



OPPA

Mentorship Network

Empowering Connections
Inspiring Growth

How it Works

- 1 Mentors and Mentees complete a biographical profile that identifies years of training and practice experience, specialty areas, geographical area, noted areas of interest and more.
- 2 Mentees review biographical profile of all available mentors, selecting their top three choices based on personal needs and goals.
- 3 OPPO will pair mentee with a mentor, based on mentees choice whenever possible, and notifies both members.
- 4 Mentee takes the initiative to contact their mentor to initiate the connection.

Expectations

- Be a current member of OPPO.
- Be willing to commit one-year to the mentor/mentee relationship.
- Be willing to connect as agreed upon during first meeting and no less than once a month.
- Agree to read and follow the *Best Practices for Mentoring* provided by OPPO.

Exclusive
MEMBER BENEFIT!

OPPO's Mentorship Network is designed to foster a supportive community where aspiring psychiatrists from medical students, residents, fellows, early career, and those throughout anytime in their career, can freely ask questions, share experiences, and develop a network of professional relationships that will benefit them throughout their careers.

Whether you're looking to refine your skills, explore new career avenues, or simply seek guidance on balancing work and life, the OPPO's Mentorship Network is here to support you on your journey to becoming a successful and fulfilled psychiatrist.

Join us as we build a brighter future together.

Building meaningful relationships and fostering personal and professional development.

☎ 614-763-0040

✉ oppa@oppa.org

🌐 www.oppa.org