



2019 MIDYEAR CPE ACTIVITIES (CPE CREDIT/PROGRAM 0.1 CEU)

CHRONIC KIDNEY DISEASE: UPDATES AND BEST PRACTICES

Maria Pruchnicki, PharmD, FCCP, BCPS, BCACP, CLS, Specialty Practice Pharmacist, Cardiac Risk Reduction and Lipid Clinics, Ross Heart Hospital Ambulatory Care Center of The Ohio State University Wexner Medical Center

Chronic kidney disease (CKD) affects 14% of the United States population, and is commonly associated with high blood pressure and diabetes. Patients with CKD are at high risk for cardiovascular disease and other complex comorbidities, often necessitating complex and difficult-to-manage medication strategies. Pharmacists play important roles in assessing renal function, identifying/mitigating risks which contribute to developing disease, and in medication therapy management. This session will highlight recent updates in the care of patients with chronic kidney disease (including the relationship between CKD and atherosclerotic disease), review newer guideline updates, and examine new models of CKD care that include pharmacists. The audience will engage in case-based application and discussion.

ACPE #0129-0000-19-086-L01-P

use of insulin.

Application-based activity

DON'T SUGARCOAT IT: TYPES OF INSULIN ERRORS AND HOW TO PREVENT THEM

Resident, OSU College of Pharmacy/General Internal Medicine; and Shibu Varughese, PharmD, PGY-2 Ambulatory Care Pharmacy Resident, OSU College of Pharmacy/PrimaryOne Health Insulin therapy, although critical for the management of patients with both type 1 and type 2 diabetes, is classified as a high-alert medication by the Institute for Safe Medication Practices (ISMP). Per ISMP, high-alert medications are those that have "heightened risk of causing significant patient harm when they are used in error." Insulin-related errors and adverse effects contribute to up to 13% of hospitalizations and emergency department visits each year, especially in elderly patients. This presentation aims to address the potential errors associated with insulin administration, and how pharmacists can proactively work toward preventing these errors across all practice settings. Ongoing evaluation of appropriate insulin therapy and routinely engaging in patient education via pharmacist intervention is critical in ensuring the safe and effective

Ana Simonyan, PharmD, PGY-2 Ambulatory Care Pharmacy

 $ACPE~\#0129-0000-19-087-L05-P \qquad Application-based~activity \\ This program qualifies for State of Ohio Board of Pharmacy patient/medication safety CPE credit.$

PHARMACY LAW AND RULES UPDATE FALL 2019 *Jenni Wai, R.Ph., MBA, Chief Pharmacist, State of Ohio Board of Pharmacy*

Our speaker will present information regarding recent changes to Ohio laws/rules and will review commonly asked questions about opioid prescriptions, technician registration and training, emergency dispensing of naltrexone, cannabidiol and medical marijuana, and more. This session is a must for all pharmacists who want to stay up-to-date on legislative and regulatory changes impacting the practice of pharmacy.

ACPE #0129-0000-19-088-L03-P Knowledge-based activity
This program qualifies for State of Ohio Board of Pharmacy jurisprudence CPE credit.

INNOVATING PHARMACIST PRACTICE: PROVIDER STATUS AND VALUE-BASED REIMBURSEMENT

Nick Trego, PharmD, R.Ph., Associate VP, Pharmacy, Ohio Market, CareSource

Now that pharmacists are providers under Ohio law, CareSource is the first company to step forward with a new plan to pay pharmacists for clinical services. Our speaker will discuss this cutting-edge program that will reward pharmacists for providing value-based care. He will describe the overall plan to bring pharmacists more directly into the care of the patients served. This program is unique in the United States, and you will want to hear how you can participate.

ACPE #0129-0000-19-089-L04-P

Knowledge-based activity

Application-based activity

RETHINKING ASPIRIN FOR THE PRIMARY PREVENTION OF CARDIOVASCULAR DISEASE: WHAT DOES THE EVIDENCE SAY?

Emily Eddy, PharmD, BCACP, Assistant Professor of Pharmacy Practice, Ohio Northern University

Administering aspirin during a heart attack or stroke can be lifesaving, and the benefits of daily low-dose (81 mg) aspirin therapy to prevent recurrent cardiovascular disease (CVD) events are also well established. Aspirin's routine use for primary prevention, however, has been the subject of controversy because of questionable benefits and increased bleeding risk. This session will explore recent data surrounding the benefit of aspirin for primary prevention, and discuss the most recent guideline recommendations surrounding its use.

ACPE #0129-0000-19-090-L01-P

Application-based activity

BEATING BURNOUT

ACPE #0129-0000-19-091-L04-P

Kristine Mason, PharmD, MS, Assistant Professor, OSU College of Pharmacy and Director of Practice Advancement, Ohio Pharmacists Association

According to the National Academy of Medicine, more than 50% of physicians report symptoms of burnout. But what is burnout, and what does it look like in pharmacy? This session will use active learning strategies to help attendees better understand burnout syndrome, how burnout affects healthcare providers and patients, and strategies to prevent and cope with burnout.

FORMING A PARTNERSHIP WITH PHYSICIANS TO IMPROVE OPIOID PRESCRIBING AND REDUCE

PATIENT RISK

Katie Westgerdes, PharmD, Manager, ONU HealthWise Pharmacy

This interactive educational program will engage pharmacists to meet personally with physicians and other prescribers to develop a partnership/collaboration, in a patient-safety focused discussion. The professional partnership is directed at improving opioid prescribing, but the engagement principles could be used for any other out-reach to physicians or prescribers. The session will provide how-to instructions on engaging physicians, and discuss patient-safety initiatives that pharmacists can provide to reduce risk to patients. Our speaker will also review current opiate prescribing guidelines for acute and chronic pain, patient safety interventions (such as when to recommend naloxone), opiate alternatives, and present ways to include enhanced pharmacy services into workflow.

ACPE #0129-0000-19-092-L05-P Application-based activity
This program qualifies for State of Ohio Board of Pharmacy patient/medication safety CPE credit

2019 MIDYEAR MEETING REGISTRATION



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CONTINUING PHARMACY EDUCATION CREDIT

This meeting is targeted to all pharmacists. The continuing pharmacy education for this program is coordinated by the Ohio Pharmacists Foundation (OPF). To receive continuing pharmacy education credit, you must attend the entire session, actively participate, and complete the CPE form indicating sessions attended. Sign, date, and return the CPE form to the OPA staff, or to the OPA office within 30 days of the meeting. Your CPE credit will be uploaded at the end of the month to the CPE Monitor, where CPE statements of credit can be printed. Learning objectives for the continuing pharmacy education programs can be found on the OPA website at www.ohiopharmacists.org. Disclosure of faculty and commercial support relationships will be made known at the activity. Speakers are expected to openly disclose intent to discuss any off-label or investigational use of drugs, devices, or equipment in their presentations.

CONFIRMATION AND HOTEL INFORMATION

Upon registration, a confirmation letter or email will be sent to you along with hotel information and driving directions. From the OPA homepage (www.ohiopharmacists.org), you can also click on the *Midyear* link under *Events* to find *Hilliard Area Hotels*.

The Ohio Pharmacists Foundation, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Disclosure: The OPF trustees and other individuals responsible for planning OPF continuing pharmacy education activities have no relevant financial relationships to disclose.





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OPA MIDYEAR MEETING SUNDAY, NOVEMBER 3, 2019 MAKOY CENTER HILLIARD, OHIO





EMBRACING A CHANGING PHARMACY PRACTICE SCHEDULE

8:00 am	Registration and Continental Breakfast
8:30 am	Chronic Kidney Disease
9:30 am	Insulin Errors and Prevention
10:30 am	Break
10:45 am	PHARMACY LAW AND RULES UPDATE
11:45 am	Lunch and Exhibits
1:00 pm	Provider Status & Value-Based
	Reimbursement
2:00 pm	RETHINKING ASPIRIN FOR CV DISEASE
3:00 pm	Break

4:15 pm Improving Opioid Prescribing

3:15 pm Beating Burnout

Adjournment

5:15 pm