

Dror Ben-Zeev, PhD, is a Professor of Psychiatry and Behavioral Sciences at the University of Washington and licensed Clinical Psychologist who specializes in development and evaluation of technology-based approaches in the study, assessment, and treatment of severe mental illnesses. He serves as the Co-Director of UW's Behavioral Research in Technology and Engineering (BRiTE) Center (<https://www.brite.uw.edu/>) and Director of the mHealth for Mental Health Program — a research collaborative focused on the development, evaluation, and deployment of mobile technologies (e.g. cellular phones, smartphones, sensors) in efforts to improve the outcomes of people with mental health conditions.

Ben-Zeev has extensive experience conducting technology-based mental health research in a variety of settings (e.g., community, psychiatric inpatient units, outpatient clinics) and has led or co-led highly innovative mHealth initiatives including development of the first smartphone intervention for schizophrenia, evaluations of the use of mobile technologies among people with serious mental illness in the U.S. and West Bank, implementation of an mHealth program for people with psychosis, co-design and development of the first automated text messaging intervention for schizophrenia, development of a bi-directional text messaging approach for community-based support of people with dual disorders, engagement of individuals who experience auditory hallucinations using social media, and deployment of multi-modal behavioral sensing technologies among inpatients and outpatients to identify risk factors for relapse. He currently serves as the inaugural editor of the Technology in Mental Health Column in Psychiatric Services — a widely-read journal published by the American Psychiatric Association (APA).