

# CHRONIC PAIN: A REGIONAL COLLABORATION SYMPOSIUM

WITH OHIO STATE MEDICAL ASSOCIATION,  
OHIO OSTEOPATHIC ASSOCIATION, AND OHIO UNIVERSITY-  
HERITAGE COLLEGE OF OSTEOPATHIC MEDICINE



COLLABORATORS:



# CHRONIC PAIN: A REGIONAL COLLABORATION SYMPOSIUM

## ABOUT THE PROGRAM

### LEARNING OBJECTIVES

AT THE COMPLETION OF THE PROGRAM, YOU WILL BE ABLE TO:

- Identify what constitutes an appropriate assessment of a patient with chronic or acute pain and follow best practice guidelines for treatment
- Recognize the impact of House Bill 93 and OARRS in relation to chronic pain
- Monitor patients being treated with long-term controlled substances and identify when further consultation is needed
- Identify the prevalence and demographics of chronic pain
- Define lawful and best practice medical management and monitoring of extended release and long acting opioid analgesics through risk evaluation and mitigation strategies (REMS)

AVAILABLE VIA  
LIVE BROADCAST!



Registered participants can access the live broadcast 15 – 30 minutes prior to the event at:

<http://connect.adena.org/CME>

Enter as a guest and type your name, which will sign you in. As a virtual attendee, you will have access to the live audio feed, a slide presentation, a photo of the speaker and the opportunity to interact through a live chat box window via a moderator.

### CHRONIC PAIN: A REGIONAL COLLABORATION SYMPOSIUM

Saturday, December 14, 2013

7:30 – 1:00 p.m.

(Full agenda on second page)

#### COST TO ATTEND:

Free to all physicians, health care professionals and graduate clinical students; includes catered breakfast and light snacks. Event is also available via Live Broadcast.

#### LOCATION:

Kenworth Auditorium  
PACCAR Medical Education Center  
446 Hospital Road, Chillicothe, OH 45601

**EVENT GOALS:** Opioid Pain medicine abuse is rampant in southern Ohio based on data from health care, law enforcement, public health and the coroner system. This educational event will give the prescriber tools to treat patients in pain. The State Medical Board of Ohio outlines prescribers' obligations. This course provides practical approaches to meeting these obligations and helps patients receive appropriate assessment, treatment, and monitoring of the use of opioid pain medicines.

**EVENT LEADER:** Kort Gronbach, MD

**TARGET AUDIENCE:** Prescribers of pain medication. Primarily: Anesthesiology/Pain, Emergency, Urgent Care, Family Physicians, Obstetricians/Gynecologists, Internists, Hospitalists, Nurse Practitioners, Physician Assistants, Nurses, Chiropractors and Clinical Students.

FOR MORE INFORMATION AND TO COMPLETE REQUIRED ON-LINE REGISTRATION BY DECEMBER 7, PLEASE VISIT [ADENA.ORG/INSIDE/PACCAR](http://ADENA.ORG/INSIDE/PACCAR) AND SELECT THE CALENDAR DATE TO ACCESS THE REGISTRATION PORTAL.

For questions please email [mcopp@adena.org](mailto:mcopp@adena.org) or call 740-779-8821.



Institute for Learning

# CHRONIC PAIN SYMPOSIUM

## AGENDA

7:30 – 8:10 a.m. REGISTRATION/BREAKFAST AND WELCOME BY KORT GRONBACH, MD

8:10 – 9:00 a.m. HOUSE BILL 93 AND OARRS (TERRY JOHNSON, DO)

- RECOGNIZE THE PURPOSE OF HB 93
- DEVELOP STRATEGIES TO BE COMPLIANT WITH HB 93
- REVIEW PROPER INTERPRETATION AND USE OF OARRS

9:00 – 9:50 a.m. OHIO REVISED CODE (KORT GRONBACH, MD)

- REVIEW OHIO MEDICAL BOARDS CURRENT RC EXPECTATIONS
- IDENTIFY THE PROPER PATIENTS FOR LONG TERM OPIATE THERAPY
- IMPLEMENT A PROPER CLINICAL CARE PROGRAM FOR THE CHRONIC PAIN PATIENT

9:50 – 10:00 a.m. BREAK/VENDOR TABLES

10:00 – 10:50 a.m. LAA/REMS (MARK MALINOWSKI, DO)

- RECOGNIZE APPROPRIATE PATIENTS FOR THE INITIATION OF LONG ACTING OPIOIDS
- RECOGNIZE HOW TO BEGIN LONG ACTING OPIOID THERAPY, MODIFY DOSING, AND PROPER DISCONTINUATION
- DEVELOP AN UNDERSTANDING OF HOW TO MANAGE ONGOING OPIOID THERAPY
- DISCUSS THE RISKS AND SAFE USE, STORAGE AND DISPOSAL OF LONG ACTING OPIOIDS AND EFFECTIVELY COMMUNICATE THIS WITH PATIENTS AND CAREGIVERS
- IDENTIFY GENERAL AND PRODUCT-SPECIFIC DRUG INFORMATION OF LONG ACTING OPIOIDS

10:50 – 11:40 a.m. PREVALENCE AND IMPACT OF PAIN (CLEANNE CASS, DO)

- REALIZE THE PREVALENCE OF CHRONIC PAIN
- RECOGNIZE THE IMPACT OF CHRONIC PAIN
- MONITOR THE COMPLEX NEEDS OF THE CHRONIC PAIN PATIENT

11:40 – 11:50 a.m. BREAK/LIGHT SNACKS/VENDOR TABLES

11:50 a.m. – 12:50 p.m. CASE/GROUP DISCUSSIONS SPEAKER PANEL

- JOHN GABIS, MD, COUNTY CORONER
- BRAD GOLDMAN, MD, ADENA EMERGENCY
- EVENT SPEAKERS

# CHRONIC PAIN SYMPOSIUM

## SPEAKERS



**TERRY JOHNSON, DO**

Dr. Johnson is a family physician with over 20 years of experience. He has practiced in a variety of settings, including ER, Urgent Care, Academic Medicine and the military. A retired colonel, he spent 21 years in the Ohio Army National Guard and served three tours in the Global War on Terror, twice in Iraq. From 2002 until 2011, he was the Scioto County coroner. In that capacity, he carefully analyzed the tragedy of prescription drug deaths and took action to organize a community based response. He ran for the state legislature in the 89th District and won in 2010. As a state representative, he drafted landmark legislation, House Bill 93, which knocked out Scioto County's "pill mills." Remarkably, HB 93 was written and then passed unanimously through both the Ohio House and Senate and was signed into law by the governor in less than five months.



**KORT GRONBACH, MD**

Dr. Gronbach practices pain medicine and anesthesiology at Adena Health System. He served on Governor Strickland's Prescription Drug Abuse Task Force. Dr. Gronbach currently chairs the Ohio Society of Anesthesiologists Pain Committee and consults for the Ohio State Medical Board, Ohio State Pharmacy Board and Ohio BWC.



**MARK MALINOWSKI, DO**

Dr. Malinowski finished anesthesia residency and Fellowship at Ohio State, and went to Texas Tech University for pain management training, for which he is board certified. He has since been appointed as the medical director for Wood County Hospitals Center for Pain Management in Bowling Green.



**CLEANNE CASS, DO**

Cleanne Cass, D.O., FAAHPM, FAAFP, is a hospice and palliative care physician. Her current title is Director of Community Care and Education for Hospice of Dayton. Dr. Cass was a member of the 2007 Ohio Compassionate Care Task Force which identified the vast numbers of Ohioans with chronic pain but no access to care. She is on the board of the Ohio Pain Initiative. Dr. Cass served on Governor Strickland's Ohio Prescription Drug Abuse Task Force and is currently an active member of the Governor's Cabinet Opioid Action Team. As a representative of the Ohio Osteopathic Association, Dr. Cass advocates for the interests of Ohio's patients with pain and the prescriptive rights of Ohio's physicians.

# CHRONIC PAIN SYMPOSIUM

## SPEAKERS *(continued)*



**JOHN GABIS, MD**

Dr. Gabis provides primary care to patients at Pickaway Ross Family Physicians in Chillicothe, part of the Adena Health System. He was elected in 1992 as Ross County Coroner and continues to serve. As Coroner, Gabis has championed the fight against opiate drug overdose deaths in Ross County and helped to found the Ross County Drug Abuse Prevention Coalition, a multi-agency coalition helping to streamline the identification of those needing substance abuse treatment and providing appropriate opportunities for treatment.



**BRAD GOLDMAN, MD**

Col. Brad S. Goldman is the Chief of Professional Services Flight and the SG for the 445th Aeromedical Staging Squadron (ASTS), Wright Patterson AFB, Ohio. Dr. Goldman's current position is at Adena Regional Medical Center in Chillicothe, OH. He serves as both the Assistant Medical Director of Emergency Services and as EMS Medical Director for Ross County and the surrounding region.