

Group Benefit Program Proposal

Prepared for Sample Group 2017

Presented By

Sample Broker ABC

Proposed Effective Date
Feb 1, 2017

Date Prepared
Jan 05, 2017





Get to Know Lifestyle Health Plans

Lifestyle Health Plans is an innovative, ACA-compliant group health benefit solution designed for employers with 5 to 500 employees. Healthcare costs are consistently listed as one of the greatest concerns facing business owners and employees today. Lifestyle Health Plans believes that the only way to truly manage healthcare costs is to improve the health and wellness of our members.

Our Level Funded benefit program provides turnkey major medical health benefits with an integrated wellness and lifestyle improvement program designed to address the root cause of the escalating cost of healthcare - employee health behaviors. Let our innovative and flexible plan designs, consumer-driven features, deductible credits and cash reward incentives form the basis of a long-term benefits solution for your group.

Integrated Benefit Features:



LifestyleMD - On-demand access to telemedicine consultations anywhere, anytime at \$0 Copay for Lifestyle Health Plans members



DirectHealth - 100% outpatient lab benefit program through preferred lab vendor designed to save employer and employee alike



Just Diabetic Supplies - Auto-ship program offers 100% benefit for diabetic testing supplies for enrolled participants



Patient Care Coordination - Program offers assistance in scheduling all outpatient diagnostic and surgery services for



What Makes Us Different?



Level Funded group health plan designs available through our reinsurance carrier partnerships



Premium savings in most cases of 5-15%



Consumer-driven program features designed to save both employer and employee alike



Integrated wellness program with deductible credit and cash reward incentives for health improvement



Provides sustainable health benefit program which addresses underlying causes of healthcare costs without reliance or being tied to a single carrier





What is a Level Funded Plan?

Lifestyle Health Plans is a unique group health benefits solution that is built on an innovative Level Funded platform and designed from an insurance perspective that differs from traditional self-funded plans. The plan is 'level funded' meaning that by design, any risk to the sponsoring employer has been removed beyond the 12 months of premium paid. By blending a specific and

aggregate insurance coverage for each specific group, participating employers are able to gain the flexibility they desire without taking on the risk associated with traditional self-funding. Our Level Funded plans are governed primarily by the Federal Employee Retirement Income and Security Act (ERISA), which can result in lower costs and expenses for sponsoring employers.

How it Works

The monthly group health premium paid to Lifestyle Health Plans for your group is comprised of three separate components:



Your maximum annual claims, including claims run-off liability, are predetermined and you pay 1/12 of this cost each month for the 12 months of your plan year. After you have paid this amount, there are no other charges for the claims fund. Once all claims have been paid for the plan year, any unused dollars in the claims fund will be used to reduce future premium rate increases. In the event of plan termination, each employer is eligible to receive back any unused dollars in the claims fund.

Innovative and Flexible

Lifestyle Health provides you with the opportunity to design the plan that's right for you. Based on employer size, we can offer a unique, self-funded health benefit program that maximizes the benefits to employees, while implementing cost-saving opportunities for employers to stabilize benefit costs without reducing benefits.

Advantages of our approach include:

- 1. Flexibility in carrier partners based on group size
- Ability to offer multiple plan designs side-by-side including base and 'buy-up' plans based on group size
- Design of benefits platform remains consistent regardless of carrier selected
- Any elected deductible can be lowered through wellness program participation
- 5. Seamless claims payment, appeals and reporting







Cost Containment Strategies

Strategically managing healthcare costs is a key focus of Lifestyle

Health Plans. Traditional benefit designs and cost management techniques have been relatively unsuccessful in assisting employers and their members with cost containment. Lifestyle Health has integrated a number of cost management programs and benefit coverage solutions into our plan designs.

Unfortunately, most members today are totally uneducated regarding the cost of healthcare services. Consumer awareness and education regarding the cost of services is a key element that makes Lifestyle Health unique. Once informed of their options, most members are open to doing their part in managing costs.

We partner with our members to provide multiple cost-effective healthcare delivery options, education with regards to the cost differentials, and then freedom for the member to decide where they would like their care provided. In the end, empowering change through consumer awareness is a unique difference offered through Lifestyle Health.





Outpatient Imaging Services and Surgical Services

Utilizing a freestanding imaging center for outpatient radiology, imaging, and surgical services needs can provide significant savings to our members. Claims data indicates that services provided through a freestanding imaging or surgical center averages \$1,600 less per procedure for imaging services and \$6,700 per procedure less for outpatient surgical services when compared to the same services provided through a hospital outpatient setting. Our care coordinators will assist all members in need of outpatient imaging and surgical services in finding the right care setting suitable for you and your physician.



ER Utilization

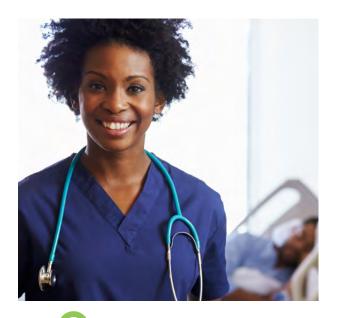
Emergency Room utilization has been deemed in retrospective review to be an inappropriate

place of service for up to half of all ER visits. Lifestyle Health, through our LifestyleMD concierge telemedicine service, provides instant telephonic access to board certified primary care physicians to assist in the triage of emergent situations to help our members determine the most appropriate place of service for their emergency.











Some of the highest hidden costs to healthcare consumers

come in the manner in which hospitals charge for certain supplies, implants, and other misc. charges associated with a hospital admission. Lifestyle Health approaches these costs in a manner to provide the hospital with a reasonable mark-up of their services, but reduces the 300 - 500% markup that is often associated with these charges. Our prevailing fee and Medicare reimbursement based resources and methodologies assists our groups in managing these costs.



Specialty Medications and Injectibles

Specialty medications are the fastest rising cost item in healthcare today. By analyzing the current utilization needs within each group, Lifestyle Health can lower your premium costs dramatically by excluding certain medications that can be covered through other advocacy programs. Through this approach, members can still access these specialty medications at affordable pricing, while reducing the exposure for our groups. The end result is lower claims costs for participating groups, better benefit renewals, and leveling of healthcare cost and premiums over a multi-year period.







Generic Drug Utilization

The majority of brand name medications on the market today

have an alternative generic drug replacement to provide the same care management results, but at a fraction of the cost of brand name prescriptions. Lifestyle Health has a team of care coordination specialists to work with our members and their physicians to evaluate the efficacy of converting to a generic prescription when appropriate. Additional incentives are provided to all our members for the conversion to a generic prescription when appropriate.



Medical Plan Design Overview

Lifestyle Health Plans offers 16 standard medical plan designs grouped into four different product families. Designed with maximum flexibility in plan selection in mind, you can mix and match plans for the benefit program that is right for your group.

HealthyChoice

- Choice PPO Plans
- Lower Deductible Levels
- 80/20 Co-insurance
- Office Visit, Hospital/ER and Prescription Copays
- 100% Coverage for Preventive Services, Outpatient Lab and Diabetic Testing Supplies
- Integrated Wellness Program, Reward Incentives and Patient Care Coordination at no additional cost

Healthy Value

- Cost-saving Plan Designs
- Higher Deductible Levels / Variations of Co-insurance
- Minimum Value Plan Options Include HV 6850 Plan
- Office Visit, Hospital/ER and Prescription Copays
- 100% Coverage for Preventive Services, Outpatient Lab and Diabetic Testing Supplies
- Integrated Wellness Program, Reward Incentives and Patient Care Coordination at no additional cost

Healthy 100

- 100% Co-insurance Plans
- Mid-range Deductible Levels
- Minimum Value Plan Options Include H100 5000 Plan
- Office Visit, Hospital/ER and Prescription Copays
- 100% Coverage for Preventive Services, Outpatient Lab and Diabetic Testing Supplies
- Integrated Wellness Program, Reward Incentives and Patient Care Coordination at no additional cost

HealthyConsumer

- Qualified HDHP Plan Designs for HRA / HSA integration
- Higher Deductibles (Embedded) and 100% Co-insurance
- Minimum Value Plan Options Include HCons 6500 Plan
- Preventive Services are covered at 100%
- Office Visit and Prescription Copays apply once Elected Deductible is met
- Integrated Wellness Program, Reward Incentives and Patient Care Coordination at no additional cost



Available for groups with 50+ full time eligible, our HealthyEssentials Minimum Essential Coverage (MEC) plans are are designed to supplement our Minimum Value and buy-up major medical plans as a "wellness and preventive services only" plan design. Consult your Lifestyle Health sales representative if you would like to learn more about our MEC products.



Turnkey Medical, Dental and Vision

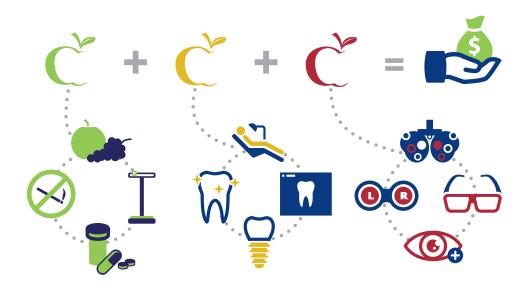
Lifestyle Health Plans is your starting point for great group health benefits, built on a Level Funded insurance platform and integrating many of the consumer-driven features that will differentiate your medical benefits program for years to come.

But the benefits do not stop at medical alone - Lifestyle now offers unique Dental and Vision programs that are specifically designed to compliment our wellness-inspired group health benefits program.

It's a fact that preventive dental and vision care are tools that often assist with the early detection of serious diseases or conditions. Early detection is vital in addressing potential health risks, as well as improving health and productivity.

Under the turnkey administration of Medova Healthcare as administering TPA, you now have the option to offer medical, dental and vision benefits in one package - simplifying the benefit process across the board.





Bundle Products and Save More!

Dental and vision benefits do not need to be complicated and our program is designed with some straightforward, cost-competitive plan designs to best meet the needs of your employees and their families.

The Lifestyle Dental and Vision products are available as stand-alone products for groups with 25 or more eligible employees. In order to have access to our Dental and Vision Programs at the Bundled Rates, you must offer Lifestyle Health Plans as the major medical product for your group.





Benefit Features:	HealthyChoice 1000	HealthyChoice 1500	HealthyChoice 2000	Healthy Choice 2500
Deductible	\$1,000 Single / \$2,000 Family	\$1,500 Single / \$3,000 Family	\$2,000 Single / \$4,000 Family	\$2,500 Single / \$5,000 Family
Lifestyle Deductible (Reduced Deductible based on wellness points earned)	\$500 Single / \$1,000 Family			
Co-insurance	80/20	80/20	80/20	80/20
Co-insurance Maximum	\$2,500 Single / \$5,000 Family			
Out-of-Pocket Maximum (OOP Max does not include copays and Rx Copays)	\$3,500 Single / \$7,000 Family	\$4,000 Single / \$8,000 Family	\$4,500 Single / \$9,000 Family	\$5,000 Single / \$10,000 Family
Preventive Services	100%	100%	100%	100%
Physician Services - Primary Care Office Visit - Specialist Office Visit - Physician & Surgeon Professional Services - Anesthesia Services (Physician / CRNA)	\$30 Copay \$50 Copay Deductible / Co-insurance Deductible / Co-insurance			
Telephonic Physician Consultations	\$0 Copay	\$0 Copay	\$0 Copay	\$0 Copay
Outpatient Lab	100% if preferred vendor, otherwise Deductible / Co-insurance			
Outpatient Radiology and Imaging - Physician Office / Freestanding Imaging Ctr Hospital Outpatient	Pre-certification required prior to scheduling for MRI, CT, PET and Nuclear Imaging, then Deductible / Co-insurance \$500 Copay, then Deductible / Co-insurance	Pre-certification required prior to scheduling for MRI, CT, PET and Nuclear Imaging, then Deductible / Co-insurance \$500 Copay, then Deductible / Co-insurance	Pre-certification required prior to scheduling for MRI, CT, PET and Nuclear Imaging, then Deductible / Co-insurance \$500 Copay, then Deductible / Co-insurance	Pre-certification required prior to scheduling for MRI, CT, PET and Nuclear Imaging, then Deductible / Co-insurance \$500 Copay, then Deductible / Co-insurance
Diabetic Supplies	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance
Allergy Treatment	\$25 Copay, then 100% to \$100 per visit	\$25 Copay, then 100% to \$100 per visit	\$25 Copay, then 100% to \$100 per visit	\$25 Copay, then 100% to \$100 per visit
Outpatient Rehab & Therapy	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Chiropractic Services	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
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Inpatient Hospitalization - Medical Facility Services - Anesthesiologist & Surgeon Fees	Deductible / Co-insurance Deductible / Co-insurance			
Home Health, Skilled Nursing & Hospice Care	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Mental Health & Substance Abuse	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Durable Medical Equipment	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Prescription Drug Benefits - Generic - Brand / Non-Preferred Brand / Specialty	\$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	\$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	\$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	\$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%

NOTE: This outline is intended as a brief overview of the actual plan and represents In-network benefit levels. The In-network Maximum (including deductible, co-insurance, copays and Rx copays) for each plan is \$6,850 Single / \$13,700 Family. Out-of-network deductibles are 2x In-network Deductible. Out-of-network Co-Insurance percentage and out-of-pocket amounts vary by plan selection. Please refer to your Plan Summary Document (SPD) for the actual benefits, limitations, and exclusions. If there is any inconsistency between this outline and the SPD, the SPD shall govern. You may request a SPD from Lifestyle Health Plans or your sales representative. Certain procedures require pre-certification prior to scheduling in order to qualify for benefits. Failure to do so will result in penalties and/or non coverage of services.



Benefit Features:	Healthy 100 2500	Healthy 100 3000	Healthy 100 3500	Healthy 100 5000
Deductible	\$2,500 Single / \$5,000 Family	\$3,000 Single / \$6,000 Family	\$3,500 Single / \$7,000 Family	\$5,000 Single / \$10,000 Family
Lifestyle Deductible (Reduced Deductible based on wellness points earned)	\$500 Single / \$1,000 Family			
Co-insurance	None	None	None	None
Co-insurance Maximum	No Co-insurance Responsibility	No Co-insurance Responsibility	No Co-insurance Responsibility	No Co-insurance Responsibility
Out-of-Pocket Maximum (OOP Max does not include copays and Rx Copays)	\$2,500 Single / \$5,000 Family	\$3,000 Single / \$6,000 Family	\$3,500 Single / \$7,000 Family	\$5,000 Single / \$10,000 Family
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Outpatient Lab	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance	100% if preferred vendor, otherwise Deductible / Co-insurance
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Benefit Features:	Healthy Value 2500	Healthy Value 3500	Healthy Value 6850	Healthy Value 10,000
Deductible	\$2,500 Single / \$5,000 Family	\$3,500 Single / \$7,000 Family	\$6,850 Single / \$13,700 Family	\$10,000 Single / \$20,000 Family
Lifestyle Deductible (Reduced Deductible based on wellness points earned)	\$500 Single / \$1,000 Family			
Co-insurance	50/50	50/50	None	None
Co-insurance Maximum	\$3,000 Single / \$6,000 Family	\$2,500 Single / \$5,000 Family	No Co-insurance Responsibility	No Co-insurance Responsibility
Out-of-Pocket Maximum (OOP Max does not include copays and Rx Copays)	\$5,500 Single / \$11,000 Family	\$6,000 Single / \$12,000 Family	\$6,850 Single / \$13,700 Family	\$10,000 Single / \$20,000 Family
Preventive Services	100%	100%	100%	100%
Physician Services - Primary Care Office Visit - Specialist Office Visit - Physician & Surgeon Professional Services - Anesthesia Services (Physician / CRNA)	\$30 Copay \$50 Copay Deductible / Co-insurance Deductible / Co-insurance			
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Benefit Features:	Healthy Consumer 3000	Healthy Consumer 3500	Healthy Consumer 5000	Healthy Consumer 6500
Deductible	\$3,000 Single / \$6,000 Family (Embedded Deductible)	\$3,500 Single / \$7,000 Family (Embedded Deductible)	\$5,000 Single / \$10,000 Family (Embedded Deductible)	\$6,500 Single / \$13,000 Family (Embedded Deductible)
Lifestyle Deductible (Reduced Deductible based on wellness points earned)	\$500 Single / \$1,000 Family			
Co-insurance	None	None	None	None
Co-insurance Maximum	No Co-insurance Responsibility	No Co-insurance Responsibility	No Co-insurance Responsibility	No Co-insurance Responsibility
Out-of-Pocket Maximum (OOP Max does not include copays and Rx Copays)	\$3,000 Single / \$6,000 Family	\$3,500 Single / \$7,000 Family	\$5,000 Single / \$10,000 Family	\$6,500 Single / \$13,000 Family
Preventive Services	100%	100%	100%	100%
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Outpatient Radiology and Imaging - Physician Office / Freestanding Imaging Ctr Hospital Outpatient	Deductible / Co-insurance Deductible / Co-insurance			
Diabetic Supplies	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Allergy Treatment	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Outpatient Rehab & Therapy	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Chiropractic Services	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Emergency Services - Hospital ER (Facility Charge Only) - Urgent Care / ER Professional Services - Ambulance - Air Ambulance	Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance	Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance	Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance	Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance Deductible / Co-insurance
Outpatient Surgical Procedures - Physician Office / Freestanding Surgery Ctr Hospital Outpatient	Deductible / Co-insurance Deductible / Co-insurance			
Inpatient Hospitalization - Medical Facility Services - Anesthesiologist & Surgeon Fees	Deductible / Co-insurance Deductible / Co-insurance			
Home Health, Skilled Nursing & Hospice Care	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Mental Health & Substance Abuse	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Durable Medical Equipment	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance	Deductible / Co-insurance
Prescription Drug Benefits - Generic - Brand / Non-Preferred Brand / Specialty	After Deductible \$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	After Deductible \$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	After Deductible \$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%	After Deductible \$1 Copay / \$15 Copay \$50 Copay / \$80 Copay / 50%

NOTE: This outline is intended as a brief overview of the actual plan and represents In-network benefit levels. The In-network Out-of-Pocket Maximum (including deductible, co-insurance, copays and Rx copays) for each plan is \$6,550 Single / \$13,100 Family. Out-of-network deductibles are 2x In-network Deductible. Out-of-network Co-Insurance percentage and out-of-pocket amounts vary by plan selection. Please refer to your Plan Summary Document (SPD) for the actual benefits, limitations, and exclusions. If there is any inconsistency between this outline and the SPD, the SPD shall govern. You may request a SPD from Lifestyle Health Plans or your sales representative. Certain procedures require pre-certification prior to scheduling in order to qualify for benefits. Failure to do so will result in penalties and/or non coverage of services.





Presented To Sample Group 2017 Presented By Sample Broker ABC

Date of Quote: Jan 05, 2017 Proposed Effective Date: Feb 01, 2017

	Number of	HealthyChoice	HealthyChoice	HealthyChoice	HealthyChoice
	Participants	1000	1500	2000	2500
HealthyChoice Plans					
Employee	135	420.78	400.58	385.43	370.29
Employee / Spouse	2	944.71	899.37	865.36	831.35
Employee / Child(ren)	0	817.90	778.64	749.19	719.75
Family	0	1,131.20	1,076.90	1,036.18	995.46
Total	137	58,694.66	55,877.31	53,764.30	51,651.30
	107		33,377.31	30,7 3 1.33	01,001.00
	Number of	Healthy100	Healthy100	Healthy100	Healthy100
	Participants	2500	3000	3500	5000
Healthy100 Plans	·				
Employee	135	388.80	375.34	362.29	339.15
Employee / Spouse	2	872.92	842.68	813.40	761.44
Employee / Child(ren)	0	755.74	729.57	704.21	659.23
Family	Ö	1,045.23	1.009.03	973.96	911.75
Total	137	54,233.86	52,355.63	50,536.10	47,307.89
	Number of	HealthyValue	HealthyValue	HealthyValue	HealthyValue
	Participants	2500	3500	6850	10,000
Healthy Value Dlane	r at ticipants	2300	3300	0830	10,000
HealthyValue Plans					
Employee	135	348.83	334.52	315.58	294.55
Employee / Spouse	2	783.17	751.05	708.54	661.30
Employee / Child(ren)	0 0	678.04 937.76	650.23 899.30	613.42 848.40	572.53 791.84
Family	137				
Total	137	48,657.87	46,662.25	44,020.99	41,086.26
	Number of	HealthyConsumer	HealthyConsumer	HealthyConsumer	HealthyConsumer
	Participants	3000	3500	5000	6500
HealthyConsumer Plans					
Employee	135	340.83	329.89	304.22	289.92
Employee / Spouse	2	765.22	740.66	683.03	650.91
Employee / Child(ren)	0	662.50	641.23	591.34	563.53
Family	0	916.27	886.86	817.86	779.40
Total	137	47,542.67	46,016.61	42,436.24	40,440.62

Note

- 1) Final rates will be based on the review and receipt of individual health applications, employer disclosure statement, final census data, large claim data ,employer applications, copy of current and renewal rates with current carrier, and executed benefit services agreement.
- 2) Minimum participation may be required for eligible full time employees.
- 3) Additional requirements and benefit details are available through plan administrator.
- 4) Plans are offered through current broker and selected insurance carrier.
- 5) An administrative fee of \$25.00 will be added to the monthly invoice.
- 6) Insurance Carrier Selection: ANICO
- 7) Network Selection: Center Care / PHCS



Lifestyle Dental Plans

Get to know Lifestyle Dental Plans! Lifestyle Dental Plans are specifically designed to complement our wellness-inspired group health benefits program. Lifestyle Dental is your starting point for great group dental benefits, integrated into a program focused on prevention, lifestyle change and health improvement. In fact, dental care and routine dental exams often assist with the early detection of serious diseases or conditions.

Dental coverage is important - without it many employees may never visit the dentist at all. Our Dental Plans are designed to offer all that you will need in terms of prevention, basic and major dental procedures, as well as orthodontia. Dental benefits do not need to be complicated and our program is designed with some straightforward, cost-competitive plan designs - in the same wellness-inspired spirit of our medical and vision programs.



2017 Standard Plans

Dental Plan Benefits		DentalCare 1000	DentalCare 1500
Preventive Procedures (Every 6 months) Fluoride Treatments (under age 19), Cleanings, Periodic Exams, X-rays	Benefit Year Deductible: Plan Co-insurance:	\$0 100%	\$0 100%
Deductible Applies to Basic & Major Procedures Only		\$50 per person annual x 3	\$50 per person annual x 3
Basic Procedures Simple Extractions, Fillings, Root Canals	Plan Co-insurance:	80%	80%
Major Procedures Surgical Extraction of Teeth, Bridges & Crowns, Dentures, Partials, Implants	Plan Co-insurance:	50%	50%
Benefit Year Maximum Includes Preventive, Basic, & Major Procedures	Benefit Year Maximum:	\$1,000 per covered person	\$1,500 per covered person
Orthodontics (Children under the age of 19 only)	Benefit Maximum: Plan Co-insurance: Vesting Period:	\$1,000 Lifetime 50% 1 year prior ortho coverage	\$1,000 Lifetime 50% 1 year prior ortho coverage

Underwritten by Midlands Casualty Insurance Company.
Benefits Administered by Medova Healthcare Financial Group.

Aetna Dental® Administrators

NOTES:

- See summary plan document for coverage details and limitations.
- Above dental plan benefits illustrated are for In-network benefits.
- In-network benefits provided by Aetna Dental Access® / Aetna Administrators®.
- Non-network claims allowed at 80% of U&C.
- Dental plan benefits and rates are based on a minimum of 3 enrolled employees, and are not valid if the final enrollment is below the minimum threshold.
- Plan rate schedule effective 5/1/17 through 12/31/17.

2017 Dental Plan Rates

DentalCare 1000 (\$1000 ANNUAL MAXIMUM)

Area	EE		ES		EC		Family		Area
	With Lifestyle Health Participation	Stand Alone Voluntary *							
1	\$18.11	\$20.83	\$43.42	\$49.93	\$51.42	\$59.13	\$64.94	\$74.68	1
2	\$19.82	\$22.79	\$47.50	\$54.62	\$56.25	\$64.69	\$71.05	\$81.70	2
3	\$21.52	\$24.75	\$51.58	\$59.32	\$61.09	\$70.25	\$77.15	\$88.72	3
4	\$23.22	\$26.70	\$55.66	\$64.01	\$65.92	\$75.81	\$83.26	\$95.74	4
5	\$24.92	\$28.66	\$59.74	\$68.70	\$70.75	\$81.36	\$89.36	\$102.77	5
6	\$26.63	\$30.62	\$63.82	\$73.40	\$75.59	\$86.92	\$95.47	\$109.79	6
7	\$29.41	\$33.83	\$70.51	\$81.09	\$83.50	\$96.03	\$105.47	\$121.29	7
8	\$32.60	\$37.49	\$78.15	\$89.87	\$92.55	\$106.44	\$116.90	\$134.43	8

DentalCare 1500 (\$1500 ANNUAL MAXIMUM)

Area	EE		ES		EC		Family		Area
	With Lifestyle Health Participation	Stand Alone Voluntary *							
1	\$24.10	\$27.71	\$52.34	\$60.19	\$61.77	\$71.04	\$72.70	\$83.61	1
2	\$26.36	\$30.32	\$57.26	\$65.85	\$67.58	\$77.71	\$79.53	\$91.46	2
3	\$28.63	\$32.92	\$62.18	\$71.51	\$73.38	\$84.39	\$86.37	\$99.32	3
4	\$30.89	\$35.53	\$67.10	\$77.17	\$79.19	\$91.07	\$93.20	\$107.18	4
5	\$33.16	\$38.13	\$72.02	\$82.83	\$85.00	\$97.75	\$100.04	\$115.04	5
6	\$35.42	\$40.74	\$76.94	\$88.48	\$90.80	\$104.42	\$106.87	\$122.90	6
7	\$39.13	\$45.00	\$85.00	\$97.75	\$100.32	\$115.36	\$118.06	\$135.77	7
8	\$43.38	\$49.88	\$94.22	\$108.35	\$111.19	\$127.87	\$130.86	\$150.49	8

^{*} Voluntary Dental is available to groups with 25 or more eligible employees.

Disclosure Details

Covered Expenses will not include and no benefits will be payable for expenses incurred:

- for any procedure begun before the plan member was covered under the dental plan.
- for orthodontic treatment that is begun on or after the member's 19th birthday or began prior to being covered by this or another orthodontic coverage for at least 12 consecutive months.
- for any treatment which is for cosmetic purposes, except as specifically listed in the summary of plan benefits.
- to replace any prosthetic appliance, crown, inlay or onlay restoration, or fixed partial denture within five years of the date of the last placement of these items. However, if a replacement is required because of an accidental bodily injury sustained while the plan member is covered under

- the dental expense benefit, it will be a Covered Expense.
- for initial placement of any dental prosthesis or prosthetic crown unless such placement is needed because of the extraction of one or more teeth while the plan member is covered under the dental expense benefit. The extraction of a third molar (wisdom tooth) will not qualify under the above. Any such dental prosthesis or prosthetic crown must include the replacement of the extracted tooth or teeth.
- for any procedure begun after the member's dental benefits under this plan terminates; or for any prosthetic dental appliances installed or delivered more than 90 days after the member's dental benefits under this plan terminates
- to replace lost or stolen appliances.
- · for appliances, restorations, or procedures to alter vertical

dimension, restore or maintain occlusion, splint or replace tooth structure lost because of abrasion or attrition.

- for which the plan member is entitled to benefits under any workmen's compensation or similar law, or charges for services or supplies received as a result of any dental condition caused or contributed to by an injury or sickness arising out of or in the course of any employment for wage or profit.
- for charges for which the plan member is not liable or which would not have been made had no insurance been in force.
- for services which are not required for necessary care and treatment or are not within the generally accepted parameters of care.
- for any procedure which is not shown on the summary of dental benefits.

State Area Classifications*

State	Area Tier
Alabama	2
Alaska	8
Arizona	5
Arkansas	1
Colorado	5
Conneticut	8
Georgia	2
Illinois	3
Indiana	2
Iowa	1
Kansas	2
Kentucky	1
Louisiana	3
Michigan	4
Mississippi	1
Missouri	1
Nebraska	1
Nevada	7
New Jersey	8
New Mexico	5
New York	8
North Carolina	3
Ohio	3
Oklahoma	1
Pennsylvania	5
South Carolina	2
South Dakota	1
Tennessee	1
Texas	3
Utah	4
Virginia	6
Washington	5
West Virginia	1
Wisconsin	3
Wyoming	5

^{*} Lifestyle Dental is available in the above mentioned states. Check with your Lifestyle sales representative for product approval and availability.



Lifestyle Vision Plans

Lifestyle Vision Plans has teamed up with VSP® Vision Care to provide you competitive vision plans specifically designed to complement our wellness-inspired group health benefits program. We all know that vision care and routine vision exams can assist with the early detection of serious diseases or conditions. Lifestyle Vision is your answer to competitive vision coverage, integrated into a program focused on prevention, lifestyle change and health improvement.

Our Vision Plans are designed to offer all that you and your family will need in terms of annual eye exams, lenses, frames and contact lenses. Lifestyle Vision offers you two cost-competitive plan designs with both In-network and Non-network benefits - in the same wellness-inspired spirit of our medical and dental programs.

Underwritten by Midlands Casualty Insurance Company. Benefits Administered by Vision Service Plan (VSP).





2017 Standard Plans

Vision Plans	VSP Visio	nCare 120	VSP VisionCare 150		
Plan Benefits	NETWORK	NON-NETWORK	NETWORK	NON-NETWORK	
WellVision Exam® Annual Eye Exam	Every 12 Months \$10 Copay	Every 12 Months Up to \$45 Per Exam	Every 12 Months \$10 Copay	Every 12 Months Up to \$45 Per Exam	
Prescription Glasses - Frames Standard Frame Allowance Featured Frame Brand Allowance Frames Purchased through Costco	Every 24 Months \$25 Copay, Up to \$120 \$25 Copay, Up to \$140 \$25 Copay, Up to \$70	Every 24 Months	Every 24 Months \$25 Copay, Up to \$150 \$25 Copay, Up to \$170 \$25 Copay, Up to \$70	Every 24 Months	
Prescription Glasses - Lenses Single Vision, Lined Bifocal and Lined Trifocal Lenses Polycarbonate Lenses for Dependent Children	Every 12 Months 100% Covered 100% Covered	Every 12 Months Up to \$30, \$50 and \$65 (N/A)	Every 12 Months 100% Covered 100% Covered	Every 12 Months Up to \$30, \$50 and \$65 (N/A)	
Lens Enhancements Standard Progressive Lens Allowance Premium Progressive Lens Allowance Custom Progressive Lens Allowance	Every 12 Months \$55 \$95 - \$105 \$150 - \$175	Every 12 Months	Every 12 Months \$55 \$95 - \$105 \$150 - \$175	Every 12 Months Up to \$50 Up to \$50 Up to \$50	
Contacts Contact Lens Exam (fitting and evaluation) Contact Lens Allowance (instead of glasses)	Every 12 Months Up to \$60 No Copay, Up to \$120	Every 12 Months (N/A) No Copay, Up to \$105	Every 12 Months Up to \$60 No Copay, Up to \$150	Every 12 Months (N/A) No Copay, Up to \$105	

Coverage information is subject to change. In the event of a conflict between this information and your organization's contract with VSP, the terms of the contract will prevail. Based on applicable laws, benefits may vary by location.

NOTES:

- See summary plan document for coverage details and limitations.
- Benefit variances illustrated for both in-network and non-network benefits.
- In-network benefits provided by VSP Vision Care (Vision Service Plan).
- To find a VSP provider, visit vsp.com or call 1-800-877-7195.
- Visit vsp.com if you plan to see a provider other than an in-network provider.
- Non-network claims paid per benefit schedule for services at non-network optometry providers.
- Contact lenses are in lieu of other frame / lens benefits.
- Coverage with a participating retail chain may be different. Once your benefit is effective, visit vsp.com for details.
- Plan benefits and rates are based on a minimum of 3 enrolled employees, and are not valid if the final enrollment is below the minimum threshold.
- Plan selection is limited to one plan design offered per employer group.
- Plan rate schedule effective 5/1/17 through 12/31/17.

VSP VisionCare 120

Area	EE		ES		EC		Family		Area
	With Lifestyle Health Participation	Stand Alone Voluntary *							
1	\$5.09	\$5.86	\$12.18	\$14.01	\$11.03	\$12.68	\$21.47	\$24.69	1
2	\$5.45	\$6.27	\$13.03	\$14.99	\$11.80	\$13.57	\$22.98	\$26.42	2
3	\$5.81	\$6.68	\$13.89	\$15.97	\$12.57	\$14.45	\$24.48	\$28.15	3
4	\$6.16	\$7.09	\$14.74	\$16.95	\$13.34	\$15.34	\$25.98	\$29.88	4
5	\$6.52	\$7.50	\$15.59	\$17.93	\$14.11	\$16.23	\$27.48	\$31.61	5
6	\$6.87	\$7.91	\$16.44	\$18.91	\$14.88	\$17.12	\$28.99	\$33.34	6
7	\$7.23	\$8.32	\$17.30	\$19.89	\$15.66	\$18.00	\$30.49	\$35.06	7
8	\$7.59	\$8.73	\$18.15	\$20.87	\$16.43	\$18.89	\$31.99	\$36.79	8

VSP VisionCare 150

Area	EE		ES		EC		Family		Area
	With Lifestyle Health Participation	Stand Alone Voluntary *							
1	\$6.63	\$7.62	\$15.83	\$18.21	\$14.33	\$16.48	\$27.92	\$32.11	1
2	\$7.09	\$8.15	\$16.94	\$19.48	\$15.34	\$17.64	\$29.87	\$34.35	2
3	\$7.55	\$8.69	\$18.05	\$20.76	\$16.34	\$18.79	\$31.83	\$36.60	3
4	\$8.02	\$9.22	\$19.16	\$22.03	\$17.34	\$19.94	\$33.78	\$38.85	4
5	\$8.48	\$9.75	\$20.27	\$23.31	\$18.35	\$21.10	\$35.74	\$41.10	5
6	\$8.94	\$10.29	\$21.38	\$24.58	\$19.35	\$22.25	\$37.69	\$43.35	6
7	\$9.41	\$10.82	\$22.48	\$25.86	\$20.35	\$23.40	\$39.65	\$45.59	7
8	\$9.87	\$11.35	\$23.59	\$27.13	\$21.36	\$24.56	\$41.60	\$47.84	8

^{*} Voluntary Vision is available to groups with 25 or more eligible employees.

Extra Savings

Through our partnership with VSP - the only national not-for-profit vision care company - you can be sure that your wellness comes first! Visit vsp.com or call 1-800-877-7195 to find a VSP provider. We offer additional savings in the following ways:

Glasses and Sunglasses

- Extra \$20 to spend on featured frame brands. Learn more by visiting vsp.com/specialoffers for details.
- 20% savings on additional glasses and sunglasses, including lens enhancements, from any VSP provider within 12 months of your last WellVision Exam.

Retinal Screening

• No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam with a VSP provider.

Laser Vision Correction

 Average 15% off the regular price or 5% off the promotional price; discounts only available from contracted facilities.

State Area Classifications*

State	Area Tier
Alabama	2
Alaska	8
Arizona	5
Arkansas	1
Colorado	5
Conneticut	8
Georgia	2
Illinois	3
Indiana	2
Iowa	1
Kansas	2
Kentucky	1
Louisiana	3
Michigan	4
Mississippi	1
Missouri	1
Nebraska	1
Nevada	7
New Jersey	8
New Mexico	5
New York	8
North Carolina	3
Ohio	3
Oklahoma	1
Pennsylvania	5
South Carolina	2
South Dakota	1
Tennessee	1
Texas	3
Utah	4
Virginia	6
Washington	5
West Virginia	1
Wisconsin	3
Wyoming	5

^{*} Lifestyle Vision is available in the above mentioned states. Check with your Lifestyle sales representative for product approval

VSP and WellVision Exam are registered trademarks of Vision Service Plan.