

# Buckeye Osteopathic Physician



**+ 2017  
Symposium  
REVIEW**

Advancing patient health and leading  
the transformation of primary care



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# Buckeye Osteopathic Physician

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**On the Cover:** Scenes from the 2017 Ohio Osteopathic Symposium, April 19-23. TOP: Osteopathic medical students Duna Alkhalaleh (left) and Kelsey L. Maag. BOTTOM LEFT: Diana L. Brewster, DO, of Canton (left) with featured speaker Joselin Linder. BOTTOM RIGHT: Osteopathic medical students (left-right) Patrick S. Finnegan, Caitlin C. Finelli, Amber J. McDermott and Kayla E. Prokopakis.

THIS OSTEOPATHIC SYMPOSIUM REVIEW

# + A Call to *Healing*

By Jill Ross | Photos by Rich-Joseph Facun

In April, about 850 people gathered together with two lofty goals: to advance patient health and lead the transformation of primary care. In the keynote address, *A Call to Healing*, Adrienne Boissy, MD, reminded the audience that physicians don't just need to walk the walk, but also talk the talk — in other words, connect with patients on a more empathetic level.

**BOISSY, WHO IS THE CHIEF** experience officer at Cleveland Clinic Health System and staff neurologist at Cleveland Clinic Mellen Center for Multiple Sclerosis, called it “empathy by design.”

During the talk, she shared various initiatives undertaken by Cleveland Clinic with the single goal of improving every aspect of a patient's encounter with their institution — from their physical comfort to their educational, emotional and spiritual needs.

Many of the initiatives include increasing virtual access. They've launched a mobile patient portal app to streamline patient experience. “This launched a couple years ago, but it's grown in usage by 60 percent each year,” said Boissy.

According to Boissy, another of the biggest innovations around the health care experience is increasing transparency and visibility.

“Over 60 percent of patients go looking for what people are saying about [doctors] online, then make a choice based on what they saw ... You, as a practice, need to decide whether or not that's okay with you.” She recommended that doctors begin to think about countering potentially lackluster online messages by increasing their own visibility by hosting doctor profiles on their own websites bolstered by videos, ratings and “real” patient feedback.

CONTINUED ON PAGE 4

A two-hour workshop, *OMM for all Ages*, was held at the Symposium.



### **Walking the walk**

Brian C. Clark, PhD, in the annual JO Watson DO Memorial Lecture, also reminded attendees that not only do they have to “talk the talk, but walk the walk” — quite literally.

Clark’s lecture, aptly titled *Age of Champions*, reviewed his research into the demographics and biology of aging as the executive director of the Ohio Musculoskeletal and Neurological Institute (OMNI) at Ohio University Heritage College of Osteopathic Medicine, where he and his team focus on developing effective interventions that increase muscle function in older adults.

It should come as no surprise that patients are living longer. Although the average life expectancy in the US is around 76–78, as Clark pointed out, if “you reach age 65, you can expect to live an extra 18.5 years.”

“My interest is less in lifespan and more in the healthspan,” said Clark. “As society gets older, I’m less worried about how long we live than how high a quality of life we can live.”

Factors contributing to a long lifespan include environmental and behavioral traits, which are both modifiable factors (and “model”-fiable as well — hence the gentle reminder that a lifelong exercise regimen consisting of cardio, resistance and flexibility is critical for both doctors and their patients).

“There is strong evidence to suggest that patients listen to doctors that walk the walk,” Clark said. “If you’re not walking the walk, they won’t listen to you.”

### **New payment model means increased compensation for primary care**

In *Transforming Payment for a Healthier Ohio*, Greg Moody, director of the Governor’s Office of Health Transformation, shared that Ohio has been awarded a federal grant to test payment innovation models. “Ohioans spend more per person on health care than residents in all but seventeen states,” he said. “And in fee-for-service, we get what we pay for,” he added — namely, volume instead of value.

In examining alternatives to fee-for-service, Moody explained how Ohio’s State Innovation Model is focusing on (1) implementing episode-based payments and (2) increasing access for patient-centered medical homes (PCMH).

CONTINUED ON PAGE 6





Featured speaker  
Joselin Linder.



Heritage  
College medical  
student  
E. Scott Wong.



William J. Burke, DO,  
dean of Heritage College,  
Dublin.



Peter A. Bell, DO, dean of  
Liberty University College  
of Osteopathic Medicine.

Kimberly J. Wolf, DO, of Columbus, led a two-hour OMM workshop.



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These new models intend to reward cost-efficient, high-quality care by returning cost savings to the insurance carrier to primary care practices (PCPs) via “performance bonuses.”

Under the episode-based plan, PCPs will be incentivized to make “smarter referrals” that will keep overall costs down by referring to a list of “high-value, low-cost providers.”

Under the comprehensive primary care model, PCPs who are identified as high-performing will be rewarded under a program that begins Jan. 1, 2018. Any PCP in Ohio will be eligible to participate, regardless of size.

Moody said that the program aimed to ask the question, “What do you do that

really keeps people well?” The answer: it’s basically a lot of things — from patient engagement to social activities outside the patient setting to making behavioral health referrals. In other words — things physicians really don’t get paid for.

“What we did was identify the small measures that seemed to be most highly correlated to lowering the cost of total care,” said Moody. The final list includes eight activity requirements, which include things like same-day appointments; four efficiency measures, such as reducing visits to the emergency department and increasing the generic dispensing rate; and 20 clinical measures, which align with core standards for PCMH. If practices meet a certain percentage of these measures, they will

receive a bonus, which averages \$4 per patient (\$1 on the low end). With this extra payout, practices will be able to further improve by doing things like hiring social workers or improving processes.

In response to concerns over increased recordkeeping requirements, Moody stressed that the new system is not meant to be a burden: “Ninety-two percent of participating practices [in the pilot program] did not have to change a thing. The only change is, now we owe them more money for doing the right thing.”

### **Genetics and osteopathic medicine**

In a truly fascinating look at how genetics and health care intersect, author

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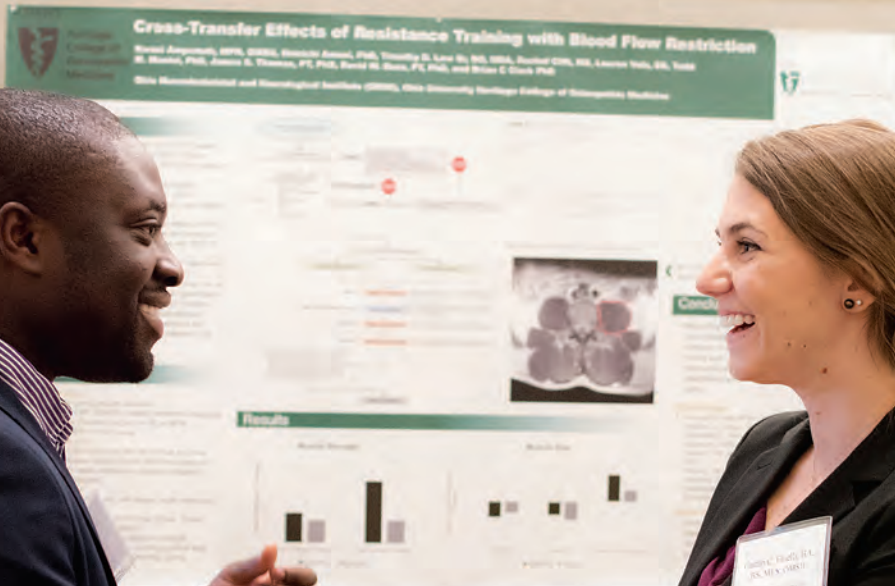
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1. Keynote speaker Adrienne Boissy, MD, chief experience officer at Cleveland Clinic Health System. 2. Greg Moody, director of Governor's Office of Health Transformation. 3. Rodney M. Wiseman, DO, of Texas, president of American College of Osteopathic Family Physicians. 4. AOA President Boyd R. Buser, DO, of Kentucky (center), with AOA/OOA Past President Robert S. Juhasz, DO.



1. OOA Past President Geraldine N. Urse, DO. 2. Heritage College Professor John J. Kopchick, PhD. 3. Judging at the Annual Poster Contest. 4. Brian L. Colopy, DO (right), receives the Kirkland Award for Professionalism. 5. Jane T. Balbo, DO, of Athens. 6. Timothy D. Law, Sr., DO (right), with a student from University of Pikeville Kentucky College of Osteopathic Medicine.

B1



Heritage College students Kwasi Ampomah (left) and Caitlin C. Finelli.



# + Annual Poster Contest Continues to Grow

The 2017 Osteopathic Poster Exhibition and Competition, open to osteopathic and allopathic students, interns, residents and fellows, brought posters from six states and six colleges of osteopathic medicine. A total of 134 abstracts were submitted — the largest to date — in three categories: biomedical/clinical (71); case reports (58); and exhibition (5).

For the third consecutive year, all osteopathic Family Medicine residents in an Ohio residency, ACGME or AOA, were eligible to compete for the Ohio ACOFP Award.

Originally started in 2003 as a statewide competition, the poster contest marked its seventh year as a regional event. The winners were:

### Biomedical/Clinical

Grace Brantingham, OMS V, Ohio University Heritage College of Osteopathic

Medicine, Athens, Ohio – *Osteopathic Recognition: Perceptions of DO and MD Students*

Michael Messina, OMS II, Ohio University Heritage College of Osteopathic Medicine, Dublin, Ohio – *Reversal of Antiplatelet Therapy in Traumatic Intracranial Hemorrhage: Does Timing Matter?*

Jacob Triplet, DO (PGY 1), OhioHealth/Doctors Hospital, Columbus, Ohio – *Cerebral Desaturation Events in the Beach Chair Position: Correlation of Noninvasive Blood Pressure and Estimated Temporal Mean Arterial Pressure*

Bryan VanDyke, DO (PGY 5), OhioHealth/Doctors Hospital, Columbus, Ohio – *Effect of Blocking Screws on Union of Intraisthmal Femur Fractures Stabilized with a Retrograde Intramedullary Nail*

Amber McDermott, OMS II, Ohio University Heritage College of Osteopathic

Medicine, Athens, Ohio – *Effects of Streptozotocin (STZ) Treatment on STAT5 Knockout and Wild Type Mice*

### Case Report

Robert Malinak, OMS III, University of Pikeville-Kentucky College of Osteopathic Medicine, Pikeville, Kentucky – *Untimely Diagnosis of Pylephlebitis Due to Severe Diverticulitis Masquerading as Cancer*

David Johnson, DO (PGY 1), Nationwide Children's Hospital, Columbus, Ohio – *Compartment Syndrome Following a Minimally Angulated Radial Neck Fracture in a Pediatric Patient*

### Ohio ACOFP Award

Austin Tutt, DO (PGY 2), Cleveland Clinic/Fairview Hospital, Cleveland, Ohio – *A Life-Threatening Complication of Excoriation Disorder*

L-R: AOA President Boyd R. Buser, DO; OOA Immediate Past President Geraldine N. Urse, DO; Heritage College Executive Dean Kenneth H. Johnson, DO; OOA Nominating Committee Chair John F. Ramey, DO; OOA President Sean D. Stiltner, DO.



**CONTINUED FROM PAGE 6**

Joselin Linder shared the story of how her father’s mysterious illness set her on a path to investigate its origins in the lecture titled *Partners for Hope: Genetics and Osteopathic Medicine*.

Along her journey of discovery, she learned that she, along with other members of her family, also carried the gene that killed her father, a popular DO family physician in Columbus, Ohio. Andrea Amalfitano, DO, PhD, joined Joselin to provide a more in-depth analysis of how the deadly Linder gene likely first developed in Joselin’s great-great-grandmother and was subsequently passed along through the family tree, ending with Joselin and her sister. Amalfitano is professor of pediatrics, microbiology and molecular genetics at Michigan State University.

The genetic mutation, not yet officially named, causes compromised pressures in the portal vein of the liver, resulting in those affected becoming a “ticking time bomb,” as the veins in the digestive tract could burst at any moment. William I. Linder, DO, died in 1996 at the age of 49, after almost all of his organs had failed. The genetic mutation was identified through the efforts of a team of Harvard genetic researchers, who identified the so-called private mutation in less than a year.

Joselin chronicled the details of her journey in the book *The Family Gene*, published in 2017.

The session was enhanced by contributions from moderator John J. Kopchick, PhD, Heritage College professor of molecular biology, and supported by the Osteopathic Heritage Foundations, a Columbus-based organization dedicated to improving health in the community through education, research and service.

**The state of osteopathic medicine**

“The face of osteopathic medicine is changing, and the association is changing with it.”

That declaration came from American Osteopathic Association (AOA) President Boyd R. Buser, DO, as he presented an update on the profession from a national perspective over lunch. Osteopathic medicine, he said, is one of the fastest-growing health care professions in the United States. The number of DOs nationwide now tops 100,000 (including 2016 graduates), and 1 in 4 medical students today is in a college of osteopathic medicine.

Grant funding is also growing: AOA research grant funding is \$1.3 million for FY2017, topping FY2016’s total of \$1.1 million and dwarfing pre-2016 averages of \$250,000 annually.

Buser also gave an update on the transition to a single accreditation system. When fully implemented in July 2020, the new system will allow graduates of osteopathic and allopathic medical schools to complete their residency and/or fellowship education in ACGME-accredited programs.

The AOA, ACGME and AACOM have reached an agreement to ensure that no resident is left behind as part of the transition to the single GME accreditation system. As of April 3, 2017, 59 percent of programs have dual recognition. “This is what our students want,” Buser reminded the audience, citing the fact that 70 percent of third-year students indicated a strong desire to continue training in osteopathic medicine.

Also noteworthy are two important milestones in the AOA’s national brand awareness campaign, which launched in late 2015: 1 million visits to DoctorsThatDO.org and 350,000 “Find Your DO” physician profile views.

In addition to Buser, two other national dignitaries participated at the Symposium: ACOFP President Rodney M. Wiseman, DO, of Texas, and Linda Kazen Garza, president of the Advocates for the American Osteopathic Association.



Other notable presentations at the April 19–23 conference in Columbus included a historical perspective on the Heritage College offered by Executive Dean Kenneth H. Johnson, DO; the installation speech of new OOA president Sean D. Stiltner, DO; rapid fire sessions on cardiology and orthopedics with more than a dozen specialists; a panel of physicians and attorneys who discussed the value of medical-legal partnerships; and a workshop on illegal drug use led by William Morrone, DO, of Michigan. As a medical examiner and addiction medicine specialist, Morrone was called on by CNN last year to explain the role opioids might have played in the death of pop superstar Prince. Physicians earned 33.5 continuing medical education credits for the program.

Several evening events were also on the agenda: an awards ceremony, dinner program with lecture on cybersecurity, and a “Match and Mentor” reception designed to give medical students opportunities to network with experienced physicians.

The symposium, a collaboration between the Ohio Osteopathic Association and Heritage College of Osteopathic Medicine, drew a record number of physicians — 452. Overall attendance including medical students, speakers, staff and guests numbered 844. 🍷



## EXHIBITORS

Thanks and appreciation to all Symposium sponsors and exhibitors. Their support helped to enhance the quality of the medical education program.

The Exhibit Judging Committee of Melinda E. Ford, DO; Charles G. Vonder Embse, DO; and Samuel J. Nobilucci, OMS III, evaluated the displays and determined three winning vendors: US Army Healthcare – Best Overall Exhibit; Amgen, Inc. – Most Educational Exhibit; and Boston Heart Diagnostics – Judges’ Choice. Physicians who visited the trade show and obtained exhibitors’ signatures were entered into a drawing for cash prizes totaling \$3,000. Winners of the drawing were Wilson Benggon, DO, of North Canton; Diana L. Brewster, DO, of Canton; and Scott A. Kotzin, DO, of Cincinnati.

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### Exhibitors

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SAVE THE DATE: APRIL 25-29, 2018

# 2017 AWARD WINNERS

Ohio DOs are doing tremendous work for the profession, their patients and their communities. Those accomplishments were recognized during the Ohio Osteopathic Symposium, April 19–23, as the Ohio Osteopathic Association (OOA); Ohio University Heritage College of Osteopathic Medicine Society of Alumni and Friends (OU-HCOM); Ohio State Society of the American College of Osteopathic Family Physicians (Ohio ACOFP); and Advocates for the Ohio Osteopathic Association (AOOA) presented their highest honors.



**OOA DISTINGUISHED SERVICE AWARD**  
**Carl R. Backes, DO**  
Columbus

- Outstanding service to the profession, his patients and community
- Developed a nationally recognized program to help incarcerated pregnant mothers keep their babies with them and cared for hundreds of drug-addicted infants
- Passionate about education and a respected teacher and mentor
- Past president of OOA



**OOA LEGACY AWARD**  
**Peter A. Bell, DO**  
Columbus;  
Lynchburg, Virginia

- A leader who has made a powerful impact that will continue to affect the OOA well into the future
- Combines his passion for osteopathic medicine with a depth of experience and knowledge
- A health policy expert who has influenced medical and health care regulation in Ohio



**OOA/OSTEOPATHIC HERITAGE FOUNDATIONS GEORGE L. ECKERT, JR., DO, MENTOR OF THE YEAR**  
**Kristin M. Ryan, DO**  
Columbus

- Team approach to cancer treatment that includes her residents and students
- Excellent teacher who goes the extra mile to ensure medical students are included in difficult cases
- A role model for trainees and for the osteopathic surgical community



**OOA TRUSTEES AWARD**  
**David D. Goldberg, DO**  
Dayton

- Works to improve the health and wellness of physicians
- Educates medical professionals about stress/burnout and substance-related and addictive disorders
- Past president of OOA



**OOA M. BRIDGET WAGNER, DO, HUMANITARIAN AWARD**  
**Mark A. Foglietti, DO**  
Cleveland

- Mission work in Haiti and Colombia
- Member of an international surgical organization that helps children throughout the world receive medical care
- Gives his plastic surgery residents exposure to international service work



**OOA MERITORIOUS SERVICE AWARD**  
**Roderick J. McDavis, PhD**  
Athens; Washington, DC

- Strong supporter of HCOM and the osteopathic profession during his tenure as president of Ohio University
- Built strategic partnerships to assist HCOM's Dublin campus
- Advocate for medical students



**OOA/OSTEOPATHIC HERITAGE FOUNDATIONS JO WATSON, DO, MEMORIAL LECTURE AWARD**  
**Brian C. Clark, PhD**  
Athens

- Distinguished researcher committed to improving the quality of life for the elderly and those with chronic and recurrent pain conditions
- Highly regarded scholar with over 80 journal articles/book chapters and 125 abstracts



**OHIO ACOFP FAMILY PHYSICIAN OF THE YEAR**  
**John C. Baker, DO**  
Newton Falls

- Exemplifies the tradition of a family doctor
- Skilled clinician who cares about his community and is admired by his patients
- Leader in the profession, serving on the OOA Board for decades



**OHIO ACOFP DISTINGUISHED SERVICE AWARD**  
**Jon F. Wills**  
Columbus

- Executive director of the OOA and Ohio ACOFP
- Outstanding service to the profession for more than 42 years
- First non-DO to receive the award



**OHIO ACOFP YOUNG FAMILY PHYSICIAN OF THE YEAR**  
**Charles R. Fisher, DO**  
Columbus

- Dedicated to osteopathic family medicine
- Strives to provide alleviation to the suffering, guidance for the well and compassion to all
- Role model for students and residents



**OHIO ACOFP FAMILY  
MEDICINE RESIDENT OF THE YEAR**  
**Sarah J. Coffey, DO**  
*Columbus – Doctors Hospital*

- Passionate about education and teaching, as demonstrated through a Family Medicine fellowship
- Leadership roles and activities to improve the residency's recruitment process



**OU-HCOM  
HONORARY ALUMNUS**  
**John A. "Jack" Brose, DO**  
*Athens*

- Exemplary service to the Heritage College and its community
- Spearheaded the effort that provided for regional campuses in Dublin and Cleveland
- Highly respected as an educator and mentor by hundreds of alumni and students



**OU-HCOM MEDAL OF MERIT**  
**Terry A. Johnson, DO**  
*McDermott*

- Leader in medicine, education and politics
- First DO elected to the Ohio General Assembly
- Wrote important health-related laws, including one addressing prescription drug abuse



**OU-HCOM RECENT  
GRADUATE AWARD**  
**Dawn L. Sammons, DO**  
*Athens*

- Actively involved in osteopathic medical education and serves as a mentor to students and residents
- Has made positive use of her medical education to serve her community
- Goes above and beyond for her patients



**OU-HCOM DISTINGUISHED  
SERVICE AWARD**  
**Timothy J. Barreiro, DO**  
*Youngstown*

- Incredible commitment to the Heritage College and Society of Alumni and Friends
- Uses a collaborative approach and unique skills to bring out the best in those around him
- Excellent educator and sought-after preceptor



**OU-HCOM KIRKLAND  
AWARD FOR PROFESSIONALISM**  
**Brian L. Colopy, DO**  
*Columbus – Doctors Hospital*

- Always displays a sense of professionalism through actions and attitude
- Puts patient satisfaction first and values relationships
- Shares knowledge graciously and promotes respect in the work place



**OU-HCOM OUTSTANDING  
ALUMNUS**  
**John F. Ramey, DO**  
*Sandusky*

- Dedicated service to the osteopathic medical profession at the state and local level
- Advocate and champion for HCOM and its students
- Outstanding leader who is always willing to help and to listen



**AOOA OSTEOPATHIC  
SPIRIT AWARD**  
**Jennifer A. Horvath**  
*Dayton*

- Longtime executive director of the Dayton District Academy of Osteopathic Medicine
- Exemplifies the spirit of caring that embodies the osteopathic profession



## GOA Life Members, Class of 2017

Theodore J. Alexander, DO  
Wayne R. Anable, DO  
Carl R. Backes, DO  
Thomas E. Baker, DO  
Barbara A. Bennett, DO  
Steven J. Blumhof, DO  
Paul E. Cadamagnani, DO  
Richard M. Garwood, DO  
Carol C. Hostetter, DO  
Carl F. Hoyng, DO  
John M. Jonesco, DO  
David C. Kazmierski, DO  
Charles L. Keys, DO  
Kenneth L. Knickerbocker, DO  
Dominic J. Maga, DO  
Connie Jo McCarroll, DO  
John W. Murrey, DO  
Ralph W. Newman, DO  
Robert A. Palma, DO  
Ronald J. Pedalino, DO  
John P. Popovec, DO  
Joseph A. Potocki, DO  
James R. Pritchard, DO  
John R. Ribic, DO  
Stanley J. Rosol, DO  
Barry A. Rubin, DO  
Gary L. Saltus, DO  
Russell Schreiber, DO  
Angelo E. Settembrini, DO  
Richard S. Silver, DO  
Thomas D. Skeels, DO  
George Thomas, DO  
Robert M. Tupa, DO  
Thomas E. Wanko, DO  
Schield M. Wikas, DO  
John C. Wolf, DO



## + Stiltner Installed as OOA President



Sean D. Stiltner, DO, poses at a reception with student leaders from Ohio University Heritage College of Osteopathic Medicine. He's wearing his new aviator hat, goggles and scarf — gifts from Geraldine N. Urse, DO. It is a long-standing OOA tradition for the outgoing president to present their successor with headgear.

**SEAN D. STILTNER, DO, OF PIKETON**, was installed as 2017–2018 president of the OOA at a luncheon, April 21, during the Ohio Osteopathic Symposium. He is the organization's 111th president.

Stiltner has served as a medic in the US Air Force and as a state aviation medical officer in the Ohio Army National Guard. He was deployed three times: Iraq Operation Iraqi Freedom (2007), Kuwait Operation New Dawn (2010) and Afghanistan Operation Enduring Freedom (2013). Recently he retired after 26 years of military service.

A family physician, he is chief medical officer at Valley View Health Centers, a federally qualified health center in Waverly. He also serves the Emergency Department at Premier Health Care/Pike Community Hospital. Previously, he was in private practice and worked with National Church Residences, providing long-term family care and nursing home care.

Stiltner is a 2004 graduate of Ohio University Heritage College of Osteopathic Medicine (OU-HCOM). He completed his internship and family medicine residency at Southern Ohio Medical Center. His undergraduate degree is from Shawnee State University in Portsmouth.

He is the ninth OU-HCOM graduate to become OOA president. 🦋



# RETHINK YOUR DRINK

You wouldn't **EAT 17** packets of **SUGAR**,  
why would you **DRINK** them?



Choose  
**WATER!**





New OOA President Sean D. Stiltner, DO, with Ohio University Heritage College of Osteopathic Medicine students who attended the House of Delegates, April 23. Students wrote several policy resolutions that were debated at the House.

# + Physicians Approve Policy Positions at Annual Meeting

## TWENTY-ONE RESOLUTIONS

were considered when the OOA House of Delegates held its annual meeting, April 22–23, including 10 new policies covering a range of topics like direct primary care, step therapy and fail first medication policies, cultural competency, physician and medical student burnout, insurance coverage for residential treatment of eating disorders, OMM research and conversion therapy. The majority of the new policy statements were written by students at Ohio University Heritage College of Osteopathic Medicine. They also submitted a proposal to increase student involvement in the OOA and at the OOA House — which was approved.

In addition to the new positions, physician-delegates amended and/or reaffirmed eight existing positions and deleted two from the books. One resolution was defeated.

Five resolutions were forwarded to the American Osteopathic Association (AOA) House of Delegates for national consideration.

The policy session was held at the Ohio Osteopathic Symposium, a continuing medical education conference in Columbus.

During the Symposium, Sean D. Stiltner, DO, of Piketon, was installed as OOA president. Other elected officers are: President-elect Jennifer J. Hauler, DO, of Tipp City; Vice President Charles D. Milligan, DO, of Orville; and Treasurer Sandra L. Cook, DO, of Geneva. Immediate Past President Geraldine N. Urse, DO, of Columbus, remains on the Executive Committee.

Speaker of the House John F. Uslick, DO, of Canton, and Vice Speaker David A. Bitonte, DO, MBA, MPH, of Uniontown, presided over the meeting. Both were re-elected to another term.

The House also elected Mark S. Jeffries, DO, and Paul T. Scheatzle, DO, to the Ohio Osteopathic Foundation Board of Trustees and voted for a full slate of physicians to represent Ohio at the AOA House of Delegates in July.

Four reference committees met on the first day of the House session to evaluate each resolution and conduct a five-year review of existing policies. Committee chairs then provided a report the following day to the entire House.

Henry L. Wehrum, DO, of Columbus, chaired the Ad Hoc Committee and the following served on the panel: Michael E. Dietz, DO;

Melinda E. Ford, DO; Lili A. Lustig, DO; Charles D. Milligan, DO; Amber Richardson, DO; and Carol Tatman.

Sandra L. Cook, DO, of Geneva, chaired the Constitution & Bylaws Committee. Committee members included David A. Bitonte, DO (ex officio); Ying H. Chen, DO; Nicholas G. Espinoza, DO; Robert L. Hunter, DO; Jean S. Rettos, DO; and John J. Vargo, DO.

The Public Affairs Committee was led by Nicklaus J. Hess, DO, of Dayton, with committee members: Paige S. Gutheil Henderson, DO; Edward E. Hoshbach II, DO; Luis L. Perez, DO; Schield M. Wikas, DO; E. Scott Wong, OMS I; and Jon F. Wills.

Douglas W. Harley, DO, of Fowler, led the Professional Affairs Committee. Hilary S. Haack, DO; Kimbra L. Joyce, DO; K. Ronald Routh, DO; Philip A. Starr III, DO; Roger L. Wohlwend, DO; and Cheryl Markino served on the committee.

John F. Ramey, DO, of Sandusky, chaired the Credentials Committee.

Next year's House of Delegates is scheduled for April 27–28. 🍷

*For more information and the complete text of each resolution, go to the Members Only section at [oanet.org](http://oanet.org).*

# Ohio ACOFP Installs New President



Roberta J. Guilbord, DO

**ROBERTA J. GUIBORD, DO**, was installed as 2017–2018 president of Ohio Society of the American College of Osteopathic Family Physicians (Ohio ACOFP) at the organization’s annual meeting, held April 20, during the Ohio Osteopathic Symposium. ACOFP President Rodney M. Wiseman, DO, of Texas, conducted the ceremony.

Guibord has practiced medicine in the Toledo area for 20-plus years, the last 10 years in a solo private practice in Perrysburg.

She has served on the Ohio ACOFP Board of Governors since 2013 and has been elected to multiple leadership positions. She is also an active member of the Ohio Osteopathic Association (and served three terms on the OOA Board of Trustees) as well as the local affiliate, Northwest Ohio Osteopathic Association. Through her work and involvement with these organizations, she has demonstrated a commitment to the profession in general and osteopathic family medicine in particular.

A special interest in legislative affairs led her to pursue the AOA Health Policy Fellowship. She has served in the ACOFP Congress of Delegates as well as the OOA and AOA House of Delegates.

Guibord graduated from Des Moines University of Osteopathic Medicine and Health Services and completed her internship at Mount Clemens General Hospital in Michigan and her residency at Toledo St. Vincent Medical Center.

She succeeds Edward E. Hosbach II, DO, of Coldwater.

Prior to the installation, Wiseman, a family physician in private practice, gave an update on national activities. He noted that ACOFP represents more than 20,000 physicians, residents and students nationwide. The organization focuses on quality education, visionary leadership and responsible advocacy.

Ohio ACOFP Board officers elected at the annual meeting were: President-Elect Geraldine N. Urse, DO, of Columbus; Vice President Jennifer L. Gwilym, DO, of Athens; Secretary-Treasurer Lili A. Lustig, DO, of Cleveland. Eight other physicians were elected to the Board: James A. Schoen, Jr., DO, of Dayton; Sharon L. George, DO, of Warren; Kelly M. Becker, DO, of Strongsville; Paige S. Gutheil Henderson, DO, of Columbus; Nicklaus J. Hess, DO, of Springboro; Melissa Juliano, DO, of Mansfield; Christopher J. Loyke, DO, of Cleveland; and J. Todd Weil, DO, of Columbus. ❧



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*Robert W. Hostoffer, Jr., DO, OOA President, 2015-2016*



## Heritage College Graduates 124

For osteopathic physicians, patient care is all about empathy.

That was the message delivered to the 2017 graduating class of physicians and surgeons during the 38th annual Commencement ceremony for Ohio University Heritage College of Osteopathic Medicine, held May 6 at Templeton-Blackburn Alumni Memorial Auditorium.

Commencement speaker Karen J. Nichols, DO, dean of the Chicago College of Osteopathic Medicine at Midwestern University and the first woman to serve as president of the American Osteopathic Association, quoted Francis W. Peabody, MD, who famously closed a lecture to Harvard students in 1925 by advising them that “the secret of the care of the patient is in caring for the patient.”

Nichols said she learned the truth of this adage while training to be a doctor and practicing as an internal medicine physician. She recalled a woman who “literally jumped off the table and gave me this big bear hug” when Nichols entered the exam room.

Nine years earlier, Nichols had cared for the woman’s mother as she lay dying in a hospital. The sick woman had been cold, so Nichols had brought her a warm

blanket and tucked her in. She died in her sleep that night, and her daughter vowed to one day become Nichols’ patient so she could thank her in person.

The lesson? “Sympathy is when you feel bad for some patient,” Nichols explained. “Empathy is when you feel bad with that patient. Empathy is very important.”

Nichols stressed that “I don’t want to diminish the incredible body of knowledge that you have embraced in your time here.” But as important as expertise, she said, is the sincerity that makes patients feel they can trust a physician. And, she warned, studies show that typically a patient makes this judgment within the first 18 seconds of meeting a doctor.

“This job, being a physician, is so big, it’s scary,” Nichols said. “Sometimes it’s overwhelming. So many people need you. So you’re dedicating your hearts to serving and caring for humanity.”

Ohio University Interim President David Descutner, PhD, told graduates that while the job before them is great, they are up to the challenge. “As Heritage College graduates, you are well-prepared to practice medicine with integrity, commitment, compassion and respect for each patient,” he said. “I firmly believe your work will make a real difference in the lives of those you serve.”

Speaking as a representative of the class of 2017, Kyle Wenker joked that the class, whose members suffered a plethora of ills and injuries during their four years of medical school, may have been “the most accident-prone and medically vulnerable” in the college’s history. “But we endured it all, and we endured it all together,” he said. And as his classmates go out into the world as practicing physicians, he reminded them to hold tight to this solidarity. “Know that when your colleagues are weary, you have the capacity and the capability to restore them.”

Heritage College Executive Dean Kenneth H. Johnson, DO, said this class holds special meaning for him. Johnson, who has led the medical school since 2012, welcomed members of the class of 2017 during their Convocation ceremony in 2013, so he has known these students from their first days of medical school. “I can’t wait to see what the future holds for each and every one of you,” he told them.

He said that of the 124 Heritage College students graduating with DO degrees this spring, over half are entering primary care specialties or subspecialties, and more than 60 percent are completing their graduate medical education in Ohio. The class also includes 11 members who are pursuing careers as military physicians.

# OhioDOs IN THE NEWS

## Deaths in the Family

**Kathryn (Katie) Gillen Foss, DO**, of Columbus, died April 2, 2017. She was 60 years old.

Foss, a 1994 graduate of Ohio University Heritage College of Osteopathic Medicine, practiced obstetrics and gynecology in Columbus. Prior to attending medical school, she was a nurse at Doctors Hospital in Columbus.

She enjoyed ice skating and baking. She also loved to sew, especially baby blankets and made many for her friends and colleagues.

She is survived by husband, Peter F. Foss, DO, also an OU-HCOM graduate; four children; her parents; and a large circle of family and friends.

Memorial contributions may be sent to the National Pancreatic Cancer Foundation, PO Box 1848, Longmont, CO 80502, or Wellmont Hospice, 1 Medical Park Blvd., Bristol, TN 37620. Condolences and memories may be shared at oakley-cook.com.

**Michael A. Helfferich, DO**, 58, died May 2, 2017, at his home in Springboro.

Helfferich is a graduate of Xavier University and a 1985 graduate of Ohio University Heritage College of Osteopathic Medicine. He served his residency at Grandview Medical Center in Dayton where he later became the Otolaryngology Residency Program director and chair of the Otolaryngology Section. He practiced medicine in the Dayton area for over 25 years.

Dedicated to medical education, Helfferich devoted his time and talent to training young ENT physicians.

He was an avid outdoorsman, enjoying running, hiking, hunting and riding dirt bikes. Most of all, he was a dedicated family man and friend. He is survived by his wife, Debby; parents; four children including Nicholas J. Helfferich, a student at OU-HCOM; two grandchildren; siblings; and numerous nieces and nephews.

OOA Life Member **William F. Quinlivan, DO**, died Feb. 24, 2016, in Boca Raton, Florida. He was approaching his 95th birthday.

He graduated from Graceland College in Iowa in 1940 with an engineering degree and then earned his medical degree in 1944 from Philadelphia College of Osteopathic Medicine, where he also served his internship.

Quinlivan first set up a general practice in Syracuse, New York and later went to Grandview Hospital in Dayton for surgical training. In 1959, he took a fellowship in neurosurgery in France. Two years later he returned to Grandview and created a Department of Neurosurgery and established its residency program. He continued to practice in Dayton for more than 33 years.

When he retired from active practice, he served a time as interim vice president of Medical Affairs at Grandview.

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CONTINUED FROM PAGE 19

His honors include a Distinguished Service Award from Grandview Medical Center and earning the fellow designation from the American College of Osteopathic Surgery.

Survivors include his wife Lorraine and two daughters.

## Physician News

**Katherine A. "Toni" Clark, DO**, of Beaver Creek, was reappointed by the State Medical Board to the Ohio Board of Nursing's Committee on Prescriptive Governance. The Committee develops recommendations for advanced practice nurses' authority to prescribe drugs and therapeutic devices.

**Michael E. Dietz, DO**, of Cincinnati, has joined the State of Ohio Medicaid Drug Utilization Review (DUR) Committee. The DUR program is intended to safeguard the health of Medicaid consumers, assess the appropriateness of drug therapy and reduce the frequency of fraud, abuse and gross overuse.

**Melinda E. Ford, DO**, of Athens, was named to the Ohio Physicians Health

Program (OPHP) Board of Trustees as of Jan. 1. OPHP is a statewide organization that facilitates the health and wellness of physicians and other health care professionals to enhance patient care and safety. Ford is board certified in family medicine and addiction medicine.

OOA Life Member **Robert J. George, DO**, associate dean of academic affairs at LECOM Bradenton, received the Florida Osteopathic Medical Association's 2017 Lifetime Achievement Award. He received the award in recognition and appreciation of his devotion as a leader, physician, educator, mentor and osteopathic visionary, and for his lifelong commitment to provide quality health care to the patients of Florida and to the osteopathic profession.

**Paul A. Martin, DO**, of Dayton, was appointed to the CliniSync Board of Trustees as the new OOA representative. CliniSync is Ohio's statewide health information exchange which currently connects over 130 hospitals and nearly 6,000 physicians.

**Karen A. Montgomery-Reagan, DO**, of Athens, was named 2017 Pediatrician

of the Year by the American College of Osteopathic Pediatricians. She was chosen for the honor because of her exceptional care of children, commitment to teaching and dedication to quality pediatric medicine. Montgomery-Reagan is associate professor and chair of pediatrics at Ohio University Heritage College of Osteopathic Medicine.

**Eugene D. Pogorelec, DO**, of Massillon, received a Lifetime Achievement Award from the American College of Osteopathic Family Physicians (ACOF) during its annual convention, March 18, in Kissimmee, Florida. The award recognizes his career-long service to patients, osteopathic family medicine and ACOFP. Selection was made by the Board of Governors.

**Michael P. Rowane, DO**, of Willoughby Hills, was installed as president of the American Academy of Osteopathy, March 25, during the 2017 Convocation in Colorado Springs, Colorado. He will serve a one-year term leading the nation's largest medical society devoted to fostering neuromusculoskeletal medicine and osteopathic manipulative medicine.



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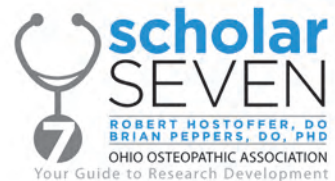
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