



PENNSYLVANIA COUNSELING
ASSOCIATION

A Branch of the American Counseling Association

PCA Inc

PCA, INC

SUMMER 2016

Main Office
PO Box 8222
Philadelphia, PA 19101
pacounselingassociation@gmail.com

2016—2017

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President's Message

Charles Jacob, PhD



Greetings PCA Members!

First and foremost, I'm very grateful to be writing my first newsletter entry as president. My sincerest thanks once more to Drs. Paul Datti and Michelle Bruno for being such excellent mentors. They both left some big shoes to fill, and I am incredibly grateful for everything they managed to accomplish during their respective tenures.

It has certainly been an exciting year to say the least! With traveling, teaching, and PCA-related endeavors, time has been moving at a pretty fast clip on my end. Our fall conference will be here before you know it.

Speaking of which: This year, our conference is November 11-13 at the Penn State in State College, PA. The theme for 2016 is "Celebrating Creativity and Ingenuity in Counseling," with Dr. James Alexander – progenitor of Functional Family Therapy – scheduled to deliver the keynote address. For more information on Dr. Alexander's work, please visit www.fftllc.com.

In non-conference related matters, the big news for the summer is that PCA officially secured a contract with Malady and Wooten in Harrisburg to begin monitoring services. In short: this is a big deal, and we are all very excited!

While monitoring is certainly an exciting endeavor, PCA is already looking to the future with regard to formal representation in Harrisburg. Our next goal is to begin raising funds through increased membership to start laying the groundwork for a practice act for professional counselors. You may have received an email from me about this, as we're looking at next steps regarding lobbying. It's nice that we have a law firm formally re-

tained, but we're going to need more support if we intend to push toward bigger steps such as title protection (just so everyone is made aware, marriage and family therapists secured title protection this summer).

What we're asking from our members is simple: spread the word about this effort and make sure everyone knows how critical it is for professional counselors to begin funding a lobbyist. As I said in the email that went out to all of our current (and hopefully future) members: Rejoin if your membership is about to expire. Talk to your colleagues about PCA's goal, particularly those that identify as professional counselors, and urge them to join or rejoin as well. Tell people about PCA. Post the PCA website on every social media platform available, and get the word out that counselors need representation!

As a clinician, educator, and long-standing member of PCA, I am honored to serve as president, and I look forward to everything our organization has planned for the year to come. If you have any questions, comments, or ideas about how to make PCA more useful to the public or our members, please reach out to me directly.

Hope all is well,

Charles
jacob@lasalle.edu



President-elect's Message

Linda Thompson, PhD, LPC, LMFT

I first want to thank all of the membership for your support in electing me your President-elect for 2016-

2017. What an exciting time to be stepping into a new leadership position in PCA. I have enjoyed the past three years serving as your secretary, and am fired up for this next level of serving professional counselors in Pennsylvania.

I have every confidence in our new president, Charles Jacob, and his vision for the coming year of increasing membership, expanding our lobbying efforts and continuing the amazing work of our predecessors in strengthening our support of practitioners and educators.

As a practicing LPC and LMFT in Pennsylvania I know the struggles of the clinician in dealing with the obstacles of managed care and insurance panels, and am dedicated to advocacy for our well-deserved recognition in the mental health marketplace. We accomplished a great deal last year in identifying unfair practices, and now it is time to put a plan in place to fight for our clients' rights to access to treatment and our right to an equitable career.

Right now, I am currently hard at work chairing the 2016 annual conference committee, planning another amazing educational experience for our members. This year we are so thrilled to be able to offer a pre-conference learning institute sponsored by PALGBTC focusing on counseling issues in working with the LGBT population, so come to State College early on Friday to take advantage of this incredible opportunity.

We are also excited about the newest chapter of PCA, the Greater Philadelphia Area Counseling Association and encourage our east coast professionals to reach out to Lisa Corbin, the current president, about membership in GPACA. We are also looking at holding our conference in the eastern area next fall to encourage greater involvement.

I am challenging each of you reading this to call a colleague today and tell them to get their ticket for the PCA advocacy train and let's commit to growth and action in 2016-17. I also want to reach out and encourage you to contact me about any topics or issues of concern for LPCs in PA anytime. We are here to serve and work with you! I can't wait to see all of you at State College in November. Make sure to look me up!!!

Linda

drLindaThompson@gmail.com



Past-President's Message

Paul A. Datti, Ph.D., CRC, HS-BCP



As you reflect back on this “fiscal” year, you may find that you made time for those things that you wanted to do, or maybe it was all just a blur! For me, both were true. Much of my energy was spent serving as your President, for which I was honored. While it was quite a challenge at times, it was also a lot of fun. I was blessed to be around such great people, who are dedicated to PCA and the counseling profession in PA. I also felt overwhelmingly supported, and was able to achieve many of the things I set out to do with the help of the terrific executive council, board members, and constituency. But what a ride it was!

During my presidency, our board and members faced many formal decisions in order to help carry on with PCA’s mission and to foster growth to the organization and its membership. My supportive colleagues did an amazing job helping move us forward with many of our goals. Some highlights included a very successful fall conference (one of the best attended in many years), a successful spring conference (thanks PACES!), a growth spurt in our legislative fund, movement toward a lobbyist, increased traffic on our website/Facebook/Twitter pages, increased quality of our professional journal, and a spike in membership.

In addition, thanks to some concerned members bringing the LPC insurance paneling issues to my attention, we were able to create and disseminate a survey to over 3000 counselors and counselor trainees in PA that gleaned much needed data to further pursue the issues in the months and years to come. Coupled with your new president’s lobbyist initiative, we may be able to address these insurance issues in tangible legislative ways so as to help protect and expand PA LPCs livelihoods and ultimately, the clients they serve. Based on the work that we have done so far (and continue to do) on this advocacy initiative, which contributed to increases in members and conference attendance, PCA won the ACA Best Innovative Practice Award this year, and Charles and I were able to accept it on PCA’s behalf at the awards reception at the ACA conference in April. What an honor, for which we all should be collectively applauded!

Thank you to the PCA board and members, who volunteered their time to help PCA achieve the successes noted above as well as many others. I want to particularly express my sincere gratitude to Michelle Bruno, J. Otis Smith, Charles Jacob, Linda Thompson, Julie Cerrito, Joe Behun, Deneen Pennington, Joan Kaylor, and Patricia Boswell, as well as all of the others who helped to carry out PCA’s mission. I also want to thank these folks for their support and guidance as I learned and navigated this role, and for the time and hard work they freely volunteered to help PCA grow and flourish. For me, PCA continues to have positive energy, creative ideas, productive people, and is a “cool” organization to be part of. I am proud to be a member, and am grateful to have had the opportunity to serve as President.

As I look toward my next PCA chapter, serving as Immediate Past-President, I look forward to continuing to be an executive council member who can remain present, supportive, and helpful to the growth of this terrific organization and continuing with its mission. Thank you, everyone, for a great year, and for being my colleagues and friends. Looking forward to seeing you all soon. If not before, mark your calendars for the fall conference on November 11-13, 2016!

Paul
pdatti@yahoo.com



From the desk of the Awards Committee:

*Lauren Ostrowski, MA, LPC, NCC, DCC & Ryan Gruber, MEd
Committee Co-chairs*



**We all Know an Outstanding
Counselor, Student, or Program:
Help PCA Recognize our Professional Heroes!**

Nominations for Counseling Awards

Due September 30, 2016!

Nominations to honor the hard work, commitment, and dedication of Pennsylvania counselors, students, and programs are now being accepted. Help us give a few of our unsung heroes the recognition they deserve. Please consider nominating a colleague, program, or graduate student for an award. The award categories are listed below. Winners will be announced at the annual PCA conference luncheon.

PCA Outstanding Practitioner Award -- Awarded to an outstanding professional counselor for service to the profession; nominees do NOT need to be PCA members.

PCA Lifetime Achievement Award -- Awarded to a PCA member who is a State of Pennsylvania resident and who has demonstrated outstanding dedication, service, and/or achievement in professional counseling.

PCA Outstanding Administrator Award -- Awarded to an outstanding institutional administrator who has demonstrated support of the professional counseling profession.

PCA Outstanding Counselor Education Program Award -- Awarded to an outstanding professional counseling program in the State of Pennsylvania.

PCA Outstanding Graduate Student Award -- Awarded to an individual who is currently a graduate student in professional counseling within the State of Pennsylvania and who shows excellent potential and professionalism; this individual shall be a PCA student member and shall have had some involvement with the association.

PCA Outstanding Research/Publication Award -- Awarded to a PCA member who has contributed to the professional counseling profession through outstanding effort in the area of research and/or publication.

David W. Hall Advocacy Award -- Awarded to an individual who has promoted the profession of counseling through advocacy to whom the many professional counselors in the Commonwealth of Pennsylvania are forever indebted.

All nominations must be made in writing or email to the PCA Awards Committee by **Friday, September 30, 2016**. Submissions can be mailed or emailed.

From the desk of the Awards Committee continued:



*Lauren Ostrowski, MA, LPC, NCC, DCC & Ryan Gruber, MEd
Committee Co-chairs*

Submissions by Mail: Awards Committee-PCA, c/o Lauren Ostrowski
1488 Woodmere Rd., Pottstown, PA 19464

Submissions by Email: Ostrowski.Lauren@gmail.com

Information or Questions:

Contact Lauren Ostrowski: Ostrowski.Lauren@gmail.com.

The following information should be included with each nomination:

- Title of the award for which the nomination is made
- Name and title of the nominee
- Mailing address, e-mail address, and telephone number(s) of the nominee
- 1-page rationale describing why this person or program deserves the award
- Any supporting materials, which may include a curriculum vitae, program brochures, and letters of support
- Mailing address, e-mail address, and telephone number(s) of the nominator

Lauren

Ostrowski.Lauren@gmail.com

ADVERTISEMENT



Professional office space for rent in Scranton, PA - not handicap accessible at this time.

2nd floor office space dimensions (includes one closet and 2-3 windows):

Office 1: 16.6x15

Office 2: 15x11.6

Office 3: 11x11

Rent \$650/month per office includes:

- ADT security system with camera
- Trash, sewer, water, heat & A/C
- Landscaping and maintenance
- Waiting room
- WIFI and Fax Capabilities
- Separate staff and client bathrooms
- Free off street parking directly behind house
- Group/Conference Room

Please contact William Wilson 570-904-7363 if interested. Thank you!

From the desk of GPACA

Lisa Corbin, M.S.
President

GPACA proudly presents its first official officers for the fiscal year, 2016-2017:

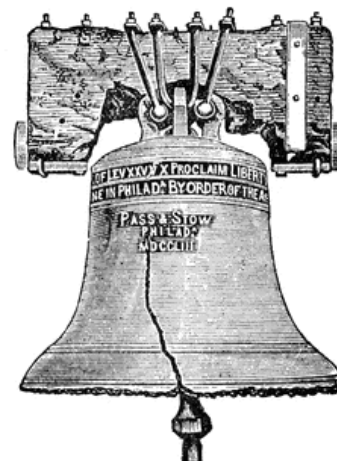
President:	Lisa Corbin
President-elect:	Abby Dougherty
Past-president	Minna Davis
Treasurer:	Mark Kenney
Secretary:	Sr. Suzanne Mayer
Publicity Chair:	Hope Nester
Program Co-chairs:	Barbara Tury & Terry Fullen

Officers will be meeting later in July to beginning planning for professional development and networking opportunities.

We are off to an auspicious start and invite professional counselors as well as students of professional counseling living and/or working in Bucks, Philadelphia, Delaware, Montgomery, Chester, Lehigh Valley & Berks Counties to network with us.

PCA members can join GPACA on PCA's website. Others can join by clicking on the following link and following the directions on the application form: [GPACA Membership Application](#).

Lisa
lcobin@holyfamily.edu



Reflections...



Dara Schwartz
Graduate Student Liaison

I was led to the Pennsylvania Counseling Association at an interesting time in my development as a counselor-in-training. I came to study counseling after having already spent 20+ years in a vastly different line of work and I was looking for a way to feel connected to the profession. Then I received an email announcing that the Kutztown University of Pennsylvania Counseling and Student Affairs program was going to be awarded Counselor Educator Program of the Year by the PCA at its annual conference. I was in.

Looking to get as much out of the conference as was possible, I approached a member of the executive council prior to its meeting to ask if students were welcome. I was made welcome. I intended to attend as a silent observer. I was not so silent. I was still welcome! In fact, I was welcomed with open arms. The rest, as they say, is history. I have had the opportunity to meet and interact with accomplished counselors who are leaders in their field and develop relationships with other counselors-in-training who I would not otherwise meet. The influence of these interactions and relationships on professional identity cannot be overstated.

I have observed that the people who are drawn to this work don't just help others; they give of themselves to those they serve. However, it doesn't stop there. They also advocate for the profession. Through my work in the PCA I am not just watching, but part of, things that impact legislation and the direction that our profession will take for years to come. As students, we need to be cognizant of the fact that being passively or actively engaged in our profession will shape our future and how we serve others.

My work in the PCA is with the goal of student engagement. Currently, I am working with other PCA members to develop events for students to work together, having transformative experiences. I am suggesting that we work together, knowing first hand that counselors-in-training are pulled in many directions. Research, academics, field experiences and work are all priority #1. It is not for the faint of heart.

Getting involved with the PCA as students provides us with a unique opportunity to learn about our field outside the classroom and how we need to advocate for ourselves as individual counselors and as a profession. Sometimes, we can start to do that by just showing up and being ourselves. Together we can find our voice. Counseling is not a spectator sport. Join the PCA and have your voice be heard.

Dara

dschw552@live.kutztown.edu

From the desk of Social Media...

Abby Dougherty, M.S., NCC, LPC & Bonnie Steich, M.A., NCC, LPC

Chairpersons

Are you an LPC with a practice in PA? Are you holding a workshop or group and would like some support getting the word out? PCA wants to support counselors with their professional endeavors. Let us know. In the meantime, check us out at:



Call for Papers: Journal of the Pennsylvania Counseling Association

Richard Joseph Behun, PhD
Editor

Call for Papers: Journal of the Pennsylvania Counseling Association

The *Journal of the Pennsylvania Counseling Association (JPCA)* is a professional, refereed journal dedicated to the study and development of the counseling profession. The Editor invites scholarly articles based on existing literature that address the interest, theory, research, and innovative programs and practices of professional counselors. All submissions are blind peer reviewed and authors should expect a decision regarding a manuscript within three months of acknowledgement of receipt. To review the Guidelines for Authors, please go to the PCA webpage: <http://www.pacounseling.org/jpca.php>. Manuscripts may be submitted via email to Dr. Richard Joseph Behun, JPCA Editor, at pcajournal@gmail.com.

Call for JPCA Reviewers

Anyone interested in being a reviewer for the *JPCA* should send a letter-of-interest and CV to Dr. Richard Joseph Behun, JPCA Editor, at pcajournal@gmail.com. This position is a unique opportunity to grow professionally and to contribute meaningfully to the PCA, the counseling profession, and the larger mental health field. Beyond contributing to *JPCA* and Pennsylvania professional counselors, reviewing manuscripts for *JPCA* also will greatly enhance your professional writing ability.

Thank you,

Joe

behun@marywood.edu



Looking for a Counseling Job? PCA CAN HELP!

THE PCA CAREER CENTER IS NOW EVEN EASIER TO USE!

The Career Center has moved to the public section of the PCA website!

At the Career Center, you'll find jobs that are specific to counseling professionals. These are targeted opportunities that can't be found on larger job board websites.

Why should you visit PCA's Career Center?

- Find positions targeted for counselors
- Post your resume anonymously
- Create personalized job alerts
- Save searches, store jobs, keep notes, communicate with employers through an internal messaging system, and more!



To Access the Career Center:

Go to

<http://www.pacounseling.org/>

- Click on the Career Center link.
- Upon entering the site, you'll be prompted to create a free account.
- Customer Service is available M-F from 7:30 a.m. to 7:00 p.m. EST.

1-860-437-5700

support@jobtarget.com

Want to Post a Job?

Check out the

Employers Section

for more information on advertising counseling positions.

The Pennsylvania Counseling Association is an organization of professional counselors who value a collegial community, continuous learning, service to others, visionary leadership, and a commitment to professional ethics and standards of practice.

Advertise with us and get your message out to PCA members!

PCA Inc is distributed electronically 4 times annually to approximately 500 active PCA members. It is a great way to reach your target audience!

Please submit your AD as a JPEG, PDF or Word document (Word if it is text only). Please make sure it is print quality resolution or 300 dpi. Checks can be made out to the Pennsylvania Counseling Association and mailed to PO Box 8222, Philadelphia, PA 19101-8222. Members generally receive PCA Inc on the first of the month - October, January, April and July. Submission deadlines fall one month prior.

Submit your ad to:
PCA Newsletter Editor
4pcanews@gmail.com

AD SIZE	PCA MEMBER PRICE	NON-MEMBER PRICE
1/4 PAGE AD 2.5" x 7.5" OR 5" x 3.5"	\$60.00	\$80.00
1/3 PAGE AD 10" x 2.25"	\$80.00	\$100.00
1/2 PAGE AD 10" x 3.5" or 5" x 7.5"	\$120.00	\$150.00
1 FULL PAGE AD 7.5" X 10"	\$170.00	\$200.00

2016-2017 PCA Leadership

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TREASURER: [Derek Parker](#) ♦ **SECRETARY:** [Kristen Hawk](#)

PCA Divisions

- PACAC** Pennsylvania Association of Child and Adolescent Counseling
[Danielle Moore](#)
- PACES** Pennsylvania Association of Counselor Education & Supervision
[Jennifer Barna](#)
- PALGBTIC** Pennsylvania Association of Lesbian, Gay, Bisexual, & Transgender Issues in Counseling
[Ryan Gruber](#)
- PAMCD** Pennsylvania Association of Multicultural Counseling & Development
[Mark Kenney](#)
- PSCA** Pennsylvania School Counselors Association
[Lisa Fulton](#)

PCA Regional Chapters

- GPCA** Greater Pittsburgh Counseling Association
[Paula Kauffman Oberly](#)
- NEPCA** Northeast Pennsylvania Counseling Association
[Larissa Volonis](#)
- GPACA** Greater Philadelphia Area Counseling Association
[Lisa Corbin](#)

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[Mark Kenney](#)

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[Lauren Ostrowski](#)

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[Linda Thompson](#)

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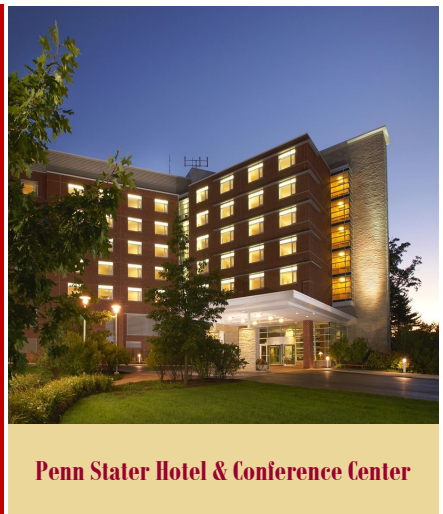
Nominations & Elections
[Michelle Bruno](#)

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[Ashley Deurlein](#)

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**48th Annual
PCA Conference
Nov 11-13, 2016
State College, PA**



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