

Social Justice in Psychiatry

From Awareness to Clinical Impact

Virtual Meeting

Friday, March 26, 12-5:30 p.m. and Saturday, March 27, 10-4 p.m.

As psychiatrists we come across social justice issues in our daily work serving individuals with mental illness and substance use disorders who are stigmatized and marginalized because of society's perceptions of their illnesses. We hear stories of trauma, suffering and injustice, and we witness resilience, healing, and recovery. This year's two-day virtual annual meeting will provide an opportunity for attendees to spend time with professionals who specialize in mental health and social justice.

Topics to be addressed include structural racism, social determinants of health, mental health courts, mental health crisis and police response, trauma, restorative justice, self-care, and treatment of borderline personality disorder. Our goal is to bring social justice issues to the forefront, recognize this important aspect of our work and provide practical information, resources and support to psychiatrists and other behavioral health clinicians.





General Information

WHO SHOULD ATTEND

This program is designed specifically for Psychiatrists, Residents, Medical Students and other Physicians, including Primary Care and Pediatricians, as well as Psychologists, Nurses, Social Workers, Counselors and other Mental Health Care Professionals.

REGISTRATION

The preferred method of registration is online at www.oppa.org/annualpsychupdate. If you register by mail, please complete the registration form on page 11 and send with payment to: Ohio Psychiatric Physicians Association, 3510 Snouffer Rd., Ste. 101, Columbus, OH 43235-4217. Make check payable to Ohio Psychiatric Physicians Association. Your registration is not confirmed until payment is received.

AMERICANS WITH DISABILITIES ACT

If you need assistance related to sight, sound, or mobility, please contact the OPPA office as soon as possible so that we may accommodate reasonable requests.

SYLLABUS

Every registered attendee will receive a pdf of all handouts.

CANCELLATION POLICY

If you are not able to attend, we encourage you to send someone in your place. Refund of the registration fee, minus a \$50 administrative charge will be allowed if request for cancellation is received in writing by Mar. 10, 2021. After this date no refund will be made.

SPONSOR A MEDICAL STUDENT

In an effort to give medical students more opportunities to experience psychiatry, including networking with practicing psychiatrists, and receive cutting-edge psychiatric education, the Ohio Psychiatric Physicians Foundation (OPPF) encourages meeting attendees to "sponsor" a medical student by paying the registration fee for a medical student to attend the OPPA Annual Psychiatric Update. This is just one of the ways the OPFF is working to encourage students to consider psychiatry as their specialty.

If you do not have a particular student in mind, we will pair you up with a medical student who has indicated an interest in attending if there is a sponsorship available – simply complete the registration form, leaving that information blank and you will be contacted by the OPPA office closer to the time of the actual meeting. If you are unable to attend the meeting, you may still sponsor a student by making a tax-deductible contribution to the OPFF for this purpose.

In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPFF) and your event registration check payable to OPPA.

MEDICAL STUDENTS

As in years past we hope to provide sponsorships to cover the cost of registration for medical students to attend. However, if you would like to secure your space now you may register below for only \$25. For further details, visit www.oppa.org/annualpsychupdate. If you want to be added to a list for possible sponsorship or are ready to register and pay the \$25 registration fee, click [HERE](#) to register. Students will be notified by Mar. 1, 2020 if there is a sponsorship available. Priority will be given to students who have not attended in the past. There will be specific time for medical students to meet with other Ohio medical students and to learn from residents and others about psychiatry residency and career opportunities.

CME CERTIFICATE

Instructions with an access code for obtaining your CME certificate online, directly from the APA, will be provided during the conference. You will complete an evaluation form online. Once you complete the evaluation and attest to the number of hours of credit you are claiming for this educational event, a certificate will be available for immediate download/printing.



Virtual Poster Presentations

CALL FOR ABSTRACTS

The Ohio Psychiatric Physicians Association (OPPA) and Ohio Psychiatric Physicians Foundation (OPPF) invite all OPPA members, resident/fellows and medical students to participate by submitting an abstract for consideration to display a virtual poster presentation during the upcoming Annual Psychiatric Update to be held on March 26-27, 2021. If the abstract is accepted, the presenting author will be expected to register and attend the virtual meeting to showcase and discuss the poster with the judges.

SUBMISSION GUIDELINES

- Members and residents/fellows must be an OPPA member. Medical students must be members of the American Psychiatric Association.
- Submission areas may include research reports, research in-progress, case reports, and posters that have already been presented elsewhere within the past year.
- **All abstracts must be received by 11:59 pm on Mar. 1, 2021 for consideration for inclusion in the 2021 posters.**

INFORMATION REQUIRED FOR SUBMISSION OF ABSTRACT

- Title
- Name of author(s)
- Information of author(s) (contact information, level of training or years in practice, degrees, title, institution name, address, phone number, and email address).
- Abstract (500 words or less).
- The disclosure form (see below) is due at the time of abstract submission.
- All submissions must be completed online. Click [HERE](#) to access the submission form.
- Incomplete submissions will not be considered.

VIRTUAL POSTERS

Typically, virtual posters have two aspects, a PDF poster, and a short description:

1. Posters — should be created in the same format as would be used on-site and saved as a PDF.
2. Descriptions — Presenters should provide a video recording. A written description of the poster is recommended but not required.

THE REVIEW PROCESS

- Judges will be appointed by the OPPF Executive Board to the Poster Awards Committee.
- Abstract submissions will be reviewed for acceptance by the OPPF Poster Awards Committee.
- Selection criteria include educational value, audience appropriateness, topic diversity, connection to the theme of the OPPA Annual Meeting.
- Specific details about the virtual judging process will be provided when the abstract is accepted.

GENERAL DISCLOSURE POLICY

- Every presenter must complete a [Disclosure of Financial Interests form](#) through the OPPA's online submission site.
- Each presenter must make every effort to ensure meaningful disclosure of limitations on data (e.g. ongoing research, interim analysis, preliminary data, or unsupported opinion).

Overview

OVERALL LEARNING OBJECTIVES

At the conclusion of this educational event, participants should be able to:

Fri., March 26

- ◆ Review the history of psychiatry in the U.S. and understand how structural racism in mental health care delivery systems has been amplified by recent events;
- ◆ Understand how structural racism can adversely affect patients and health care professionals of color and appreciate how structural competence in medicine can improve the quality of healthcare delivery in underserved communities;
- ◆ Become aware of and sensitive to the needs of the increasingly diverse workforce and acknowledge the need to be trained to assist with the challenging personal and professional issues that arise in psychiatric service systems.
- ◆ Understand police perspectives on interacting with mental health providers and our patients and discover skills for more direct, understandable communication with law enforcement professionals;
- ◆ Develop skills for effective resolution of mental health crises necessitating police involvement;
- ◆ Discover how and why the criminal justice system became the de facto mental health system in the United States;
- ◆ Learn new and effective diversion strategies being developed and employed to transform the mental health and criminal justice systems;
- ◆ Understand what psychiatrists need to know about the criminal justice system and the patients with SMI they treat;
- ◆ Outline a restorative justice program, to include both responsible parties and harmed parties, for implementation in a maximum-security prison for men and consider restorative justice in the context of trauma and healing;

- ◆ Explain the concepts of restorative justice and reparations as they relate to the U.S. criminal justice system;

Sat. March 27

- ◆ Identify the components of conspiracy theories and the major factors that render people susceptible to adopting conspiracy theories;
- ◆ Identify the components of extremist worldviews;
- ◆ Understand and address the impact of stress, vicarious trauma and compassion fatigue;
- ◆ Be able to provide assurance and to reframe negative self-assumptions following emotionally challenging work experiences;
- ◆ List risk factors associated with child abuse and neglect, including fatalities;
- ◆ Define mandated reporting laws for child maltreatment;
- ◆ Describe some targeted child abuse prevention programs and assessment methods;
- ◆ Describe the historical development of the borderline personality disorder construct;
- ◆ Identify the biochemical, genetic, and functional neurobiological findings associated with "borderline" symptoms;
- ◆ Explain "borderline" symptoms ways that may be more engaging and empowering to affected people;
- ◆ Identify challenges to effective advocacy in today's changing world of health care and its intersection with criminal justice and mental health;
- ◆ Describe strategies to enact an advocacy plan using both local and state resources; and
- ◆ Discuss how advocacy can help overcome burnout by involvement in situations.

CONTINUING EDUCATION

PHYSICIANS

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychiatric Association (APA) and the Ohio Psychiatric Physicians Association (OPPA). The APA is accredited by the ACCME to provide continuing medical education for physicians.

- ◆ The American Psychiatric Association designates this live activity, *Social Justice in Psychiatry—From Awareness to Clinical Impact* for a maximum of 9 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

EVALUATION

This educational activity will be evaluated utilizing an online evaluation form to evaluate the effectiveness of the CME activity in meeting the identified educational needs and stated learning objectives in terms of satisfaction, knowledge, skills and any perceived commercial bias. At the conclusion of this educational event, you will be provided with a link to the evaluation form. After completing the evaluation you will be provided with an opportunity to print a certificate for continuing education credit.

PLANNING COMMITTEE DISCLOSURE

It is the policy of the APA to comply with the ACCME Standards for Commercial Support of CME. Planning committee members and related staff disclosures are on file and disclosed on program materials. Faculty participating in sponsored or jointly provided meetings of the APA are required to disclose to program participants any financial relationships with commercial interests that they (or their spouse/partner) have related to the content of their presentations. Faculty disclosures are identified as a faculty cover sheet with their respective syllabus/handout materials. Faculty are also responsible for disclosing any discussion of off-label or investigational use of a product.

The following individuals of the planning committee have indicated neither they, nor their spouse/partner, have any financial relationship with any commercial source: Daniel Gonzalez, MD, Susan Hatters-Friedman, MD, Karen Jacobs, DO, Victoria Kelly, MD, William Resch, DO, Suzanne Sampang, MD, Janet Shaw, MBA, Elizabeth Tiffany, MD, Sara West, MD, Kristi Williams, MD, Elizabeth Yoder, DO.

Agenda

FRIDAY, MARCH 26


TIME	
Noon – 1 p.m.	Network and Visit with Exhibitors and Supporters
Noon – 1 p.m.	Poster presentations on display
Noon – 1 p.m.	Medical Student Meeting
12:45 a.m.	Welcome and Opening Remarks - Megan Testa, MD, President and Susan Hatters-Friedman, MD and Sara West, MD, 2021 Program Co-Chairs
1 p.m. – 2 p.m.	<p><i>Structural Racism, Academic Psychiatry and Lifelong Learning: A Path Forward for American Psychiatry</i></p> <p>Altha J. Stewart, MD Senior Associate Dean for Community Health Engagement, Associate Professor and Chief, Social and Public Psychiatry, Director, Center for Health In Justice Involved Youth, University of Tennessee Health Science Center - Memphis, 145th President, American Psychiatric Association (2018-2019)</p> <p>Addressing structural racism in psychiatry is one the biggest challenges of the 21st century. Around the globe social justice issues, including health equity, are being raised by marginalized and disenfranchised populations. In the United States, this has become evident in response to the historic inequity of our health care systems, including training programs at academic medical centers. Trainees and junior faculty are joining our professional ranks at a time and in an environment that is significantly different from that of the generations that came before them. Corporate model health care systems, lack of mental health parity in coverage and reimbursements, and inadequate funding of psychiatry in academic centers all combine to create challenges for those that see health and mental health as social justice issues and are working to create an equitable mental health system. The presenter will review the history of psychiatry in the US and how the impact of structural racism on mental health care delivery systems has been amplified by recent events, share examples of learner experiences with structural barriers, and discuss models being used today to address these issues with recommendations for other policy and practice changes.</p>
2 – 3 p.m.	<p><i>Mental Health Crises and Interfacing with Police as Psychiatrists</i></p> <p>Richard Jackson, Retired Sergeant Cleveland Division of Police 30 years Megan Testa, MD, FAPA Forensic and Community Psychiatrist, University Hospitals of Cleveland Assistant Professor, Case Western Reserve University School of Medicine, OPPIA President Ashley VanDercar, MD, JD Forensic Psychiatry Fellow, University Hospitals – Cleveland Medical Center Case Western Reserve University</p> <p>As mental health professionals we often encounter patients in crisis. When office-based de-escalation techniques have failed, resolution of these crises is often only possible through police intervention. As psychiatrists, we receive little to no training about interacting effectively with police officers, who we rely upon to respond to our clinics, interface with our patients, and transport patients in crisis to emergency rooms or crisis units. This presentation will focus on providing mental health providers with concrete skills for effectively resolving mental health crises which necessitate police involvement. Sergeant Richard Jackson will help participants understand how the average police officer views "mental health calls," give perspective on office experiences with mental health crises and interactions with our patients and will help us to gain and understanding of how we can better engage with police as mental health professionals. We will discuss the importance of recognizing the "curse of knowledge" and gain skills for effectively communicating with law enforcement professionals to ensure that interactions involving our patients and police proceed in an efficient way for professionals and are conducted in a trauma-informed manner for our patients.</p>
3 – 3:30 p.m.	Visit with Exhibitors and Supporters



FRIDAY, MARCH 26

TIME	
3:30 – 4:30 p.m.	<p><i>Ending the Criminalization of Mental Illness</i> Judge Steve Leifman Associate Administrative Judge, 11th Judicial Circuit of Florida</p> <p>It is estimated that almost two million arrests in the United States each year involve people with Serious Mental Illnesses (SMI) – half of which are homeless at the time of their arrest. As a result, untrained and unprepared stakeholders in the criminal justice system have been forced to navigate an increasingly scarce system of care for people with mental illnesses. Jails have become places where a disproportionate number of people with SMI spend significant amounts of time; their ties to the community severed, their treatment needs unmet, and their illnesses made worse. Judge Leifman will discuss his journey into the mental health system, the legal and medical history that led to America’s mental health crisis and the essential elements necessary to create an effective system of care that ultimately will transform the mental health and criminal justice systems and make jail the last option for people with serious mental illnesses, not the first.</p>
4:30 – 5:30 p.m.	<p><i>Restorative Justice: Developing Alternatives to a Troubled System</i> Benjamin O. Sperry, PhD SAGES Teaching Fellow, Case Western Reserve University</p> <p>The concept of restorative justice is gradually being accepted in criminal justice systems and institutions around the world. In the U.S., restorative practices address the failures of our current justice system that continues to rely heavily on retribution and mass incarceration. Many of these failures are historically racist in nature. Thus, there is a connection between restorative justice and reparation as it relates to the legacy of slavery and racial discrimination. For example, in both cases there is an underlying belief in dealing with trauma, and its consequences, rooted in the past. Drawn in considerable measure from Native American practices, as well as from the successes of group psychotherapy, restorative principles focus on putting right the wrongs while respecting all parties, including the individual harmed, the individual responsible, and the community. This presentation features the work of students at Case Western Reserve University who have developed restorative justice models for use in a prison setting in Northeast Ohio.</p>
5:30 – 6 p.m.	<p>Visit with Exhibitors and Supporters</p>

FRIDAY, MARCH 26 - Evening

TIME	FUNCTION
6 - 8 p.m.	<p><i>Virtual happy hour and trivia night</i></p> <p>(schedule and activities subject to change slightly)</p>
6 – 6:30 p.m.	<p>Network with colleagues</p>
6:30 p.m.	<p>Virtual happy hour</p>
7 - 8 p.m.	<p>Trivia</p> <p><i>Sponsored by</i></p> <div>  <div> PRMS® Professional Risk Management Services </div> </div>



SATURDAY, MARCH 27

TIME	FUNCTION
7:30– 8:30 a.m.	Visit with Exhibitors and Supporters
8:30– 10 a.m.	OPPA, OPPF and OPPAC Annual Business Meetings and Installation of Officers
10 – 11 a.m.	<p><i>Mind Virus: Our Pandemic of Conspiracy Theory and Extremism</i> Philip Saragoza, MD Clinical and Forensic Psychiatrist, Senior Associate Threat Assessment Consultant, Work Trauma Services, Inc.</p> <p>The global pandemic, national political climate and widespread civil unrest in the United States in 2020 contributed to an unprecedented surge in the adoption of conspiracy theories, extremist beliefs, and related violence. This presentation will explore these phenomena and address the roles of mental illness, social media and other factors rendering people susceptible.</p>
11 a.m. – Noon	<p><i>Understanding Mechanisms of “Compassion Fatigue” and Building Resilience</i> Ken Yeager, PhD Professor, Clinical The Ohio State University Department of Psychiatry</p> <p>Compassion fatigue is real and occurs in approximately 46% of American Physicians. This presentation examines the presence of complex factors contributing to compassion fatigue with emphasis on methods to increase resilience far beyond most commonly outlined mindfulness techniques to combat compassion fatigue. Participants will build on their years of clinical practice to develop conceptual frameworks supportive of resilience in clinical practice settings.</p>
Noon - 12:30 p.m.	Break and Visit with Exhibitors and Supporters
12:30 - 1:30 p.m.	<p><i>Child Protection Update for Psychiatrists</i> Joshua Friedman, MD, PhD Child Advocacy Provider, MetroHealth Medical Center, Child Protection Team Co-Director, Cleveland Clinic Children’s Hospital, Assistant Professor of Pediatrics, Case Western Reserve University</p> <p>In their practices, psychiatrists may treat children who they are concerned are victims of abuse or neglect, or parents who they are concerned about risk. This presentation will discuss the risk factors and common factors associated with child abuse and neglect, as well as child fatalities. Psychiatrists are mandated reporters of child maltreatment, as are all physicians. Mandated reporting will be described. Finally, we will discuss some targeted child abuse prevention programs, and the assessment methods used. Psychiatrists should feel confident in their knowledge about child maltreatment and reporting.</p>
1:30 - 2:30 p.m.	<p><i>It’s (Past) Time to Rethink of Borderline Personality Disorder</i> Erik Messamore, MD, PhD Northeast Ohio Medical University</p> <p>Since its third edition, the Diagnostic and Statistical Manual of Mental Disorders (DSM) has aspired to be atheoretical and agnostic in its naming and describing of psychiatric disorders. Over time, terms that were stigmatizing or that suggested knowledge of underlying cause have been removed or replaced. Hysteria, Manic Depression, and Dysthymia are some examples. In this presentation, I will assert that that the diagnostic term “Borderline Personality Disorder” should be similarly reconsidered. The term immediately implies unfounded knowledge of causation, is extraordinarily stigmatizing, and has led to a series of unintended consequences that have harmed many patients. Rather than a disorder of personality, it will be more useful to describe this condition as an emotion regulation disorder with discernible abnormalities of neurochemistry, genetics, and brain function.</p>
2:30– 3 p.m.	Break and Visit with Exhibitors and Supporters
3 – 4 p.m.	<p><i>Wake Up, Step Up and Speak Up: Making a Difference Through Advocacy</i> Justice Evelyn Lundberg Stratton, retired Retired Justice on Supreme Court of Ohio Victoria Kelly, MD Assistant Professor and Psychiatry Residency Director, University of Toledo</p> <p>With the unprecedented challenges Ohioans have faced, mental health clinicians are uniquely positioned to contribute to advocacy that will lead to change. As experts in the field, psychiatrists must become involved in finding solutions to address the social justice and mental health needs of our patients. Identifying and implementing pathways to advocacy can have longstanding positive effects.</p>
4 – 5 p.m.	Break and Visit with Exhibitors and Supporters
4 – 5 p.m.	Medical Student Post Event Debrief

Speakers



Joshua B. Friedman, MD, PhD is a pediatrician at MetroHealth Medical Center and the Cleveland Clinic in Cleveland, specializing in child abuse pediatrics. After completing university, he lived on the Masai Mara, Kenya and researched hyena behavior. He completed his MD and PhD at Case Western Reserve University School of Medicine. Dr. Friedman did his training in pediatrics at Case Western. Since completing his training, he has worked at the Indian Health Service (in Montana), and worked in New Zealand. Dr. Friedman has researched topics including shaken baby syndrome, child abuse, and pediatric staff stress, and has published various articles including about the economic and social benefits of shaken baby prevention programs and child murder by parents. He has presented nationally and internationally at conferences. He and his wife Susan are immensely proud of their now grown children who are pursuing their dreams overseas.



Sergeant Richard Jackson is a veteran of the United States Marine Corps 1st Reconnaissance Battalion and has recently retired from the Cleveland Division of Police after 30-years of service. He spent his last two years serving as a two term Co-Chair Commissioner of the Cleveland Community Police Commission. Outside of that, he is a Licensed Private Investigator with a small practice in Westlake, Ohio having obtained a Paralegal undergrad, and Juris Doctor (non-practicing). Additionally, he is a member of the Executive Board for the Black Shield Police Association, which is an organization built to be the conscience of Police work and the community.



Victoria Kelly, MD, FAPA, is a comprehensive adult psychiatrist who practices in northwest Ohio. She is a Clinical Assistant Professor, Psychiatry Program Director, and Vice Chair for Education at the University of Toledo Medical Center, as well as a collaborative care psychiatrist through her joint appointment with the Family Practice Department. In addition, she practices forensic psychiatry at Unison Health, a community mental health center, working with individuals on conditional release. An Ohio native, she completed her undergraduate degree at Kent State University, her medical degree at Northeastern Ohio Medical University, and psychiatry training at the Ohio State University Medical Center. She also has experience in the private sector, where she worked for several years at her concierge practice, Success and Wellness Associates. She is active in community advocacy and education, serving as President of the Ohio Psychiatric Physicians Association, past President of National Alliance on Mental Illness of Greater Toledo, and educator with law enforcement at Crisis Intervention Team Trainings. Dr. Kelly is a renowned lecturer and has provided her expertise as a public speaker in many settings at the national, state and local level. She is a well-respected educator who also appears regularly on television as a monthly contributor to northwest Ohio's CBS affiliate discussing various topics related to mental health & addictions to improve education, advocate for effective patient care, and decrease stigma associated with mental health disorders.



Judge Steve Leifman is the Associate Administrative Judge of the Miami-Dade County Court – Criminal Division. From 2007 – 2010, Judge Leifman served as Special Advisor on Criminal Justice and Mental Health for the Supreme Court of Florida. He currently chairs the Steering Committee on Problem Solving Courts for the Supreme Court of Florida and the Mental Health Committee for the Eleventh Judicial Circuit of Florida. Judge Leifman is the co-chair of the American Bar Association Criminal Justice Mental Health Committee and co-chair of the Judges and Psychiatrists Leadership Initiative. He is also a Gubernatorial appointment to the Florida Statewide Task Force on Opioid Abuse and a member of The National Institute on Drug Addiction's (NIDA) Justice Community Opioid Innovation Network. Judge Leifman is a lifetime member of the Group for the Advancement of Psychiatry (GAP), a Lecturer in Psychiatry at Columbia University Vagelos College of Physicians and Surgeons and a Voluntary Assistant Professor of Psychiatry and Behavioral Sciences at the University of Miami School of Medicine and on the Board of Directors of the Corporation for Supportive Housing. More recently, Judge Leifman was appointed to serve on the Conference of Chief Justices and Conference of State Court Administrators National Judicial Task Force to Examine State Courts' Response to Mental Illness and the Interdepartmental Serious Mental Illness Coordinating Committee (ISMICC) established by the 21st Century Cures Act.



Speakers



Erik Messamore, MD is an Associate Professor of Psychiatry at Northeast Ohio Medical University and serves as the Medical Director for the University's Best Practices in Schizophrenia Treatment Center. He holds a Ph.D. in Pharmacology from Southern Illinois University, was a postdoctoral research fellow at the Karolinska Institute, earned his M.D. from the University of Illinois, and completed psychiatric residency at Oregon Health & Science University. His research has focused on cognition-enhancing drugs and on biomarkers of schizophrenia. He teaches medical students and residents and is a sought-after consultant in cases that involve questions of diagnostic clarification or inadequate response to treatment.



Philip Saragoza, MD is a board-certified forensic psychiatrist and an adjunct Clinical Assistant Professor at the University of Michigan Department of Psychiatry. He is a threat assessment consultant at Work Trauma Services, Inc., where he conducts assessments, case consultations and threat assessment training for corporate and campus clients. Dr. Saragoza has a private practice as a clinical and forensic psychiatrist in Ann Arbor, Michigan, where he also conducts assessments related to fitness for duty, workplace violence risk, claims of workplace harassment, psychiatric disability and criminal charges of stalking, threats and violence. He teaches and supervises residents and fellows in forensic psychiatry.



Benjamin Sperry, PhD is an educator, historian and writer with a particular interest in race and mass incarceration. He has a background as a political campaign organizer, magazine and newspaper journalist, classroom teacher (in social studies and writing) in the Cleveland public schools, college professor, and teacher in a prison setting. In his academic career, he has taught at universities in Mississippi, China, and Ghana. The seminar he has taught since 2013 at Case Western Reserve University (CWRU), titled The Effects of Race, Class and Education, is an outgrowth of his interest in civil rights and his longtime work in jails and prisons. He has been an adjunct professor of history at Cleveland State University since 2007. He has taught courses there in African-American history, among other topics. He holds a bachelor's degree in history from Connecticut College, a master's in liberal studies from Wesleyan University, a master's in literature and creative writing from Bennington College, and a PhD in history from CWRU.



Altha Stewart, MD is Senior Associate Dean for Community Health Engagement and Associate Professor in Psychiatry at University of Tennessee Health Science Center in Memphis, Tennessee. She also serves as Chief of Social/Community Psychiatry and Director, Center for Health in Justice Involved Youth (Center) in the Department of Psychiatry where she manages community-based programs serving children impacted by trauma and mental illness and their families. Prior to joining the UTHSC College of Medicine faculty, she served as Executive Director of Memphis' federally funded System of Care program for children with serious emotional disorders and their families. Dr. Stewart is the former Executive Director of the Detroit-Wayne County Community Mental Health Agency, one of the largest public mental health systems in the U.S. She served as Deputy Commissioner and later Interim Commissioner of the former New York City Department of Mental Health, and CEO/Executive Director in other large public health and mental health systems in New York and Pennsylvania, overseeing the management and development of programs for persons with mental illness, substance use disorders, and justice system involvement. Dr. Stewart received her medical degree from Temple University Medical School, completing her psychiatric residency at what is now Drexel University. In 2017, Dr. Stewart was elected the 145th President of the American Psychiatric Association, the first African American ever elected to this position in the 175-year history of the organization. She is also past president of the Black Psychiatrists of America, the Association of Women Psychiatrists and the American Psychiatric Foundation. She has received numerous awards and honors including honorary degrees, visiting professorships and honorary membership in the South African Society of Psychiatrists.



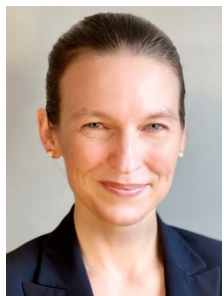
Speakers



Justice Evelyn Lundberg Stratton, Retired, served for 16 years as a Justice on the Supreme Court of Ohio and for 7 years as a trial judge. Justice Stratton for decades has worked both in Ohio and nationally on issues involving those with mental illness in the criminal justice system. She established the Supreme Court of Ohio Advisory Committee on Mental Illness & the Courts, which then merged into the Attorney General's Task Force on Criminal Justice and Mental Illness, serving for 8 years as co-chair with the former Attorney General DeWine, and which she now will continue as co-chair Attorney General Yost. She serves on Governor DeWine's Recovery Ohio Advisory Council, which advises the Governor on addiction and mental health policy issues and heads the Ohio Stepping Up project. Eve has worked both nationally and in Ohio on setting up Veterans Treatment Courts and Veterans Justice Outreach specialists. In addition, she founded Operation Legal Help Ohio, a non-profit which connects veterans and military families to a statewide system of referrals to pro bono lawyers, bar associations, legal aid and law school clinics. She also does appellate coaching and mediations through the Vorys law firm.



Megan Testa, MD graduated from Case Western Reserve University School of Medicine in 2007, and subsequently completed a residency in psychiatry at University Hospitals of Cleveland (2011), followed by Fellowships in Forensic Psychiatry (2012) and Community Psychiatry (2013) at Case Western Reserve University. Dr. Testa is currently an Assistant Professor at University Hospitals, Case Western Reserve University, where she teaches and supervises residents, as well as fellows in forensic and community psychiatry. She spends her clinical time providing psychiatric care to individuals with severe and persistent mental illness, addictions, and criminal justice involvement at community mental health agencies in Cleveland. She provides forensic consultation at Northcoast Behavioral Healthcare and the Cleveland Municipal Court Psychiatric Clinic. Dr. Testa has a strong interest in health policy and is engaged in advocacy for health justice and criminal justice reform. She is currently the President of the Ohio Psychiatric Physicians Association, and President-Elect of the Midwest Chapter of the American Academy of Psychiatry and the Law. She serves on the Cleveland Community Police Commission.



Ashley VanDercar, MD, JD began her career as an attorney and risk manager, working as in-house counsel for a pain management practice in Tampa, Florida. In 2012, becoming increasingly concerned by the burgeoning opioid epidemic, she decided to go to medical school and enrolled at the University of Miami. After graduation she moved to Cleveland, Ohio, for her psychiatry residency, and is now a Forensic Psychiatry Fellow at University Hospitals – Cleveland Medical Center / Case Western Reserve University. Dr. VanDercar has a special interest in the outpatient management of severely mentally ill individuals who are involved in the criminal justice system. She also provides direct teaching to local police through the ADAMHS board Crisis Intervention Training program.



Kenneth R. Yeager, Ph.D., is a Professor, Clinical, in the College of Medicine, Department of Psychiatry. He also serves as director of the Stress, Trauma and Resilience (STAR) program at Ohio State University's Wexner Medical Center. The STAR program recognizes the importance of addressing experiences of trauma with evidence-based, trauma-informed practices. The program, received grant money as part of the "Ohio Attorney General's Expanding Services and Empowering Victims Initiative." Within the STAR program, Yeager has developed The Ohio State University Medical Center Trauma Recovery Center, which provides psychological and psychiatric care for victims of violent crime. Yeager, also holds an endowed professorship as the David E. Schuller Professor for Patient Compassion, has numerous publications in the areas of crisis intervention; resilience building; treating co-morbid substance abuse and mental illness. He is a member of Oxford Bibliographies Online editorial board and a treating clinician for the National Football League Program for Substances of Abuse.



Registration



Register online:
www.oppa.org



Ohio Psychiatric Physicians Association
3510 Snouffer Road, Suite 101
Columbus, OH 43235-4217



(614) 763-0040



(614) 481-7559

1 Contact Information

Please print

Name _____ Address _____

Degree ___ MD ___ DO ___ PhD ___ APN ___ LISW ___ LPCC _____

___ Other (please specify) _____ City/State/Zip _____

Email _____ Phone _____ Fax _____

2 Registration Information

MEMBERS

Registration Type	Regular Rate	Late Rate After Mar. 5
Annual Psychiatric Update (Mar. 26-27, 2021)		
OPPA Member	<input type="checkbox"/> \$95	<input type="checkbox"/> \$125
OPPA Resident-Fellow Member	<input type="checkbox"/> \$35	<input type="checkbox"/> \$55

Registration Total \$ _____

NON-MEMBERS

Registration Type	Regular Rate	Late Rate After Mar. 5
Annual Psychiatric Update (Mar. 26-27, 2021)		
Non-Member Psychiatrist, other Physician, or Psychologist, Nurse, Counselor, Social Worker or Physician Assistant	<input type="checkbox"/> \$225	<input type="checkbox"/> \$250
Non-Member Resident-Fellow	<input type="checkbox"/> \$95	<input type="checkbox"/> \$125

Registration Total \$ _____

3 Payment Information

Registration Total \$ _____
(from the left)

Additional Options

- ☐ I would like to sponsor a Medical Student to attend the \$25
OPPA Annual Psychiatric Update, March 26-27, 2021
- ☐ I would like to sponsor two Medical Students \$50
- ☐ I would like to sponsor three Medical Students \$75
- ☐ I would like to sponsor four Medical Students \$100

*In order to make this a tax-deductible contribution, the registration and the sponsorship must be processed in two separate transactions. If paying by check, please mail two checks. Please make the sponsorship check payable to Ohio Psychiatric Physicians Foundation (OPPF) and your event registration check payable to OPPA. If you are paying by credit card, you will see two transactions on your statement.

Student Name _____

Email _____

If you do not have the name of a specific medical student, we will be happy to match you with a student who has expressed interest in attending if a sponsorship is available.

Grand Total \$ _____

Method of Payment:

- ☐ Check payable to OPPA (registration fees)
☐ Check payable to OPF (student sponsorship)

If you wish to pay by credit card please [register online](#)