

**APRIL 18 – 21, 2024**  
*Hilton Columbus at Easton*  
*Live Streaming*

# OHIO OSTEOPATHIC SYMPOSIUM

A Collaboration of  
Ohio University Heritage College  
of Osteopathic Medicine  
and Ohio Osteopathic Association

## EVENT PROGRAM

Welcome to OOS 2024

The Ohio Osteopathic Symposium is a collaboration between the Ohio Osteopathic Association and Ohio University Heritage College of Osteopathic Medicine and its Society of Alumni and Friends.

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## WIRELESS INTERNET

You will have access to the Hilton's wireless internet during the educational sessions. In order to maximize efficiency and speed, please disable any wireless hotspots you have on your devices. Wireless hotspots can drag the Hilton's system down, causing it to crash. If you need to power your device, be sure to sit in the front row of the lecture room to have access to electricity and a power strip. Wi-fi login instructions are provided in your registration folder.

## PROGRAM MATERIALS

The PDF of speaker slides and handouts are available at <https://www.ohiodo.org/2024OOSpresentations>.

## CME INFORMATION

The Ohio Osteopathic Foundation (OOF) is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOF designated this program for **28 hours of AOA Category 1-A credits** and will report CME and specialty credits in accordance with the extent of the physicians' participation in this activity.

**To get your CME credit, complete the following forms by May 17, 2024.**

CME Attestation Form <http://www.ohiodo.org/2024OOSattestation>

Evaluation Form <http://www.ohiodo.org/2024OOSevaluation>

You will receive a CME certificate verifying your credits via email within four weeks.



TIME	FUNCTION	LOCATION	CME CREDITS
12:00-5:00PM	REGISTRATION	EASTON LOBBY	
1:00-2:00PM	<b>Marijuana: What Every Ohio Physician Needs to Know</b> <b>Heath A. Jolliff, DO ('93), FACMT, FACEP, FAAEEM</b> Medical Toxicologist, Columbus	EASTON A/B	1.0
2:00-3:00PM	<b>Update on Botulinum Toxin Therapy</b> <b>Martin T. Taylor, DO, PhD</b> Neurologist, OrthoNeuro, Columbus	EASTON A/B	1.0
3:00-4:30PM	<b>Ohio Osteopathic Foundation (OOF) Board Meeting</b>	LILAC	
3:00-4:00PM	<b>Autoimmune Thyroid</b> <b>Jennifer L. Pflieger, DO, ABOIM</b> Center for Integrative Medicine and Natural Aesthetics, Perrysburg	EASTON A/B	1.0
4:00-5:00PM	<b>Addiction 101</b> <b>Thomas A. Gibbs, DO</b> Family Medicine, Hartville	EASTON A/B	1.0
5:00-5:15PM	<b>BREAK</b>		
5:15-8:30PM	<b>DINNER AND DERMATOLOGY Soup and Salad Buffet</b> Skin Concerns that Demand Attention <b>Pediatric Dermatology Review</b> <b>Frank J. Morocco, DO, FAOCD</b> OhioHealth Physician Group, Marion <b>Clinical Pearls from Referrals</b> <b>Shannon C. Trotter, DO ('06), FAOCD, FAAD</b> Dermatologists of Central States, Springfield <b>Kodachromes for the Non-Dermatologist</b> <b>Megan Jones-Sheets, DO ('16)</b> Oakview Dermatology, Gahanna <b>Mastering Acne Management: From OTC to RX Solutions</b> <b>Stephanie K. Fabbro, MD, FAAC</b> US Department of Veterans Affairs, Grove City <b>Biopsy Techniques &amp; Pathology Tips for Best Outcomes</b> <b>Matthew J. Franklin, MD</b> OhioHealth Physician Group, Gahanna	EASTON A/B	3.25

## Ohio's Osteopathic History is STRONG!!

Congratulations are in order! Here's to many more years of service to the profession!



10th Anniversary - Dublin Campus

# FRIDAY, APRIL 19 | TOTAL CREDITS: 8.5 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00AM	REGISTRATION + CONTINENTAL BREAKFAST	EASTON FOYER	
7:00-8:00AM	<b>Ohio ACOFP Breakfast Meeting &amp; President's Installation</b> <b>Brian A. Kessler, DO, FACOFP</b> President, ACOFP <b>Garrett L. Kirkpatrick, DO</b> Incoming President, Ohio ACOFP	EASTON C/D/E	
8:00AM-5:00PM	EXHIBITS OPEN		
8:00-9:00AM	<b>OHF 25 YEARS OF SERVICE &amp; IMPACT BLOCK</b> <b>Lessons from Direct Primary Care: Apply the Best of Direct Care Whether Employed, Private, Primary Care or Specialist</b> <b>Paige S. Gutheil, DO ('02)</b> Signature Primary Care & Wellness, Columbus, OHF Board Member	EASTON A/B	1.0
9:00-10:00AM	<b>OHF 25 YEARS OF SERVICE &amp; IMPACT BLOCK</b> <b>J.O. Watson, DO Memorial Lecture / Medicare Payment: Transparent, Secretive or Somewhere in Between</b> <b>Paul A. Martin, DO, FACOFP dist.</b> OOA Past President	EASTON A/B	1.0
10:00-10:30AM	REFRESHMENT BREAK / VISIT EXHIBITS	EASTON FOYER	
10:30-11:30AM	<b>OHF 25 YEARS OF SERVICE &amp; IMPACT BLOCK</b> <b>Live Longer, Live Stronger</b> <b>Brian Clark, PhD, and Leslie Consitt, PhD</b> Ohio Musculoskeletal and Neurological Institute OHF Endowed Researchers	EASTON A/B	1.0
11:30AM-1:00PM	<b>HCOM Luncheon – ALL WELCOME</b> <b>Envisioning the Future of Medical Education</b> <b>Kenneth H. Johnson, DO, FAAO</b> Executive Dean, HCOM and Chief Medical Affairs Officer, Ohio University	REGENT BALLROOM	1.5
1:00-2:00PM	<b>ADHD In Adults: An Update for Primary Care Physicians</b> <b>Elizabeth A. Yoder, DO ('06), DFAPA</b> Chief of Behavioral Health, Licking Memorial Systems, Newark	EASTON A/B	1.0
2:00-3:00PM	<b>Oh, Oh, Oh Ozempic®!: Obesity Medicine for the Generalist and Specialist</b> <b>Nakul Bhardwaj, DO ('18), MPH, DABOM</b> Obesity Medicine, Johns Hopkins, Baltimore	EASTON A/B	1.0
2:00-5:00PM	HOUSE OF DELEGATES	EASTON C/D/E	
3:00-3:30 PM	REFRESHMENT BREAK / VISIT EXHIBITS	EASTON FOYER	
3:30-4:30 PM	<b>Digital POCUS: The 21<sup>st</sup> Century Standard of Care</b> <b>Peter E. Weimersheimer, MD, FACEP, FAAEM</b> Emergency Medicine, University of Vermont Medical Center <i>*Sponsored by Butterfly Network, Inc.</i>	EASTON A/B	1.0
4:30-5:30 PM	<b>POCUS Hands-On Lab</b> <b>Peter E. Weimersheimer, MD, FACEP, FAAEM</b> Emergency Medicine, University of Vermont Medical Center <i>*Sponsored by Butterfly Network, Inc.</i>	EASTON A/B	1.0
4:30-5:30 PM	<b>Your Financial Checkup</b> <b>Northwestern Mutual / River Tree Wealth Management</b>	JUNIPER B/C	
5:30-6:30 PM	<b>NETWORKING HOUR</b> <i>*Sponsored by Northwestern Mutual/River Tree Wealth Management</i>	JUNIPER B/C	

**FRIDAY, APRIL 19**

**7:00AM – 8:00AM | EASTON C/D/E**

## **OHIO ACOFP PRESIDENT'S INSTALLATION BREAKFAST**

**OPEN TO ALL ACOFP MEMBERS**

ACOFP President Brian A. Kessler, DO, will provide an update of events happening at the national level.

Garrett L. Kirkpatrick, DO, of Cleveland, will be installed as Ohio ACOFP President.

**BRIAN A. KESSLER, DO, DHA, FACOFP *dist.***  
**GARRETT L. KIRKPATRICK, DO**



**FRIDAY, APRIL 19**

**9:00AM – 10:00AM | EASTON A/B**

## **JO WATSON, DO MEMORIAL LECTURE**

Paul A. Martin, DO, was selected to deliver the annual lecture, a prestigious long-standing tribute to one of Ohio's most respected DOs, the late J.O. Watson. The award honors individuals who have made a significant contribution to the advancement of health care, osteopathic medical education, or research. Thanks to the generous support of the Osteopathic Heritage Foundations, the lecture award carries an honorarium and a \$5,000 charitable contribution in the recipient's name to the Ohio Osteopathic Foundation.

**PAUL A. MARTIN, DO, FACOFP *dist.***



**FRIDAY, APRIL 19**

**11:30AM – 1:00PM | REGENT BALLROOM**

## **HERITAGE COLLEGE ADDRESS LUNCHEON**

**ALL ARE WELCOME TO ATTEND**

During this luncheon address, OHIO's Chief Medical Officer and Heritage College Executive Dean Ken Johnson, DO, will discuss the innovative curricula, expansive clinical education networks and interdisciplinary commitments that have transformed the college in recent years.

**KENNETH H. JOHNSON, DO, FAAO**  
**EXECUTIVE DEAN, HCOM & CHIEF MEDICAL  
AFFAIRS OFFICER, OHIO UNIVERSITY**



# SATURDAY, APRIL 20 | TOTAL CREDITS: 8.25 HOURS

TIME	FUNCTION	LOCATION	CME CREDITS
7:00-8:00AM	REGISTRATION & CONTINENTAL BREAKFAST	EASTON LOBBY	
7:00-11:00AM	Research Exhibition and Poster Competition	EASTON C/D/E	
8:00-10:00AM	<b>Orthopedics Lightning Round</b> <i>Negative Pressure Wound Therapy: Past, Present, Future</i> Ralph J. Napolitano, DPM, CWSP, FACFAS <i>Common Foot Injuries and When to Refer to a Specialist</i> Nicholas A. Cheney, DO ('07), FAOAO <i>InSpace Balloon for Advanced Rotator Cuff Arthropathy</i> Jeffrey E. Gittins, DO <i>Rotator Cuff Injuries</i> Scott A. Smith, MD <i>Degenerative Disc Disease</i> Ying H. Chen, DO OrthoNeuro, Columbus	EASTON A/B	2.0
10:00-10:30AM	<b>REFRESHMENT BREAK</b> Visit Posters / People's Choice Award Voting	EASTON C/D/E	
10:30-11:30AM	<b>KEYNOTE ADDRESS</b> The Leader We Wish We All Had is YOU!! Amy Acton, MD, MPH Former Director, Ohio Department of Health, Columbus	EASTON A/B	1.0
11:30-12:15PM	<b>Emerging Osteopathic Research</b> Darlene Berryman, PhD, RD, LD Associate Dean for Research and Innovation – HCOM <i>Reimagining an AR Therapy for Parkinson's Disease, and a Reflection on Inter-Institutional Collaborations</i> Brendan Baugher, MS, OMS-III/Cleveland <i>Alignment of Substance Use Community Benefit Prioritization and Service Lines in US Hospitals</i> Lauren Donovan, MBA, MS, OMS-IV/Athens <i>Novel Manual and Endocrine Avenues for Targeting the Lymphatic System</i> Christopher Walsh, OMS-IV/Athens	EASTON A/B	.75
12:15-1:45PM	<b>OOA LUNCHEON – ALL WELCOME</b> AOA Update: Ira P. Monka, DO, FACOFP OOA President's Address: <i>It's All About the Journey</i> Douglas W. Harley, DO, ('02), FACOFP, FAAFP	REGENT BALLROOM	1.5
1:45-3:45PM	<b>Top Ten Things You Should Know in Pulmonary/Critical Care Medicine</b> Robert J. Schilz, DO, PhD Director of Pulmonary Vascular Disease Program and Medical Director of Lung Transplantation University Hospitals of Cleveland Timothy J. Barreiro, DO ('97), MPH, FCCP, FACP, FACOI Mercy Health, Youngstown	EASTON A/B	1.0
3:45-4:00PM	<b>REFRESHMENT BREAK</b>	EASTON LOBBY	
4:00-5:00PM	<b>Transcranial Magnetic Stimulation in the Treatment of Major Depression</b> Carlos G. Lowell, DO, Medical Director TMS Institute of Ohio and Psychiatrist, Sandusky	EASTON A/B	1.0
5:30-7:30PM	<b>Cocktail Awards Reception</b> Heritage College Awards/OOA Awards/Ohio ACOFP Awards	REGENT BALLROOM	



**SATURDAY, APRIL 20**  
 10:30AM – 11:30AM | EASTON A/B

**AMY ACTION, MD, MPH**  
 KEYNOTE SPEAKER

## KEYNOTE ADDRESS

**The Leader We Wish We All Had is YOU!**

**Amy Acton, MD, MPH**

Dr. Acton’s lecture will focus on leadership and lessons learned in her role as ODH director and cabinet member and advisor to Gov. Mike DeWine during an unprecedented crisis. She will provide a behind the scenes look at what it was like to lead the COVID-19 response for 11.7 million patients and the leadership traits that are needed in the modern leadership toolbox.



**SATURDAY, APRIL 20**  
 12:15PM – 1:45PM | REGENT BALLROOM

**IRA P. MONKA, DO, FACOFP**  
**DOUGLAS W. HARLEY, DO, FACOFP, FAAFP**

## AOA UPDATE + OOA PRESIDENT’S ADDRESS

**Ira P. Monka, DO, FACOFP**

President, American Osteopathic Association  
 Dr. Monka is an AOA board-certified osteopathic family physician. He practices at the Medical Institute of New Jersey in Cedar Knolls.

**Douglas W. Harley, DO ('02), FACOFP, FAAFP**

Incoming President, Ohio Osteopathic Association  
 Dr. Harley has been active within osteopathic professional leadership since 2005 when he completed his residency. He is program director of the Family Medicine Residency at Cleveland Clinic Akron General.



**SUNDAY, APRIL 21 | TOTAL CREDITS: 4.0 HOURS**

TIME	FUNCTION	LOCATION	CME CREDITS
8:00AM-12:00PM	<p><i>OMM Skills Enhancement Course: Everyone is On the Same Page: A Practical Approach for Applying and Teaching Osteopathic Principles and Techniques</i></p> <p>Jean S. Rettos, DO ('04), HCOM OMM Discipline Director                      Robert Knight, DO – HCOM OMM Faculty                      Militza Esquivel, DO ('14) – HCOM OMM Faculty                      Cheryl A. Hammes, DO ('98), FACOFP – HCOM OMM Faculty</p>	EASTON A/B	4.0



# OSTEOPATHIC MEDICINE



OHIO  
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Heritage  
College of  
Osteopathic  
Medicine

## FUTURE DATES

April 10 – 13, 2025  
April 16 – 19, 2026

Columbus Hilton at Easton