# It's Raining Cats and Dogs: Preventing Veterinary Medication Errors

Lauren Forsythe, PharmD, DICVP
Assistant Professor
University of Findlay College of
Pharmacy





### Disclosure Statement

- Lauren Forsythe has no relevant financial relationship(s) with ineligible companies to disclose. and
- None of the planners for this activity have relevant financial relationships with ineligible companies to disclose.



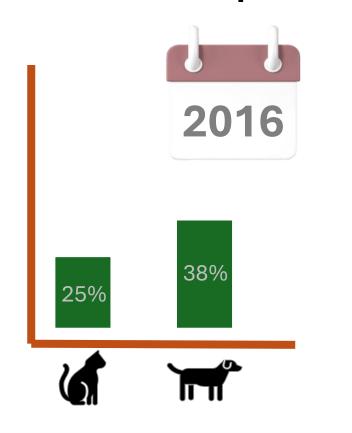
# Learning Objectives

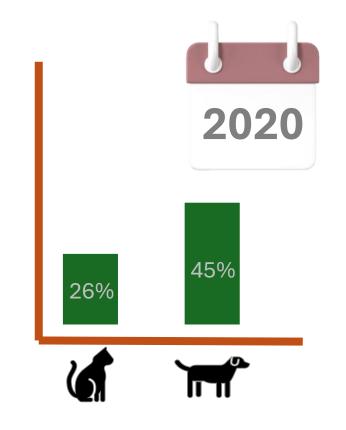
At the completion of this activity, the participant will be able to:

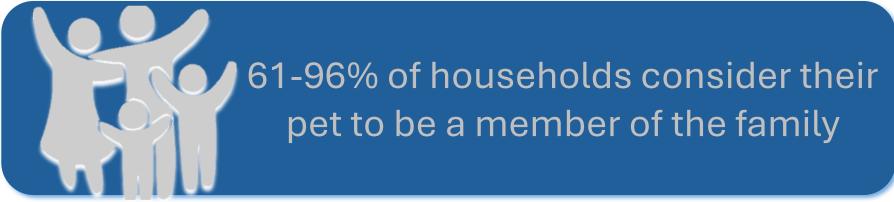
- 1. Summarize common errors that occur when filling veterinary prescriptions;
- 2. Examine underlying causes of errors associated with veterinary prescriptions; and
- 3. Employ communication strategies to bridge the gap between veterinarians and pharmacists.



### **US Pet Population**



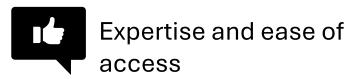




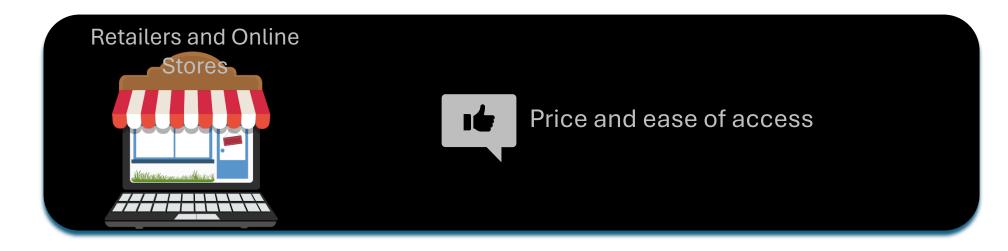
### **More Statistics**



46-65% of pet owners obtain medications directly from the veterinarian







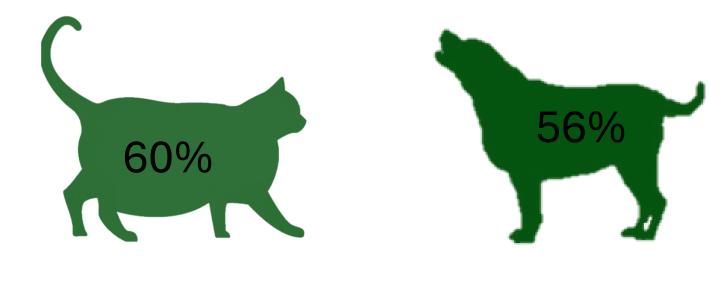
### **Even More Statistics**

2028: \$83.4 billion (projected)

### **VET MEDICATION SALES** Pet Drug Market ■ Veterinary Clinics ■ Brick and Mortar Online 2018: \$9-billion 15% 11% 2023: \$47.9 billion **74%**

### **Disease Statistics**

Obese or overweight in the US in 2022



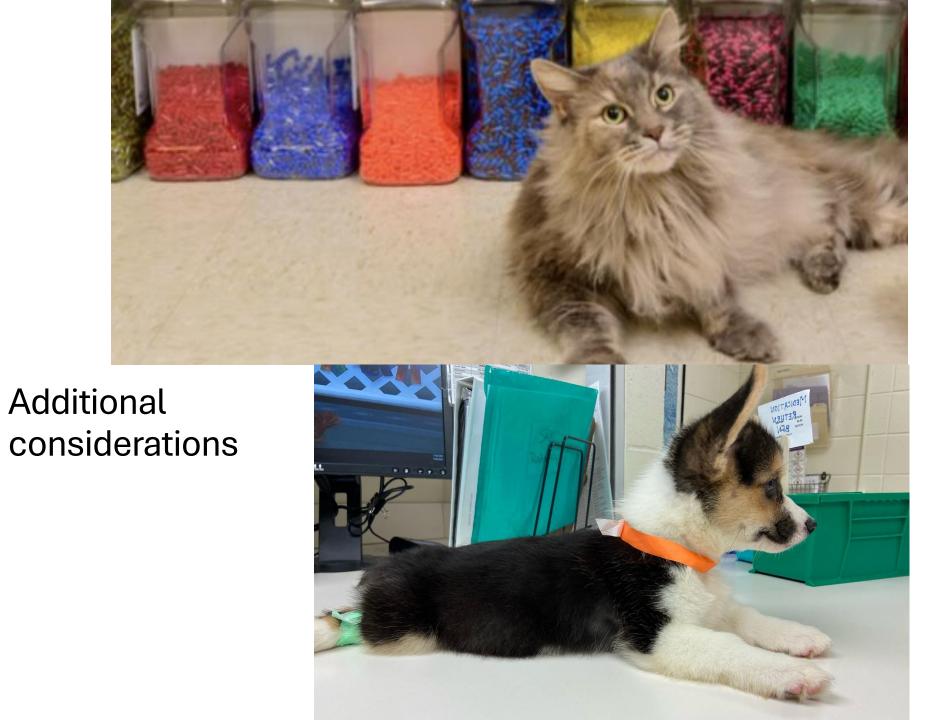
Chronic Kidney Disease (CKD)

- 30% of cats 10 years and older

## Knowledge Check

Which of the following is one of the most commonly cited reasons pet owners obtain medications from an online store or retailer?

- a. Advertising
- b. Expertise
- c. Price
- d. Quantity



## Payment for Medications

- Most clients pay cash for pet meds
- 2022: 44.6% of pet owners reported having their pets insured
  - Still requires paying up front and submitting for reimbursement



### Reasons for More Vet Scripts in Pharmacies

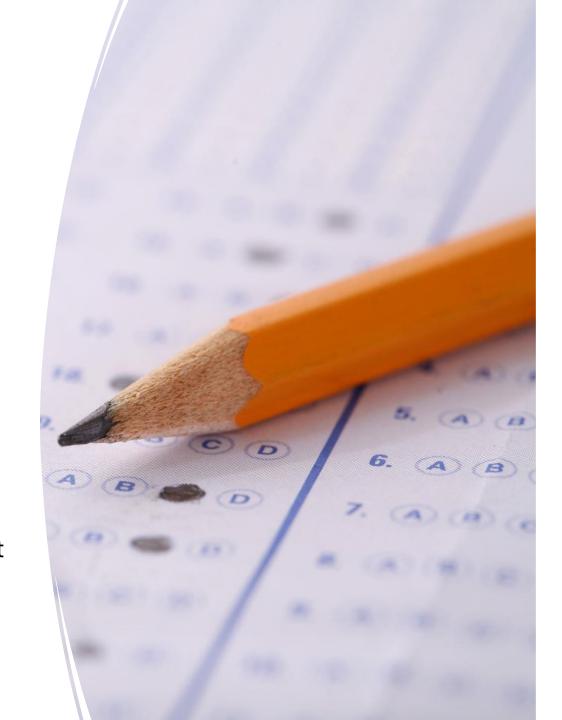






# Education Discrepancies

- Little (if any) training in pharmacy school on vet prescriptions
- Limited (if any) training in vet school on prescribing medications
  - 22.2% of vet students taught script writing
  - JAPhA study found frequent errors on veterinary prescriptions missing info for evaluation (e.g., weight) or legally required info



#### Lags behind human healthcare

### Technology Differences

Electronic medical record systems but don't interface with DEA-compliant electronic prescribing systems

No PDMPs/ineffective PDMPs

More difficult to ID drug diversion compared to human healthcare due to limits in technology

### Different dialects of the same language

QD versus SID for once daily

### Communication Challenges

#### Identifying Info

- No NPI numbers
  - AVMA states to use state license number instead
- May not have a DEA number
  - DEA states not to use DEA number for identification purposes for non-controls

### Knowledge Check

Which of the following identification numbers will a veterinarian NOT have?

- a. DEA
- b. NPI
- c. State License
- d. None of the above



### **Error Frequency**



PA Vet Med Assoc (PVMA) unpublished 2019 survey

94% of respondents indicated they had an issue with scripts filled at a local pharmacy (68 respondents)



Oregon Veterinary Medical Association (OVMA) 2012 Survey

Sent to 525 veterinary practices in Oregon with a 21% response rate

Question	Yes (%)	No (%)
Have you experienced an instance where a retail pharmacy or an online outlet changed a prescribed dosage or medication for your patient without your authorization?	35	65
Has a patient experienced an adverse event that can be related to a change in dosage or type of medication from your prescription as dispensed by an online outlet or brick and mortar retail pharmacy?	16.5	83.5
Has a retail pharmacy or online outlet ever contacted you to discuss concerns with a prescribed dosage or type of medication for your client?	57	43

### **OVMA Survey Responses**

Prescribed insulin product was changed to a less expensive insulin when the products were not interchangeable.

Dosage of thyroid medications were lowered.

Indicated to client that dosage of phenobarbital was too high, and it should be reduced by half.

Dispensed a compounded itraconazole product in lieu of the commercial product prescribed.

Substituted hydrocodone with acetaminophen in place of the prescribed hydrocodone single agent product or in combination with homatropine.

Suggested high doses of acetaminophen in response to a client question regarding options for treating arthritis in a senior dog.

Filled azathioprine instead of azithromycin for a cat.

Filled azithromycin instead of azathioprine for a dog.

Veterinarian prescribed propylene glycol topically and the pharmacist counseled the client that the vet had prescribed antifreeze.

Pharmacist recommended treating a dog with Rogaine when a client questioned the dog's hair loss.

Pharmacist advised a client that the amount of vitamin K prescribed for a dog would be lethal.

# Incorrect Medication Filled – LASA Drugs

- One of the most common error types
- More likely due to pharmacist knowledge gap and often having less info on the vet patient
  - Azathioprine versus azithromycin: dosing/indication differences
  - Ketorolac versus ketoconazole: ketorolac rarely used orally in animals

### Incorrect Medication Filled - Substitutions

### Therapeutic substitutions do occur without consulting with vet

- Hydrocodone or hydrocodone/homatropine to hydrocodone/acetaminophen
- Prednisolone to prednisone

### Bioequivalent substitutions allowed for humans may cause problems in veterinary patients

- Gabapentin liquid for dogs must be Amneal brand
- Diltiazem XR needs to be a formulation containing tablets instead of beads inside the capsule

### Incorrect Dosage

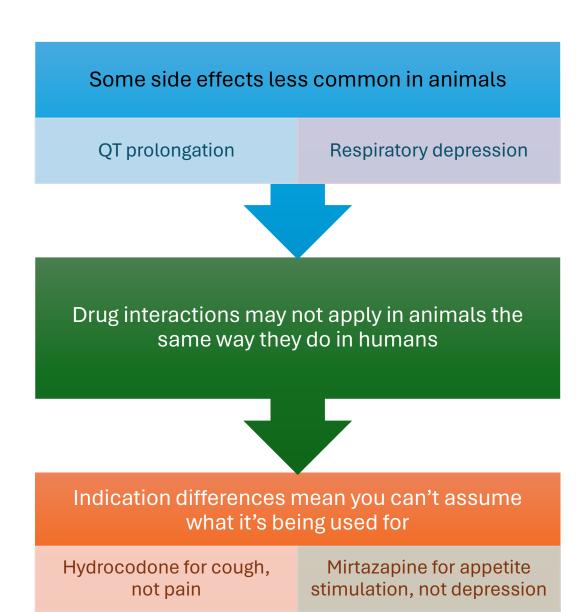
Some medications dosed much higher in animals than in humans on a mg/kg basis

- Levothyroxine
- Terbinafine
- Phenobarbital

#### Miscommunication due to profession norms

- Veterinary medicine commonly combines the strengths of combination products
  - Sulfamethoxazole/trimethoprim 960mg
  - Amoxicillin/clavulanate 62.5mg
    - Does a script written for amoxicillin/clavulanate 250 mg mean they dosed for 250 mg of amoxicillin plus 125 mg clavulanate?

# Incorrect Information During Counseling



#### Insulin

### Human insulins don't all work in animals

- Glargine 100 mg/ml and 300 mg/ml and NPH are most common insulins prescribed
- Debate on the interchangeability of generic versions and biosimilars



# Insulin and Insulin Syringes

- Veterinary insulins are U-40 and there are U-40 syringes for administering those
- Longer pen needle lengths are necessary for dogs and cats due to thicker skin but they may not be used as commonly in humans due to risk of putting insulin IM because too deep

### OTC Recommendations

# Not legal to recommend human OTCs for animals!

off-label in accordance with the Animal Medicinal Drug Use Clarification Act (AMDUCA)

#### Toxicity concerns

- Acetaminophen in cats
- Xylitol in dogs
- NSAIDs

### Knowledge Check

Which of the following is <u>TRUE</u> regarding the use of human OTC products in animals?

- a. Pharmacists can legally recommend human OTC products for use in pets as long as they don't contain xylitol.
- b. Pharmacists can legally recommend human OTC products for use in pets as long as they don't contain acetaminophen.
- c. Pharmacists can legally recommend human OTC products for use in pets as long as they don't contain ibuprofen.
- d. Pharmacists cannot legally recommend human OTC products for use in pets.



# Prevention Strategies

- Have a veterinary drug reference
- Contact the veterinarian when something doesn't seem right
  - No substitutions or dosage adjustments until the vet is contacted

Reference Name	Format	Free (Y/N)	Type of Information Available
Plumb's Veterinary Drug Handbook	Online database, app, and hardcopy book	N	<ul> <li>Indications, dosing, PK/PD information, important counseling points, adverse effects, and drug interactions.</li> <li>Online and app versions have a drug interaction checker and printable PDF client handouts</li> </ul>
Saunder's Handbook of Veterinary Drugs	Hardcopy book	N	Indications, dosing, important counseling points, adverse effects, and drug interactions
Exotic Animal Formulary	Hardcopy book	N	Indications, dosing, and adverse effects for exotic species
DailyMed	Online database	Υ	NIH website containing all FDA-approved package inserts for human and veterinary drugs.
Merck Veterinary Manual	Online database, app, and hardcopy book	Y (except book)	General disease state information and treatment recommendations for veterinary species.

### Questions?



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### **Need More Information?**

Lauren Forsythe, PharmD, DICVP Lauren.Forsythe@Findlay.edu

