

# Together We Advance: Inspiring Excellence in Pharmacy



## SCHEDULE

- 8:00 am Registration & Continental Breakfast
- 8:30 am 8 Dimensions of Wellness
- 9:30 am Break
- 9:40 am Compounding Errors
- 10:40 am Break
- 10:50 am Digital Health Literacy
- 11:50 am Lunch & Trade Show
- 1:00 pm Dementia Treatment
- 2:00 pm Break
- 2:10 pm Diabetes Update
- 3:10 pm Break
- 3:20 pm Audits to Actions
- 4:20 pm Adjournment



## Midyear Meeting & Trade Show

**Sunday, November 2, 2025** | Makoy Center, 5462 Center Street, Hilliard, Ohio 43026

Earn continuing pharmacy education (CPE) credit by attending the OPA Midyear Meeting, Sunday, November 2, 2025, at The Makoy Center in Hilliard, Ohio. You will have the opportunity to network with your peers while learning the latest cutting-edge information for the practice of pharmacy in Ohio. OPA's 2025 Midyear Meeting offers six hours of CPE credit, including one hour of medication safety credit and one hour of jurisprudence credit as well as time to learn about vendor products and services during the Trade Show. Check out the programming below and register as soon as possible for the best registration rates.

## 2025 MIDYEAR CPE ACTIVITIES



### Beyond the Bench: Finding Fulfillment Through the 8 Dimensions of Wellness

*Rob Mullins, R.Ph., MBA  
Founder, Trusted Advice*

In the fast-paced world of pharmacy, professional demands often overshadow personal well-being. This session invites pharmacists and pharmacy technicians to step back and explore a more holistic approach to happiness and success through the lens of the 8 Dimensions of Wellness. Rob Mullins—leadership coach, former SVP of Pharmacy and Retail, and wellness advocate—blends leadership insight, personal reflection, and practical tools to help attendees evaluate where they are, where they want to be, and how to close the gap with intention. Whether you're a frontline pharmacist, pharmacy technician, leader, or student, you'll leave with a clearer sense of how to sustain both your purpose and your peace.

At the completion of this activity, the participant will be able to:

1. define the 8 Dimensions of Wellness and their impact on personal and professional fulfillment,
2. evaluate current wellness across all eight dimensions using a self-assessment framework,
3. identify common wellness challenges unique to pharmacy, including occupational stress, emotional fatigue, and life harmony imbalance, and
4. develop personalized micro-strategies to boost overall well-being and resilience.

ACPE #0129-0000-25-075-L04-P/T 0.1 CEU Application-based activity

### Compounding Errors: Turning Mistakes into Opportunities for Lasting Improvement

*Jacob Deitsch, Pharm.D., BCPS, BCSCP, HDDP  
IgC Director of Pharmacy Education and Programs, National Home Infusion Association*

Compounding errors in sterile compounding practices can have significant consequences for patient safety and organizational integrity. This session will take a deep dive into the process of deconstructing compounding errors using thorough root cause analysis (RCA), fostering a just culture, and crafting robust corrective action and preventive action plans (CAPAs). Participants will learn practical strategies to identify systemic factors, overcome common barriers to transparent reporting, and design CAPAs that

go beyond quick fixes to truly reduce recurrence.

At the completion of this activity, the participant will be able to:

1. describe the key components of an effective root cause analysis (RCA) process for compounding errors and understand how to apply them in real-world scenarios,
2. explain the principles of a just culture and how they support open reporting and non-punitive response to errors within pharmacy practice, and
3. identify common contributing factors to compounding errors, including human factors, process design, environmental influences, and communication gaps.

ACPE #0129-0000-25-076-L05-P/T 0.1 CEU Knowledge-based activity

### Digital Health Literacy: The Super Determinant of Health

*Suzanne Higginbotham, PharmD, BCACP, CDCES  
Clinical Pharmacist, OSU Physicians/General Internal Medicine Clinics; and*

*Cory P. Coffey, PharmD, MS, BCACP, BCPP  
Lead Clinical Pharmacist – Ambulatory Care, OSU Physicians/General Internal Medicine Clinics*

Pharmacists and pharmacy technicians are increasingly interacting with patients who use digital tools to manage their health, but not all patients have the skills to navigate them effectively. This introductory session will define digital health literacy and differentiate it from traditional health literacy. The session will also discuss how limited digital skills can impact patient outcomes, especially in medication adherence and chronic disease management. Practical strategies will be shared to help pharmacists and pharmacy technicians assess and support patients' digital needs across a variety of care settings.

At the completion of this activity, the participant will be able to:

1. define digital health literacy and explain its relevance to today's healthcare model,
2. discuss the impact of limited digital health literacy on medication adherence, chronic disease management, and future health outcomes, and
3. demonstrate how to integrate digital health literacy best practices into clinical and community settings.

ACPE #0129-0000-25-077-L04-P/T 0.1 CEU Application-based activity

## Don't You Remember? A Review of Dementia Treatment

Megan Hull, PharmD, BCACP

Ambulatory Care Clinical Pharmacist, OhioHealth Grant Family Medicine

This session will provide overview of the current incidence of dementia diagnoses along with the different types of dementia. Participants will then review the treatments available for dementia, highlighting key points for each medication. Patient cases will be incorporated into the presentation to ensure audience understanding.

At the completion of this activity, the participant will be able to:

1. compare FDA-approved options for dementia treatment,
2. identify treatment selection based on clinical pearls and patient-specific factors for dementia care, and
3. discuss novel therapies recently approved for use of dementia.

ACPE #0129-0000-25-078-L061-P/T 0.1 CEU Application-based activity

## Diabetes Update: The Forgotten Benefits of Older and Emerging Therapies

David Foote, PharmD, BCPS

Assistant Professor of Clinical Pharmacy, the University of Toledo College of Pharmacy and Pharmaceutical Sciences; and McKenzie Brittenham, PharmD

Clinical Outpatient Pharmacist, University of Toledo Medical Center Primary Care

This presentation will review the positive benefits of pioglitazone and emerging incretin therapies (GLP-1 and GLP-1/GIP receptor agonists) beyond glycemic control. We'll highlight their evolving roles in the management of metabolic dysfunction-associated steatohepatitis (MASH) and review the cardiovascular benefits of pioglitazone. Clinicians will gain updated insights into how these agents can be strategically used to address broader metabolic and cardiometabolic risks in patients with type 2 diabetes.

At the completion of this activity, the participant will be able to:

1. discuss the emerging role of GLP-1 and GLP-1/GIP receptor agonists in the management of MASH,
2. describe the evidence supporting the use of pioglitazone in improving cardiovascular outcomes and treating MASH, and
3. identify clinical scenarios where the broader metabolic benefits of these therapies can be leveraged in patients with type 2 diabetes.

ACPE #0129-0000-25-079-L01-P/T 0.1 CEU Knowledge-based activity



The Ohio Pharmacists Foundation, Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Disclosure of faculty and commercial support relationships will be made known at the activity. Individuals responsible for planning OPF continuing pharmacy education activities have no relevant financial relationships with ineligible companies to disclose.

## From Audits to Actions: Protecting Your Pharmacy from Ohio BOP Discipline and PBM Terminations

Eric Knowles, Esq.

Partner, Frier Levitt

Pharmacies based and licensed in Ohio are encountering heightened risks of network termination and regulatory enforcement as scrutiny intensifies and compliance requirements continue to evolve. This session will offer practical guidance for proactively identifying and addressing compliance vulnerabilities before they become critical issues. Attendees will gain insights into aligning pharmacy operations with Ohio Board of Pharmacy standards and best practices for preparing for, and responding to, threats of termination by PBMs. The session will also cover emerging trends and key considerations to help pharmacies assess when and how to challenge termination actions. Participants will leave equipped with actionable strategies and tools to enhance compliance, mitigate risk, and safeguard the ongoing success of their pharmacy operations.

At the completion of this activity, the participant will be able to:

1. recognize key compliance areas the State of Ohio Board of Pharmacy is watching closely;
2. explain current trends that elevate the risk of termination by PBMs;
3. describe what steps to take immediately upon receiving a termination notice; and
4. identify best practices for maintaining defensible, audit-ready operations without crossing into legal pitfalls.

ACPE #0129-0000-25-080-L03-P/T 0.1 CEU Knowledge-based activity

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## CONTINUING PHARMACY EDUCATION CREDIT

This meeting is targeted to all pharmacists and pharmacy technicians. The continuing pharmacy education (CPE) for this program is coordinated by the Ohio Pharmacists Foundation (OPF). Pharmacists and pharmacy technicians can earn up to 6 hours (0.6 CEUs) of live CPE credit at this Meeting. To receive CPE credit for the live Meeting, pharmacists and pharmacy technicians must attend the entire session, actively participate, and submit the credit(s) in OPA's LecturePanda platform indicating sessions attended within **60 days of the Meeting**. CPE Statements of Credit can be printed from the CPE Monitor. Access LecturePanda in your email inbox. On the day of the event, LecturePanda will resend the Midyear confirmation email to your inbox with a link for access. In LecturePanda, the attendee will have access to complete the following:

1. claim credit(s) under the Credits Tab,
2. speaker evaluation for each session and one-time meeting evaluation under the Evaluations tab, and
3. submit credit(s) under the Complete tab by **January 1, 2026**

Once all of your quizzes and speaker evaluations have been completed, the **Submit Credits** button on the Evaluations page will turn green. Click on the **Submit Credits** button to allow LecturePanda to upload your CPE credits to the CPE Monitor. After the credits have been submitted, you will receive a message of completion. Learning objectives for the CPE programs can be found on the [OPA website, www.ohiopharmacists.org](http://www.ohiopharmacists.org). Contact OPF at 614.389.3236 for questions regarding CPE.



# 2025 OPA MIDYEAR MEETING REGISTRATION

OHIO PHARMACISTS ASSOCIATION 2674 Federated Boulevard Columbus, OH 43235 www.ohiopharmacists.org 614-389-3236

Name \_\_\_\_\_ Nickname for Badge \_\_\_\_\_

NABP e-Profile ID \_\_\_\_\_ Birthdate (MMDD format) \_\_\_\_\_

Preferred Address ☐ Home ☐ Work \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Employer \_\_\_\_\_

Cell Phone ( ) \_\_\_\_\_ Work Phone ( ) \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone ( ) \_\_\_\_\_

If physically impaired, please indicate any special assistance you will need \_\_\_\_\_

Dietary Allergies \_\_\_\_\_

Request for refunds, less \$15 administrative fee, will be honored if received by 10/20/25.

## PAYMENT:

Register online at [www.ohiopharmacists.org](http://www.ohiopharmacists.org)

OR Mail to: OPA 2674 Federated Blvd, Columbus, OH 43235  
OR fax: 614-389-4582 OR call: 614-389-3236

### Registration Fee:

	Early Bird	After 10/20/25
OPA RPh Member	\$145	\$175
Non-Member RPh	\$215	\$245
Resident (PGY1 or PGY2)	\$80	\$110
OPA Technician Member	\$60	\$65
Non-Member Technician	\$75	\$95
Student	\$52	\$52
Guest (meals only)	\$50	\$50

Registration fee includes continental breakfast, lunch, breaks, admission to all CPE programs, Midyear app, and handout materials.

Lunch Guest Name \_\_\_\_\_

Total Remitted \$ \_\_\_\_\_ ☐ Check included

#### Credit Card

☐ VISA ☐ MasterCard ☐ American Express

Exp. Date \_\_\_\_\_ Sec. Code \_\_\_\_\_

Name on Card \_\_\_\_\_

Account # \_\_\_\_\_

Billing Address \_\_\_\_\_  
(If different from above)

#### Electronic Funds Transfer

☐ Checking ☐ Savings ☐ Business Checking

Routing # \_\_\_\_\_

Account # \_\_\_\_\_

Name on Account \_\_\_\_\_

## CONFIRMATION AND HOTEL INFORMATION

Upon registration, a confirmation email will be sent to you. From the OPA homepage (www.ohiopharmacists.org), you can click on the *Midyear Meeting* link under *Latest News* to find Hilliard Area Hotels.

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