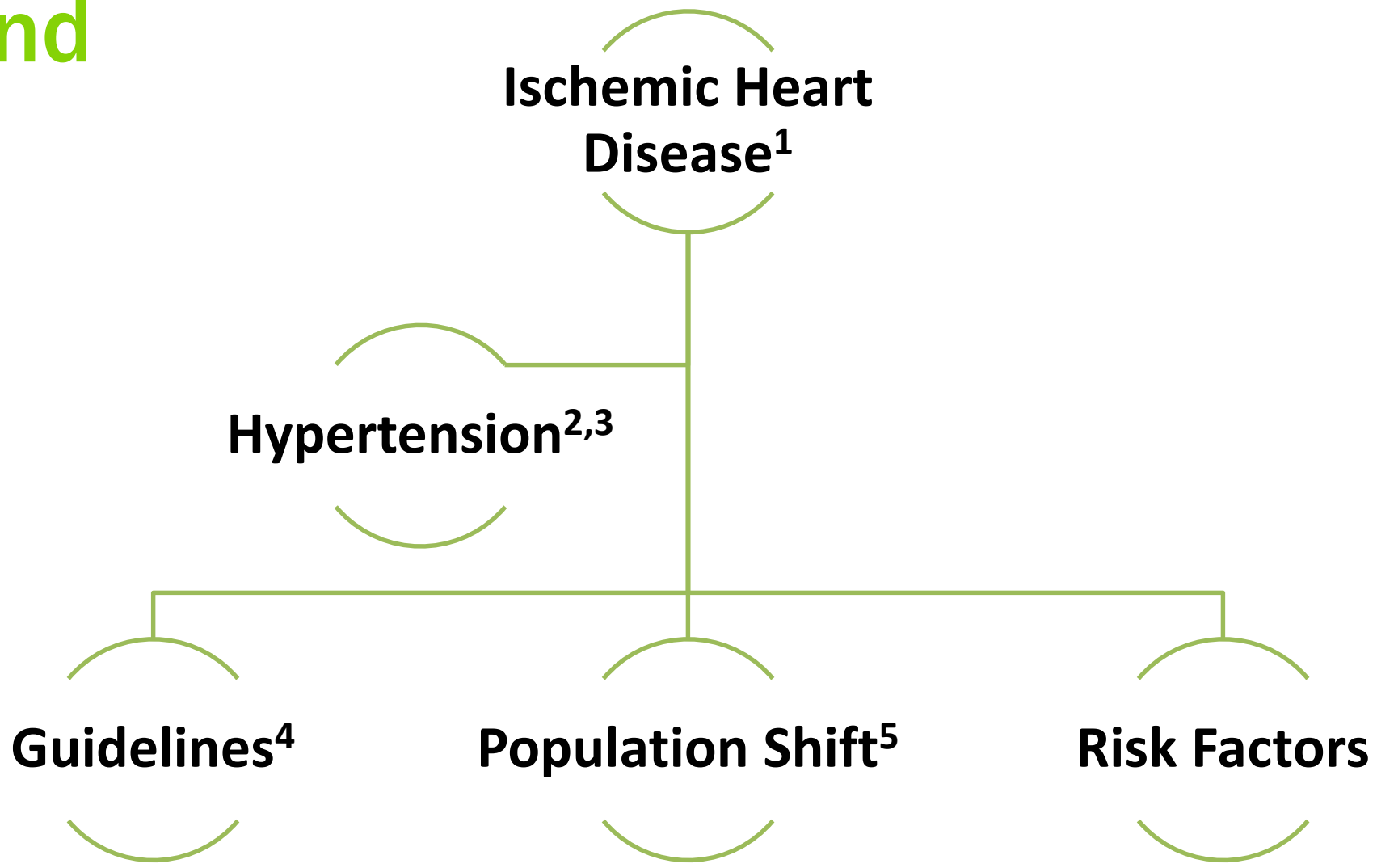


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Osteopathic  
Medicine**

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BHAKTI CHAVAN PHD  
DAVID DROZEK DO**



# Background



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Bernabe-Ortiz, A., Sanchez, J. F., Carrillo-Larco, R. M., Gilman, R. H., Poterico, J. A., Quispe, R., Smeeth, L., & Miranda, J. J. (2017). Rural-to-urban migration and risk of hypertension: Longitudinal results of the PERU MIGRANT study. *Journal of Human Hypertension*, 31(1), 22–28. <https://doi.org/10.1038/jhh.2015.124>



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# Methods



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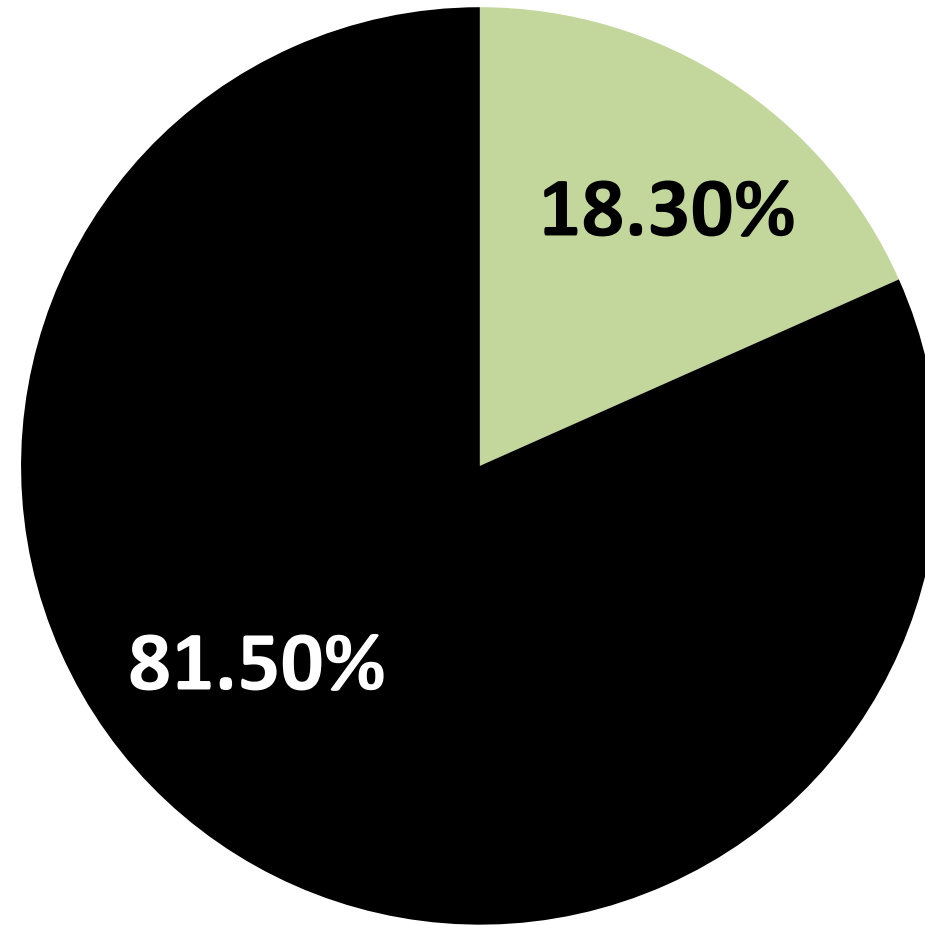


# Methods



# Demographics

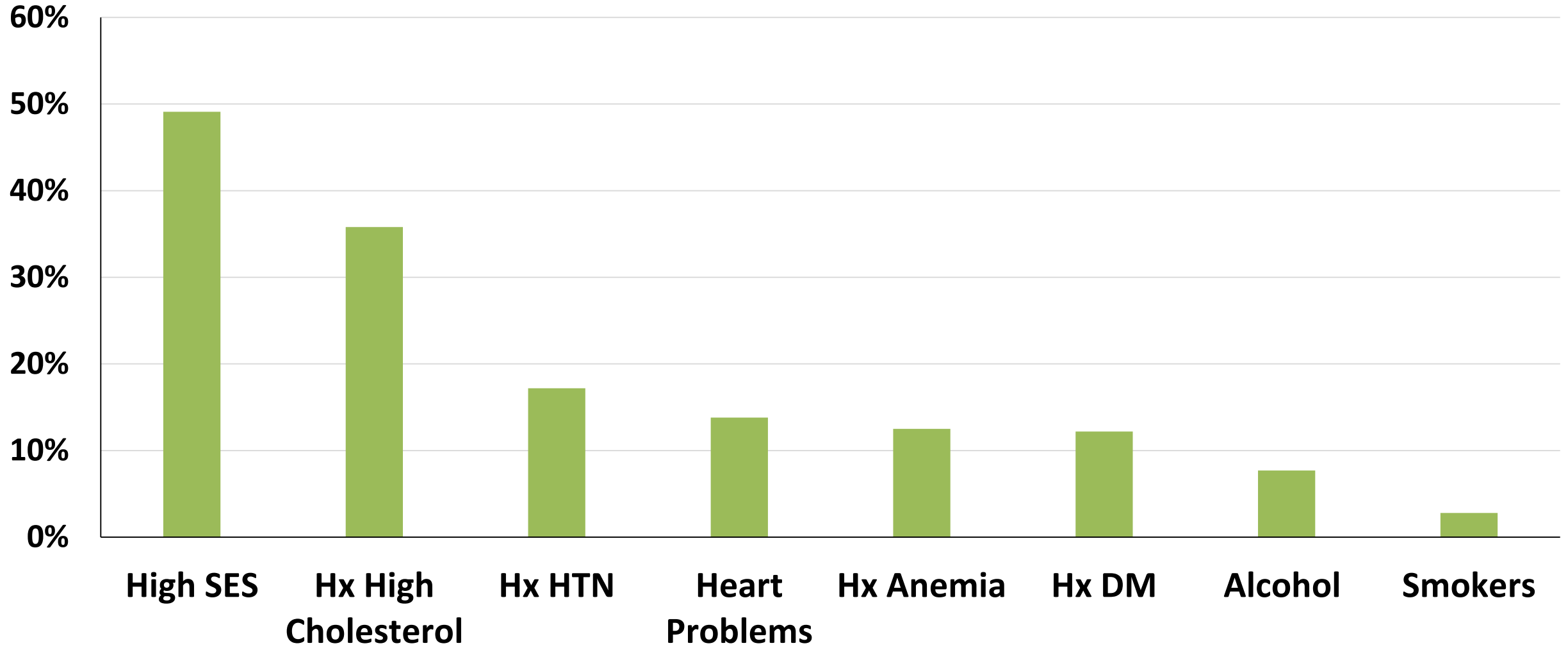
**n = 888**



■ Male ■ Female



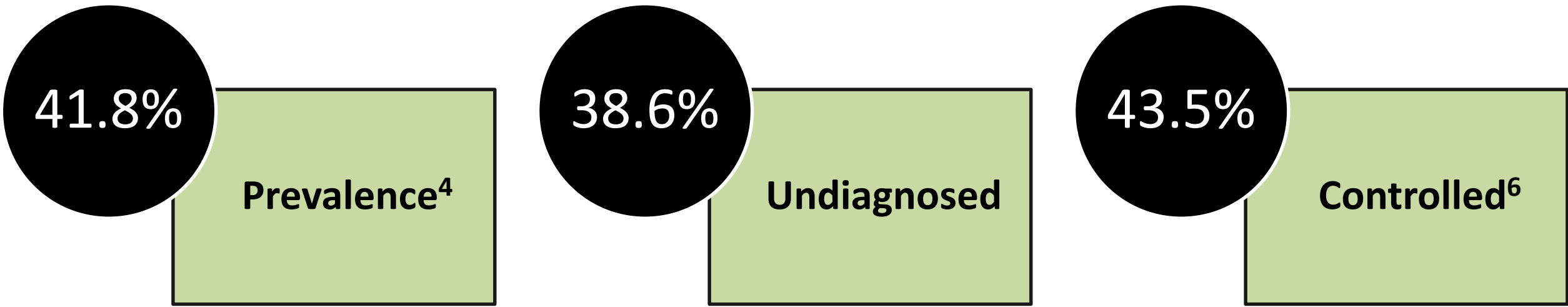
# Demographics



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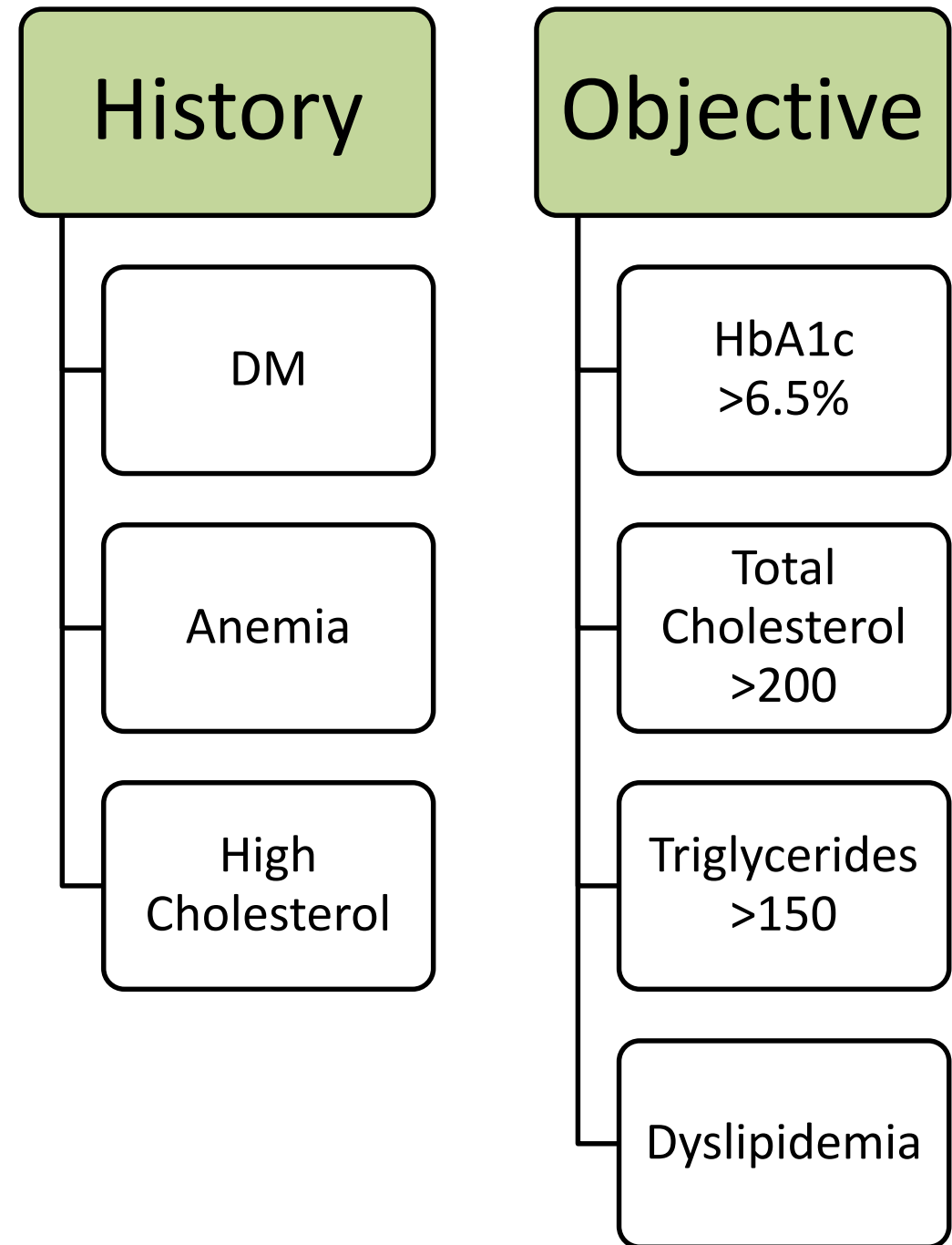
# Results & Discussion



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# Results & Discussion

## Significant Correlates for HTN





# Future Efforts

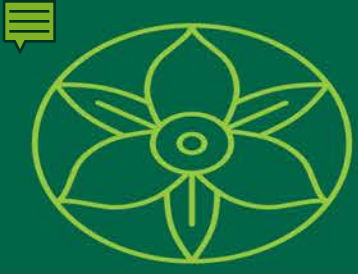
**Intervention**

- Education
- Sodium, lifestyle

**Research**

- Adherence
- Effectiveness





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**Thank you!**

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